

The Scout Time Out

Vol. 49, NO. 9 Published in the interest of Fort Huachuca personnel and their families March 6, 2003

SportsSports

e-mail: thescout@hua.army.mil

36th Army Band concert

The 36th Army Band will present a concert of chamber music at 3 p.m., Sunday, at the Ethel Berger Center. The one-hour concert will include music for Dixieland band, trumpet and piano, trombone choir, and clarinet and piano. Guests are invited to stay after the concert for snacks and conversation with the performers. The admission is free.

Bataan Memorial Death March canceled

The Bataan Memorial Death March scheduled for March 30, at the White Sands Missile Range is cancelled. For more information, call 505-678-1256 or 505-678-1134, or email bataan@wsmr.army.mil

Indoor butterfly identification workshop series

An indoor butterfly identification workshop series will be held Saturday, 9 a.m.-1 p.m. at the Tucson Botanical Gardens, 2150 N Alvernon Way, Friend's House Building. The classes will cover the following:

Skippers, and Butterfly Gardening. The fee for the workshop is \$10.

Participants are suggested to bring a pair of close focus binoculars and a butterfly field guide book. For more information, call 803-9700 or 742-0071.

Special Olympics Track Meet

Fort Huachuca will be the site of the Special Olympics Regional Track and Field Meet Saturday. Events will begin at 9 a.m. and end at 2:30 p.m. and will occur at Barnes Field House.

Athletes will come from Douglas, Safford, Sierra Vista and Wilcox.

Osteoporosis volunteer training

A two day training on Osteoporosis to include topics such as calcium, non-dairy calcium, supplements, weight bearing exercises, screening and treatment-will be presented with a registration fee of \$50. The training will take place March 21 from 1 - 4:30 p.m. and March 22 from 8:30 a.m.- 4:00p.m. at the University of Arizona South Campus. For more information and a registration packet, call the Cooperative Extension office at 458-8278, extension 2178.

B SECTION

INSIDE

Fun Run!

Parents, teachers and students of Gen. Myer Elementary run one mile. See Page B2.



Photos by Eric Cramer

Military appreciation days!

Dignitaries prepare to throw out the first ball at Colorado Rockies Military Appreciation Day festivities Thursday. Taking part in the ceremony were, from the left, Tucson Parks and Recreation Interim Director Bob Martin, Fort Huachuca Garrison Commander Col. Lawrence Portouw, Davis Month Air Force Base 355th Wing commander Col. Paul Schafer, and Tucson Mayor Robert Walkup.



The 36th Army Band serenaded the crowd during the opening ceremony Thursday. For story, see page B2.

Army dominates Armed Forces Boxing

BY TIM HIPPS
ARMY NEWS SERVICE

In modern David-and-Goliath fashion, super-heavyweight Carlos Ibrerra punctuated the U.S. Army's dominance of the 2003 Armed Forces Boxing Championships with a stunning triumph over Navy's Keith Spencer.

"He had the main event, and he closed it out for the Army," All-Army coach Basheer Abdullah said of the final fight of a Friday night in which soldiers won eight of 13 bouts. "He defended his teammate, Sgt. Eric Prindle (who missed the tournament because of a neck injury sustained during the All-Army Championships), and he's taking his super-heavyweight title back to him."

Ibrerra, who claimed a 30-22 computer-scored victory, said he thought it was the least he could do.

"I live for these moments," said Ibrerra, 24, a 5-8, 210-pound generator mechanic from San Diego. "I've always been the underdog in every fight I've ever been in because I'm always the little guy."

Spencer, who towered over Ibrerra at 6-5, weighed in at 256 pounds. He entered

the ring with a towel draped over his head like the second coming of a young Mike Tyson as the Navy-partisan crowd roared like never before. They patiently had waited all night for their lone sailor to appear in the finals. Little did they know what awaited Spencer as he climbed into the ring.

"That just pumps me up to know everybody is going against me," Ibrerra said of the most gratifying victory of his life. "Anything's possible, as you saw tonight. Winning that fight meant everything to me. Everybody doubted me. I heard the crowd saying: 'Oh, that dude's a big guy.' Me and my coaching staff and my teammates are probably the only ones in the building who thought I could win that fight."

"And to prove them all wrong is just the best feeling in the world. Giving away all that size and height, I don't think anybody thought I could do it. And I did it."

Ibrerra went right to work with a bevy of lefts to the body of Spencer, who began tiring in the second round.

"I came back (to the corner) after the second round

See **BOXING** Page B4

6th annual Combat Medic Run a success

BY STAFF SGT.
SHARRON STEWART
TIME OUT EDITOR

More than 158 devoted runners competed in the 6th Annual Combat Medic Memorial Run, Saturday, despite the chilly temperature of 32 degrees.

They had a choice of a 10K, 5K, or a 2K fun-run or walk. The start of the race was at the Raymond W. Bliss Army Health Center.

Some participants ran for the physical challenge, some ran for the fun of it. One runner, Rick Robidoux, ran in the honor of fallen Medal of Honor recipient Wayne Caron, a hospital corpsman third class, who was hit by enemy fire while rendering first aid to three fallen Marines during the Vietnam War. The first Medal of Honor ever awarded was to Assistant Surgeon J.D. Irwin in 1861.

Official times were not available before publication deadline.

For more information about the race results visit Thunder Mountain Running Club website at www.thundermountainrc.org.

10k results

Male Female

Overall
Paul Valentine
Delia Luch



By Mark Baker

Pt. Murphy's Law

Running safety on post, everyone's responsible

BY STAFF SGT.
SHARRON STEWART
TIME OUT EDITOR

Running is the number two cause of soldier-related accidents on post, according to Bruce Heran, post safety officer. Running accidents are the direct cause of approximately 25 percent of all injuries on post. He added automobile accidents are the number one cause.

"Running safety for units doing physical fitness training and individuals continues to be a constant problem on post," Heran said.

"There are rules and regulations regarding where you can run, when you can run, and how to set up your running formation. These have been set up in order to protect the troops. The problem we find on Fort Huachuca is that the regulations are constantly being violated," Heran said.

Heran said units that violate the Fort Huachuca regulations are either running at inappropriate times or running in the wrong location and as a result are exposing themselves to automobile traffic.

"On the designated routes, traffic is averted during PT hours. When you don't run on the designated routes you are popping up where people don't expect to see you," Heran said.

He said a classic example is that of units running up Christy Avenue. "It's fine to run up to the Canyon, but on the way down, units should not take up the entire road during the time when everybody is going to work. That's very dangerous," he said.

"There still seems to be some folks who are just not getting the message or they don't understand. My worst nightmare is that I'll get a call that some truck has mowed down an entire formation," he said shaking his head. "This is really an issue, folks need to know where they can run and when they can run," Heran said.

He said units to have to make sure they follow the running safety rules such as having road guards and straggler control. "Visibility is very important, soldiers need to wear road guard vests or reflective vests if they are running in formation or not. If you are dressed in the battle dress uniform or the old dark gray PT uniforms without reflective vests, people simply will not see you," Heran said emphatically.

He went on to say individual runners have a responsibility also. "Even though runners and vehicle operators have a responsibility,

See **SAFETY** Page B4



Photo by Staff Sgt. Sharron Stewart

Runners lineup at the start line during the 6th Annual Combat Medic Run. More than 158 runners participated.

14 and under
Chris Dickerson

14 and under
Letita Luch

15 - 19
John Bowser
Nick Williams
Mike Dickerson

15 - 19
Siouxsie Owen
Nikki Henderson
Jessica Joiner

20 - 29
James Billingham
Brendan McNamara
Roman McInney

20 - 29
Sarah Knudson
Dana Stratman

30 - 39
Mike Baitunis
Bruce Zwiers
Juan Resendez

30 - 39
Faye Nugent
Catherine Owen
Lynda Smith

40 - 49
Charles Owens
Bill Wright
Michael Leonard

40 - 49
Migdia Figueroa
Jackie Anderson
none

50 - 59
Keith Kendall

See **MEDIC**, Page B2



Photo by Staff Sgt. Sharron Stewart

Read Across America

Col. Lawrence Portouw, garrison commander reads *Green Eggs and Ham* by Dr. Seuss Monday in the Rainbow Room at the New Beginnings Child Development Center. Monday was national Read Across America Day.

Military Appreciation at Hy Corbett Field

BY ERIC CRAMER
PUBLIC AFFAIRS SPECIALIST

A crowd of nearly 5,000 enthusiastic baseball fans welcomed soldiers to Tucson's Hy Corbett Field Thursday in honor of the opening of Major League Baseball's spring training system and Tucson's Military Appreciation Day.

Dignitaries from area governments, Fort Huachuca and Davis-Monthan Air Force Base threw out the first ball of the season. Participating in the ceremony were Fort Huachuca Garrison Commander Col. Lawrence Portouw, Davis-Monthan Air Force Base 355th Wing Commander Col. Paul Schafer, Tucson Mayor Robert Walkup and Tucson Parks and Recreation Interim Director Robert Martin.

The event, highlighted by a spring season match-up between the Colorado Rockies and the Arizona Diamondbacks, featured a fly-by by jets from the Air Force Facility, and a performance by the 36th Army Marching Band prior to the game.

City officials read a resolution signed by Walkup, declaring the day to be Military Appreciation Day in Tucson.

Recruiting booths from the various branches of service were also available.

The Diamondbacks won their season opener against Colorado 3-1 with a strong performance by pitcher Randy Johnson in the first two innings. Johnson struck out two in two innings.

He also pitched his way out of a tight spot after walking the Rockies' Jay Payton. Payton moved to second on an up-the-middle bouncer from Larry Walker. Walker's shot went down as an error for the Diamondback's Junior Spivey.

Johnson then struck out Preston Wilson. The inning ended with Payton stranded on base after a Todd Helton shot to second base was thrown out.

The Rockies will play a total of 15 "home" games at Hy Corbett field this season, finishing their spring training at the field on March 25.

Bisbee: visit historic area within close proximity of post community

COMPILED BY NELL DRUMHELLER
SCOUT STAFF

Some people call it the time tunnel, the byway under the Continental Divide leading into Bisbee, Ariz., on highway 80. Once you've made your way through and come out the other side to see the Victorian houses, aged brick store fronts and small winding roads you might believe that you have passed through time.

Leaving from Sierra Vista on highway 90, straight out the Main Gate of Fort Huachuca,

Parents, faculty, students run 'Myer Mile'

GEN. MYER RELEASE

Students, faculty and parents ran or walked one mile, Feb. 28, at Gen. Myer Elementary School. Many students set a personal record. The following is a list of the top ten finishers in each division.

Parent/faculty/ staff run/walk

Place	Time	Name	
1	6:28	Michael McCarthy	parent
2	6:37	Adlai Williamson	parent
3	7:30	Gerardo Rivera	parent
4	7:36	Fred Thompson	parent
5	7:44	Don Tordsen	physical education
6	9:01	Henry Boss	resource room
7	9:32	Priscilla Mendoza	parent
8	10:22	Alyce Tordsen	parent/nurse
9	10:34	Yolanda Perez	Resource room
10	10:54	Tina Becker	parent

Fourth grade girls

1	7:40*	Jacqui Villa
2	7:42	McKenzie Frisbie
3	7:50	Amadi Cooper
4	7:52	Angel Green
5	8:06	Brittanni Gouger
6	8:07	Gabriel Lesieur
7	8:12	Britanny Thompson
8	8:13	Holly McNabb
9	8:14*	Amanda Smith
10	8:15*	Lendzi Dudding

Fourth grade boys

1	7:13*	Israel Ruiz
2	7:14*	Robert Ramos
3	7:53*	John Haskins
4	8:06	Ty Jenkins
5	8:07	Chase Reynolds
7	8:36	David HILL
8	8:49	Robert Irwin
9	8:52*	Justin Liu
10	8:53	Justin Graham

Fifth grade girls

1	7:21	Maddisyn Blue
2	7:37*	Tasha Saffo
3	7:55*	Taylor Williamson
4	8:00*	Tiffany Marshall
5	8:08*	Kaitlyn McCarthy
6	8:22	Allie Cadogan
7	8:30	Kim Deasy
8	8:35	Kendra Messenger
9	8:36*	Sheniqua Chambers
10	8:53*	Raven Driskell

Fifth grade boys

1	6:49*	Juan Ventura
2	6:50*(PR)	Cody Bayne
3	6:53*	Brian Weaver
4	7:00*	Robert Pyle
5	7:06*	Alex Sanchez
6	7:39	Matt Krause
7	7:40*	Matt Rodriguez
8	7:41*	Dwight Butler
9	7:42	Kevin Williams
10	7:43	Sean Edgil



Photos by Staff Sgt. Sharron Stewart

The fourth grade girls take off. The first student completed her first lap with a time of 1:37.



Parents, faculty and students participated in Gen. Myer Elementary School's One Mile Fun Run Feb. 28.

MEDIC From Page 2B

Andy Bourke	Connie Lopez
Edwin Sugai	Shirley Williams
60 - 69	60 - 69
Stephen Suby	none
Harold Hawes	
Charlie Broberg	

5K results

Male	Female
14 and under	14 and Under
Brent Luch	none
Tom Fife	
David Santamana	

15 - 19	15 - 19
Anthony Medina	Alia Carter
Jay Bergstrom	Amamda Sugai
Phillip Cerami	

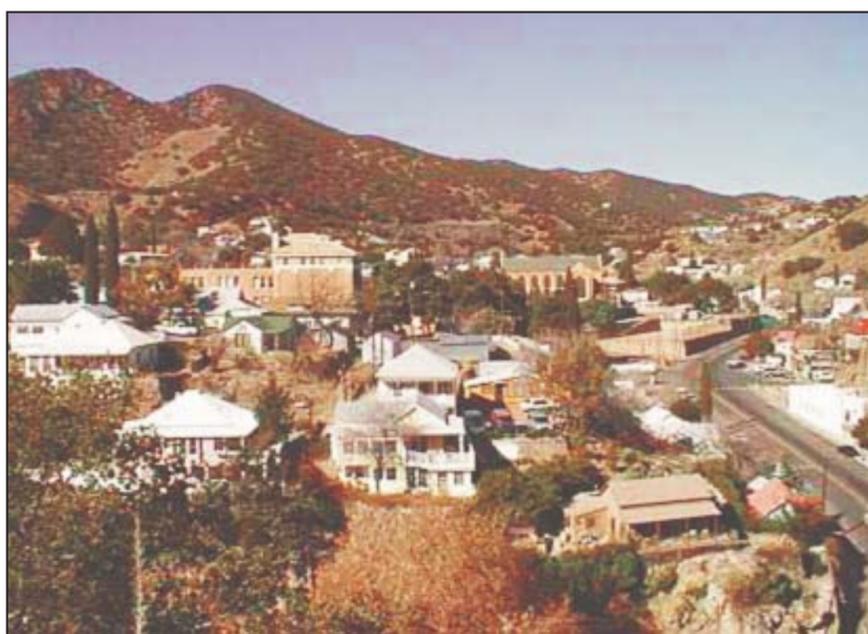
20 - 29	20 -29
Thomas Robidoux	Rachel Boggs

Chris Peet	Danielle Blevins
Guy Claudy	Nicole Launstein
30 -39	30 - 39
Jim Hessil	Janice Haskins
David Gresch	Esther Audite

40 - 49	40 - 49
Little Dalton	none

Pedro Pacheco	
Rick Beitz	
50 - 59	50 - 59
Leslie Woods	Jean Robidoux
Richard Robidoux	Lydia Coffman
	Candy Storm

60 - 69	60 - 69
Stephen Suby	none
Harold Hawes	
Charlie Broberg	



Courtesy photo

All of Old Bisbee is part of the National Historic registry.

which were jammed in the Brewery Gulch, as it came to be known, were notorious through the west, attracting an array of visitors to the town. Brewery Gulch even boasted its own Stock Market Exchange.

The original blackboard for chalking up quotes can still be seen today in the Brewery bar. Like Tombstone, the establishments vied to take the money out of the miners' pockets day and night, 7 days a week, 52 weeks a year. Unlike Tombstone, Bisbee has not "gussied up" its historic district or used myth and legend to sell its image. As a result, Bisbee remains a much more authentic witness of bygone times, a town complete with charm and not a few surprises tucked away in the hills.

The Bisbee buildings are crowded onto the hillsides, and are angled up crazy steps, propped up on stilts, ranging in size from the magnificently theatrical to little more than jerry-rigged hovels.

Each building reveals individual charm or a few details unique to Bisbee homes. Some of the houses are historical jewels, complete with grand pillared fireplaces, chandeliers and spacious ballrooms. One old building in town even sports a "horse elevator", used to transport quadrupeds to their berths in the "horse hotel" in the upper story.

Bisbee has evolved into an artist and retirement community emphasizing monthly special events including concerts, fine arts shows, art and craft shows, historic home tours, the Bisbee Gem and Mineral Show, Brewery Gulch Daze, and the annual La Vuelta de Bisbee national bicycle races.

(Editor's note: Part two of this story will run in next week's Time Out.)



The Directorate of Community Activities is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be directed to MWR Marketing Director, Paula German at 538-0836 or send an e-mail to paula.german@hua.army.mil.



Fort Huachuca Directorate of Community Activities Updates

Tickets Available at MWR Box Office

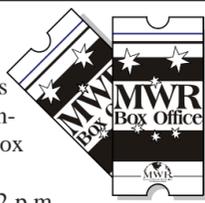
Tickets for the following shows to be presented at Tucson Convention Center are available at the Box Office:

Laboutique Fantasque, April 12, 2 p.m. and 7 p.m., April 13, 2 p.m.; Mariachi showcase, April 24, 7 p.m.; and Mariachi Espectacular, April 25, 7:30 p.m. The 15th Annual Renaissance Festival is being held at Apache Junction weekends through March 23. The box office has tickets for this exciting event also.

Let the MWR Box Office, assist you in making hotel reservations for the Tucson or Phoenix areas. The Box Office also has discounted tickets on Southern California attractions. These tickets are discounted for military, DOD and NAF employees at great savings.

Prices vary. Call 533-2404 for information or drop by the MWR Box Office located in the MWR Plaza, Bldg. 52008 on Arizona Street. MWR Box Office is open Monday - Friday, 9 a.m. - 5 p.m.

The Box Office has fax service available. Call or stop by for additional information.



BRAVO! to be presented today at Cochise Theater

The BRAVO! Army Theatre group is set to perform at Fort Huachuca today at the Cochise Theater. Show times are 5 p.m. and 7 p.m.

The six-member Bravo Theatre troupe, currently touring the U.S. and overseas, will present a 70-minute show called "Lift Up Your Hearts, America." Music includes songs by Billy Joel, James Taylor, Carly Simon, Roger Miller, Woody Guthrie and George M. Cohan.

This talented group of performers will present an evening of entertainment that you're sure to enjoy and remember. Tickets are on sale at MWR Box Office, MWR Rents, Desert Lanes and Sierra Vista Safeway for just \$5.

Seating is limited, so get your tickets now. For more information, call 533-2404.



Applications for Youth Fest available now

The Directorate of Community Activities, Child and Youth Services and Recreation Services Division, will sponsor the annual "Spring Youth Fest" on April 26. Vendor applications for this event are available now through March 20 and may be picked up at the Child and Youth Services Registration Office, Murr Community Center. For more information, call 533-8437.

Basketball courts closed for resurfacing

Barnes Field House main gym basketball courts will be closed through March 31 for resurfacing. For further information call 538-2022.

While the refurbishing is being done, patrons can use the basketball courts at Eifler Gym. Call 538-4723 for more information.

Child Abuse Prevention Conference

The LakeSide Activity Center will host a Child Abuse and Prevention Conference for Parents March 27 and 28. For more information, call Marjorie Loya at 533-3986 or 533-6878.

B.O.S.S. to host golf tournament

The Fort Huachuca Better Opportunities for Single Soldiers will host a golf tournament on April 18, beginning at 8 a.m. This event, which will be held at Mountain View Golf Course, is open to everyone. The entry fee is \$30 per person.

First, second and third place prizes will be awarded, as well as prizes for the longest drive, closest to pin and a putting contest. Format is a four-person scramble.

If you don't have a team, you will be placed on one. Sign up early. Slots will be filled on a first-come, first-served basis.

For more information, call 533-7395.

ICW Wrestling to return to Fort Huachuca

International Championship Wrestling, Inc. will once again be hosted by the Directorate of Community Activities, Recreation Services Division, April 5 at Barnes Field House. Tickets are on sale at MWR Box Office, Desert Lanes, MWR Rents and Sierra Vista Safeway.

The following bouts have been scheduled: Buff Bagwell vs. Norman Smiley; Disco Inferno vs. The Navajo Warrior; Erica vs. Nikki (ladies match); Hollywood vs. The Black Scorpion; and Shane and Shannon Ballard vs. Jason and Johnny Riggs (tag team match).

Doors open at 6 p.m. Bouts start at 7 p.m.

March Special at MWR Rents

MWR Rents is offering a terrific special for the entire month of March. You can rent a 5 ft. by 10 ft. pon-

toon boat or a water mouse for just \$40 for an entire weekend. Call 533-6707 for more information.

Barnes Pool offers lifeguard class

A lifeguard class will be held at Barnes Pool March 15-23. The class is open to the public and the cost is \$150. Participants must be 15 years old by the last day of the class.

Those who complete the class will have the chance to apply to work on Fort Huachuca.

For more information, contact Karlie Jo Hale at 533-3858.

"Family Night" at Pepperoni's

Pepperoni's presents "Family Night" every Tuesday, 5 - 8 p.m. You'll have the chance to enjoy many different specials, such as a large, one-topping pizza for just \$7; a free soda with any sandwich order; and the all-you-can-eat spaghetti buffet, for just \$5.95 for adults, half price for children 5-11 years, and children under 5 years are free.

The east side of Pepperoni's Restaurant is available for groups, meetings and get-togethers. Please call 533-3802 to reserve this room when planning your functions.

Special Needs Children's Bowling League

A Special Needs Children's Bowling League is under way Saturdays through May 3 at Desert Lanes. It begins at 1 p.m.

Bumpers and a bowling ball ramp are available, and coaches are present to assist the young bowlers.

The fee is just \$3 per bowler for three games per week. Each bowler will receive a trophy at the end of the season.

For more information, contact Randy Carter at 533-2849

Child care training applications available

Fort Huachuca Family Child Care is now accepting applications for the March Training Class. Family members 18 years of age and older interested in earning an extra income by caring for children in their home should plan to attend this training.

The training is scheduled to begin March 31. Training is Monday through Friday, 8 a.m. - noon. It is free of charge to all interested parties. Class sizes are limited; therefore, interested parties are urged to begin the enrollment process as soon as possible.

Prior to attendance in this training, personnel should contact the FCC Office for an application. For further information, contact the Fort Huachuca FCC program at 533-2494 or stop by and visit them at Murr Community Center. The FCC Office is open Monday through Friday, 7 a.m. - 4 p.m. Further information may also be obtained from the FCC Director via email at fcc@hua.army.mil.

Youth Services Tae Kwon Do classes

Youth Services offers Tae Kwon Do classes every Tues-

day and Thursday at 6 p.m. at the Youth Center. Ages 4 and up are invited to come to any class and participate. Parents are welcome as well.

Mini Spring Horse Camp

Buffalo Corral has scheduled a Mini Spring Horse Camp for youth March 17-21. For more information, call 533-5220.

Fort hosts Festival of the Southwest

The Festival of the Southwest, which has been held in Sierra Vista at Veterans Memorial Park in past years, has moved to the R.L. Anderson Special Events Park on Fort Huachuca this year. The event is set for May 2 - 4. The festival is open to the public and there are no admission fees. Food, craft, nonprofit, military, Family Readiness Groups and information vendors are wanted. For information on space available, contact Recreation Services Division at 538-1690.

Blacktail Canyon Trail Ride at Buffalo Corral

The Buffalo Corral will offer the first "Blacktail Canyon All-Day Ride" Sunday. The ride will leave the corral at 8 a.m. and ride up Split Rock Canyon, across to Blacktail Pond, down Blacktail Canyon, and head back to the corral around 4 p.m.

The ride is open to intermediate riders, 14 years and up. Riders under 18 must be accompanied by a parent or legal guardian. This ride goes up into the mountains, has some switchbacks, and at times, gets steep. Be sure to wear appropriate clothing, as the temperatures will be cold to start off. The price is only \$65 for authorized MWR patrons and \$77.50 for civilians. The price includes lunch.

Registration and prepayment is required by close of business tomorrow. For more information, call 533-5220.

Spring Break Soccer Camp

March 17-21, Youth Services will present a five-day Spring Break Genesis Soccer Camp for youth ages 8 - 15 at Geronimo Field on Fort Huachuca.

There will be two sessions each day, Monday through Friday, from 10 a.m. - noon and from 1 - 3 p.m.

Camp Director Barry Morris is licensed by the English Soccer Federation. Cost of the camp is \$25 and includes a ball and shirt. For more information and registration, call 533-3205.

FRG Training set for Saturday

Family Readiness Group Training will be conducted Saturday, from 9 a.m. - noon at the Murr Community Center. This class will cover the basics of establishing and running a family readiness group, funding issues and managing volunteers. Call Army Community Services at 533-5919/2330.

Korea Orientation set for March 26

Orientation for soldiers and family members that will be moving to the Republic of Korea for the first time will be held March 26, 6 - 7:30 p.m. at Murr Community Center.

Registration is mandatory and should be completed no later than March 24 by calling ACS at 533-2330. For additional information, contact Katie Demko at 533-6874 or email katie.demko@us.army.mil.

Fort Huachuca welcomes spouses

Army Community Services wants to welcome spouses arriving to the Fort Huachuca community. The Huachuca Welcome - a newcomer's orientation - is scheduled for March 25, 9 a.m. at Murr Community Center.

The orientation will provide a one-stop access to the information needed to make the transition to Fort Huachuca a smooth one for spouses and family members. Information about school and youth programs, health care services, employment assistance programs and more will be provided. There will be a free lunch, an opportunity to meet other spouses and the information you want about the community. For more information about the orientation, call Katie Demko at 533-6874 or email katie.demko@us.army.mil.

The Child Development Center is offering childcare services during The Huachuca Welcome. Call ACS at 533-2330 or 533-6874 to register your children (ages 6 weeks to 5 years) or to get more information about this service.

BOXING from Page B1

and coach Abdullah said I needed a big round; I needed to try to take it to him," Ibrerra said. "I was just waiting for the right opportunity. I was biding my time. I knew he was going to get tired. They're not in as good a shape as we are. Eventually, he punched himself out."

Ibrerra, meanwhile, went upstairs in the final round and scored with several solid blows to Spencer's head. Ibrerra, who kept attacking like a raging bull, now has three gold medals to show for three Armed Forces appearances in two different weight classes. He twice won the 201-pound division and on Friday added a super-heavy medal to his collection.

"I felt good going into that bout," said Abdullah, one of the few in Wafield Gym who believed Ibrerra would prevail.

"We won the bout just the way I said we were going to win the bout. I said we would win the bout in the last two rounds. Expect to be down the first two rounds, but don't worry about it. Keep your head in it and we're going to pull it out because our conditioning and our will is going to get us through.

"Spencer got tired, and I expected him to get tired. I knew he wasn't going to be able to keep our pace."

As he left the ring, Spencer, 29, of Port Hueneme, announced his retirement from a three-year boxing career.

"That's it for me," he declared. "I'm not taking no pro deals. That's it; I'm done. I'm giving my life to Allah."

Spencer wasn't about to take anything away from Ibrerra.

"That last round I just couldn't keep it together," Spencer said. "He's a good fighter. The Army always has a good team. They get to practice year-round. We have to try to do in two months what they get to do year-round, so I've got two months to prepare for a guy who prepares all year.

"There's no excuse, he just beat me. Clearly, he just won. You can't cry about it. I could've went in there and got killed."

Likewise, Army clearly won the team title with 18 points, followed by Marine Corps (6), Air Force (5) and Navy (0).

Seven-time Armed Forces champion Staff Sgt. Julius Fogle delivered the Army's biggest punch of the night with a third-round knockout of Air Force Sr. Airman Jorge Hernandez of San Juan, Puerto Rico, in the 165-pound division.

"Knockouts just come, I don't try to look for them," said Fogle, 31, an air defense artillery soldier from Houston who said he lost count of his knockouts somewhere in the 80s. "I just wanted to use my speed, use my legs, make him miss throwing punches, and then counter off his misses."

Fogle floored southpaw Hernandez with a vicious pair of right jabs. "I saw he was hurt after the first one I caught him with, I took a step back and saw his legs buckle, and that's when I just let my hands go — right-left, right-left — until he went down.

"It feels real good to get Armed Forces number seven out of the way," Fogle continued. "Now I can get back to the drawing board and look forward to the U.S. Championships, which is the big dance anyway. But it's always great to win this here," Fogle said.

SAFETY from Page B1

you still have to protect yourself," Heran said.

"If someone comes here on a temporary duty assignment or if they move here, they need to find out what the rules for runners are," he said.

These rules include not running with headphones, wearing bright colored clothing or reflective belts or vests, and not running on streets that have posted speed limits of 35 miles per hour or higher.

"That doesn't mean you can't run along side of road that has a speed limit that is posted higher than 35 mph. If you are off the road and away from the traffic, that's fine, but always face the traffic in order to protect yourself. That way if you see an erratic driver approaching, it gives you time to get out of the way. It protects you," he said.

He went on to stress the urgent point that there seems to be a new form of road rage developing between drivers and runners.

"Vehicle operators are so frustrated in the morning that some have even reportedly tried to nudge runners off of the road. Runners in return have been so angry that they have responded with 'creative gestures' or reportedly have even thrown stuff at vehicles," Heran reported.

"If this type of behavior escalates, we will wind up with someone getting hurt," Heran said. "There is nothing wrong with a driver stopping and letting a runner know they are running too close to the street and are likely to get hurt but gesturing and endangering is not the answer," Heran said.

He went on to say that runners need to be alert and need to watch where they are putting their feet. "It may sound simple but a lot of injuries are occurring because runners are stepping in holes, tripping on rocks and falling off of curbs. Historically, about 70 percent of running injuries have occurred because the runner was not watching where they were going," Heran said.

"Run with your eyes. Look where you are going," he said.

He also said individual runners need to wear proper footwear. "Of course soldiers have to wear what their unit tells them to but as an individual, they should wear foot wear that is the right kind and that fits properly. Foot wear runs out," Heran said.

Heran concluded by saying that running safety on post is everyone's responsibility. "If you see somebody doing something unsafe like running in dark clothing without a reflective vest or belt or running in the dark, the entire community, even non-runners need to inform the individual that they are doing something unsafe. The Fort Huachuca family has obligation to help and protect each other," Heran said.

"Educate individual runners and units, enforce the rules and having runners accept their personal responsibility. Be seen, wear bright reflective clothing, don't block the road, run at times where there is minimal traffic, if you run as a group, don't call cadence while going through housing. If we as a community can do this, we can help to keep everyone safe," Heran said.