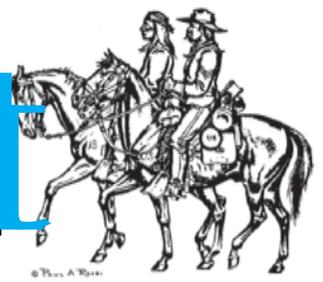


The Fort Huachuca Scout



Vol. 50, No. 23 Published in the interest of Fort Huachuca personnel and their families. View online at huachuca-www.army.mil/USAG/PAO. June 10, 2004

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TeamTalk

Reagan taught "freedom is not free"



BY
MAJ. GEN.
JAMES "SPI-
DER"
AND MARTY
MARKS

July 4.

We had a close call last month up on Reservoir Hill, but some quick work by our fire department kept a small fire from

becoming an out-of-control blaze. That fire shouldn't have happened; it was caused by carelessness. We don't need humans contributing to the fire danger through thoughtless, stupid actions. Keep up your safety standards – don't drive through high, dry grass; don't flick ash or throw butts out a car window; build campfires only in developed campgrounds and picnic areas where grills are pro-

vided; and don't hesitate to remind others about these vital safety measures if you see them doing something unsafe.

We need to help the trees and shrubs in our yards during this hot, dry season. Please make sure you're following our established watering policy. If you live in Bonnie Blink, you can turn on the sprinkler from 6 to 8 p.m. on Wednesdays and Sundays; if your home is in one of the other housing areas, you can use the sprinkler from 6 to 8 p.m. on Tuesdays and Saturdays. Hand watering is allowed at any time. Water your plants – we're living in a beautiful place here and we need to do

our part to keep it that way – but do it responsibly. We can't have excess water running down the gutters. If you have any questions about the watering policy, just give our housing office a call at 533-3611. Thanks for being responsible members of this community!

Don't forget the big show coming up the evening of June 26, when Libby Army Airfield will be rocking with the sounds of Train, along with the Graham Colton Band. Our enthusiastic staff at the Directorate of Morale, Welfare and Recreation works hard to bring these annual concerts to Fort Huachuca, and there are literally hundreds of

folks who volunteer their time to make these concerts such great events for the whole family. I hope everyone will be able to join us for this super evening of music. The proceeds go right back into the MWR fund, where they support quality of life programs and events for us right here on Fort Huachuca.

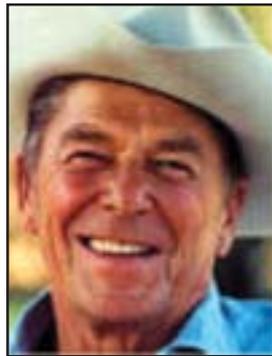
Marty and I hope you're all enjoying a safe southeastern Arizona summer and are finding time to relax with friends and family. You all are what make Fort Huachuca such a super place to live, work, and raise a family. Thanks very much for everything you do!

On Saturday we lost a great American. President Ronald Reagan served as our commander in chief for two terms beginning in 1981. He is remembered for his great sense of humor, his compassion and his unshakable belief in the strength and goodness of the American people. Freedom is inviolate; Freedom is not free... President Reagan taught us that through action. Our flags will fly at half-staff through

President bids farewell to Reagan

This is a sad hour in the life of America. A great American life has come to an end. I have just spoken to Nancy Reagan. On behalf of our whole nation, Laura and I offered her and the Reagan family our prayers and our condolences. Ronald Reagan won America's respect with his greatness, and won its love with his goodness. He had the confidence that comes with conviction, the strength that comes with character, the grace that comes with humility, and the humor that comes with wisdom. He leaves

behind a nation he restored and a world he helped save. During the years of President Reagan, America laid to rest an era of division and self-doubt. And because of his leadership, the world laid to rest an era of fear and tyranny. Now, in laying our leader to rest, we say thank



you. He always told us that for America, the best was yet to come. We comfort ourselves in the knowledge that this is true for him, too. His work is done, and now a shining city awaits him. May God bless Ronald Reagan.

George W. Bush



Things bugging you?
Something on post that really gets under your skin?
Send a letter to the editor at thescout@hua.army.mil.

The Fort Huachuca Scout®

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It is published weekly, except Christmas and New Years, using desktop publishing by the Public Affairs Office, U.S. Army Intelligence Center and Fort Huachuca, Fort Huachuca, AZ 85613-7027. Printed circulation: 8,200.

All editorial content of *The Fort Huachuca Scout* is prepared, edited, provided and approved by the PAO. *The Fort*

Huachuca Scout is printed by Aerotech News and Review, 2700 Fry, Suite B6, Sierra Vista, AZ 85654, a private firm in no way connected with DA, under exclusive written contract with the U.S. Army Intelligence Center and Fort Huachuca. The civilian printer is responsible for all advertising.

Editorial material for publication should be submitted to USAIC&FH Public Affairs Office, Bldg. 21115, The Fort Huachuca Scout (AZTS-PA), Fort Huachuca, AZ, 85613-7027. The PAO reserves the right to edit all material submitted for publication.

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Copies of *The Fort Huachuca Scout* are available to members of the commander's internal audience for monthly postage and handling fees upon approval of the PAO.

POSTMASTER: Send address changes to Aerotech News and Review, 8607 N. 59th Ave., Suite C-3, Glendale, AZ 85302. To submit stories or inquiries, call (520) 533-1987, DSN 821-1987 or fax (520) 533-1280. For advertising, call (520) 227-4603.

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Squadron changes commanders

Obermiller replaces Murphy to oversee 314th's training

BY SPC. SUSAN REDWINE
SCOUT STAFF

The U.S. Air Force 314th Training Squadron held a change of command ceremony at the Air Force detachment on post Friday under a scorching Arizona sun. Maj. Michael C. Murphy passed command of the detachment to Maj. David A. Obermiller.

Presiding over the ceremony was Col. Igor J.P. Gardner, commander, 17th Training Group, who cautioned the incoming commander that the 314th was one of the most challenging of the training group, but that it would also be extremely rewarding in the end.

The 314th's mission is to train intelligence and computer maintenance for the Department of Defense training more than 400 students annually.

"Your experience is going to help you face

the multitude of challenges you'll face here," Gardner told Obermiller.

Murphy, who will be stationed next at the Pentagon in Washington, D.C., said he will especially remember all of the servicemembers he's worked with while at Fort Huachuca.

"I will always remember these dedicated folks whose selfless contributions on behalf of the training mission here was quite an achievement," Murphy said of his two-year tour. "I'm grateful for their hard work."

Obermiller said his diverse background and experience in information management, communications, personnel and intelligence will be something to draw upon as he takes command of the unit.

"I really look forward to working with and learning from the Army," Obermiller said.

Both the new and former commanders urged students to make the most of their time at Fort Huachuca.

"They've got a bright future ahead of them," Obermiller said. "They've got to work hard and study hard."

"Our duty right now is to train," Murphy said. "So our mission is to learn our profession well because we are needed out in the operational field. In the war on terrorism, every hand is needed."



Photo by Spc. Susan Redwine

Maj. David A. Obermiller assumed command of the 314th Training Squadron in a ceremony Friday.

Nations' representatives converge on post

BY AMANDA BAILLIE
SCOUT STAFF

International soldiers based at Fort Huachuca organized a unique event to show their appreciation of the support they have received from their American counterparts.

The fort's liaison officers, as

well as one sergeant major, who represent Germany, France, Canada and Korea, invited members of their respective armies to join them at a conference, where they talked to an audience of U.S. troops about their work.

It is the first time such an event has been held here, and it is hoped

it will now become a permanent part of the annual calendar.

"The international liaison Soldiers are given great support by the U.S.," said Lt. Col. Helmut Schaefer, one of two German representatives on the fort and who organized the two-day conference.

"So we decided we wanted to

give something back and support them and we thought the best way to do that was to inform the American Soldiers how we do our business.

"Our guests talked about their different fields of Intelligence

See **LIAISON**, Page 7



Service News

USAF lieutenant found guilty

First Lt. Todd Doughty was sentenced to 18 months confinement and dismissal from the service in a general court-martial May 31 when he pleaded guilty to involuntary manslaughter, drunk and reckless driving, and drinking in violation of U.S. Central Command's General Order 1A.

The charges stemmed from a Feb. 25 and 26 incident in Kabul, Afghanistan. After drinking, Doughty lost control of his vehicle while driving at a high speed killing his passenger, an Army specialist.

This was the first Air Force court-martial in the Central Command Air Forces

area in 2004.

Servicemembers baptized

Four Marines and one Soldier were baptized in Al Asad, Iraq, May 30 by two separate chaplains of different faiths during a baptism ceremony.

Those baptized included Lance Cpl. Michael K. Kono, 19, a network administrator, Marine Wing Communications Squadron 38, Marine Air Control Group 38, 3rd Marine Aircraft Wing; Lt. Col. David M. Wargo, assistant chief of staff for intelligence, 3rd MAW; and Staff Sgt. Michael C. Greenfield, motor transportation maintenance chief, Ma-

rine Wing Support Squadron 273, Marine Wing Support Group 37, 3rd MAW.

Navy studies Vietnam injuries

National Naval Medical Center leaders announced in May that the hospital is the site for a 30-year post-injury follow-up study to determine the long-term effects of a traumatic brain injury sustained in combat in Vietnam veterans.

The Vietnam Head Injury Study Phase III is being used to determine the long-term effects of head injuries on general cognition, memory, and long-term neurological, psychological and social functioning.



Student becomes hero

Trainee breaks from AIT to save girl's life

BY SPC. SUSAN REDWINE
SCOUT STAFF

It takes a unique kind of heroism to donate part of your body to save someone else. Risking personal health, agreeing to undergo experimental medical procedures and taking months off from training take a special kind of compassion.

Pvt. Benjamin Whitley of Company D, 309th Military Intelligence Battalion, put his advanced individual training on indefinite hold last month while he donated his stem cells to save the life of a girl he's never met.

"I went on the [National Marrow Donor Program] registry about five years ago," Whitley said. "When I was a civilian, I registered through the Red Cross. I was already donating blood regularly and I thought, 'if I can help someone else in another way, why not do it?'"

Whitley said there are more than 5 million people on the registry, but he was the only match found for this individual.

"I thought I'd never hear from them again because I never heard of anyone donating marrow," Whitley said. "I knew it was being done, but I never actually knew anyone personally."

He said he was contacted in

February as a possible match and had to undergo more tests to make sure his tissue was compatible.

In March, he found out that he was the best match for a 14-year-old girl who is suffering from Hodgkinson's Disease, a cancer of glandular tissue.

"When I found out I was a match, I had to make the choice of whether or not I would leave class and start over again," Whitley said. "Because of the donation, I don't know when I'll be able to graduate or when I'll be back in class."

Whitley is taking the 96B class to become a military intelligence analyst and was over halfway through his studies when he left to donate his stem cells. If he had not chosen to go through with the donation, he would be graduating July 15. He says the earliest he will be able to graduate now is sometime in September, if he gets back into class soon.

"We're hoping to put him in the next class, which was a month behind," said Sgt. 1st Class Leonard Cordova, drill sergeant, 309th MI Bn.

Whitley flew to Washington, D.C., on May 6 and went to Georgetown University to make the donation. He arrived back on post May 27, after two weeks convales-

cent leave following the procedure.

The typical bone marrow donation involves surgical removal of marrow through the pelvic bone in a procedure that usually lasts one to two hours. The procedure Whitley went through, called peripheral blood stem cell donation, is newer and requires collection of stem cells released from bone marrow into the bloodstream.

"The procedure starts with a series of shots," Whitley said, "two shots for five days in a row."

Eight hours of dialysis were required to separate the stem cells from the blood before returning the remaining blood into his body, Whitley said.

Whitley said he agreed to the stem cell donation procedure, which is experimental, because the benefits to the recipient would be greater than with the traditional donation.

"It's a harder donation on my part but it ends up being a better result for the person receiving it," Whitley said.

The side effects from the procedure include bone and joint pain and fatigue.

Whitley said he also had an enlarged spleen due to the procedure and was told he might need surgery. Whitley said he still feels tired and has a physical training profile.

Even with a donation such as this, the girl whose life Whitley tried to save still might not survive. Because of this, donors and recipients are not allowed to meet each other until at least one year after the donation. At that



Photo by Spc. Susan Redwine

Pvt. Benjamin Whitley, Company D, 309th Military Intelligence Battalion, put his advanced individual training on hold to donate stem cells to a cancer patient he has never met.

time, it is the recipient's decision whether or not to meet the donor.

"I think it'd be neat to meet her," Whitley said. "If not, I understand. She's been through a lot in her life at fourteen years old."

However, he will get an update on how the girl is doing in a couple of weeks.

It's not typically easy to take leave during AIT, but Whitley said he didn't think he would have a hard time getting leave because of the nature of the request.

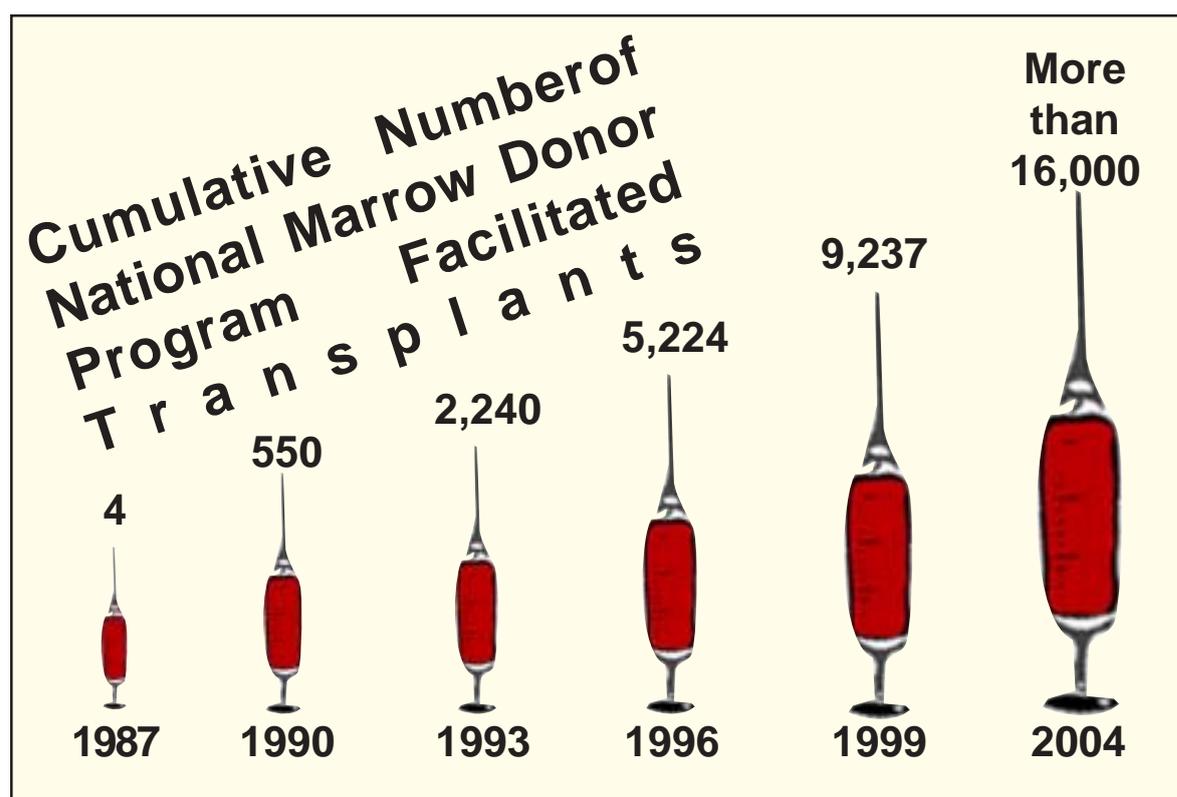
"When he was told he was matched to be a donor, he came to us to see if he'd be able to donate," said Cordova.

"I was pretty sure that the whole chain of command would be supportive. It was just a matter of ensuring that all the proper paperwork was put in for him to leave," Cordova said.

Whitley said his drill sergeants were instrumental in helping him get all his paperwork done and making sure he got to all his physicals and blood testing appointments on time.

"I was proud because he's sacrificing quite a bit to do this," Cordova said. "The sacrifice he made is just admirable."

"I'm glad I've done it," Whitley said. "I'll do it again if I ever get approached with the situation."



Happy 229 birthday Army

Celebrating more than two centuries protecting freedom, liberty

BY PFC. JOY PARIANTE
SCOUT STAFF

Years ago, the tireless efforts of Soldiers brought about America's independence, inspired our flag and national anthem.

Monday marks the 229th birthday of the Army and celebrates the Soldiers past and present fighting for freedom worldwide.

The 229th birthday theme – Our Army at War, Relevant and Ready – celebrates these Soldiers.

It ties the celebration of our last-honor- ing Army with ing Soldiers who take to heart the Warrior Ethos of placing mission first, never accepting defeat, never quitting and never leaving a fallen comrade.



On June 14, 1775, an American military evolved from the militias of the time to preserve the “liberties



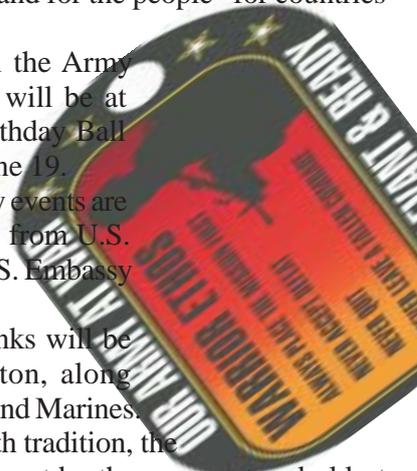
of freedom.” During the Army’s 175 campaigns, not including some Armed Forces Expeditions and the campaigns in Southwest Asia, over the course of 10 wars America’s Army has held fast to preserving freedom and necessitating the development of a government “by the people and for the people” for countries across the globe.

The center of all the Army birthday excitement will be at the annual Army Birthday Ball in Washington on June 19.

However, birthday events are going on worldwide, from U.S. Army Japan to the U.S. Embassy in Columbia.

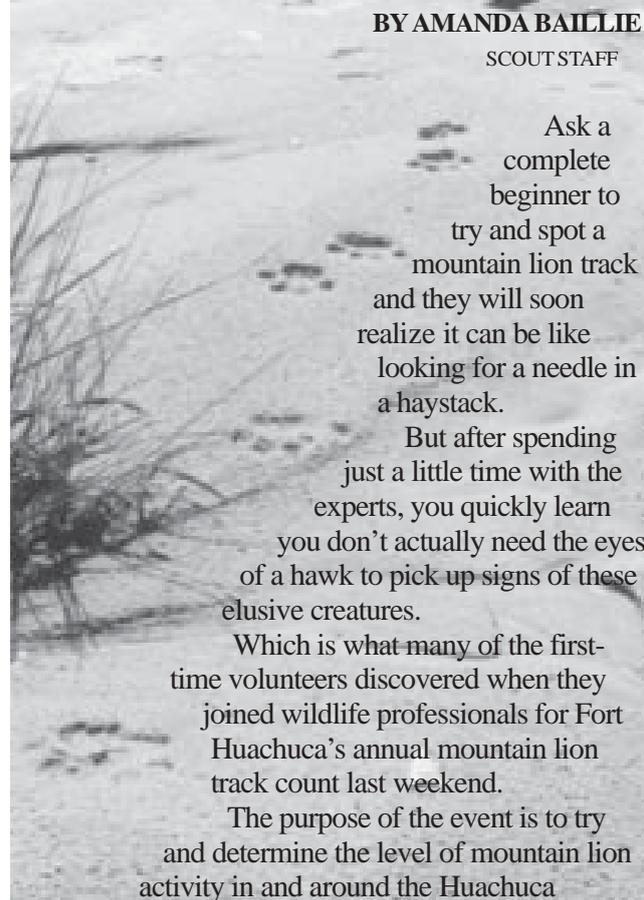
Soldiers of all ranks will be present in Washington, along with sailors, airmen and Marines.

In accordance with tradition, the birthday cake will be cut by the youngest and oldest Soldiers present.



Volunteers track mountain lions on post

BY AMANDA BAILLIE
SCOUT STAFF



Ask a complete beginner to try and spot a mountain lion track and they will soon realize it can be like looking for a needle in a haystack.

But after spending just a little time with the experts, you quickly learn you don’t actually need the eyes of a hawk to pick up signs of these elusive creatures.

Which is what many of the first-time volunteers discovered when they joined wildlife professionals for Fort Huachuca’s annual mountain lion track count last weekend.

The purpose of the event is to try and determine the level of mountain lion activity in and around the Huachuca

Mountains, which come under the stewardship of the military.

Although it is extremely difficult to pinpoint the exact number of lions in the area – estimates are that it could be up to 20 – the survey can at least reveal whether the animals are actually there and what routes they commonly use.

Around 45 people, led by members of the fort’s Wildlife Center and the conservation group Sky Island Alliance, surveyed a number of trails up to two miles long, looking for telltale signs of mountain lions.

It is a painstaking business, especially when, more often than not, the slightest indentation in a stony trail, easily missed by the untrained eye, is all you have to go on.

First-time tracker Halina Szyposzynsky admitted she found the event a real learning experience.

“This is my first time tracking and my first visit to Fort Huachuca and I have found it fascinating,” said Szyposzynsky, who travelled from Phoenix to take part in a five-hour survey on Sunday. “I’m really impressed with how some of the people here can find tracks just from what looks like patterns in the stones.

“I would definitely do it again and, hopefully, next



Photo by Elizabeth Harlan

Volunteer Renell Stewart uses reference guides to identify animal tracks.

See LION, Page 12

Allergies blow

Floating no see 'ems can disable

BY SPC. SUSAN REDWINE
SCOUT STAFF

For many people, allergies cause headaches, not just from sinus pressure, but from the loss of productivity and the ability to enjoy life to its fullest.

"Most allergies we deal with are caused by plant pollens or certain tiny organisms like dust mites," said Dr. Michael White, chief of medicine, Department of Internal Medicine, Raymond W. Bliss Army Health Center.

White said some allergies are also caused by molds, but most allergies are caused by plant pollen.

"The pollens settle on the mucus membranes in the nose, sinuses and even the lungs and sets off a reaction as the body tries to fight them off," White said. The result is the release of histamines in the body and the typical allergy symptoms of sneezing, coughing, itchy nose and throat and congestion, among others.

Most allergy sufferers will be affected in spring and fall, White said.

"In the spring, the trees are pollinating," he said. "In the fall, certain weeds are pollinating, like rag weed."

White notes that there are three main ways to treat allergies. The first treatment is taking antihistamine tablets, however drowsiness is an undesirable side effect. Some of the newer medicines are better in that they reduce

this side effect, although they still may cause some drowsiness, White said.

The second is by steroid inhalers, which are available by prescription.

Immunotherapy in the form of a series of shots is the most intensive treatment for allergies. White said this process includes testing an individual to find out what he is most allergic to and then creating a serum with those allergens in it. Twice a week, the serum is injected into the patient in gradually increasing doses.

"These stimulate the body to produce antibodies which...block the allergic reaction in the nose, sinuses and lungs," White said.

This type of treatment is the most time-consuming and also potentially the most dangerous, White said. Because the dose of the serum has to be estimated, it is possible to administer too much and the patient might have a severe allergic reaction. Also, when the patient receives the shot, he must wait for about half an hour afterward to ensure that no adverse reactions occur.

White also discouraged the use of allergy shots by Soldiers because they move every few years and the environment changes, therefore changing Soldiers' exposure to certain allergens.

"We only use allergy shots as a last resort," White said. "They are effective, but they don't usually start to work for a

year."

White also said while it's impossible to prevent allergies, it's important for allergy sufferers see a doctor. He recommends steroid inhalers as the first line of treatment and antihistamines as the second.

"Individual people respond better to one [treatment] than another," White said. Allergy sufferers have to find out which treatment is best for their symptoms through trial and error.

National statistics suggest about 7 percent of the population has allergies but White feels that's low and estimates about 50 percent of the local population have some sort of allergy.

"The reason is that the vegetation down here is very different than what our ancestors grew up with," he said.

He said he has seen cases of people moving to this area and live for the first year or two without any allergy symptoms. It takes some people several years to develop symptoms. He said this might be due to a slight susceptibility in some people who are exposed to a stimulus long enough to finally set off a

reaction.

"Not everybody is allergic," he said. "Not everybody has that weakness in their system that makes them susceptible to allergies."

"People can live with allergies, but they can make you quite miserable," White said.



Photo illustration by Neil Drumheller

First inauguration set tone for change

BY JIM GARAMONE

AMERICAN FORCES PRESS SERVICE

It really was like “Morning in America,” as some of Ronald Reagan’s campaign commercials suggested.

Jan. 20, 1981, was a cold, gray morning in Washington, but the atmosphere was exciting. Hundreds of thousands of people gathered on the west side of the U.S. Capitol – a first – for Reagan’s inauguration.

In addition to the Republican Party faithful who flocked to the ceremony, hundreds of thousands of Washingtonians came, too. This was the “Hollywood” event for a movie-star president. Many in the crowd had grown up watching Ronald Reagan in the movies or as the host of CBS’ “The General Electric Theater” or the syndicated program “Death Valley Days” on television.

Rumors flew fast and furious on that cold morning about “the hostages” – the 52 Americans captured on Nov. 4, 1979, when Iranian students broke into the U.S. Embassy in Tehran. They were beaten, starved and mistreated with the collusion of the fundamentalist Muslim government of the Ayatollah Khomeini.

For 444 days, the cloud of the hostage situation in Iran loomed over the administration of President Jimmy Carter. In April 1980, five American service members were killed and seven wounded in

the botched “Desert One” rescue attempt.

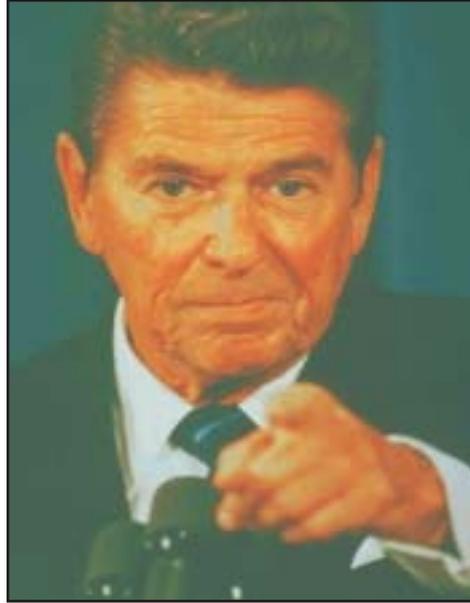
But between the election on Nov. 4, 1980, and Inauguration Day, there was a flurry of negotiations with the Iranians for the release of the hostages. News outlets were expecting the release at any moment, and people in the crowd overhearing others speak of the situation would ask, “Anything new?”

But noon came with no word from Tehran, and power shifted from President Carter to President Reagan.

Ronald Wilson Reagan was born in Tampico, Ill. He was the son of John E. (Jack) and Nelle Reagan. The future president referred to himself often as a “son of the heartland.” The president’s father moved around the area often and finally settled in Dixon, Ill., which was what the president considered home.

The future president grew to be 6 feet, 1 inch tall and served as a lifeguard at Lowell Park, Ill. He was credited with saving 77 lives in the seven summers he worked there.

Reagan went to Eureka (Ill.) College and majored in economics and sociology. While there, he became interested in drama. He was elected student body president at the school and graduated in 1932. The year was the height of the Great Depression. Millions of Americans were out of work, but this handsome, if nearsighted, young man set the goal of getting into pic-



Courtesy Photo

President Ronald W. Reagan

tures.

Reagan took a job as a sports radio announcer in Davenport, Iowa. He “re-created” Cubs baseball games from wire service copy.

In 1937, Reagan left for California and signed as an actor with Warner Brothers. His most famous role was that of George Gipp, the Notre Dame football star in “Knut Rockne – All American,” made in 1940. He also starred in the 1942 film “Kings Row.” In 1937, Reagan joined the Army National Guard and was soon made a cavalry second lieutenant. The cavalry

back then still rode horses.

He married his co-star in the film “Brother Rat” – Jane Wyman – in 1940. With America’s entry into World War II, Reagan was called to active duty. He was assigned to the 1st Motion Picture Unit in Culver City, Calif. Reagan made more than 400 training films with the unit, and was discharged as a captain in 1945.

All in all, Reagan made 53 feature films in his Hollywood career. In 1949, his marriage to Wyman ended in divorce, and in 1952 he married Nancy Davis. From 1947 to 1952 and again from 1959 to 1960, Reagan was the president of the Screen Actors Guild.

Politically, Reagan started as a member of the Democratic Party. But even in the 1950s he was beginning to lean toward the Republican Party. He campaigned in 1952 and 1956 as a “Democrat for Eisenhower,” and in 1960 campaigned for Richard Nixon. In 1962 he officially changed his party affiliation.

His speech at the Republican National Convention in 1964 in support of Barry Goldwater for president really launched his political career. In 1966, he ran for governor of California and beat incumbent Edmund G. Brown in a landslide. He was re-elected in 1970.

In 1976, Reagan challenged President

See **REAGAN**, Page 9



Photo by Charles Pyle, Fort Huachuca Fire Dept.

Watered down

Fort Huachuca Fire Department Ladder Truck 2 responded to a mutual aid call with Sierra Vista May 22 around noon that destroyed two houses under construction just near the mall. Firefighters battled the flames for 30 minutes.

LIAISON, from Page 3

work and, hopefully, the Americans will be able to use something and take away some new ideas.”

Officers travelled from Canada, France and Germany especially for the seminar, which was held in the Fitch Auditorium and supported by senior Fort Huachuca representatives.

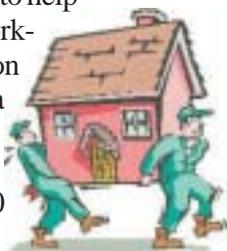
“They were only here for a few days, but they also wanted to show their support for us, as well as the Americans,” added Schaefer. “I think the seminar went well and everyone seemed impressed. Now we are hoping we can do it all again next year.”

Range closures

Today – AA, AC, AD, AF, AH, AK, AL, AM, AR, AU, AV, AW, AY, T1, T1A, T2, T3
 Friday – AA, AC, AD, AF, AL, AM, AU, AW
 Saturday – AB, AL, AU, AW, AY, T1A, T1, T2
 Sunday – AU, AW
 Monday – AD, AG, AJ, AH, AK, AL, AM, AR, AU, AW, AX, AY, T1A, T1, T2
 Tuesday – AD, AG, AJ, AL, AM, AP, AU, AW, AX, AY, T1, T1A, T2, T3
 Wednesday – AD, AG, AH, AJ, AK, AL, AM, AN, AP, AR, AU, AW, AX, AY
 For more information, call Range Control 533-7095.

Make smooth move

The Smooth Move Relocation Workshop for Soldiers and their families is designed to help ease the stress of moving. The workshop will cover basic information on relocating, including benefits, a moving checklist and a question/answer session. Workshops are scheduled for 6 p.m., today; 9:30 a.m., Wednesday; and 6 p.m., June 21. All workshops are at Army Community Service (Building 50010).



Clinic closure

The Raymond W. Bliss Health Center will be closed on Friday, with the exception of the weekend and holiday clinic.

Commissary hours

The Commissary will be closed on Friday.

309th change of command

The 309th Military Intelligence Battalion change of command will be at 7:30 a.m. Friday at Chaffee Field.

Welcome to Fort Huachuca

Army Community Service Relocation Assistance Program offers the Huachuca Welcome, an orientation for newcomers to the Fort Huachuca area. The Huachuca Welcome is set for 9 a.m. Friday, June 30, July 9 and 27 and Aug. 13 and 25. To register, call ACS at 533-2330. Child care may be acquired by calling at least one week in advance to the New Beginnings Child Development Center at 533-5209 for reservations.

AFTB Level I training

Get an introduction to Army life with Army Family Team Building Level I training 9 a.m.-2 p.m., Saturday at Murr Community Center (Building 51301). For more information or to sign up for a class, call 533-2330 or

533-3683.

QuickBooks classes

Cochise College Workforce Training and Community Education is offering a two-part class in QuickBooks. QuickBooks Part 1 will meet 8 a.m. – 4 p.m. Saturday at the Willcox Center, 1110 W. Fremont St. The second part of the class will meet 8 a.m. – 4 p.m. June 19 at the same location. The registration fee for each class is \$76 per person. For more information or to register, call 515-5492 or e-mail training@cochise.edu.

Flag Day ceremony

There will be Flag Day ceremony at 4 p.m., Monday at Brown Field near the gazebo. The 36th Army Band will perform and there will be a short history of the flag. The ceremony should last about 30 minutes.

Resumix workshop

Learn to navigate the Army civilian application process 5:30-8 p.m., Monday at Army Community Services (Building 50010 on the traffic circle). To register for this class, call 533-6870 or 533-2330.

Stick to your budget

Get the facts on making a budget and Family Supplemental Subsistence Allowance 6-7 p.m., Tuesday at Murr Community Center and 9-10:30 a.m., July 14 at Army Community Service (Building 50010). To register or for more information, call 533-2330.

AFTB Level II training

Understand Army life and enhance leadership skills with Army Family Team Building Level II training 8:30 a.m.-2 p.m., Tuesday, June 17, 22 and 24 at Murr Community Center (Building 51301). For more information or to sign up for a class, call 533-2330 or 533-3683.

111th MI Brigade change of command

The 111th Military Intelligence Brigade change of command will be at 7:30 a.m. Wednesday at Chaffee Parade Field.

Manage your checkbook

Take control of your finances and learn how to manage your checkbook noon-1:30 p.m., Wednesday at Murr Community Center and 9-11 a.m., July 7 at Army Community Service (Building 50010). The class is open to Soldiers and family members. To register or for more information, call 533-2330.



Financial readiness classes

Army Community Service will present several financial readiness classes throughout the month of June. The schedule is: noon - 1:30 p.m., Wednesday, Checkbook Management; noon - 1 p.m., June 23, Thrift Savings Plan; and noon - 1 p.m., June 30, Large Purchases. The morning classes will be held at the ACS Building 50010. The noon classes will be held at Murr Community Center. For more information, call Christine Bachand at 533-6884.

New parent

First Steps new parent support program offers classes on breastfeeding your newborn 6:30-8:30 p.m., Wednesday and assisting your newborn's development 6:30-8:30 p.m. at Army Community Service. For more information, call 533-6877.

Marks retirement ceremony

Maj. Gen. James A. "Spider" Marks, commanding general, U.S. Army Intelligence Center and Fort Huachuca will retire in a ceremony at 8 a.m. June 17 on Brown Parade Field.

Sponsorship training

Army Community Services will hold a Sponsorship Training class at 1:30 p.m. on June 17. The class will be held at the Army community Service, Building 50010. For more information, call 533-2330/6874.

Identify child abuse

Learn how to identify child abuse and the reporting procedures 7-9 p.m., June 17 or 6-7:30 p.m., Aug. 19 at Army Community Service. For more information, call 533-6873.



Juneteenth celebration

The Greater Huachuca Area Branch of the National Association for the Advancement of Colored People will hold its annual Juneteenth celebration at 1 p.m. on June 19 at the Sierra Vista Veterans' Memorial Park. For more information, call James Banks, at 249-3605, or e-mail JBanks@cox.net.

Revive your resume

Get hands on instruction on writing a traditional, Internet and Resumix version of your resume 8:30 a.m.-3:30 p.m., June 21 at Army Community Service, building 50010. Class size is limited, so reserve a seat by calling 533-6870.

AAFES hours for National Day of Mourning

Admin office closed
 AT&T Cyber Zone 6 a.m. – 11 p.m.
 Main Store 10 a.m. – 5 p.m.
 Barber Shop-Mini Mall 10 a.m. – 3 p.m.
 Furniture/out door living 10 a.m. – 5 p.m.
 Enterprise 10 a.m. – 3 p.m.
 Barber Shop Main Store 10 a.m. – 4 p.m.
 Laundry & Dry Cleaner/MCSS closed

Beauty Shop 10 a.m. – 4 p.m.
 Shoppette / Class IV 8 a.m. – 9 p.m.
 Laundry, Dry Cleaners, Alteration 9 a.m. – 3 p.m.
 MCSS closed
 Cosa's Bonitas 10 a.m. – 4 p.m.
 Cochise Theater normal hours
 Flower Shop 10 a.m. – 4 p.m.
 Barracks Phone Center 10 a.m. – 2 p.m.

GNC 10 a.m. – 4 p.m.
 Burger King 10 a.m. – 5 p.m.
 Optical Shop 10 a.m. – 4 p.m.
 Launderette 6 a.m. – 9 p.m.
 UPS Store 10 a.m. – 4 p.m.
 Greely Hall Diner closed
 Anthony's Pizza /Main Store 10 a.m. – 4 p.m.
 Barber Shop Greely Hall closed

Franks Franks closed
 JITC Cafeteria closed
 Robin Hoods Deli 10:30 a.m. – 5 p.m.
 Food Mobile closed
 Baskin Robins closed
 Regimental Retail Store 6 a.m. – 11 p.m.
 Anthony's Pizza-Regimental 10:30 a.m. – 8:30 p.m.
 Popeye's Chicken 10:30 a.m. – 8:30 p.m.

REAGAN, from page 7

Gerald R. Ford for the Republican nomination. He lost, and Ford lost to Carter. In 1980, he received the nomination, and with his running mate, George H.W. Bush, received 51 percent of the popular vote to 41 percent for Carter.

The world of 1981 was far different from today. The Soviet Union was still communist. Leonid Brezhnev was the undisputed ruler of what Reagan came to call "the Evil Empire." The Soviets occupied Afghanistan and subjugated all of Eastern and most of Central Europe. The Warsaw Pact confronted NATO along the Iron Curtain.

A total of 350,000 American service members were based in Europe to counter the Soviet menace. But the American military was not a very effective force. Thousands of mid-level enlisted people and officers – exactly the people needed to make the military function – were voting with their feet. The all-volunteer force, then less than 10 years old, could not offer the pay and benefits to attract or keep good people.

On the civilian side, inflation was

running in double digits, unemployment was rising, and crime concerned Americans. President Carter said the country was suffering through a "national malaise" and seemed powerless to do anything about it.

In stepped Reagan. After taking the oath of office, Reagan strode to the dais. As the new president began his inaugural address, the sun broke through the clouds. A woman in the crowd said that even Hollywood couldn't have written a better script.

But what followed was even better. In his speech that afternoon, the new president injected confidence into the American people.

"If we look to the answer as to why for so many years we achieved so much, prospered as no other people on Earth, it was because here in this land we unleashed the energy and individual genius of man to a greater extent than has ever been done before," he said. "Freedom and the dignity of the individual have been more available and assured here than in any other place on Earth. The price for this freedom at times has been high, but we have never

been unwilling to pay that price."

Reagan, with his unbounded confidence in Americans, said Americans "have every right to dream heroic dreams." He said that in the search for heroes, Americans had only to look to one another. "You can see heroes every day going in and out of factory gates," he said. "Others, a handful in number, produce enough food to feed all of us and then the world beyond.

"You meet heroes across a counter, and they're on both sides of that counter. There are entrepreneurs with faith in themselves and faith in an idea who create new jobs, new wealth and opportunity. They are individuals and families whose taxes support the government and whose voluntary gifts support church, charity, culture, art and education. Their patriotism is quiet, but deep. Their values sustain our national life."

Reagan also said America would fight for what it believes in. "As for the enemies of freedom, those who are potential adversaries, they will be reminded that peace is the highest aspiration of the American people," he said. "We will negotiate for it, sacrifice for it; we will not surrender for

it, now or ever."

He warned adversaries to not mistake America's desire for peace for softness. "Our reluctance for conflict should not be misjudged as a failure of will," he said. "When action is required to preserve our national security, we will act. We will maintain sufficient strength to prevail if need be, knowing that if we do so, we have the best chance of never having to use that strength."

Reagan left to a thundering ovation, and as he met with congressional leaders, word came that the hostages had been freed. What had been happiness and a sense of anticipation turned to joy.

During his term in office he went on to accomplish many things. He rebuilt the U.S. military. He played a part in Middle East peace. He called on Soviet President Mikhail Gorbachev to tear down the Berlin Wall. He negotiated the Intermediate-range Nuclear Forces treaty with the Soviets.

He did many things, but his first day in office set the tone for his presidency. That day, he inspired Americans to dream again.

Origins of honors, story of 21 gun salute

BY PFC. JOY PARIANTE
SCOUT STAFF

Most military members have heard the ceremonial shots fired by a firing party at a funeral or memorial service, but there is often confusion over titling this honor as a 21-gun salute.

In reality, the shots that are fired over a grave can range anywhere from 15 to 24 shots, depending on the size of the firing party, which, according to Field Manual 3-21.5, can be anywhere from five to eight

riflemen with one noncommissioned officer in charge.

What the firers actually do is fire three rifle volleys. The riflemen fire their rifles at the same time for the sound of three distinct shots to signify that the burial or ceremony is complete. This tradition comes from the old custom of stopping the fighting to remove the dead Soldiers from the battlefield and firing three volleys to indicate that the Soldiers were returning to battle.

The 21 gun salute is



Photo by Elizabeth Harlan

The shots that are fired over a grave can range anywhere from 15 to 24 shots, depending on the size of the firing party.

actually a tradition that evolved from warships discharging their cannons to show they were un-

loaded when arriving at ports. Based on superstition, most cannon salutes were odd num-

bers. Military installations on land, which could store more gunpowder than ships, would often respond with three shots to every one ship shot.

Today, 21 guns are fired in honor of a national flag, the sovereign or chief of state of a foreign nation, members of a reigning royal family, the president, ex-president or president elect. The salute is still fired on Washington's Birthday

and the fourth of July and also on President's Day and Memorial Day. At the funeral of a president, ex-president or president elect, the 21 gun salute is fired at noon.

Gun salutes are also given to military and civilian leaders of this and other nations. The number of guns is based on the persons rank or position. And, in keeping with superstition, the salutes are always in odd numbers.

Training exercise brings new m

Shoot, move,



Pvt. Jeri Long, Company C, 312th Military Intelligence Battalion, fires downrange at a target while mounted on a moving vehicle.



**BY SGT. 1ST CLASS
DONALD SPARKS**
NCOIC, USAIC&FH PAO

Scanning his sector from 11 o'clock to two o'clock, Pfc.

Chris Denson waited anxiously for his target to pop up. His experience of weapons marksmanship, although limited, did not prevent him from being pretty skillful with a M16A2 rifle – however, that was shooting from a foxhole.

His sharp-shooting expertise was challenged tremendously, along with other Soldiers of the 1st Platoon, Company C, 312th Military Intelligence Battalion, Fort Hood, Texas, as the unit conducted a live-fire exercise while mounted on a moving vehicle.

“This was nothing like shooting from a foxhole or in the prone supported firing position,” Denson said.

The training is a result of lessons learned in support of Operation Iraqi Freedom, particularly because of the many Soldiers injured or killed as a result of convoy ambushes

according to Maj. Michael McCarthy, tactical unmanned aerial vehicle trainer, 306th Military Intelligence Battalion.

“Other installations are doing the same type of training,” said McCarthy. “Because of the situation on the ground in Iraq where Soldiers have been attacked in convoys, this training will prepare them should they find themselves fired upon.”

This is the third time the training has been conducted on Fort Huachuca, however, vast improvements have been made to make the training more realistic. During the exercise four Soldiers ride in a HUMVEE moving at 10 mph; a driver, one in the passenger seat and two in the truck bed.

The Soldiers are assigned sectors of fire prior to movement and, as the vehicle moves out, targets ranging from 50 meters to 100 meters pop up from the ground. The Soldiers must quickly engage their targets and hit them.

“We wanted to make this range as realistic as possible,” said Scott Miller, chief of training division, Directorate of Plans, Training, Mobilization and Security. “We went from a range of paper targets to pop-ups and from a rough road to a smoother road. We want to provide the best training environment as possible for these Soldiers for when they leave here. We owe them that much.”

Although marksmanship



McCarthy goes over safety measures prior to the live fire. The training is a result of lessons learned from Operation Iraqi Freedom and conducted by the 309th MI Bn.

Page 1

Sgt. Kelly Boehning, Company C, 312th Military Intelligence Battalion, receives instructions on how to shoot while mounted on a moving vehicle during a live fire training exercise.

Meaning to... *communicate*



Superstar Soldiers, civilian recognized by fort

Scout writer recognized

The Directorate of Morale, Welfare and Recreation recognized the Scout's Time Out writer, Spc. Matthew Chlosta for his extensive coverage of intramural sports in a ceremony at Barnes Field House June 2.

Michelle Kimsey, sports programmer for MWR, said she hasn't seen anybody from the Scout provide the kind of in-depth coverage Chlosta has.

"We appreciate his efforts," Kimsey said.

Chlosta received a plaque from MWR and a commander's coin from Col.



Spc. Matthew Chlosta

Jonathan Hunter, garrison commander of Fort Huachuca.

"My goal is to get as many Soldiers' quotes and pictures in every article I do because the Scout is for the

Soldiers," Chlosta said.

Instructor of Quarter

Instructor of the quarter Capt. David Ott, Company A, 304th Military Intelligence Battalion, has a reputation for being



Capt. David Ott

awesome, said Lt. Col. Brian Lesieur, commander, 304th MI Bn. Lesieur said Ott is energetic, candid and tactically

and technically proficient in the development of intelligence warriors.

"It's a great honor," Ott said. "It's a fantastic experience to represent the battalion and all the great instructors. It's a team effort in everything we do."

NCO of Quarter

Noncommissioned officer of the quarter, Staff Sgt. Jeff Jameson, Company A, 306th Military Intelligence Battalion spends his days meeting with contract personnel and validating training material for the operator and trainer program for the Staff Weather Officer course.



Staff Sgt. Jeff Jameson

"He's outstanding, a great NCO" said Capt. Laura Hunter, Company A, 306th MI Bn. "He's proactive and always takes the initiative."

Jameson said he worked hard by studying almost every day for the competition.

"It's a great honor," Jameson said.

Civilian of the Month

Dante Velasquez, a custodial worker in the Department of Anesthesia and Perioperative Services at Raymond W. Bliss Army Health Center, keeps his area of responsibility exceptionally clean.

Velasquez was recognized in a ceremony at the health center.

Nominate your deserving employee for Fort Huachuca Civilian of the Month. Per Fort Huachuca Regulation 690-5, all permanent appropriated fund and nonappropriated fund employees are eligible with the exception of employees officially assigned as supervisors (GS-10



Dante Velasquez

and above) and senior executive service personnel. For more information, call Civilian Personnel Advisory Center at 533-5273.

LION, from Page 5

time I'll be a little better at it."

Experts and volunteers gathered Friday evening to prepare for the weekend, which saw most people camping out at Split Rock Canyon and rising at 5:30 a.m. on Saturday and Sunday to set off on their designated routes.

"The angle of the sun can play a large part in looking for tracks. It's better to use a low sun angle early in the morning to detect tracks," explained wildlife biologist Sheridan Stone, who has worked at the Wildlife Center for 17 years and taken part in 15 Fort Huachuca track counts.

He added, "Each group spreads out and starts looking for tracks,



Mountain Lion

and when someone spots something everyone stops to look at it and try and identify what it is."

Only when everyone is absolutely sure the track belongs to a mountain lion is it documented.

"There can be a lot of definite maybes," said Stone, who has only seen a mountain lion in

the wild once. "That means we are very conservative in terms of what we count as a mountain lion track."

But this research is not just left to the experts. Anyone, even if they have no previous experience, can take part.

Wildlife Center and Sky Island Alliance staff are happy to teach the willing volunteers what to look out for, which also includes signs of scratching and lion droppings.

"It's a good educational experience for people who want to learn about tracking," said Stone. "And if someone finds a good track we can take people to see it and use it for training. The aim

also is to build up a pool of people who can then take part in other track counts carried out by their local game and fishing wildlife managers."

Matt Skroch, field programs director for the Sky Island Alliance, agrees events such as these are a good way of picking up wildlife knowledge.

"I think it's such a great educational experience for the public and to get them into the world of tracking," said Skroch, who has taken part in the Fort Huachuca track count for the last seven years.

"The Huachucas are also unique as a mountain lion range as it's one of the better watered ranges because it's in the

southern region of what we call the Sky Islands."

Over the weekend, around 18 miles across the mountains were covered by the volunteers, along trails which, from previous experience, are deemed the most likely to be used by the lions.

Last year, following a night of heavy rain, only

one definite mountain lion track was detected.

This year, however, four tracks were documented.

"It was a very successful weekend," said Stone. "People seemed to enjoy it and we did detect some mountain lion tracks so the results were as good as we could have expected."



Photo by Elizabeth Harlan

Sheridan Stone, wildlife biologist tries to determine what kind of animal left this track.

Train concert pre-party tonight

Everyone is invited to attend the Train concert pre-party, 4 - 6 p.m., tonight at Johnny Carino's Country Italian Restaurant, next to Target in Sierra Vista.

There will be a live remote by KZMK Radio, plus lots of prizes will be given away, including two free tickets to the upcoming Train concert.

The Grammy award-winning group Train, along with special guests the Graham

Colton Band, will appear in concert at 8 p.m., June 26 at Libby Army Airfield.

Train is probably best known for their mega-hit, "Drops of Jupiter," which won the Best Rock Song Grammy award in 2002.

Tickets can be purchased for \$15 at all area Safeway Stores, MWR Box Office, MWR Rents and Desert Lanes. Cost will be \$20 at the gate.

You can register to win a

pair of tickets from each of the following MWR facilities: MWR Box Office, MWR Rents, Desert Lanes, Army Community Service, Buffalo Corral, Mountain View Golf Course, Jeannie's Diner, the Sportsman's Center and Grierson Pool. You must be 18 or older to enter. Winners will be notified by Tuesday.

For more information, call the MWR Box Office at 533-2404.



Coming up at Desert Lanes

Kids' Days, when kids can bowl for \$1 per game and shoe rental will also be \$1, will be held noon - 4 p.m., this Friday, as well as June 18 and 25.

Rock 300 continues 7 - 11 p.m., Fridays through July 30 at Desert Lanes. During Rock 300, you can bowl for \$7, which includes the cost of shoes. There is a \$5 cover charge for non-bowlers.

"Terrific Tuesday" special rates will be offered noon - 4 p.m., June 15, 22 and 29, when you can bowl for \$1.25 per game. Shoe rental is reduced to \$1 during those times.

For more information, call 533-2849.

Scuba class starts Saturday

Barnes Pool will hold a scuba class 7 - 11 a.m., Sunday, June 20 and 27. Cost of the class is \$150.

For more information, call Dennis Ballard at 803-0308.

Firearms sale at Sportsman's Center

The Sportsman's Center will hold a "Father's Day Super Sale," Wednesday - June 20. All handguns, rifles and shotguns will be reduced to the price of 10 percent above cost.

During the summer months, the Sportsman's Center is open 10 a.m. - 6 p.m., Wednesday - Friday, and 8 a.m. - 3 p.m., Saturday and Sunday.

For more information, call 533-7085.

New classes at MWR Arts Center

The MWR Arts Center will offer two new classes this month. "Polaroid Manipulation" will be held 6 - 8 p.m., Thursdays. This class teaches the student how to turn an ordinary Polaroid picture into a "work of art." Cost of the class is \$28 and includes all materials.

The second new class is "Stained Glass."

This class will show the student how to cut foil and solder stained glass into items such as a sun catcher, picture frame or mirror. Cost of the stained glass class is \$75 and includes all materials. Call the MWR Arts Center for the exact dates and times this class will be offered.

The MWR Arts Center offers a wide selection of classes every month, including photography, pottery, framing and matting, scrapbooking, basket-making, oil painting, watercolor and more.

For more information, call 533-2015 or stop by the Arts Center, located in Building 52008 on Arizona Street.

No Bingo June 24

Due to Hall of Fame activities, Bingo at the LakeSide Activity Centre will not be offered June 24. Bingo will resume its regular schedule June 26.

For more information, call 533-2193.

Temporary closure of lunch buffet

Due to special events and activities, the lunch buffet usually served 11 a.m. - 1 p.m., Tuesday - Friday at LakeSide Activity Centre will not be offered June 24 and 25. The buffet will resume its regular schedule June 29.

For more information, call 533-2193.

Skeet shoot at Sportsman's Center

The Sportsman's Center will hold a two-day, open skeet competition at 8 a.m., June 26 and 27.

For more information, call Mick Gue at 533-7085.

Water aerobics classes scheduled

Grierson Pool will offer water aerobics classes Wednesdays and Fridays, 11:30 a.m. - 12:30 p.m., beginning June 30. Cost will be \$3 per class or \$25 for nine classes.

For more information, call 533-3858.

Box Office

If you're looking for a way to escape the heat this summer, MWR Box Office has discount tickets for Waterworld in Tucson. Waterworld has eight giant slides and nine pool areas, including three huge splash pools.

The Box Office also has the following offers:

- Tickets for the following events at the Tucson Convention Center: July 2, George Lopez; July 16, Ron White; July 20, Harry Connick, Jr.; July 28, Kenny Loggins; and August 4, Rod Stewart. These tickets may be purchased 10 a.m. - 4 p.m., only.

- Information on the Armed Forces Vacation Club. AFVC offers a vacation condominium rental program at reduced prices, developed to benefit members and employees of the U.S. Uniformed Services, National Guard and Reserves.

- Discount tickets for the Tucson Sidewinders baseball games, on selected dates, now - September.

- Discount tickets for Seaworld, hotel reservations and other attractions in San Diego.

- Buy one day, get a second day free at Universal Studios, Hollywood. The Box Office can also assist you in making reservations at the Sheraton Universal Hotel.

The MWR Box Office is located in Building 52008 on Arizona Street, between the MWR Arts Center and Carlson Wagonlit Travel.

Stop in at the facility and see what else they have to offer, or call 533-2404 for more information. They're open 9 a.m. - 5 p.m., Monday - Friday.



Fort Huachuca Directorate of Morale, Welfare & Recreation

The Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be directed to MWR Marketing Director, Paula German, at 538-0836 or send an e-mail to paula.german@hua.army.mil or visit us on the Web at mwrhuachuca.com



Movies

Ella Enchanted plays at 2 p.m. on Sunday at Cochise Theater. For the complete listing of this week's movie see Page 28.

Softball championship ends in pitchers' duel

BY SPC.
MATTHEW E. CHLOSTA
SCOUT STAFF

The final game of the softball season came down to the best two teams on Fort Huachuca, according to intramural softball coordinator Tom Lumley, sports specialist, Morale, Welfare and Recreation Directorate.

"It's a rubber match tonight," said Warriors' coach Thomas Summers of the June 4 game at Pauley Field. "It should be a good game. We need to go out and play good hard softball."

There weren't many secrets left between the two military intelligence and San Pedro Division's first and second place regular season teams in the championship game.

The Company C, 304th Military Intelligence Battalion One Eyes and Company B, 305th MI Bn. #1 Silent War-

riors, met three times over an eight day period beginning with their regular seasoning ending San Pedro Division Championship deciding game won by the One Eyes on May 27.

The Warriors returned the favor when they defeated the One Eyes, 18-17, in a third round game in the softball intramural tournament winner's bracket at 7 p.m. June 3 to advance to the final.

The One Eyes dropped into the loser's bracket and beat Company A, 305th MI Bn., the Cochise Division regular season second place team, in the fourth round to advance to the final against their archrival, the Warriors.

"We didn't run smart last night," said One Eyes' coach Eric Haupt. "We need to play hard, run hard, hit the ball hard, be smart, have good situational awareness, minimize mistakes and then have fun. Somebody's gotta win it. This will be a

good game."

The Warriors were up first and immediately went to work on One Eyes' pitcher Kenneth French. The Warriors smoked two doubles in the top of the first inning and took a 2-0 lead with runs by Steve Schantz and Joe Hayes.

The man in black, Warriors' pitcher Glen Patterson continued his strong playoff pitching as he held the One Eyes scoreless until the bottom of the fourth inning.

After Warriors' Patterson, Daniel Ellis, Julian Huskey and Robert Collins scored in the top of the fourth inning, to push their team's lead to 6-0, the One Eyes looked to be out of the game.

Then a glimmer of hope started to surface when the One Eyes' Matthew Bauman scored his team's first run in the bottom of the fourth inning to

See SOFT, Page 25



Photo by Spc. Matthew Chlosta

Company B, Military Intelligence Battalion #1 intramural softball player Scott Stansberry Jr. heads to second base in the top of the fourth inning during his team's 7-6 win in the Intramural Softball Championship Game.

Braves tomahawk Braves in youth baseball



Photo by Spc. Matthew Chlosta

Fort Huachuca Braves' pitcher Demetrius Daniel, center, pitches to FTH Braves' catcher Kirk Thomas.

BY SPC. **MATTHEW E. CHLOSTA**
SCOUT STAFF

The Benson 2 Braves crushed the Fort Huachuca Braves, 28-2 in a 13-15, Junior League Division youth baseball game at 6 p.m. June 2 at Herrera Field.

The Benson Braves were lead by pitcher Cory Graf, 13, who held the Huachuca Braves scoreless with six strikeouts over the first two innings of the game.

Graf smothered the Huachuca Braves' bats from his perch on the pitcher's mound. His stellar pitching was supported by Nathan East's two home runs, 13, as the Benson Braves pounded Fort Huachuca

Braves' pitcher Demetrius Daniel for an 18-0 lead after just two innings of play.

Although he sorely limped across the bases, Dominc Arbino scored the Huachuca Braves only runs by stealing home in the third and fourth innings respectively.

The game's outcome was never ever in doubt as Benson's hurlers Graf and East threw strike after strike against the hapless Braves.

After the game both coaches reflected on the slaughter as their teams ran wind sprints on the field.

"I think they are having a bad night," said Fort Huachuca Braves' coach Tristan Menefee about his team's performance. "I tell'em

even pros have bad nights, to just shake it off, they'll always be tomorrow. They're just off; they're not in sync tonight. After a bad first inning they started to lose their confidence. We need to focus on fielding for the next game. That is where most of our problems are. We're going to practice charging ground balls and playing balls off the hop."

Fort Huachuca's youth sport program is reemerging after a hiatus of many years to rave reviews including former Marine and Benson 2 Braves' coach Floyd Graf.

"The youth sports on post are good for the kids with parents in the military," Graf said.

Fit For Life

Reader's question, concerns addressed

BY GEORGE R. COLFER,
PH.D.
CONTRIBUTING WRITER

This week's column will respond to various reader's inquiries.

Q - What is the difference between strength and mus-

cular endurance? (from *dynamic calisthenic routine article, April 15*).

A - Strength is a measure of external force by muscle contraction. There are three types of strength: dynamic, which is the maximum

amount of force exerted in a single contraction; relative, which is strength in relation to one's bodyweight; and enduring, which is the repetition of a muscular movement. Enduring strength is synonymous with muscular endurance. As an example of

each, I'll use the bench press strength exercise. Dynamic - one repetition with the maximum amount you can lift. Relative - the number of times you can bench press your bodyweight. Enduring - any number of repetitions beyond one, but muscular

endurance is usually associated with lighter resistance and high repetition and also includes free body exercises or calisthenics. Many muscular endurance activities also contribute to relative strength and cardiovascular endurance.

Speed endurance

Q - is there a way to measure speed endurance as discussed in your speed improvement article (April 29)?

A - Yes. There is a program that can be used both to develop and measure speed endurance progress. However, I would recommend some speed endurance training prior to using it.

Target time sprints

A track or level surface area should be used for this program.

1. WARM UP with jogging and flexibility exercises until sufficiently loosened up to run at full speed.

2. The distances best used for this program are usually between 40 and 60 yards. This should depend upon the task involved.

3. Run 10 repetitions of the desired distance:

A. Each sprint is to be timed and recorded.

B. The runner can self start or use an outside stimulus. However, this should be consistent.

C. A 25 or 30 second recovery interval is taken between sprints. Note: Length of the recovery interval should pertain to the sport or task training is for. A range of 15 to 60 seconds would be

recommended. 25 to 30 seconds is an example of an interval for football athletes.

D. Run through the finish line, do not slow down.

E. Give maximum effort on each run.

4. Analysis:

A. The runner's target time should be established from an average of 3 time trials taken from a previous training session (example for 40 yd. dash: $5.0 + 4.8 + 5.2$ divided by $3 = 5.0$).

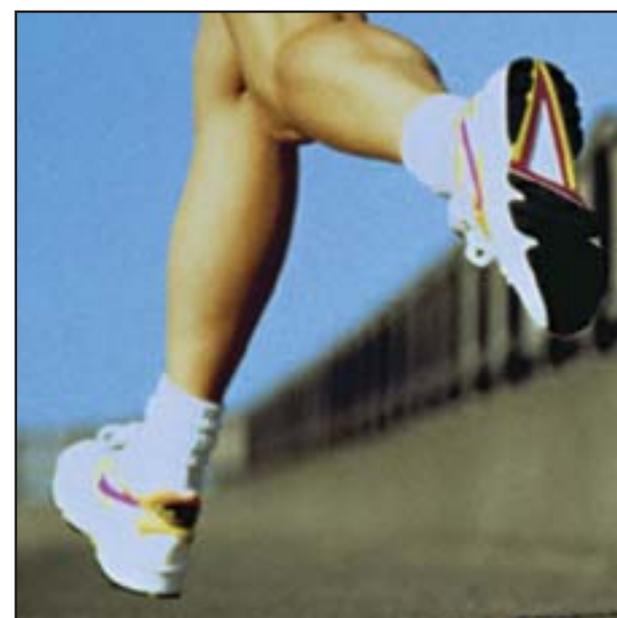
B. The target time should be strived for as an average of the 10 runs.

C. The times are added and then divided by 10 to establish the workout's pace. (example for 40 yd. dash: $4.9 + 5.1 + 4.9 + 5.2 + 5.5 + 5.4 + 5.6 + 5.6 + 5.8 + 6.0$ divided by $10 = 5.4$). This is then compared to the target time.

D. Divide established target time (3 trial average) by the new workout's pace (10 trial average) to establish a percentage of efficiency. Example

for 40 yards: 5.0 divided by $5.4 = .92$. Athlete is running at 92percent efficiency. 90% or higher is recommended for speed endurance efficiency.

E. At various points in one's training, re-establish a new target time by averaging 3 time trials. This



measures speed. The comparison of the 10 trial average measures speed endurance.

While this program is short in duration, it requires maximum effort. It can be performed once weekly for evaluation or twice weekly for developing speed endurance.

Stress

Q - The stress article (April 1) did not mention "compassion fatigue," often experienced by medical personnel and health care providers. Does it fall into the category of stress disorders?

A - Yes it does, but to get first hand information on the topic, I consulted with Major Dorothy

Colfer, U.S. Army, an intensive care and burn unit nurse at Landstuhl Regional



Medical Center in Germany. She states; "compassion fatigue is fairly prevalent among

medical personnel in time of war. It is a form of "burnout" that is accompanied by deep physical and emotional exhaustion as well as acute emotional pain. It's part of the cost of caring for and about seriously injured people. Some more specific causes can be the volume and pace of your patient load; the level of trauma and type of injuries experienced by our

Soldiers and Marines, who are mostly young; and the uncertainty of lifestyle changes due to deployment. Eventually CF can lead to an overall decline in health."

She further adds that many symptoms coincide with other stress disorders such as anger, fatigue and depression, and some of the same ways to deal with it such as exercise, maintaining other interests outside of

the medical field and lifestyle adjustments can be applied. It also helps to share your feelings with other colleagues and take turns listening without passing judgment.

The Army does provide information and help in combating CF. A resource list is available by typing "compassion fatigue" into the Internet search. There are several sites dedicated to this topic.

Local team takes Flagstaff by storm

BY AMANDA BAILLIE
SCOUT STAFF

The odds were stacked against them, but the talent and sheer determination of a group of young athletes has seen them reach a basketball pinnacle.

They play wherever and whenever they can, their funds are in short supply and they travel in whatever vehicle they can get their hands on.

But the members of Sierra Vista Storm Under 15 and Under 14 basketball teams still beat off the competition to win the Grand Canyon State Games in Tucson in their respective age groups.

It is the first time either team has won the tournament and now they are looking to repeat their success when the contest moves to Phoenix later this month.

“Phoenix is one of the biggest tournaments in Arizona,” explained Under 15 coach Jim Hessil. “There will be more teams and the competition will be tougher. But we are really proud of what we have achieved so far.”

Hessil, along with volunteers Steve Wambach, Mike Grayson and Randy Gale, has been coaching the Sierra Vista teams for around five years.

The members come from Fort Huachuca, Sierra Vista and other lo-

cal communities and they currently meet at the fort’s Youth Activity Center.

“It was always our aim to put together traveling basketball teams to represent the local community,” said Hessil, a wildlife biologist with the fort’s Environmental and Natural Resources Division. “What we have done is pooled the best talent from areas like Fort Huachuca, Sierra Vista, Huachuca City and Tombstone. Unfortunately, many of the military kids have to move on, but we have a fair number here that have been playing now for a number of years and as a result we have some

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Photo by Spc. Matthew Chlosta

Sierra Vista Storm's players Fred Livingston, right, and Mike Grayson scrimmage as part of their training program.

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cut the lead to 6-1 in favor of the Warriors.

French started to heat up on the mound for the One Eyes. He shut out the Warriors for the fifth and sixth innings.

Then Haupt helped his team mount their charge in the bottom of the six inning.

Haupt twisted his ankle sliding into second base on a double, but brushed himself off and continued to play.

Haupt’s team of grinders fed off his energy and ‘never quit’ attitude.

Haupt, Bauman, Paul Smith and Garth Lamonte all scored in the sixth to make the score 6-5 and the One Eyes were now back in the ballgame.

French shut out the Warriors again in the top of the seventh and final inning. The Warriors would have to rely on the visibly fatigued Patterson to hold off the One Eyes in their final at bat.

Once again Haupt came through as he knocked

home Adam Tscherne with a double to tie the game at 6 all.

Lamonte popped up to end the inning and left the winning run stranded on base.

The game was now going to extra innings.

Hayes scored in the top of the eighth to give the Warriors a sliver of a lead, 7-6, as the teams headed into the bottom of the eighth inning.

Once again, Patterson dug deep into his bag of tricks as he held the One Eyes scoreless to end the game and win the championship.

Once Bruce Zwiers flied out to end the game; the collective sigh of relief from the Warriors bench became screaming, hollering and yelling.

The Warriors spilled out of their dugouts like rambunctious kids; mobbed Patterson on the mound in a group hug and held their index fingers a loft.

The One Eyes could hold their heads high

since they had “left it all on the field” as the old coach’s mantra goes.

After the trophy presentation ceremony Haupt said, “It was just an incredible game. Either team could’ve won. We got a great team. This game was absolutely phenomenal. We had a great season. We had a good time, it’s [intramural softball] a great program. This is a pick up team. This is the best this softball team has ever done. This was a hellu’va a game.”

Summers basked in the glory of his teams’ third straight intramural softball championship. He said immediately after the final out, “It feels great. Three years in a row, this was the toughest one. We’ve never been into extra innings before. My guys got the job done. That is a real good ball team. They [the One Eyes] won the division, but we won the championship.”

Free tickets to Tucson Sidewinders

Military and retired military members and their families who'd like to see the Tucson Sidewinders play won't have to pay for tickets to the this Friday's game. Free tickets, each good for general admission for as many as four people may be obtained at the Public Affairs Office here. Free tickets are available on a first-come, first served basis.

The gates at Tucson Electric Park will open at 6 p.m. and the baseball battle between the Sidewinders and Tacoma begins at 7 p.m. Fireworks will follow the game.

Tickets are available at the Public Affairs Office until 4:30 today. Tickets are available on a walk-in basis. For information, call 533-1284.

Chapel teen groups

The Fort Huachuca teen groups will meet Sunday at the Mail Post Chapel. Middle school students meet from 4 to 5 p.m. and high school students meet from 5:30 to 7 p.m. Upcoming group events include Today - June 12 high school summer camp; June 15, middle school hospitality house trip; June 17, high

school hospitality house trip; June 22, middle school fishing; June 24, high school fishing.

For more information, to register or volunteer, call 227-6059.

PWOC summer study

The Protestant Women of the Chapel will host two Bible study programs from 9:30 to 11 a.m. each Tuesday, Tuesday through July 27. Choose NIV Chronological Bible continued from fall and spring or Time Management for Busy Women by Elizabeth George. Watch care is provided for children ages 6 months through 5 years. Care for school-age children is also available. For more information, call Christine at 439-9516 or Karol at 458-5379.

Musical at Kino

There will be a Kino Gospel Service Musical beginning at 9:20 a.m. on Sunday at the Kino Chapel.

Summer music camp

The Cochise County Youth Orchestra announces

that registration is now open for the annual Summer String Camp, offered from 8 a.m. through 4 p.m. daily, June 14 - 18 at the St. Andrews Catholic Church parish complex, 800 Taylor Ave., Sierra Vista. Students from Cochise or Santa Cruz counties who will be in second grade through high school this coming September are eligible. The \$75 tuition includes lunch and snacks. Registration forms can be obtained from the Sierra Vista public library, youth clubs, community centers, Chamber of Commerce and local music teachers. Students are urged to register by Monday. For more information, call Paula Dorrell at 439-0409.

Seniot meals program

The Cochise County Senior Meals Program Golf Tournament will be held June 19 at Turquoise Hills Family Golf Center, 800 E. Country Club Dr. in Benson. The morning tournament begins at 8 a.m. and the afternoon tournament begins at 1 p.m. Each tournament is limited to 22 teams. The entry fee is \$40 per player. Entries must be received no later than June 14.

For more information, call Jim Smith at 586-2585.

Pets Of The Week



Scratch is a shy dog who needs a home filled with love and attention.



Sebastian is a playful cat who likes to be held and loves to play.

Editor's Note : Animals are available for adoption at the post veterinary clinic. For more information, call 533-2767.

At The Movies

Showing at the Cochise Theater for the next week are:

Today The Punisher, R	7 p.m.
Friday Envy, PG13	7 p.m.
Saturday Kill Bill 2	7 p.m.
Sunday Ella Enchanted	2 p.m.
Monday - Wednesday Closed	

Thursday and Sunday movies are 99 cents. All other showings are \$3 for adults and \$1.50 for children.



Golf tournament

The Fort Huachuca Chapter of the Military Intelligence Corps

Association will host the 2004 Military Intelligence Hall of Fame Golf

Tournament at 7:30 a.m. on June 24 at the Mountain View Golf Course. This four-person scramble event is open to the public. Carts will be available to the first 50 pairs of golfers. Lunch, a stuffed ditty bag, bottled water and soda are included in the entry fee. Buckets of range balls are available for practice before the event. Entry fees are \$45 per-person. Golfers may register as individuals or as groups.

Prizes will be awarded for those scoring a hole in one on hole 14, closest to the pin on hole 11, and longest drive on the 327-yard, hole 2. All par threes will also receive prizes.

Register at the Mountain View Golf Course. For information and for reservations, call Nicki Wilson at 533-7088.

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pretty good basketball talent."

In previous years the teams practiced in Sierra Vista, but cuts in funding by the City meant they had to find somewhere else to go. Fortunately, the fort stepped in and offered the use of the Youth Activity Center, free of charge.

However, cash is not always in ready supply and the

teams are looking for sponsors.

"It can get really expensive, especially when we travel to tournaments," explained Hessil. "We would really like a sponsor as we believe we are trying to do something for the good of the community. We encourage our athletes to excel on and off the court."

In the meantime, they rely

on the support of parents and occasional fundraisers.

"We just do what we can. The coaches are all volunteers who have day jobs as well, but it takes a fair amount of time to do this right," added Hessil.

The hard work, however, seems to be paying off as both teams are now making a name for themselves in the basketball arena.

Tim White, 14, started

playing the game nine years ago after watching it on television.

"I like playing basketball because it has a lot of action," he said. "I felt really good when we won at Tucson and we're going to win when we go to Phoenix."

Anyone interested in finding out more about the Sierra Vista Storm teams, may call Hessil at 515-0170.

Youth Baseball League Schedule

Junior League Division, 13-15

Date/Time	Teams	Location
Today		
5 p.m.	Valley vs. Benson 1 Twins	Valley
6:30 p.m.	FTH Braves vs. Benson 2 Braves	FTH
Saturday		
5:15 p.m.	Benson 1 Twins vs. Benson 2 Braves	Benson
5:30 p.m.	HC vs. Willcox	HC
5:30 p.m.	FTH Braves vs. Valley	FTH
Tuesday		
5:15 p.m.	Valley vs. Willcox	Valley
5:15 p.m.	Benson 2 Braves vs. FTH Braves	Benson
6 p.m.	HC vs. Benson 1 Twins	HC

Major League Division, 11-12

Date/Time	Teams	Location
Saturday		
11 p.m.	HC Giants vs. HC Yankees	HC
Noon	Sonoita D-Backs vs. FTH 1 Desert Devils	Sonoita

Minor League Division, 8-10

Date/Time	Teams	Location
Today		
6 p.m.	FTH 3 Dirt Devils vs. FTH 4 Dodgers	FTH
Saturday		
9 a.m.	HC Giants vs. FTH 1 Giants	HC
9 a.m.	FTH 2 Sun Devils vs. FTH 4 Dodgers	FTH
11 a.m.	FTH 3 Dirt Devils vs. Sonoita Yankees	FTH

Coach-Pitch Division, 5-7

Date/Time	Teams	Location
Today		
6 p.m.	HC Yankees vs. FTH 2 Aggies	HC
6 p.m.	FTH 4 Tigers vs. Sonoita D-Backs	FTH
Saturday		
9 a.m.	FTH 2 Aggies vs. HC Cubs	FTH
9 a.m.	HC D-Backs vs. FTH 4 Tigers	HC
10 a.m.	Sonoita D-Backs vs. FTH 1 Coyotes	Sonoita
10:45 a.m.	HC Yankees vs. FTH 3 Bombers	HC

For more information on youth baseball, call Vicki Bernard at 533-8168.

Scout is online at huachuca-www.army.mil

Intramural Softball Championship-final results

Game #1	Co. C, 304th MI defeated Co. D, 40th Sig. (16-9)	June 1
Game #2	NCOA defeated Co. A, 305th MI (18-11)	June 1
Game #3	Co. B, 305th MI #1 defeated Co. D, 309th MI (16-15)	June 1
Game #4	DFAC defeated 69th Sig. Co. (19-14)	June 1
Game #5	Co. C, 304th MI defeated NCOA (19-9)	June 2
Game #6	Co. B, 305th MI #1 defeated DFAC (18-15)	June 2
Game #7	Co. A, 305th MI defeated Co. D, 40th Sig. (30-14)	June 2
Game #8	69th Sig. Co. defeated Co. D, 309th MI (15-5)	June 2
Game #9	Co. A, 305th MI defeated DFAC (20-16)	June 2
Game #10	69th Sig. Co. defeated NCOA (18-6)	June 2
Game #11	Co. B, 305th MI #1 defeated Co. C, 304th MI (18-17)	June 3
Game #12	Co. A, 305th MI defeated 69th Sig. Co. (14-9)	June 3
Game #13	Co. C, 304th MI defeated Co. A, 305th MI (17-13)	June 3
Game #14	Co. B, 305th MI #1 defeated Co. C, 304th MI (7-6)	Friday

Final Intramural Softball Standings-regular season

Cochise Division	W	L	Pct.	GB
*DFAC	10	2	.818	—
*Co. A, 305th	9	3	.750	1
Co. C, 40th Sig.	9	3	.750	1
*Co. D, 309th	8	4	.667	2
*Co. D, 40th Sig.	8	4	.667	2
Co. B, 305th #2	7	5	.583	3
Co. E, 305th	6	6	.500	4
JITC	6	6	.500	4
USMC/USN	5	7	.417	5
MEDDAC	3	9	.250	7
19th Sig. Co.	3	9	.250	7
HHC 111th MI	3	9	.250	7
NETCOM	1	11	.083	9

San Pedro Division	W	L	Pct.	GB
*Co. C, 304th	12	1	.923	—
*Co. B, 305th #1	12	1	.923	—
*NCOA	11	2	.846	1
*69th Sig Co.	10	3	.769	2
Co. C, 86th Sig.	9	4	.692	3
314th TRS	7	6	.538	5
Co. C, 305th	6	7	.462	6
Co. A, 304th	6	7	.462	6
269th Sig. Co	5	8	.385	7
HHC, 11th Sig.	5	8	.385	7
HHC 306th MI	4	9	.308	8
36th Army Band	3	10	.231	9
Co. E, 309th	1	12	.077	11
Co. A, 40th Sig.	0	13	.000	12

* Clinched a spot in the championship tournament.

Commander's Cup Golf Standings

Unit	Matches played	Points
111th MI #2	4	34
ISEC	5	30
NETCOM	5	22
JITC #1	2	18
JITC #3	2	18
Co. B, 305th MI	3	18
Co. A, 306th MI	4	17
111th MI #1	2	17
JITC #2	3	15
19th Signal Co.	5	15
USAG	3	14
USMC/USN	3	14
MEDDAC	5	14
IEW Maint.	3	10
IEWTD	3	7

Note: Co. C, 304th MI and MWR teams have been dropped from the league as of May 27.

Intramural Golf Schedule-as of May 27

Today			
3 p.m.	A&B	USMC/USN vs.	Co. B, 305th
3:10 p.m.	A&B	Co. A, 306th vs.	USAG
3:20 p.m.	C&D	USMC/USN vs.	Co. B, 305th
3:30 p.m.	C&D	Co. A, 306th vs.	USAG
Monday			
3 p.m.	A&B	JITC #1 vs.	JITC #2
3:10 p.m.	A&B	JITC #3 vs.	IEWTD
3:20 p.m.	A&B	111th MI #1 vs.	111th MI #2
3:30 p.m.	C&D	JITC #1 vs.	JITC #2
3:40 p.m.	C&D	JITC #3 vs.	IEWTD
3:50 p.m.	C&D	111th MI #1 vs.	111th MI #2
Tuesday			
3 p.m.	A&B	19th Sig. Co. vs.	MEDDAC
3:10 p.m.	A&B	Co. A, 306th vs.	IEW Maint.
3:20 p.m.	A&B	Co. B, 305th vs.	NETCOM
3:30 p.m.	C&D	19th Sig. Co. vs.	MEDDAC
3:40 p.m.	C&D	Co. A, 306th vs.	IEW Maint.
3:50 p.m.	C&D	Co. B, 305th vs.	NETCOM
Wednesday			
3 p.m.	A&B	USAG vs.	111th MI #1
3:10 p.m.	A&B	ISEC vs.	IEWTD
3:20 p.m.	C&D	USAG vs.	111th MI #1
3:30 p.m.	C&D	ISEC vs.	IEWTD