

Department of the Army  
United States Army Intelligence Center  
And Fort Huachuca  
Fort Huachuca, Arizona 85613-6000

10 August 2001

Medical Services

COMBAT LIFESAVER

**Summary.** This regulation establishes policies and procedures for Combat Lifesaver training and places certain restrictions on medical tasks normally performed by Combat Lifesavers on Fort Huachuca.

**Applicability.** This regulation applies to all soldiers and organizations utilizing Combat Lifesavers on the installation.

**Supplementation.** Supplementation of this regulation is prohibited without prior approval from the proponent.

**Suggested improvements.** The proponent of this regulation is the Medical Department Activity, Raymond W. Bliss Army Health Center, Mobilization, Education, Training, and Security Division. Users may send comments and suggested improvements on DA Form 2028 (Suggested Changes to Publications and Blank Forms) through channels to Commander, U.S. Army Medical Department Activity, ATTN: MCXJ-METS, Fort Huachuca, AZ 85613-7040.

**Availability.** This publication is available solely on the Fort Huachuca Homepage at <http://huachuca-www.army.mil>.

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**1. Purpose.**

This regulation establishes policies and procedures for Combat Lifesaver training and places certain restrictions on medical tasks normally performed by Combat Lifesavers on Fort Huachuca.

**2. References.**

Referenced and required publications are listed in Appendix A. Prescribed and referenced forms are also listed in Appendix A. Fort Huachuca forms are available at <http://huachuca-www.army.mil> and higher echelon forms are available at <http://usapa.army.mil>.

**3. Explanation of abbreviations and terms.**

a. Abbreviations.

- (1) AIPD..... Army Institute for Professional Development
- (2) CLS ..... Combat Lifesaver
- (3) CLSP ..... Combat Lifesaver Program
- (4) IAW ..... In accordance with
- (5) IV..... Intravenous
- (6) NCO..... Noncommissioned Officer

b. Terms.

- (1) AR 350-41, Chapter 12, Training in Units
- (2) IS 0824, Buddy-Aid/Self Aid Tasks Subcourse

- (3) IS 0825, Medical Tasks Subcourse
- (4) IS 0826, Instructor Manual Subcourse
- (5) STP 21-1-SMCT, Soldier's Manual of Common Tasks, Skill Level 1
- (6) STP 8-91B15-SM-TG, Soldier's Manual and Trainer's Guide: MOS 91B10, Medical Specialist, Skill Levels 1/2/3/4/5
- (7) <http://www.cs.amedd.army.mil/clsp>, Combat Lifesaver Homepage

#### **4. Policies.**

- a. Combat Lifesaver training will be conducted subject to compliance with the provisions of this regulation and the references in paragraph 2. Soldiers will receive 40 credit hours from AIPD upon completion of this course.
- b. Combat Lifesavers will be permitted to provide medical care in accordance with (IAW) the Combat Lifesaver curriculum. Specific restrictions imposed are covered in paragraph 9.
- c. Non-medical personnel may teach the Combat Lifesaver Course if they hold certain civilian licenses and/or certifications. These include, but are not limited to, National Registry of Emergency Medical Technicians-Intermediate or Paramedic, Licensed Practical Nurse, or Registered Nurse. They must contact the Primary Instructor at Raymond W. Bliss Army Health Center prior to conducting the course.

#### **5. Responsibilities.**

- a. The Commander, Medical Department Activity, will
  - (1) Designate the group leader for Combat Lifesaver courses. This will normally be the Education Noncommissioned Officer (NCO) in the Mobilization, Education, Training and Security Division.
  - (2) Ensure Combat Lifesaver courses are conducted to standard.
  - (3) Provide courses at least quarterly for tenant units.
- b. The Group Leader will:
  - (1) Serve as the Primary Instructor and liaison to the Army Institute for Professional Development (AIPD).
  - (2) Maintain documentation of completed courses for 2 years.

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(3) Ensure assistant instructors are proficient and teaching to standard.

(4) Coordinate with the G-3 Schools NCO for course dates and resources requirements.

c. G-3 Schools, will:

(1) Allocate slots for courses pursuant to mission requirements.

(2) Provide classroom space and needed audio/visual equipment to the Group Leader.

(3) Maintain database on all Combat Lifesavers on the installation.

(4) Inform units of personnel who need to recertify.

(5) Turn in student roster for each course to the Group Leader not less than 8 weeks prior to a course.

d. Company Commanders and First Sergeants will:

(1) Provide requirements to the battalion/brigade S-3, who will forward requirements to the G-3, Schools NCO NLT 10 weeks prior to a course.

(2) Submit only personnel who are highly proficient in Buddy Aid/Self-Aid common soldier tasks.

(3) Provide documentation on the first day of the course that the soldier has been tested on all Common Task medical tasks. (See Figure 2.)

(4) Ensure soldiers are recertified every 12 months.

### **6. Procedures for training new Combat Lifesavers.**

a. Students will be trained IAW the Combat Lifesaver Correspondence option, in lieu of video tele training option.

b. Students will pick up books NLT 2 weeks prior to the start of a course from the METS Division, USAMEDDAC, first floor, room 1014.

c. Students will bring verification that they have been tested and found proficient in all Common Task medical tasks. (See Figure 2.)

d. Course will be 3 days long. (See Figure 1 for agenda.)

e. While soldiers are in the course, they will report to the Group Leader and take all instructions from them. Soldiers will be given maximum time to study and should not be required to perform their normal duties after class is released for the day.

**7. Procedures for recertifying current Combat Lifesavers.**

a. Combat Lifesavers will be re-certified every 12 months IAW the Combat Lifesaver Correspondence option, in lieu of video tele training option.

b. Units that have soldiers who need recertification will submit names to the G-3 Schools NCO.

c. Students will bring verification that they have been tested and found proficient in all Common Task medical tasks. (See Figure 2.)

d. Course will be 1 day long. (See Figure 1 for agenda.)

e. While soldiers are in the course, they will report to the Group Leader and take all instructions from them.

**8. Procedures for recertifying expired Combat Lifesavers.**

a. Combat Lifesavers who have not recertified in 12 months require special training.

b. The AIPD will not re-enroll students who have completed the full Combat Lifesaver course.

c. Units that have soldiers who are Combat Lifesavers who have not re-certified will be required to attend a refresher course. Names must be submitted to the G-3 Schools NCO through the battalion/brigade S-3.

d. Students will bring verification that they have been tested and found proficient in all Common Task medical tasks. (See Figure 2.)

e. Course will be 2 days long. (See Figure 1 for agenda.)

f. Once soldiers complete the course, they will be current Combat Lifesavers.

**9. Medical procedures authorized to be performed by Combat Lifesavers.**

a. Medical tasks taught to Combat Lifesavers that they may perform without restriction on the installation.

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- (1) Monitor a pulse.
- (2) Monitor respirations.
- (3) Apply a Splint, Aluminum, Malleable splint.
- (4) Insert an oropharyngeal airway.
- (5) Evaluate a casualty.

b. Medical tasks taught to Combat Lifesavers that they may perform with the below restrictions, on the installation.

- (1) Administer Acetaminophen and Pseudoephedrine tablets.

(a) The purpose of these medications in the Combat Lifesaver bag is to eliminate minor complaints until the soldier can be seen at sick call by medical personnel.

(b) While in Garrison, Combat Lifesavers may not dispense these medications.

(c) While on the installation, but not in Garrison (i.e., field training exercises), Combat Lifesavers may dispense these medications IAW the Medical Tasks subcourse of the Combat Lifesaver course. They are not to dispense more than 8 tablets per individual.

(d) A medical officer must see all individuals who receive these medications from a Combat Lifesaver within 24 hours.

- (2) Administer intravenous solution.

(a) Before attempting to start an intravenous (IV) infusion, 911 must be called.

(b) Combat Lifesavers who determine a casualty needs an IV solution may administer it.

(c) No more than two attempts will be made on any one patient to initiate an IV.

(d) No more than one 500 ml bag will be given to any one patient.

(e) Upon initiation of an IV, the patient must be seen by a medical officer and cleared for duty.

*Sample Course Agendas*

**SECTION I**

**Combat Lifesaver Correspondence Course**

	Time	Activity
Day One	0800-0830	Welcome and Registration
	0830-0915	Buddy Aid Testing – Written
	0915-0945	Course Overview
	0945-1045	Evaluate a Casualty – Lecture
	1045-1200	Evaluate a Casualty – Practical
	1200-1300	Lunch
	1300-1330	Measure and Monitor a Casualty's Pulse – Lecture
	1330-1400	Measure and Monitor a Casualty's Respiration Rate - Lecture
	1400-1500	Measure a Pulse/Respiration – Practical
	1500-1630	Identify and Treat Cold Injuries
Day Two	0800-0845	Manage a Casualty with Combat Stress Reaction
	0845-0915	Administer Acetaminophen and Psuedoephedrine Tablets
	0915-0945	Apply a SAM Splint to a Fracture – Lecture
	0945-1100	Apply a SAM Splint to a Fracture – Practical
	1100-1130	Insert an Oropharyngeal Airway – Lecture
	1130-1200	Insert an Oropharyngeal Airway – Practical
	1200-1300	Lunch
	1300-1400	Administer First Aid to Chemical Agent Casualties
	1400-1445	Transport a Casualty – Lecture
	1445-1630	Transport a Casualty – Practical
Day Three	0800-0900	Initiate an Intravenous Infusion – Lecture
	0900-1200	Initiate an Intravenous Infusion – Practical
	1200-1300	Lunch
	1300-1500	Initiate an Intravenous Infusion – Practical
	1500-1545	Final Exam
	1545-1630	Administration and Graduation

Figure 1. Course Agendas

## **SECTION II**

### **Combat Lifesaver Recertification Course**

Day One	0800-0830	Welcome and Registration
	0830-0900	Initiate an Intravenous Infusion – Lecture
	0900-1200	Initiate an Intravenous Infusion – Practical
	1200-1300	Lunch
	1300-1545	Initiate an Intravenous Infusion – Practical
	1545-1630	Administration and Graduation

## **SECTION III**

### **Combat Lifesaver Refresher Course**

Day One	0800-0830	Welcome and Registration
	0830-0930	Evaluate a Casualty - Lecture
	0930-1045	Evaluate a Casualty – Practical
	1045-1200	Identify and Treat Cold Injuries
	1200-1300	Lunch
	1300-1330	Administer Acetaminophen and Psuedoephedrine Tablets
	1330-1400	Insert an Oropharyngeal Airway - Lecture
	1400-1430	Insert an Oropharyngeal Airway - Practical
	1430-1500	Administer First Aid to Chemical Agent Casualties
Day Two	0800-0830	Initiate an Intravenous Infusion – Lecture
	0830-1200	Initiate an Intravenous Infusion – Practical
	1200-1300	Lunch
	1300-1545	Initiate an Intravenous Infusion – Practical
	1545-1630	Administration and Graduation

Office Symbol (40)

Date

MEMORANDUM FOR Group Leader, Combat Lifesaver Program, USAMEDDAC, ATTN:  
MCXJ-METS, Fort Huachuca, AZ 85613

SUBJECT: Verification of Buddy Aid/Self Aid Skills

1. The following individuals have been tested in accordance with STP 21-1-SMCT and have been deemed to be proficient in the below tasks.

2. Task Number	Task Title
081-831-1003	Clear an Object from the Throat of a Conscious Casualty
081-831-1042	Perform Mouth-to-Mouth Resuscitation
081-831-1016	Put on a Field and Pressure Dressing
081-831-1017	Put on a Tourniquet
081-831-1025	Apply a Dressing to an Open Abdominal Wound
081-831-1026	Apply a Dressing to an Open Chest Wound
081-831-1033	Apply a Dressing to an Open Head Wound
081-831-1034	Splint a Suspected Fracture
081-831-1040	Transport a Casualty using a One-Man Carry
081-831-1041	Transport a Casualty using a Two-Man Carry or Improvised Litter

3. Rank/Name	SSN
SGT Adam Jones	111-11-1111
PFC John Smith	222-22-2222
SPC Irene Carey	333-33-3333

4. Point of contact is the undersigned or 1SG Christopher at 3-1111.

JOHN W. BUTLER  
CPT, MI  
Commanding

Figure 2. Memorandum for Verification of Buddy Aid/Self Aid Tasks

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(ATZS-IMO-I)



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