

The Fort Huachuca **SCOUT** Time Out

Pvt. Murphy's law
By Mark Baker



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Sports reports

e-mail: thescout@hua.army.mil
website: huachuca-www.army.mil/USAG/PAO

Coaches needed

Do you want an experience that will last a lifetime? We can teach you the basic coaching fundamentals and rules, and you may never be the same.

We are looking for cheerleading, flag and tackle coaches. If you are interested in supporting our community youth, pickup a volunteer application at the Oscar Yrun Community Center.

Adult coed volleyball

Can you dig, set and spike? Would you like to learn more about this Olympic Sport and why it's gaining popularity? Start forming your teams and be ready to have a great recreational experience starting Aug. 27.

The cost is \$200 per team with all matches beginning at 5:30 p.m., at the Sierra Vista Middle School. There will be a league organizational meeting at 6:30 p.m., in the Oscar Yrun Community Center, Aug. 15.

Register your team now either at the OYCC, or online at www.sportability.com. League must have a minimum of eight teams in order to be conducted.

Adult flag football

Are you ready to catch the winning pass, or score the winning touchdown? If so, here's your chance to form your own flag football team to compete in the Adult Flag Football Program.

The league is scheduled to kick-off Sept. 22 at the Sierra Vista Middle School. The cost for this gridiron fun is \$400 per team with the league limited to the first 10 teams registered.

Registration starts Aug. 16 at the Oscar Yrun Community Center or online at www.sportability.com.

A league organizational meeting will be held at 6:30 p.m., Sept. 12, at the OYCC. Eight Man Flag Rules will be used with rosters not to exceed 16 players. So, if your 18 years of age or older and interested in having some fun, get your winning team together.

Hummingbird Triathlon

Swimming, biking, running—is this your idea of a great athletic event?

Then join us for our annual Hummingbird Triathlon scheduled for 7 a.m., Aug. 18 at Irwin Pool on Fort Huachuca.

This event consists of an 800-yard swim, a 13-mile bike and a 5-kilometer run. Awards will be presented to the top finishers in each category and top two teams.

Team categories are male, coed, and military. Cost is \$25 per individual and \$50 per team. For more information, call 533-3858.

NFL/Gatorade competition

Come out and show off your skills in the NFL/Gatorade Punt, Pass, & Kick competition at 2 p.m., Sept. 23, on the Pat Arbenz Field (City Sports Complex). The competition is free and open to girls and boys, ages 8 to 15.

Age classification is as of Dec. 31. A copy of each participants birth certificate is required.

Registration begins Aug. 6 at the Oscar Yrun Community Center or online at www.sportability.com. Competition allows youth to showcase their talents in punting, passing and place-kicking with scores based on accuracy and distance.

Who knows, maybe one of our competitors might be seen at the National Football Conference Championship Game.



Photos by Spc. Jessica Espinosa

Mark McGrath, front man of Sugar Ray, made spirits fly with a remix of Uncle Kracker's "Follow Me" during the MGD Army Concert Tour performance. The invention of the tasty, new Sugar Kracker. Also during their set, they played all the favorites, as well as some old school punk.



Rodney Sheppard, Sugar Ray guitarist, shows some patriotism by sporting full battle dress uniform during the opening songs of their performance. To his right, Sugar Ray displays their rowdy side with a full-bar set up right on stage.

Rockin' revelry

By Spc. Jessica Espinosa
Scout Staff

With MC Gym Shorts, flaming diamonds and two-toned hairdos, Fort Huachuca seemed a lot cooler than the typical stormy summer night, Saturday, as 7,000 enthusiasts took to the morphed Libby Army Airfield. Spirits were high and smiles were wide, as the Miller Genuine Draft Army Concert Tour presented Sugar Ray, Uncle Kracker and theStart, July 14 at 7:30 p.m.

Crowds took to the gates of the airfield as early as 3 p.m. just to ensure proper viewing of the hotties in the band.

And who better to start the show than theStart, an up and coming band out of Los Angeles, Calif. The upbeat alternative group got the crowd cheering and moving, with fun songs and groovy dances.

"It was amazing to play here. I'm so overwhelmed, I'm practically speechless," Aimee Echo, theStart's front women said, who was still keyed up by the show, as it was their first time touring. "Hell yeah, this was the place to play. I don't think we've ever been treated

so good by any other crowd or staff. It feels like I've got myself a little family here now, and I don't want to leave."

With the stage set and the crowd energized, Uncle Kracker, dressed to kill in a suit of sparkling diamond flames, took to the stage rapping some Detroit rock n' roll stew for the fans.

Between songs, Uncle Kracker explained to the audience where his career was headed, to include future plans with Kid Rock and how Fort Huachuca, along with the concert crews, made his night just right.

He thanked the post for its kindness, as he showed it back to the fans with first-class songs and easy conversation.

The pumped up mix of blues, rap and soft melody filled the airfield and primed the pack for a fun Sugar Ray set.

Not only did Sugar Ray have a full bar, radio station and game show right on stage, but managed time to show love to Uncle Kracker by remixing "Follow

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Yeah, Yeah, Yeah he loved Fort Huachuca. Uncle Kracker started the first leg of his six-week tour with Sugar Ray and theStart on the right foot.



Aimee Echo, front woman of theStart and drummer Scott Ellis thought the concert was simply "Gorgeous."



In the Spotlight
See your MWR activity highlighted



For all of your on-post catering needs

MWR Release

Premier Caterers is located in the LakeSide Activity Centre, nestled at the foothills of the mountains of Fort Huachuca. Services are gladly offered to all authorized MWR patrons. There are no rank, grade or membership restrictions. All functions are booked on a first-come, first served basis.

Premier Caterers is the source for all of your on-post catering needs. Menus feature a wide selection of items varying from continental breakfast to gourmet dinners. These items are suggestions only. Premier Caterers will gladly customize menus for any occasion.

We offer our delightful, delectable Easter, Mother's Day, and Thanksgiving Grand Buffets and our special gourmet New Year's Eve dinner for your dining pleasure. Our new chef and our new menus will surely please you.

Please plan on joining us for our next special event, our Thanksgiving Grand Buffet so you can experience a feast fit for even the heartiest appetite.

For your entertaining needs, you may choose one of several outstanding facilities, which includes the LakeSide Activity Centre, La Hacienda, and the 19th Hole Clubhouse.

Premier Caterers also offers the LakeSide Activity Centre lawn and lake for weddings, picnics, and barbecues. This area provides a wonderful setting and plenty of room for guests, games, activities, and whatever else you have planned.

For your picnic fun, MWR Rents has a multitude of equipment you can rent, such as volleyball sets, horse shoes, lawn games, tug of war rope, the ever-popular bouncy houses, and the exciting laser tag.

Another fun activity available is a barbecue cookout at the Buffalo Corral Riding Stables. Premier Caterers will provide cater-out services to many of the outlying areas such as Garden Canyon and the Girl Scout Cabin during or after your trail ride.

Would your group or organization like to plan a fashion show? Or maybe you would like to host a wine tasting dinner or specialty dinner?

From the most intimate anniversary dinner to the largest wedding extravaganza or military function, Premier Caterers will provide quality food and service to create life long memories.

Assistance is offered to help you plan meetings, conferences, and seminars as well as several rooms with seating to accommodate a group of just over 400 people. The management staff at Premier Caterers will do everything possible to ensure your event is a success. Please contact Carol Geujen, catering manager, at 533-2194 for all of your catering needs.

Premier Caterers' address is P. O. Box 12100, Fort Huachuca, Ariz. 85670-2100 for any written requests or inquiries.

Youth summer strength training program

*By Cheryl Burns
MWR Illustrator and Graphic Designer*

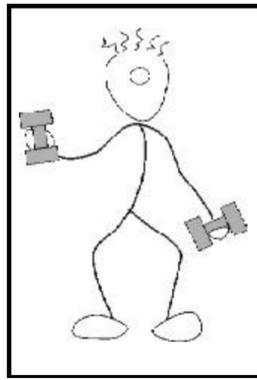
To parents of motivated teenagers, Fort Huachuca is offering a summer, youth strength training session.

Do you have a child between the ages of 14 and 17 years old? And do they have a desire to build strength, increase stamina and increase their overall health?

Or are you a teenager between the ages of 14 and 17, and do you have a serious desire and need to increase your motor skills and your level of fitness?

If you answered yes to any of the above questions, then the summer strength training for youth program is for you!

Come join us for a sports conditioning, strength and weight training, along with circuit training program starting Tuesday, meeting every Tuesday and Thursday



from 2-3 p.m. at Barnes Field House.

The program is being taught by Kathy Gray, certified personal trainer and Installation Fitness Coordinator.

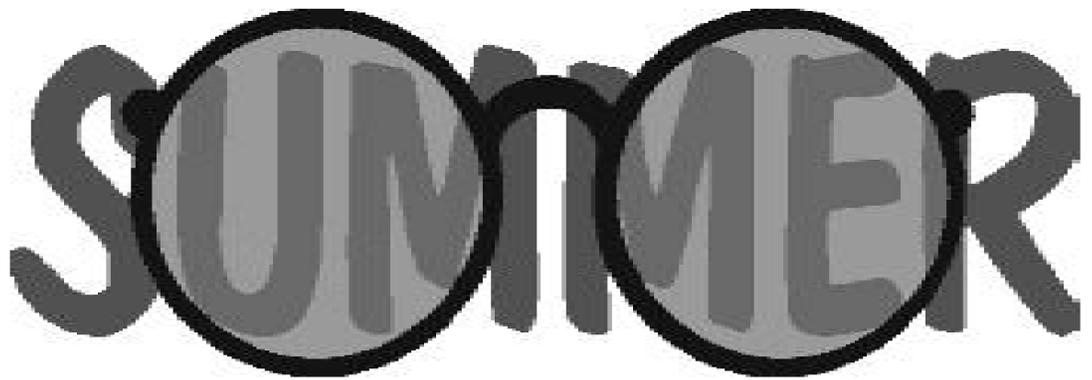
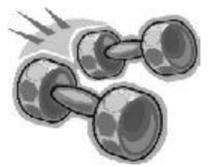
This program is offered free to family members of authorized MWR patrons, ages 14-17.

Classes must have a minimum of three, but no more than seven participants.

All interested parties must have a pre-participation physical exam from a physician and a signed release of liability statement.

For more information contact Kathy Gray by stopping

by BFH or give her a call at 533-5031.



Summer fun - courtesy of MWR Box Office

*By Cheryl Burns
MWR Illustrator and Graphic Designer*

If you want to start your summer fun come on down to the MWR Box Office and let Brenda or Jenny help you make hotel reservations and inform you of all types of discounted tickets. MWR Box office can help you plan a get-away for a romantic weekend in state or a two week vacation with the kids at Disneyland.

You can guarantee that the girls at MWR Box Office can save you some money for your upcoming summer adventure.

Right now at MWR Box Office you can purchase annual passes for Old Tucson Studios. The annual passes seem to pay for themselves in just a few visits.

Adult passes are \$41 and child passes are \$21. That is a saving of \$20 off the annual price at the gate.

These passes have a great savings, as it allows you to enter the studios anytime throughout the year.

It also allows you entrance to attend the Budweiser Concert Series which is held there during the summer months as follows: Sunday - Patty Loveless, Aug. 31- Pat Benetar and

on Sept. 8 - Steppenwolf.

With the Old Tucson Studios annual pass you can attend most of their other activities such as the Halloween shows "Night Fright" and the "Christmas Light Shows."

Another great attraction to take your family to in Tucson is the Pima Air and Space Museum in Tucson.

You and your family can share in the experience of learning about aviation and aeronautics.

Taking a tour of all the airplanes that the military used in historic wars is also a treat.

Other interesting points are that you can learn about the new technology in the aircraft

used in today's wars. Each ticket also includes unlimited rides on the simulators.

Watch for advertising on these MWR events: Army Soldier Show - Sept. 1-2; The Family Fun Festival - Sept. 14-16; ICW Pro Wrestling - Oct. 19 and also a fall circus. Then get your tickets at the MWR Box Office.

The Box Office is located in building 52008 on the corner of Arizona and Hatfield or call Brenda or Jenny at 533-2404.



Hunter Education Courses begin in August

*By Cheryl Burns
MWR Illustrator and Graphic Designer*

Fort Huachuca will be holding Hunter Education Courses this fall. All courses are held at Fort Huachuca's Sportman's Center, building 15423. The maximum attendance of each class is 30 people.

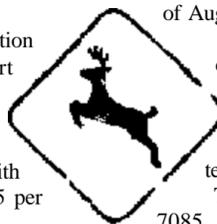
Each class is held from 6:15 to 9:30 p.m. with range days from 8 a.m. to noon. The cost is \$5 per person.

The first session is Aug. 6,7,9,13 and 16 with range day of Aug. 18.

If you miss the first session there will also be classes offered in November and then again in January.

Remember: to hunt on Fort Huachuca this is a mandatory requirement. And you must attend every class within a session.

To register call Jeff at the Sportsman's Center, 533-7085.





Fort Huachuca Morale, Welfare & Recreation Updates

The Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be directed to MWR Marketing Director, Paula German at 538-0836 or send an e-mail to germanp@huachuca-emh1.army.mil.



2001 Steelhead Triathlon

The MWR Sports and Fitness Branch will host the 7th Annual Steelhead Triathlon on July 28, beginning at 7 a.m. at Irwin pool.

The event consists of a half mile swim, followed by a 13-mile bike course, and finally a three-mile run.

Applicants must predict their finish time for the 800-yard swim in order to be placed in a heat of similar skills.

The event is open to the public and applicants can sign up at the Barnes Field House, building 61701, Monday through Friday during duty hours. The cost is \$20 for military individuals and \$35 for military three person teams, or \$25 for civilian individuals and \$40 for civilian three person teams.

For applications see the BFH or Eifler Fitness Center staff.

Also, pick up route maps at the BFH. For detailed information contact Leslie H. Woods at 533-5031.

Red Cross blood drives

The American Red Cross blood drives for July are as follows:

July 27
2-8 p.m. at Eifler Gym.

Please select a time and date that would be most convenient. Remember to drink extra water starting the day before the drive and eat a small, low-fat meal or snack 2 to 4 hours before donating. If you have any questions, please contact the American Red Cross at 1-800-448-3543.

You may also donate at the American Red Cross Center near Donovan Dodge Mondays and Wednesdays from 8 a.m. to 3 p.m. or Tuesdays 11 a.m. to 6 p.m. Call 458-4858 for information. Thank you for being a hero.

Children's art programs

MWR Arts Center is offering the following art classes from 10 a.m. to noon:

Water Color	Today
Pottery	Monday and July 30
Pottery	Tuesday and July 31
Pottery	Wednesday and Aug. 1
Pottery	July 26

All one-day classes are \$7 each. All two-day classes are \$12 each. Every class holds a minimum of five and a maximum of 12 children.

For registration call 533-2015.

Miller Genuine Draft Army Concert Tour shines at Fort Huachuca!

The Directorate of Morale, Welfare, and Recreation wishes to thank all of the personnel who contributed to the success of the Sugar Ray, Uncle Kracker, and the START concert July 14. The military units, volunteers, special events staff, and many others are responsible for the great turn-out and smooth operation.

Accolades and appreciation were voiced by the entertainers and the attendees. Congratulations to all.

Sportsman's Center calendar

Saturday- Half priced Paintball
July 27- Night Paintball at 7 p.m.
July 28- 10 percent sale on selected items
July 28 & 29- Skeet tournament
Aug. 6,7,9,13,16 -Hunters Education
Aug. 18 -Range Day

For more information call the Sportsman's Center at 533-7085.

Beat the heat!
Beat the heat every Saturday in July at 3 p.m. Join in on the pool tournaments and stay cool at the same time! For more information call Jeannie Gray at 533-0861.

Camping Gear available at Rents
MWR Rents can rent you camping gear from tents, lanterns, coolers, tables, chairs, out door games and sports equipment and more for the weekend or for the whole week. Stop by and let us help you make your camping experience more enjoyable.

Barnes Field House Pool
M-F 5-8a.m./11a.m.-1p.m. Lap Swim
M-F 1-5p.m. Open Swim
T-F 8-11a.m. Swim Lessons
Sat. 10-noon Lap Swim
Noon-5 p.m. Open Swim
Sun. 10-Noon Lap Swim

Setting the stage

By Spc. Jessica Espinosa
Scout Staff

Military roadies - sound like an oxymoron?

Well, seeing is believing, as a group of soldiers recently came through Fort Huachuca as part of the Army Entertainment Division for the Miller Genuine Draft Army Concert Tour this summer.

Here they worked side-by-side the professional crew on the stage, lighting and sound for the Sugar Ray, Uncle Kracker and theStart concert July 14.

The roadies, fully clad in cut off black and white BDU shorts, a boonie hat and an Army Concert Tour T-shirt, climbed rafters and prepared the stage for just one of the many concerts the Army is putting on this summer.

"It's a fun job, but it's hard work," said Sgt. David Shaia, assistant stage manager stationed in Fort Eustis, Va. This is his first time working on a traveling concert like this, but he said the life style is easy to get into.

So far the group has completed seven concerts this summer, with groups such as Styx, Kansas, Survivor, SR71 and Cowboy Mouth, all traveling with four semi-trailers of equipment and a 15-passenger van. The roadies have a six-month obligation to the tour.

The crew works on a five-day schedule, including travel time. Once they've reached their destination, days and nights are long preparing the stage for the artists, with time to relax just before the show goes on. The fifth day they tear down, then hit the road again, starting the cycle over.

"I love it. I'm away from my unit, so it's a change of pace while in the Army," said Spc. Kristian Mullen, from Fort Eustis, who drives one of the semi-trucks. Every night the soldiers stay in another hotel room awaiting the next gig.

The soldiers applied for the tasking through their individual



Don Dailey, the lighting designer for Sugar Ray, was just one of the many professional workers the Army crew got to work with. Here Dailey puts safety lines into the lighting before it's raised to the roof.

units. Once accepted, the roadies received training through the Army Entertainment Division at Fort Belvoir, Va., with lighting, audio and stage setup.

Now it's become almost second nature to the group, as they've learned through experience and made good working relationships with each other.

"We're a tight knit group. But we've got to be. We eat, sleep, work and party together and we'll continue this for the full six months," Shaia said.

One roadie, in particular, said the Army is giving him good training on a career he plans on working once he's out of the military. "This is a great experience because I plan on doing this later. I'd like to be an audio technician and this has shown me how to do that. I've picked up a lot of good knowledge," Spc. Richard Heath, from Fort Belvoir, said.

Now with several months left of this very different Army lifestyle, the soldiers are going to have plenty of "war" stories to bring back home.



Photos by Spc. Jessica Espinosa

Army roadies help to prepare the stage for the MGD Army Concert here. They build it up just to tear it down - for six months throughout the Army concert tour.

Military Police join forces at concert to protect, learn

By Spc. Jessica Espinosa
Scout Staff

Six military police from the 313th Reserve Military Police Detachment, out of Las Ve-

gas, Nev., recently enhanced their annual training here right in time to have some fun.

The MPs arrived here July 10 to prepare for the crowds during the Miller Genuine

Draft Army Concert Tour, July 14.

"The 313th Detachment and all our military police, as well as our SP [Air Force security police] brethren out of Davis Monthan, contributed to an extremely safe and successful concert," said Capt. Vincent Chambers, 18th MP Detachment commander and chief of Law Enforcement Operations. "We, at the 18th MP Detachment, are very fortunate to be able to find a reserve unit close enough to train with and conduct operations alongside of them."

The week combined routine annual training and special concert preparations with M9 pistol qualification, proper use of pepper spray and breathalyzer, and MP ride alongs.

"This is good training. It gives us real life experience," said Sgt. Kevin Adair, noncommissioned officer in charge, who is a corrections officer for the Las Vegas Metro Police Department. "This is a nice post with nice people. Plus, the MPs here are squared away."

The active duty and reservists bonded just before work time at the Sugar Ray and Uncle Kracker concert with a barbeque and some cool drinks. Then it was straight to work with crowd control and general law enforcement.

"It's been great here. The training has been very thorough. My questions are normally answered before I have time to ask them. Everyone seems to know their jobs, and that's from the senior NCOs all the way down to the privates," said Cpl. John Spencer.

Others found the annual training to be beneficial to their civilian jobs. "I'm security at a hotel in Vegas and I think the training I've received here will help out the way I work there," Spc. Danny Bohman said.

For the remainder of the week the 313th MP Detachment will continue to augment the 18th MP Detachment here on the road, learning the post and assisting in access control, road patrols and all facets of operations.

"We have several soldiers of the 313th working with each section to show them how we do operations at Fort Huachuca, and to learn some of their great ideas. It is a very mutually beneficial arrangement," Chambers said. Plus, this partnership gives our soldiers exposure to other styles of leadership.

Future joint training events are scheduled for September to facilitate a partnership between the reserve and active duty military police units.



Photo by Spc. Jessica Espinosa

Military police join forces to make a safe and fun concert. Here Air Force security police and Army MPs await the crowds prior to the gates opening.



Photo by Spc. Jessica Espinosa

Lifeguards, Brianna Schneider, sitting, and Karla Hansen, take care to protect themselves from the sun daily.

Melanoma: threat of skin cancer

By Megan Acord
Scout Intern

Every hour someone dies from the fatal skin cancer melanoma and an estimated 50,000 new cases of melanoma will be diagnosed this year in the United States. Arizona has the highest incidence of skin cancer in the U.S. and the second highest rate in the world behind Queensland, Australia.

Although some will get the disease genetically, health officials point out there has been more of an increase in melanoma than any other cancer. Avoiding the sunrays is often not possible for soldiers, but there are ways to avoid the deadly but treatable disease — melanoma.

Melanoma is the least common of the three basic skin cancers but the most deadly, according to the American Cancer Society. However, if caught early, approximately 95 percent of the carcinomas can be cured by surgical removal.

Combine southern Arizona's 350-plus days of sunshine with the fort's mile-high elevation and you get a location with less of the earth's atmosphere to block out harmful radiation, putting people here at more risk, according to Dr. Timothy Monahan, chief of adult family care at Raymond W. Bliss Army Health Center.

People with fair skin, red or blonde hair, freckles and moles are at higher risk, as are those who have already had it. Researchers say exposure to the sun's ultraviolet rays appears

to be the most important preventable factor in the development of melanoma. Melanoma is largely preventable when sun protection measures against UV rays are used consistently, according to the American Cancer Society.

According to the National Cancer Institute the first sign of melanoma is the change in the size, shape, color or feel of an existing mole. One-way of checking is self-examination by using the A-B-C-D-E rule:

A — Asymmetry. If the mole is divided in half it should be a mirror image of itself.

B — Border irregularities. The mole has ragged edges.

C — Color variation. The pigmentation is not uniform.

D — Diameter. The width is greater than six millimeters (about the size of a pencil eraser).

E — Elevation. The mole becomes raised above the surface of the skin.

Protect your skin

— Do not sunbathe. There is no such thing as a healthy tan, according to Monahan.

— Excessive exposure to the sun should be avoided between 11 a.m. and 3 p.m. because that's when the rays are most intense.

— Make sure you buy a sunscreen that protects against both UVA and UVB rays with an SPF of at least 15. The best sunscreens will contain zinc oxide or titanium dioxide.

— Throw out last year's sunscreen as a sunscreen's properties can degrade over time.

— Lips are also vulnerable to the sun so protect them with a balm of SPF 15.

— Wear protective sunglasses with UV protection and wear clothes that are made from tightly woven fabric, and hats that shade the face, neck, and ears.

Even though the sun can't be avoided at all times, improving awareness, knowledge and behaviors related to melanoma is just one step to try and reduce your risk of skin cancer.

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me" into their hit "Fly."

Front man, Mark McGrath, even turned into a game show host, "MC Gym Shorts," for their own show, "That's on you!" where two fans from the audience were chosen to spin a wheel on stage, then asked to sing songs. Prizes were given to both participants.

At the start of the set, a bit of monsoon rain hit the crowd, adding to the festivities. Women climbed up on shoulders, while beach balls and glow bracelets flew through the night air.

"I want to thank the [post] for letting us play here and God bless," McGrath told the crowd. He also noted that the treatment the band received was top notch.

From child to adult, the three bands left lingering notes in many heads as well as plenty of good times to remember.



Photo by Spc. Jessica Espinosa

The gates opened at 6 p.m. to ensure great viewing.

Have we got news for you!

Read it online, click on huachuca-www.army.mil/USAG/PAO