

The Fort Huachuca Scout



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Summer is fun for kids, raises safety issues



BY
MAJ. GEN. JAMES
"SPIDER"
AND MARTY MARKS

Summer vacation is here! I'm sure kids everywhere are celebrating, while parents may be scrambling to come up with activities to keep the youngsters busy. Fort Huachuca has something for everyone; here are just a few options to help

Irwin Pool opens later this summer (it's closed right now for some construction), the other pools have extended hours and are open seven days a week. Whether it's planning a poolside barbeque, "water-proofing" your kids by enroll-

ing them in swim lessons (sessions run June 15 – 25 and June 29 – July 9), taking scuba classes, or just enjoying some cool relaxation with your family, our pools are the place to be. For more information, call 533-3858.

you have a safe, fun summer. Grierson pool, which opens this weekend, and Barnes Pool are great places to go for some cool summer fun. Until

Summer programs for our youth begin next week. Activities for our middle and high schoolers run from 7:30 a.m. to 6 p.m. Monday - Friday, and School Age Services offers summer camp from 5:30 a.m. to 6 p.m. weekdays. Their

schedules are jam-packed with fun, safe things for your kids to do, so call them at 533-3212 (youth center) or 533-7634 (SAS) to register.

We're into our "tinder box" season. Please be extra careful when you're out enjoying our great southeast Arizona countryside, and use common sense safety rules. Throwing a cigarette butt out a vehicle window on post, besides being just plain irresponsible and stupid, is against the law! Don't do it! If you do your

command will be made aware of this severe infraction. Repeated offenders can lose their on-post driving privileges.

Monday we honor the memory of the more than half-million Americans in uniform who have, over the last 228 years, given their lives for our country. The ultimate sacrifices made by Americans at places like Bunker Hill, Gettysburg, Belleau Wood, Bastogne, Pork Chop Hill, Vietnam, Afghani-

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Letter From A Reader

World War II survivor thanks today's Soldiers for heroism

Dear Soldier,

I am writing to you today because 60 years ago brave Soldiers just like you saved my life, my family's life and my country.

Germany was destroyed under Hitler's brutal dictatorship and heinous missions. Then the barbaric Russian troops knocked at our doors. Resistance of any kind in either situation

resulted in sure death. There was no place to hide.

We were rescued by the United States troops. Courageous Soldiers, just like you, armed with weapons, artillery and heavy equipment stopped the madness of the war and aided in the rebuilding of the infrastructure for a new Germany. The U.S. troops brought us freedom, showed us the way to democ-

racy and the good life. I was 8 years old then and today, 60 years later, my family and I are grateful. We, and the country of Germany, owe you a tremendous respect.

So, sometimes when you feel discouraged and ask "Why am I here?" or "Will our efforts make a difference?" remember this letter.

Freedom and democracy will

prevail. This will be true for the people and the countries you are assisting now. It will take time, but they will benefit from your efforts and live a good life just like I have been privileged to live because of brave Soldiers like you.

We are forever grateful and in your debt,

Christel Trusty and family

Chaplain's Corner

Tell me I've lived well - making your life count

BY CHAPLAIN (MAJ.) KEN HANCOCK
111TH MILITARY INTELLIGENCE BRIGADE

It is a moment of respect as an elderly man visits a cemetery.

In itself, this is not an unusual sight but there is something about his walk that speaks to a sense of unmistakable purpose. This is a man on a mission.

His step, although sometimes faltering, is deliberate and determined.

Following but a few feet behind him is what one can assume to be his family.

The gentleman steps off the sidewalk and makes his way amongst the headstones. He pauses at each to read the names then stops at a particular marker – Capt. John Miller, his rescuer from years long gone.

After what seems like a long while, the gentleman turns to his wife, and says, "Tell me I've lived well." Her puzzled look makes him repeat himself, "I've lived well. Tell me I've lived well." With that she stammers in response, "Yes. Of course you've lived well," as she tries to piece

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The Fort Huachuca Scout

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SAS building dedicated to fallen Soldier

BY PFC. JOY PARIANTE
SCOUT STAFF

Fort Huachuca's School Age Services building was renamed in honor of Capt. Christopher Seifert, a fallen military intelligence officer, in a ceremony on Friday at SAS.

Present were Seifert's wife, Terri, his 18-month-old son Benjamin, his mother and father, Thomas and Helen Seifert, and members of the 101st Airborne Division (Air Assault).

In March 2003, the captain was serving with the 1st Brigade, 101st Airborne Division at Camp Pennsylvania, Kuwait, when he was fatally injured by a grenade thrown into his tent.

Seifert was described by all who worked with him as an intelligent and capable military intelligence officer and a kind and honorable man.

According to the dedication justi-

fication narrative, Seifert, his wife and child epitomized the young Army family including working around missed birthdays and holidays and driving on through deployments and constant relocations. "Fort Huachuca families know this life well and they accept it because they serve the nation. These are the same families who use and benefit from the new School Age Services activity," according to the narrative.

School Age Services provides supervised activities for children in grades one through five.

"It would be the best possible choice to name this activity after a young Soldier - a family man who made the ultimate sacrifice," the narrative continued.

A plaque bearing Seifert's name stands outside the newly named Seifert School Age Services, mounted on a podium of slate from Seifert's

native Pennsylvania.

"I can think of nothing greater to bear my husband, and Benjamin's father's name than this wonderful facility, a place where children learn life lessons about leadership, teamwork, responsibility and integrity," Terri said at the dedication. "Chris would have lovingly taught our son these attributes and would be humbled that such a place bore his name."

"The Army tradition of naming places after great Soldiers is essential," said Col. Frederick Hodges, commander, 1st Brigade, 101st Airborne Division. "It ensures they are not forgotten."

"This dedication will engrave this Soldier's life, meritorious service and memory in the hearts of the present and future families of the United States Army," his posthumous nomination letter concluded.



Photo by Pfc. Joy Pariente

Terri Seifert described School Age Services as a place where children learn life lessons about leadership, teamwork, responsibility and integrity.

Keep your butts in your car - adhere to fire safety

BY PFC. JOY PARIANTE
SCOUT STAFF

Smokers beware! Fort Huachuca military police are cracking down on cigarette users to save the post's precious resources.

Fort Huachuca's fire condition warning has been placed at very high, the second highest caution in the rating system, said Staff Sgt. Kevin King, assistant operations noncommissioned officer at the Department of Public Safety.

The fire condition is decided by the Arizona Bureau of Land Management and the National Fire Or-

ganization.

There are many factors that go into declaring a condition, including heat, weather, precipitation and fuel (dry debris) level, King said.

With the higher warning comes more precaution for post fire safety. People should be careful of parking vehicles in the grass or taking any vehicle off-road where the heated exhaust could light the brush on fire, King said.

Campfires and barbecues are also culprits. King suggests that open blazes like these should be kept small and extinguished completely before leaving the site.

The biggest potential fire starters right now are cigars and cigarettes. Military policy, per Fort Huachuca policy, have begun to crack down on smokers ashing their cigarettes out the window or tossing the un-snuffed butts.

Military police will cite any personnel reported for or caught tossing a cigarette out their window or even ashing out the window, as ash contains embers that, although tiny, can start a blaze, King said.

The perpetrator will head to court following their citation where they will be disciplined according to

See **FIRE**, Page 12



Service News

Luke F-16 crashes

A Singapore pilot assigned to the 56th Fighter Wing at Luke Air Force Base, Ariz. was killed when his F-16 Fighting Falcon crashed May 19.

Singapore air force Lieutenant Brandon Loo was on a night training mission in the Sells Military Operating Area south of the Barry M. Goldwater Range when the crash occurred.

The Singapore air force trains F-16 pilots at Luke as part of an agreement with the United

States.

A board of officers will investigate the accident.

Navy contract awarded

The Navy and Northrop Grumman Newport News have successfully negotiated the construction preparation contract for CVN 21, the next generation aircraft carrier.

CVN 21 will be the centerpiece of tomorrow's carrier strike groups and a contributor to the future expeditionary

strike force as envisioned in Sea Power 21.

The total value of the contract is \$1.4 billion, which includes a fee earnable to \$161.9 million.

This contract includes cost, schedule and performance incentives designed to ensure CVN 21 requirements are met at an affordable price.

Marines help in Kharma

Marines of 1st Battalion, 5th Marine Regiment arrived in

Kharma to a sea of smiles and waving hands from Iraqi school children Saturday.

Marines delivered more than 1,500 book bags filled with school supplies to Kharma students in an effort to further cement their relationship with the citizens of Kharma.

The supplies were donated to Marines to pass out to Iraqis from Spirit of America, a Los Angeles-based nonprofit organization.



Education

It takes more than book learning to teach a child

BY AMANDA BAILLIE
SCOUT STAFF

If ever proof was needed that the instability of military life can sometimes be a good thing, Sharjeel Durrani is it.

The 21-year-old has just graduated with a finance degree from the University of Arizona in Tucson, where he was ranked as one of the best 100 students out of 1,200.

And now his former elementary school teacher is hoping his success will inspire future generations, after inviting him to talk to her pupils.

"Sharjeel was the ideal student," said Cecilia Gross, who teaches gifted children at Col. Johnston Elementary School. "He was in my class for two years because he was very advanced in math. He never

forgot his homework, he was very reliable and his education was always a priority."

Sharjeel's father, Jalil, a

master sergeant with 9th Army Signal Command, and his mother, Bilquees, a teacher at Johnston, firmly believe that life in the

military has been advantageous for their son and equally successful daughter, Mariam, 22.

"I think children develop friendships with other students and relationships with their teachers, and when they move on it can be hard," admitted Durrani, a Soldier for 19 years. "But it also gives them the opportunity to go to more places and to meet many more new people. We are very proud of what our children have achieved and their education was never a concern. They always had such good teachers."

Sharjeel spent his school years between Germany and Fort Huachuca, as well as enduring a year without his father when the sergeant was sent to Korea.

But he believes the traveling helped, rather than hindered, his educa-

tion.

"I really liked moving around," said Sharjeel, who speaks four languages (English, Urdu, German and Spanish).

"I liked meeting new friends and going to new places. When I was in Germany I joined Model United Nations and traveled all over Europe to places like Russia and Amsterdam. I think it really added to my schooling experience."

So what advice would Sharjeel, now working for an Arizona-based software company, give to other military children?

"Just take advantage of the opportunities. It also depends on your ambition and the support of your family," he said. "But I think if you are really dedicated you can make it in any place."



Photo by Elizabeth Harlan

Ashley Palmer is a student in the gifted children's program at Col. Johnston Elementary School. Sharjeel Durrani, a recent honors graduate from the University of Arizona, is the son of a Soldier, and had the same teacher, Cecilia Gross, when he was in Johnston's gifted program years ago.

Firefighters quell blaze at Reservoir Hill

Dry, hot season makes fire safety a must

BY SGT. 1ST CLASS
DONALD SPARKS
NCOIC, USAIC&FH PAO

Fort Huachuca Fire Department firefighters were called to battle a

blaze at the Reservoir Hill picnic area Friday. The fire began after four Soldiers accidentally threw hot ashes out of a barbecue pit into the dry, grassy hillside nearby.

"They had a barbecue the night

before and came back to clean the grill," said Capt. David Krause, Fort Huachuca Fire Department. "They thought the coals and ashes had burned out, but there were still some hot ones."

None of the Soldiers were injured during the incident.

Although firefighters arrived on the scene immediately after notification and quickly contained the fire, Krause said the situation could have been much worse.

"If the brick wall wouldn't have been in the area serving as a fire break, with the windy conditions today, this fire could have spread over the top of the hill and into the cantonment area," Krause said. "We were lucky."

Fire safety during this time of the year is especially critical according to Bruce

Heran, Fort Huachuca safety officer.

"There is a lot of large underbrush, high wind conditions and we're unlikely to have much rain until July," Heran said. "It is likely to get worse before it get better."

Both Krause and Heran provide safety measures for installation personnel to use in preventing fires, including not discarding cigarettes out of vehicles, ensuring barbecue briquettes are completely burned out and putting out campfires.

Krause added the post follows fire management guidelines in accordance with the Coronado National Forest in southeastern Arizona.

In the event anyone notices a wildfire on Fort Huachuca, call 911 or the military police desk sergeant at 533-3000.



Photo by Sgt. 1st Class Donald Sparks

Carelessness could have led to disaster if not for the quick response of the fort's fire department. Friday's blaze was caused by hot ashes from a barbecue pit.

Widows' support center eases burdens

BY AMANDA BAILLIE
SCOUT STAFF

When you walk through the door of Fort Huachuca's Widowed Support Center, the first thing that grabs your attention is the vision of dozens of soft toys which fill the shelves along every wall.

It's not what you expect to see in a place set up to help those grieving for the loss of a loved one.

But these stuffed animals provide a wonderful reason for anyone who has suffered the death of a partner to find much needed comfort and support.

Every Wednesday the WSC – the first building you see as you approach the Fort's Main Gate – encourages widows and widowers to attend its craft sessions.

The simple aim of the day is to bring people together to share their experiences, to laugh, to cry or just to enjoy the company of others and know they are not alone.

At the same time, they are re-stuffing or mending toys donated by the public to be passed on to local charities. Last year the WSC gave away a staggering 4,000 toys.

"We would really like to see more people coming along to our craft days," said Lucille Goddard, a volunteer at the WSC. "And you don't have to have been a part of the military to come here. You can come along and

just have a chat, take part in the craft sessions, or even bring your own crafts to do.

"If you feel like crying, then there will be people here who understand and you won't feel out of place."

The WSC was first established in 1981 as an outreach program to help widowed people cope with their loss.

Originally part of the Army Community Services, it then became a part of the Chaplain Activities Office at Fort Huachuca, acting as a model for other projects within the U.S. Army.

Today, it lends support to widows in California and Nevada, as well as Arizona.

It is a non-profit organisation, which relies entirely on donations and the goodwill of volunteers, all of whom are widowed, to carry out its work.

This includes offering practical support to widows and widowers, or even to spouses who have a terminally ill partner and who need help in preparing documents and paperwork.

Funeral receptions are also held at the center for anyone who lives beyond Sierra Vista and volunteers can also supply trays of cookies, cakes and breads, prepared in the WSC's fully fitted kitchen.

Probably the most important part of WSC's work, however, is simply offering a friendly ear or a shoulder to cry on. Which is why the weekly craft sessions are such a vital part of what the WSC does.

"We are open nine a.m. until three p.m. and people can just come and go as they please," explained Goddard, 73, who sought help from WSC five years ago following the loss of her husband, an Army and Air Force veteran, before becoming a volunteer.

"Coming here gives you the feeling you are not alone. Everyone here has been through the same thing. When you are a new widow it can be hard to reach out, but here you are able to."

The WSC is open 9 a.m.-3 p.m. every weekday, and the craft sessions are held every Wednesday.

Anyone interested in going along, or becoming a volunteer, can just turn up or call 533-5999 for further information.



FHCSC gives dollars to scholars

Teens, adults benefit from group

BY PFC. JOY PARIANTE
SCOUT STAFF

The Fort Huachuca Community Spouses Club awarded \$7,000 in scholarship money to 10 college hopefuls and continuing education adults in a ceremony on May 19 at LakeSide Activity Centre.

The club has been awarding scholarships to the children and spouses of military members and Department of Defense civilians since 1958, said Beth Ritchey, scholarship chairperson. There were 26 applicants vying for this year's money, Ritchey said.

Students were judged on academic achievement, leadership positions and extracurricular and volunteer activities, Ritchey said. They were also required to write an essay and obtain letters of recommendation.

"I'm grateful they would select me out of all those who applied," said recipient Justin Nixon of Buena High School.

"Their [the students] scholastic achievements and good citizenship set them apart from others," Ritchey said.

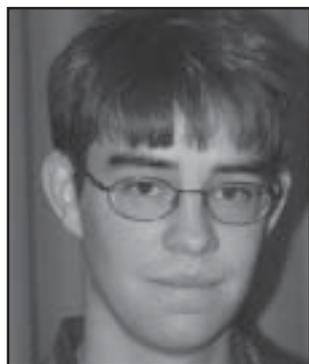
The students' majors and goals spanned over many career fields. Ruperto Garnica is studying aerospace engineering while Jennifer Darrow, of Buena, is looking forward

to minoring in Arabic and Latin and eventually becoming a medical examiner.

Kirstin Dillingham hopes to put her major in international relations to use as a member of the CIA, classmate Jennifer Dimmig would love to be a family physician and Karyn Rutherford wants to "get through college alive."

Ada Brownson, an adult continu-

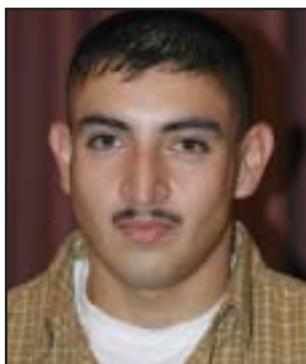
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COLLIN RUSSELL



JENNIFER DIMMIG



RUPERTO GARNICA



KIRSTIN DILLINGHAM



JUSTIN NIXON



JENNIFER DARROW

Veterans' benefits improved

Six bills expand education, housing, health care, disability programs

VETERAN'S AFFAIRS NEWS RELEASE

On May 19 the House Committee on Veterans' Affairs cleared a package of six bills that would expand and strengthen a number of education, housing, health care, and disability programs for veterans and active duty military personnel.

"The legislative package of benefits and services approved today represents a significant victory for America's servicemembers and veterans," said committee Chairman Chris Smith (NJ), sponsor of four of the bills approved today. Smith, prime sponsor of H.R. 1716, the 'Veterans Earn and Learn Act', said that, "thousands of servicemembers who signed up for the

Montgomery GI Bill program later find that traditional classroom training does not fit their career goals; instead they would rather move directly into the job market. The Veterans Earn and Learn Act will greatly enhance deserved opportunities for them to take advantage of their GI Bill education benefits when participating in on-the-job training and apprenticeship programs," he said.

H.R. 1716 as passed by the committee also contained a number of other substantive provisions concerning disability compensation, pension, housing, and burial benefits, that would:

See VA, Page 12



Photo by Pfc. Joy Pariente

Heat beater

Staff Sgt. Roy Shaffer was one of the Soldiers from the 18th Military Police Detachment who took turns in the cold, chlorinated water of a dunking booth to raise money for their upcoming ball.

DoD changes HIV testing requirements

BY GERRY J. GILMORE

AMERICAN FORCES PRESS SERVICE

Military members are now required to be tested for HIV every two years, according to a Defense Department health policy change implemented March 29.

The Armed Forces Epidemiological Board recommended the change, which standardizes the HIV testing interval across the services, according to Dr. David N. Tornberg, deputy assistant secretary of defense for clinical and program policy, during a May 20 interview.

DoD requires HIV testing, Tornberg explained, because it is responsible for maintaining the health and well-being of all service members.

Previously, Tornberg noted, HIV testing intervals var-

ied among the armed services. The military began testing service members for HIV, he said, in the mid-1980s.

Today, "we're optimizing testing," Tornberg explained, citing medical studies that show very few people with HIV become sick with AIDS within two years of being infected.

Therefore, service members who test HIV positive under the new two-year interval, he noted, are most likely to benefit from anti-viral drugs and other treatments that help keep the disease at bay.

"We're looking to protect the individual," Tornberg said, noting that HIV-positive service members are not automatically discharged and may continue on with their military careers.

The two-year interval also enables DoD to consoli-

date HIV testing for deployments. For example, he noted, Guard and Reserve members are now to have been tested for HIV within two years of a mobilization of more than 30 days.

Tornberg pointed out that both male and female service members could acquire HIV, which can be transmitted sexually, through intravenous drug use, or via blood transfusions.

People can help protect themselves from being infected with HIV, Tornberg observed, by employing safe sexual practices, including having monogamous relationships, and by not engaging in drug abuse practices.

The HIV infection rate across the military is about two out of every 10,000 service members, Tornberg said.

LIFE, from Page 2

together the reason for the question and the nature of their visit to this site. "Yes, you've lived well."

So begins the opening clip of Steven Spielberg's war time classic, "Saving Private Ryan," a fictionalized account of the rescue of Fritz Nillard, a paratrooper, lost behind enemy lines during WWII. Fiction or not, it raises the poignant question, "How do we

choose to live our lives?" Are we conducting ourselves in such a way that when we near the end of life's journey, we will be able to say, "We've lived well?" More importantly, as Spielberg so dramatically emphasizes, "Will others respond, when asked for a candid reply on our behalf, 'You've lived well?'"

You see, in the course of our

everyday affairs, we make the decision of how others will respond. Our witness is given as people observe how we treat those around us, how we honor our commitments, how we choose character over convenience when opportunity would offer us less honorable alternatives.

The challenge for us is to decide every day to choose to live well. As the

opening clip of Spielberg's movie suggests, the day will come when we, like the elderly Pvt. Ryan, will have the occasion to examine our lives in light of the opportunities we've received. In doing so, we and others will be able to affirm, "We have lived well."

"Strengthen yourselves so that you will live here on earth doing what God wants." 1 Peter 4:2

TALK, from Page 2

stan and Iraq keep the torch of freedom burning for future generations of Americans. Please join us at 11:30 a.m. Monday at the Fort Huachuca

cemetery for a Memorial Day ceremony to remember those who have come before and to reflect on those serving in harm's way today.

Enjoy this long weekend. Do not forget our soldiers who are deployed in harm's way and continue to protect and ensure our freedoms. Pray for them,

for their safety, and the safe-keeping of their families. Take care of yourselves and your loved ones this weekend. Protect them and be safe. You

all are such great contributors to our community; we need you to continue to make Fort Huachuca a model community. Thanks for all you do.

Buck \$top\$ here

Soldiers' responsibilities include family financial care

BY PFC. JOY PARIANTE
SCOUT STAFF

When a Soldier raises his right hand and swears into the U.S. Army, he's promising a lot of things. He's agreeing to wear camouflage everyday whether he blends into his environment or not. He's pledging to keep physically and mentally fit and prepared for anything that might come his way. And he's vowing to die for his country if the need arises.

But, that's not all that comes with the Army territory. While you're reaping the benefits of being part of the 'green machine,' you're also consenting to do things the way the Army says and, in many ways, becoming a responsible, mature adult while you live, work and play.

One sector of Soldier life the Army takes great concern in is Soldiers caring for their families. Children and spouses are a huge part of the Army family. Their care is outlined in

Army Regulation 608-99, Family Support, Child Custody and Paternity. The Army provides many benefits to Soldiers with spouses and/or children, and this regulation directs that they receive the proper amounts of these benefits no matter what.

According to regulation, Soldiers are required to manage their personal affairs in a manner that does not bring discredit upon themselves or the U.S. Army, including providing adequate financial support to family members.

"For every Soldier that has a family, he has the basic responsibility to support his family," said Master Sgt. Arnold Flores, commandant sergeant major, U.S. Army Garrison.

Soldiers receive money for family rearing, including a basic allowance for housing which is based on the geographic duty location, pay grade and dependency status, and they are also eligible for BAH II which is equivalent to the former basic allowance for quarters. There is also a basic allowance for subsistence which covers groceries and other such supplies.

In addition to monetary benefits, dependants receive military identification cards which give them access to all post facilities as well as Army Emergency Relief fund assistance, family advocacy assistance and chaplain's assistance. Dependents also fall under the Tricare Medical and Dental program.

Since Soldiers are the primary sponsors, they are responsible for not only making sure the money goes where it needs to go, but for informing their spouses of the facilities on post, educating them on Army regulations and making sure financial responsibilities such as credit card payments and automobile payments are understood, Flores said.

"The Army supports its Soldiers and their families, and it is incumbent on those sponsors to ensure that continues," said 1st Sgt. Oliver Jackson, Headquarters and Headquarters Company, USAG.

Financial responsibilities alter in the case of a deployment, which many Fort Huachuca Soldiers have experienced over the past year.

Soldiers should have a will and

dual accounts established prior to their departure, Jackson said. The spouse will be responsible for all payment roles and maintaining quarters, which is why being informed of Soldier issues is so important, Flores said.

Spouses also need to know how to read a leave and earnings statement, so in the Soldier's absence they can identify any pay problems and get them remedied with the help of the chain of command, Flores added.

When a Soldier leaves his family without support, the Army has the right to start asking questions, Jackson said. Jackson explained that it just takes one phone call from an upset family member before a Soldier is in his office explaining himself. Any inquiry as to family support is personally reviewed and signed off on by the company commander except those which are a continuing violation, and they are referred to the battalion commander. Soldiers can be punished with anything from a counseling statement to court-martial for failure to provide.

If the Soldier hasn't already agreed on an amount to be allotted to his family, one will be determined for him. Payment, if not made voluntarily, could be garnished from his salary.

In order to prevent scenarios such as that, units try to be very proactive when it comes to all Soldier finances, not just family support. USAG, for example, plans classes with Army Community Services on budgeting and financial accountability once or twice a year, Jackson said. Flores said when he was a first sergeant, Soldiers were counseled when they arrived about the responsibilities they have to their families, and they were educated on the programs available to help provide for their families.

"Those programs are easy to use and easily accessible," Flores said. "They're there to help."

Programs such as the family readiness group help transfer information from the more experienced Army wives to the spouses new to the Army, Jackson said.

Financial responsibility also includes paying bills on time and not passing bad checks, but it all revolves around budgeting and making sure that family is accounted for in that budget.

"I feel first term spouses and Soldiers should go through the course to teach them to budget and live within their means," Flores added.

Many Soldiers spend money but forget to put their wife and kids in the equation, Jackson said. "If Soldiers stick to a budget and don't try to keep up with the Jones', they'll be fine."



Range closures

Today – AL, AM, AN, AQ, AR, T1A, T2, T3

Friday – No closures

Saturday – No closures

Sunday – No closures

Monday – No closures

Tuesday – AG, AH, AI, AK, AM, AP, AU, AW, AY, T1, T1A, T2, T3

Wednesday – AF, AG, AH, AK, AL, AM, AN, AP, AR, AU, AW, AY, T1, T1A, T2

For more information, call range control 533-7095.

Road construction

The Directorate of Installation Support began repairing the asphalt on Hatfield Street between Arizona and Smith Streets Monday. The repairs will necessitate the closure of the road, and detours will be provided around the construction zone. Repairs are expected to last four weeks. Motorists are asked to use caution in and around the construction zone and to obey traffic control devices.

For more information, call the Operations and Maintenance Division at 533-1443 or 533-1442.

306th change of command

The 306th Military Intelligence Battalion change of command will be at 8 a.m. today on Brown Parade Field.

Last day of school

The last day of school for fort schools is Friday. School will let out at 9:55 a.m. at Johnston; 10:10 a.m. at Meyer and 10:25 a.m. at Smith.

Memorial Day ceremony

There will be a Memorial Day ceremony at 11:30 a.m.,

Monday at the post cemetery.

Air Force change of command

The 314th Training Squadron change of command will be at 9 a.m., June 4 at the detachment, Building 81405 in Prosser Village.

Financial readiness classes in June

Army Community Service will present several financial readiness classes throughout the month of June. The schedule is: 9 - 11 a.m., June 4, checkbook management; 9 - 11 a.m., June 9, budgeting and family supplemental subsistence allowance; noon - 1 p.m., June 9, credit wise; noon - 1:30 p.m., June 16, checkbook management; noon - 1 p.m., June 23, thrift savings plan; and noon - 1 p.m., June 30, large purchases.

The morning classes will be held at the ACS Building 50010. The noon classes will be held at Murr Community Center.

For more information, call Christine Bachand at 533-6884.

Thrift Shop hours

The Thrift Shop at Fort Huachuca will be open for business from 9:30 a.m. to 1:30 p.m. for shopping and 9:30 a.m. till 1 p.m. for consignments on June 5. The shop is open to the public for shopping and is located in the first building on the right inside the main gate.

The shop's normal hours of operation are from 9:30 a.m. to 3 p.m. Tuesday and Thursday for shopping. Consignments close at 1:30 p.m.

For more information, call 458-4606.

Summer academies for teens

The Tech Prep office at Cochise College is now

taking enrollments for summer academies that connect teens with potential careers.

High school students and recent graduates may choose among three general areas – aviation, law enforcement and computers. Each academy begins the first full week in June, and students can earn college credit for their participation.

For more information, call the Tech Prep office at 515-5347, or e-mail douglasr@cochise.edu.

304th change of command

The 304th Military Intelligence Battalion change of command will be at 8 a.m. on June 9 on Brown Parade Field.

309th change of command

The 309th Military Intelligence Battalion change of command will at 9 a.m. on June 11 at Chaffee Field.

Welcome to Fort Huachuca

Army Community Service Relocation Assistance Program offers the Huachuca Welcome, an orientation for newcomers to the Fort Huachuca area. Spend the morning learning about the post, including a tour. The Huachuca Welcome is set for 9 a.m. June 11 and 30, July 9 and 27 and Aug. 13 and 25. To register, call ACS at 533-2330.

Child care may be acquired by calling at least one week in advance to the New Beginnings Child Development Center at 533-5209 for reservations. Costs incurred for child care are the responsibility of the attendee.

Cost Warriors

Cost warriors slaughter inefficient expenditures

Lewis Onley, Directorate of Morale, Welfare and Recreation, chief of business operations, managed the Mountain View Golf Course, and through in-depth financial reviews, labor management, cost controls, increased internal controls, reduced inventory, pricing strategies and improved customer service, turned the net income before depreciation from negative to positive for fiscal year 2004.



MARY VILLARREAL

Sandra Alvarez, Craig Krusemark, Sharon Lewis and Robert Campbell, Education Services, created a policy that would not allow Sol-



TONI LEIBOFF

diers to take online courses if they were taking college classes for the first time. The estimated savings in manpower for recoupment and counsel-

ing is \$10,000 per year.

Mary Villarreal, Directorate of Plans, Train-



(LEFT TO RIGHT)
CRAIG KRUSEMARK,
ROBERT CAMPBELL,
SANDRA ALVAREZ,
AND SHARON LEWIS

ing, Mobilization and Security, range control, proposed that the mandatory training all ammunition managers will be taking the instructors here instead of sending the managers on temporary duty elsewhere. This will save substantial amount of money.

Toni Leiboff, Equal Employment Office, saved the installation thousands of dollars in costs of processing a complaint through the admin-

istrative process as an Equal Employment Office counselor and mediator.

Sophie Moore, Department of Contracting, refused to accept a lowest overall bid for exterior painting in support of the Department of Installation Support because it was unbalanced. Despite pressure to accept the bid, Moore pointed out the high risk to pay in excess of \$300,000 through vigilance to cost scrutiny.

New provost marshal wants fort to be safe

BY AMANDA BAILLIE
SCOUT STAFF

Major Rhett Weddell is a man with a mission.

As Fort Huachuca's new provost marshal and director of public safety there is only one thing on his mind, and he wants everyone to know what it is.

"My key mission is to provide a safe and secure environment for the residents, workers and visitors on Fort Huachuca," he said.

He may only have been in the hot seat for five minutes, but Weddell has clear priorities for his three-year tour of duty.

"My mandate is to provide a responsive, well-trained, and focused public service and my immediate priority is to facilitate community based awareness throughout the directorate of public safety," he said.

The married father-of-three will certainly have his work cut out during his time at the fort.

As the director of public safety he is responsible for 325 staff, including law enforcement, the fort's access control, criminal intelligence and fire and emergency services.

It sounds like a bit of a juggling act, but Weddell is confident in his new role.

"My predecessor turned the directorate over to about as high a mark as any of directorate of public safety in the DoD," he said. "I am taking over in a very healthy position."

Weddell has more than 20 years' Army experience, having worked his way up through the ranks to become a commissioned officer.

He has a bachelor of science with honors in criminal justice and has just completed a four-year tour in Germany, where

he was the military police operations/plans officer at HQ Allied Rapid Reaction Corps in Rhein Dahlen.

The 41-year-old is now looking forward to making his mark at Fort Huachuca – a post he specifically asked for.

"It was my first choice because I think Fort Huachuca has such a good reputation," he said. "The Soldiers, civilians and retirees have every right to keep their heads held up high because they are doing a great job here."

He hopes that over the coming months he and his staff will further improve relations with the fort's population, to ensure

its safety and security.

"I'm going to be very much focused on education and awareness. For example, we're entering the season for fires and we will be making sure everyone understands the dangers," he said.

"There is a communal responsibility for safety in general and everyone has their bit to do. This is a great environment to live, work and play in and I want everyone to feel it's a happy place to be."



Photo by Elizabeth Harlan

Maj. Rhett Weddell is Fort Huachuca's new provost marshal and director of public safety.

Fort students graduate from DARE program

BY CHARLES PYLE
FORT HUACHUCA FIRE DEPT.

Safety Drug Abuse Resistance Education officer, Sgt. James Holly, conducted the DARE graduation for 121 fifth grade students of Meyer Elementary School on Fort

Huachuca. Chief Stephen Hauck of the Fort Huachuca Fire Department was the guest speaker. Hauck talked of the importance of staying clear of alcohol and

drugs. He also gave a personal account of the loss of his daughter who had been killed by a drunk driver many years earlier.

On May 13 the Directorate of Public

SCHOLARSHIPS, from Page 5

ing education student, is coming up on the end of her time at Cochise College and plans on going for her bachelor's in information technology at Western University.

Nixon, as well as Collin Russell and Richard Laszok have dreams of camouflage dancing through their

heads and plan on becoming military officers in various branches.

The FHCSC raised the funds through events such as the fall bazaar, the Christmas home tour, a wine tasting and a silent art auction; and a basket auction.

"Donating money to

help members of our Army family further their education is one of the many worthwhile causes for which the FHCSC raises funds," Ritchey said.

The money will be sent to the recipient schools to use toward books and other supplies.



KARYN RUTHERFORD



RICHARD LASZOK



ADA BROWNSON

South Sea

BY SPC. SUSAN REDWINE
SCOUT STAFF

Fort Huachuca celebrated Asian/Pacific American Heritage Month with festivities Tuesday at Murr Community Center. More than 150 people attended the two hour celebration that featured cultural displays, ethnic food and dance performances.

Attendees were treated to a



Photos by Elizabeth Harlan

Sgt. Patsy Morris-Utu, 11th Signal Brigade, was not only the guest speaker but also took part in several of the native dances that were showcased.



Sharleen King, front, and Vendella Fuima dance.

Page 1

Though America is known as a melting pot, keeping diversity and cultural traditions alive is important. Justyne O'Sullivan was one of many young people at the Asian Pacific Islander Heritage Month celebration.

as dancers make waves in desert

sampling of a wide variety of Asian food, including kimchi, wild cherry peppers, spring rolls, fried rice, fried wonton and sushi. While still eagerly munching on ethnic dishes, the crowd settled in for remarks from Col. Brian Hurley, commander, 11th Signal Brigade, and guest speaker Sgt. Patsy Morris-Utu, 11th Signal Bde., a native Samoan.

Morris-Utu expressed her

appreciation of the celebration as a way to share a little of her life and her home with others.

Morris-Utu gave a brief introduction to Samoan culture and spoke of the great affection she holds for her native islands. "How many ways can you describe paradise?" she asked.

She also emphasized the prominence of family life in Samoan culture. "Family is not just a unit, but one's life."

The crowd was then treated to traditional Polynesian dances performed by the Pearl of the Pacific dancers, a local group consisting of Samoan, Fijian, Hawaiian and Micronesian members. Dancers ranged in age from the very young to the not-quite-as-young and practiced for a month before the performance Tuesday.

The troupe performed dances from Hawaii, Tahiti, Samoa and New Zealand in traditional dress from those islands.

Fluid, elegant, graceful movements characterized a romantic Hawaiian dance typically performed to communicate love. Next, men in straw skirts with shell necklaces and makeup on their faces performed a Fijian fan dance used to describe remarkable events or a prominent person's life. Fast-paced, percussion-heavy music provided background for the upbeat dance.

Three men with black straw skirts executed a traditional dance from New Zealand meant for energizing the body and spirit. The men shouted and stomped rhythmically, providing their own accompaniment to this aggressive dance.

"We do this all the time back home," said Pennsylvania Morris-Utu, Patsy's husband. He said he has performed in the annual celebration since he and his wife came to Fort Huachuca three years ago.

"For us it's part of our culture," said Sgt. Sipaisiulagi Fuimaono, 306th Military Intelligence Battalion, originally from Samoa, whose wife and children danced in the celebration. "It's like a blessing we have something like this that reminds us of our culture."

"The Army has allowed us to build a bridge from the island to the other side," Morris-Utu said.



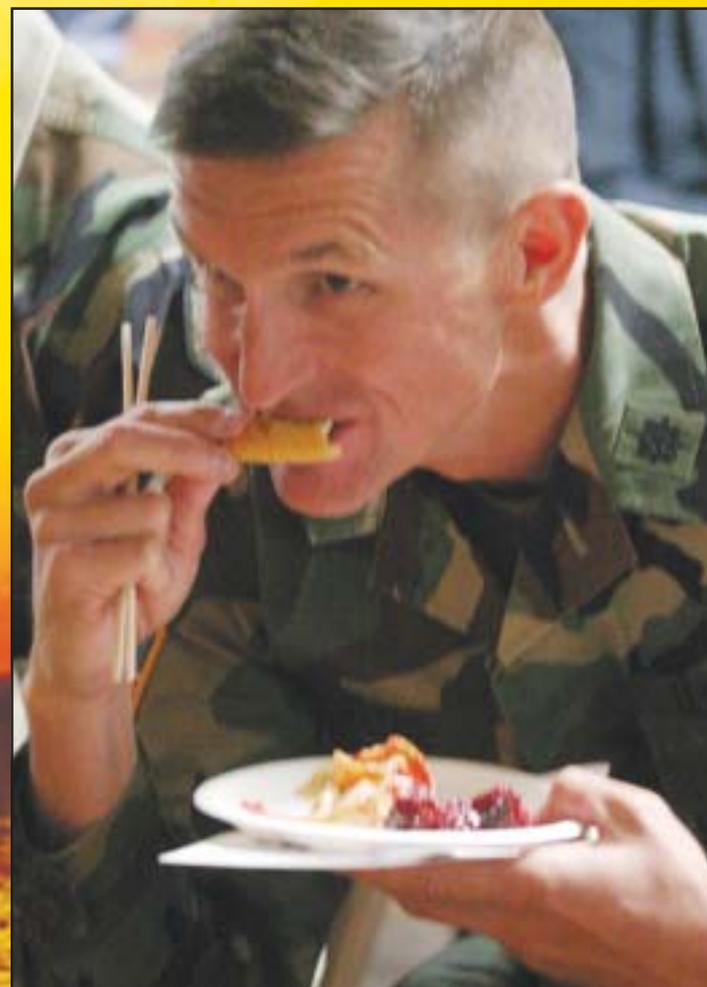
Denise Fuimaono entertain the audience with a native



Denise Fuimaono, 12, performs the last dance of the program.



Sgt. Melissa Brown, 11th Signal Brigade, serves food to the many people that went through the serving line before the celebration began.



Col. Michael Flynn, commander 11th Military Intelligence Brigade, samples some of the ethnic food that was available to the audience.

Dry, hot weather restricts forest use

US FOREST SERVICE RELEASE

Effective at 8 a.m., Friday the Coronado National Forest will implement campfire and smoking restrictions.

Due to continuing drought conditions, subsequent drying of forest fuels and vegetation, and other fire activity within the region, the forest decided to implement fire restrictions. Many factors were considered in this decision, including discussion and comparison of conditions with neighboring federal and state land managers.

“Recent increases in our local fire danger indices, leads us to conclude there is potential for significant fire activity in the coming weeks. The fact that we are

still in the clutches of extreme drought and with the recent commitment of fire suppression resources throughout the region, we felt it was prudent to implement fire restrictions at this time,” said Pete Gordon, Acting Forest Fire Management Officer for the Coronado National Forest.

The year-round free campfire permit system on the Santa Catalina Ranger District, including Mt. Lemmon and Redington Pass, will be suspended during fire restrictions.

Restrictions include:

- Open campfire restrictions: Campfires, charcoal grills, and stove fires are prohibited on National Forest System lands, except in forest service developed

campgrounds and picnic grounds where grills are provided. Pressurized liquid or gas stoves, lanterns, and heaters meeting safety specifications are allowed.

- Smoking restrictions: Smoking is allowed within an enclosed vehicle or building, a developed recreation site, or while stopped in an area at least three feet in diameter and free of all flammable material.

- Fireworks: Fireworks are prohibited on all National Forest System lands year-round.

For other local fire restrictions and fire information for any southwestern forest. Check the forest service Web site www.fs.fed.us/r3/fire. Phone 1-877-864-6985 (toll free).



FIRE, from Page 3

their crime. Fines can range from paying for the damaged land to paying for the cost to put out the fire, which can run into the millions of dollars, King said. They can also face

imprisonment, barring from the installation and confiscation of property, such as their car.

Although the military police and the fire department are

making patrols to curtail potentially dangerous acts, King said that DPS would like the assistance of the people of Fort Huachuca to help police the post. If you see a situation in

violation, such as a large campfire or someone tossing a cigarette out of the car, you can notify the military police.

And remember, where there's smoke, there's fire. If

you see anything that could possibly be a wildfire on post, remove yourself from the immediate area and call the military police at 533-3000 or report it to the fire department at 911.

VA, from Page 6

- Establish a pilot program to furnish on-job training benefits to claims' adjudicators;

- Require VA, DOD and Labor to coordinate so that servicemembers receive credit for OJT and apprenticeships pursued while on duty;

- Codify a VA regulation establishing cancer of the bone, brain, colon, lung and ovary as diseases for which a presumption of service connection is made for a veteran exposed to ionizing radiation;

- Permit certain radiation-exposed veterans who receive payment under the Radiation Exposure Compensation Act to be eligible for VA disability compensation;

- Exclude life insurance proceeds from consideration of income for death pension benefits;

- Extend vocational rehabilitation, specially adapted housing, and specially adapted automobile and adaptive equipment benefits to veterans injured in a VA hospital due to negligence, carelessness, or similar reasons;

- Require a report on placement, retention, and advancement of recently separated veterans in private sector employment;

- Increase to 25 percent of the Freddie Mac conforming loan rate (currently \$333,700), and annually index the maximum amount of VA's home loan;

- Extend eligibility for specially adapted housing grants to veterans with permanent and total service-connected disabilities due to the loss, or loss of use, of

both arms above the elbow;

- Make eligible for in-ground burial at Arlington National Cemetery a member or former member of a reserve component of the Armed Forces (and dependents) who at the time of death was under 60, but, for age, would have been eligible for military retired pay, or who dies in the line of duty while on active duty for training or inactive duty training; and

- Designate a memorial currently under construction at the Riverside National Cemetery in Riverside, California, as a Prisoner of War/Missing In Action Memorial.

Another bill authored by Smith, H.R. 4175, the Veterans Compensation Cost-of-Living Adjustment Act of 2004, as also approved that would increase disability compensation and survivor pensions based upon the Consumer Price Index increase. This legislation would also add osteoporosis to the list of diseases presumed to be service connected for former POWs.

The committee also approved separate legislation, H.R. 4345, that would increase the maximum loan amount for loans under the VA home loan guaranty program. Under H.R. 4345, qualified servicemembers and veterans could receive a loan guaranty up to 25 percent of the Freddie Mac conforming loan rate (currently \$333,700) to help secure mortgage financing. This legislation, sponsored by Reps. Ginny Brown-Waite (FL) and Susan Davis (CA), would also annually index the loan guaranty limit to the Freddie Mac

conforming loan rate in the future.

In order to improve the delivery of health care to veterans, the committee approved H.R. 4231, the Department of Veterans Affairs Nurse Recruitment and Retention Act of 2004. This legislation, sponsored by Health Subcommittee Chairman Rob Simmons of Connecticut, would provide VA with greater flexibility in recruiting, hiring and retaining nurses. The bill would also assist States in hiring and retaining nurses in State homes for veterans.

For veterans who have become homeless or are at risk of becoming homeless, the committee backed legislation reauthorizing the Homeless Veterans' Comprehensive Assistance Act of 2001, a landmark law that authorized almost \$1 billion in new and expanded programs to help eradicate homelessness among veterans. Smith, prime sponsor of the 2001 homeless veterans' law, also sponsored today's legislation (H.R. 4248, the Homeless Veterans' Assistance Reauthorization Act of 2004) to reauthorize the programs for an additional three years. H.R. 4248 also increased the grant and per diem program for homeless veterans from \$75 million to \$100 million per year. In addition the bill contained a provision to permanently authorize VA to provide sexual trauma counseling to veterans.

The committee also approved H.R. 3936, to authorize a permanent office for the U.S. Court of Appeals for Veterans' Claims near Washington, D.C.

Arts, crafts fair Saturday

The MWR Arts Center will hold its annual Arts and Crafts Fair 8:30 a.m. - 5 p.m., Saturday at Building 52008 on Arizona Street. The event is open to the public, and admission is free.

Local artists will be selling handcrafted items and works of art.

For more information, call the MWR Arts Center at 533-2015.

Spring Bash 2004 at LakeSide

Madd Catz Entertainment will present Spring Bash 2004, midnight - 4 a.m., Saturday at the LakeSide Activity Centre. Dance to the hottest hits in hip-hop, R&B and reggae.

There will be a \$5 cover charge. For more information, call 533-2193.

Holiday closure at MWR Box Office

The MWR Box Office will be closed Friday for a training holiday, and Monday for Memorial Day.

For more information, call 533-5759.

Facilities open Memorial Day

Desert Lanes will offer reduced bowling rates noon - 6 p.m., Monday. You'll be able to bowl for \$1.50 per game, and shoe rental will be \$1 during that time. For more information, call 533-2849.

Jeannie's Diner will be open 11 a.m. - 6 p.m., Monday. For more information, call 533-5759.

Summer hours at Sportsman's Center

Beginning Wednesday, the Sportsman's Center will be open 10 a.m. - 6 p.m., Wednesdays, Thursdays and Fridays and 8 a.m. - 3 p.m., Saturdays and Sundays.

For more information, call 533-7085.

Special Right Arm Night at LakeSide

The LakeSide Activity Centre will host a combined May-June CG's Right Arm Night 4 - 6 p.m., June 4. This will be Maj. Gen. James Marks, U.S. Army Intelligence Center and Fort Huachuca's commanding general, last Right Arm Night.

For more information, call 533-2193.

Coming up at Desert Lanes

Rock 300 will begin 7 - 11 p.m., June 4 and continue Fridays through July 30 at Desert Lanes. During Rock 300, you can bowl for \$7, which includes the cost of shoes. There is a \$5 cover charge for non-bowlers.

A Midnight Marathon singles handicap tournament will be held midnight - 5 a.m., June 5. Entry fee is \$60.

Youth/adult doubles league starts at 6 p.m., June 7.

For more information, call Randy Carter at 533-2849.

Old School Jam at LakeSide

Get ready to step out "soul train-style" in your bell bottoms and platform shoes. Dance the night away to disco and funk jams from the '70s and '80s, 9 p.m. - 2 a.m., June 5 at the LakeSide Activity Centre.

There will be a \$4 cover charge. For more infor-

Outdoor pool open this weekend

Grierson Pool will be open 10 a.m. - 6 p.m., Saturday, Sunday and Monday, for Memorial Weekend. The pool will be closed Tuesday - June 4, and will open for the summer June 5.

Irwin Pool is undergoing repairs and will open when the repairs have been completed. While Irwin Pool is under construction, Grierson Pool and Barnes Indoor Pool will offer extended hours.

Beginning June 5, Grierson Pool will be open: 8 a.m. - 1 p.m., Tuesday - Friday for

swim lessons; 1 p.m. - 6 p.m., Monday - Friday for open swim; 10 a.m. - 6 p.m., Saturday and Sunday for open swim; and 11:45 a.m. - 12:45 p.m., Wednesday and Friday for water aerobics.

Beginning May 31, Barnes Pool will be open: 5 a.m. - 7:30 a.m., Monday - Friday for lap swim; 7:30 - 11 a.m., Monday - Friday for open swim; 11 a.m. - 1 p.m., Monday - Friday for lap swim; 1 - 2:30 p.m., Monday, Wednesday and Thursday for PT profile program; 2:30 - 6 p.m., Monday, Wednesday and Thursday for open swim; 1 p.m. - 6 p.m., Tuesday and Friday



for open swim; 9 a.m. - 11 a.m., Tuesday, Thursday and Saturday for water aerobics; 11 a.m. - noon, Saturday and Sunday for lap swim; and noon - 6 p.m., Saturday and Sunday, for open swim.

Admission fees for open swimming during the summer season will

be: adults, \$2.50; children, 3 -17, \$1.50; and children, 2 and under, free.

Active duty military and retirees swim free at Barnes Indoor Pool only.

For more information, call Karlie Jo Hale at 533-3858.

mation, call 533-2193.

Watercolor, drawing classes in June

The MWR Arts Center will offer a class in basic watercolor techniques 10 a.m. - noon, June 5, 12, 19 and 26. Cost of the watercolor class will be \$50.

The class will be taught by Cochise County, Ariz., artist Cindy Betka.

Betka will also teach a basic drawing class at the Arts Center, 12:30 - 1:30 p.m., Saturdays in June. The cost will be \$35.

The MWR Arts Center is located on the corner of Hatfield and Arizona Streets, in Building 52008.

For more information, call 533-2015.

Summer arts, crafts classes for children

The MWR Arts Center will hold summer arts and crafts classes for children, 5 - 16, beginning at 10 a.m., June 8.

Cost will be \$7.50 per class or \$14 for two classes. Pre-registration is required.

The class schedule for the first two weeks will be: June 8, tie dye T-shirt; June 9, leather key chain; June 10, ceramic painting; June 11, basic photography; June 15, paint with watercolor; June 16, stained glass picture frame; June 17, computer drawing with Windows; and June 18, pottery.

The classes will continue through Aug. 5. For a complete schedule, stop by the MWR Arts Center in Building 52008 on Arizona Street.

For more information, call 533-2015.

B.O.S.S. golf tournament set for June 10

Better Opportunities for Single Soldiers will hold its annual Big B.O.S.S. golf tournament starting at 8 a.m., June 10 at Mountain View Golf Course.

This event is open to unit teams, students, Soldiers, civilians and MWR patrons, and will be hosted by Maj.

Gen. James "Spider" Marks.

Entry fee is \$30 per person or \$120 per four-person team. Proceeds from the tournament will benefit the B.O.S.S. program.

For more information, call MVGC at 533-7085.

Register to win Train concert tickets

The Directorate of Morale, Welfare and Recreation, and the 2004 Miller Lite Army Concert Tour will present the Grammy award-winning band Train, along with special guests the Graham Colton Band, June 26 at Libby Army Airfield, Fort Huachuca.

You can register to win a pair of tickets from each of the following MWR facilities: MWR Box Office, MWR Rents, Desert Lanes, Army Community Service, Buffalo Corral, Mountain View Golf Course, Jeannie's Diner, the Sportsman's Center and Grierson Pool. You must be 18 or older to enter. Winners will be notified by June 15.

Tickets can be purchased for \$15 at all area Safeway Stores, MWR Box Office, MWR Rents and Desert Lanes. Cost will be \$20 at the gate. For more information, call the MWR Box Office at 533-2404.

Sunset trail rides at Buffalo Corral

Buffalo Corral holds sunset trail rides 6 - 8 p.m., every Thursday. These rides are open to the public, 7 and up. The price is \$13.50 for authorized MWR patrons and \$19 for civilians. Reservations and pre-payment are required by close of business the day before the ride.

For more information, call 533-5220.

Lunch specials at Jeannie's Diner

Stop in at Jeannie's Diner and check out their lunch specials, Monday - Friday. There's something different every day. A few of the specials coming up in June include chicken fried steak, lasagna, open-faced roast beef sandwiches and chimichangas.

For more information, call 533-5759.



Movies

Walking Tall is playing a 7 p.m. on Friday at Cochise Theater. For the complete schedule of this week's movies, see Page 28.



Photo by Spc. Matthew E. Chlosta

FTH#2 Sun Devils' catcher Jonathan Ruiz, had to handle many wild pitches during a youth baseball game May 19 at Drazba Field.

Giants get burned

Sun Devils capture win in youth softball

BY SPC. MATTHEW E. CHLOSTA
SCOUT STAFF

The Fort Huachuca #2 Sun Devils were led by their brush fire hurler, pitcher Peter Ruiz, who threw nothing but heat as he fanned 13 Fort Huachuca #1 Giants during the Sun Devils 12-3 win May 19 at Drazba Field.

Before the game, Sun Devils' coach John Ruiz predicted that his team would need "good pitching" to win.

"They have their days," said Giants' coach Patrick Long. "Sometimes they play aggressive. Sometimes they don't concentrate. The first week they were like the 'Bad News Bears.' Their progression since the first week is

tremendous."

From the opening pitch, the game's outcome was never in doubt.

From the first through the fifth inning, from the beginning to the end of the game, Ruiz dominated the proceedings from the mound and from the plate.

Ruiz dismantled the Giants one by one, inning by inning, with his wild eyed pitching delivery that resembled a boxer delivering a ferocious jab.

He only gave up two runs the entire game. And, as if that wasn't enough, Ruiz hit a grand slam home run in the third inning and added a solo shot in the fifth inning as insurance.

The Giants were able to score one more run against the human pitching machine Ruiz with a solo homer by

the Giants' pitcher Matthew Monge in the bottom of the fifth inning. This gave his team something positive to build on for the next game.

But it was too little, too late for the Giants, as the final score stood at Sun Devils 12, Giants 3.

"Good effort," Long said after the game. "We gotta work on our infield. We gotta practice on the day prior [to a game] or we lose focus."

Sun Devils' coach Ruiz's post-game comments were as on the mark as his pre-game remarks. He said, "They had excellent mechanics tonight as far as swinging at the plate. Pitching was great. Our pitching is coming along really good. We just need to work on a little bit of fielding."

NCOA won't 'bail out' 'Bail Bonds' in softball

BY SPC. MATTHEW E. CHLOSTA
SCOUT STAFF

The noncommissioned officers' academy solidified their intramural softball playoff position in the San Pedro Division with a resounding, 22-8, win over Co. A, 304th Military Intelligence Battalion Chico's Bail Bonds at 8 p.m. May 17 at Smiley Field.

With NCOA tied for second place in the San Pedro Division standings with a 9-1 record, they needed two more wins to secure their spot in the playoffs.

A win would also keep their hopes alive to dethrone last year's champion and current Division leader and undefeated team, Co. B, 305th #1.

"Hell yeah, we have a shot at first place," said NCOA coach, Laurence Pierre, before the game. "We have four guys returning from last

year. I think we got a little bit better in fielding. Last year, we had more hitting. Our goal is the number one seed. If we beat these guys tonight, we're pretty solid.

"They're [Co. B, 305th #1] our nemesis," Pierre said. "They beat us in the championship last year. They're a pretty solid team. If we hit well we should be able to beat them."

'Bail Bonds' coach Jarred Lang said, "We're enjoying it. We're in the captains' course here. It's been a nice break from classes. We try our best. We don't get to practice much. It is mostly about having fun for us."

'Bail Bonds' jumped out to a 1-0 lead in the top of the first inning, but NCOA responded with 3 doubles in their half of the inning to take a 4-1 lead.

NCOA pitcher Charles Goodman shut out



Photo by Spc. Matthew E. Chlosta

NCOA's pitcher Charles Goodman, couldn't stop Company A, 304th Military Intelligence Battalion Chico's Bail Bonds' Jarred Lang, who scored on this play despite being hit by the ball as he crossed home plate.

See SOFT, Page 17

Fit For Life

Beginning bicycle training

BY GEORGE R. COLFER, PH.D.

CONTRIBUTING WRITER

Now that you have a bicycle and the necessary equipment to ride, the next step is to plan a training schedule. Three requirements are mandatory before starting to train. (1) You have a good bike fit. (2) You have practiced basic riding skills. (3) You understand the mechanics of how your bike operates.

First step - building an aerobic base.

As with any endurance activity, one must first develop a strong aerobic capacity. This can be accomplished by taking rides for time or distance. Your starting point depends on your present condition. A suggested time to begin would be a 30 minute ride at a comfortable cadence (pedal revolutions per minute) of 60 - 80 RPM. Note the distance covered and this will be a distance estimate for your rides. Once this is established, the techniques of long slow distance and timed distance will be your beginning training techniques. LSD means you set a distance to ride without regard to time. TD means you ride a selected amount of time without regard to distance. With both techniques one can gradually improve aerobic conditioning.

Example: Let's say you can train on the bike four days per week (M-W-F-Su). 1st week: Mon. = 30 mins. TD; Wed. = 5 miles LSD; Fri. = 30 mins. TD; Sun. = 7 miles LSD. 2nd Week: Mon. = 5 mile LSD; Wed. = 35 mins. TD, Fri. = 7 miles LSD; Sun. = 45 mins TD. Perform this cycle for four weeks, then use the 2nd week as the new 1st week and design a new 2nd week based on your conditioning level. Repeat this 2 week cycle twice and change again; 2nd to 1st and a new 2nd. There is no magic guideline, but a reasonable estimate for fitness purposes would be to reach 12 miles LSD and 60 mins. for TD. Keep in mind if you're riding a mountain bike or hybrid, your pace may be slower and TD may be a better estimate. At this point the type of bike you ride may dictate your training.

Second step - specific training needs.

Road cyclist/triathletes. Start adding some tempo or interval training to your rides once a week. Keep Sunday for the weekly long ride. Start with dispersed intervals (2 min. interval for every 10 mins. you ride) at 80 - 90 percent max. predicted heart rate = $220 - \text{age} = 100 \text{ percent rate} \times \text{desired percentage}$). These short intervals will increase aerobic and anaerobic capacity and build leg strength. Use hills for the same purpose at the same MPH to build leg power. When you are able to average a pace of 15 MPH for a long ride, then it is time to seek training partners of equal

ability and pursue the goals you have set for yourself.

Mountain (off-road) cyclists. Ride off-road twice a week if possible. Try different types of terrain and start climbing hills! You will find the rugged terrain offers a challenge and builds leg and lung power. Mountain bike skills need to be practiced and riding skill is necessary for success.

It's OK to walk at times, but if it's too often, you're riding terrain you are not ready for.

Be patient,

practice

and still

take an

LSD ride

once

weekly. An

mountain

off-road

ride is nor-

mally

judged by it's

difficulty and the

amount of time you

ride the bike rather than

mileage.

Hybrid cyclists. Fitness is your goal. Start adding some hills and short intervals, but your best bet with this bike type is to increase time and distance. If your bike is up to it, try some light to moderate trail riding for variety.

Some basic principles for bicycle training.

1. Pedal cadence (RPM). Beginners - 60 - 80 RPM:

Road cyclists and mountain bikers - 80 - 100 RPM: high

speed spinning - 100 - 120 RPM. Don't over spin (knees!).

A rule to follow is to always maintain some pedal pressure to work the leg muscles.

2. Heart rate. Normal riding range is 60 - 80percent

MPHR. Hills, tempo, intervals, 80 - 90percent MPHR.

Mountain bikers will be surprised at HR levels when

climbing rugged terrain. Don't overdo it. Get in shape

first.

3. Warm-up/cooldown. Always allow for an on the

bike warming up and cooling down period. Flexibility

(stretching) exercises can be done before and after riding.

4. Safety tips. On the road, always ride with traffic,

not against it. Use hand signals when turning to caution

drivers. Always watch the road and be alert.

5. Climbing Hills - Choose a gear that allows you to

pedal at 80 RPM. Save a couple of gears to shift up as

needed. Keep the cadence constant to the top. Sit or stand?

It's personal preference. Sitting on long hills saves en-

ergy and keeps weight on the saddle for stability. More

power is obtained by standing, but more energy is used.

On road bikes place your hands on the brake hoods, not

on the drops. Climbing requires a positive attitude. Don't

quit or try to overpower the hill. Be patient, disciplined

and use the gears to your advantage to reach the top.

Mountain bikers. Downhill riding can be dangerous. Practice on short hills and gradually work up to steeper terrain. A rule to follow: If you can't ride up the hill, you don't ride down it.

6. Compatible cross-Training modes.

Alternate cycling with running, hiking,

swimming, team and individual sports.

7. Strength training. Compatible

and beneficial. If you ride regularly,

omit leg exercises. Save that for winter

or your off-season. Upper body

exercises

can be

per-

formed

all year.

Strength

train 2-

3 times

weekly

for arms, should-

ers, chest and back

using free

weights or ma-

chines. Some rec-

ommended ex-

cises are seated

rowing, lat pull-

downs or pull-

ups, triceps press or

dips, shoulder

shrugs, chest

press or push-ups,

overhead shoulder

press and arm

curls.

8. Signs of over-

training. General fatigue; sore legs, especially knees;

restlessness; insomnia; appetite loss; lack of mental

concentration. If these occur, modify your training

schedule. An extra day off can work wonders.

9. Stay hydrated and keep energy levels up. Stop

to drink or snack. Both can be done on-bike, but a

stretch break on or off-road can prove invaluable. Hy-

dration tip: When half of your water is gone, it's time

to start back no matter how good you feel.

Where your training goes from here is up to you.

However, there is one factor you should not overlook.

Make cycling fun! If you lose the fun or play factor,

whether it be on or off-road, you will miss an impor-

tant part of the bicycle experience.

'Art in the park' applications

Applications for arts or crafts vendors interested in participating in the Huachuca Art Association's 33rd Annual Art in the Park are now available. Artisans who create their own arts or crafts items are eligible to participate. Applications may be picked up at the Huachuca Art Association Gallery, 3816 Astro St., Hereford from noon until 4 p.m., Thursday through Sunday. To get an application by mail, call Wendy Breen at 378-1763.

Completed applications must be postmarked by Friday to be included in the jury selection process.

Annual arts, crafts fair

The fourth annual Arts and Crafts Fair will be held from 10 a.m. to 5 p.m. on Saturday and Sunday in front of the Copper Queen Hotel in Bisbee. Artisans will offer handmade items including crafted imports, massage, psychic readings, live music, food and more. Admission is free. For more information, call Marcia Galleher at 432-3726 or e-mail mobius@theriver.com.

Teen group

Fort Huachuca teens are invited to weekly Sunday meetings. Middle school students meet from 4 to 5 p.m. and high school students meet from 5:30 to 7 p.m. The meetings on Sunday will be held at Eifler Gym. Register for the following special activities: middle school summer camp June 7-9 and high school summer camp June 10-12. For more information, call Mike DeRienzo at 227-6059. Adult volunteers are also needed for help with meetings, events, administration and advertising.

PWOC summer study

The Protestant Women of the Chapel will host two Bible study programs from 9:30 to 11 a.m. each Tuesday, now through July 27. Choose NIV

Chronological Bible continued from fall and spring or Time Management for Busy Women by Elizabeth George. Watch care is provided for children ages 6 months through 5 years. Care for school-age children is also available. For more information, call Christine at 439-9516 or Karol at 458-5379.

Commander's Cup coaches meeting

The coaches' meeting for the Commander's Cup intramural track and field program will be held at 10 a.m., Tuesday at Barnes Field House. All units wanting to participate in the program must submit a letter of intent, signed by their commander, no later than close of business, Tuesday. The track and field program will be conducted at 6 p.m., June 7 - 9.

For more information, call George Thompson at 533-3180 or 533-0040.

Summer soccer tournament

The coaches' meeting for the coed, nine-on-nine soccer tournament will be held at 11 a.m., Wednesday at Barnes Field House. Entry fee is \$100 per team and due by June 9. The games will be played June 14 - 18.

For more information, call Michelle Kimsey at 533-3180 or e-mail michelle.kimsey@hua.army.mil.

Volleyball coaches' meeting

The coaches' meeting for the Commander's Cup volleyball program will be held at 10 a.m., June 3 at Barnes Field House. Coaches or team representatives should attend the meeting if they want to have a team in the program. Program bylaws will be discussed.

A letter of intent, signed by the company commander, must be submitted at the meeting.

The volleyball league is set to start June 21.

For more information, call George Thompson at 533-3180 or 533-0040.

Soccer club tryouts

Sierra Vista Soccer Club would like to announce tryouts for the Under 11 Select Soccer Team. Tryouts will be held starting at 5:30 p.m. June 5 and 6 at the Apache Middle School fields. All youth 9 and 10 (who will not turn 11 until August 1 or later) are invited to attend.

For more information, call 459-0714 or e-mail KerryDCarter@aol.com.

Summer music camp

The Cochise County Youth Orchestra announces that registration is now open for the annual Summer String Camp, offered from 8 a.m. through 4 p.m. daily, June 14 - 18 at the St. Andrews Catholic Church parish complex, 800 Taylor Ave., Sierra Vista. Students from Cochise or Santa Cruz counties who will be in second grade through high school this coming September are eligible. The \$75 tuition includes lunch and snacks. Registration forms can be obtained from the Sierra Vista public library, youth clubs, community centers, Chamber of Commerce and local music teachers. Students are urged to register by June 7. For more information, call Paula Dorrell at 439-0409.

Golf tournament

The Cochise County Senior Meals Program Golf Tournament will be held June 19 at Turquoise Hills Family Golf Center, 800 E. Country Club Dr. in Benson. The morning tournament begins at 8 a.m. and the afternoon tournament begins at 1 p.m. Each tournament is limited to 22 teams. The entry fee is \$40 per player. Entries must be received no later than June 14. For more information, call Jim Smith at 586-2585.

Pets Of The Week



Enigma is a cute cat who likes to lay around and bask in the sun.



Sebastian is a friendly cat who is declawed needs a home where he will be kept inside.

Editor's Note : Animals are available for adoption at the post veterinary clinic. For more information, call 533-2767.

At The Library

Hardcover fiction

1. The Da Vinci Code, by Dan Brown
2. Hidden Prey, by John Sandford
3. The Five People You Meet In Heaven, by Mitch Albom
4. The Narrows, by Michael Connely
5. Angels & Demons, by Dan Brown

Hardcover nonfiction

1. Eats, Shoots & Leaves, by Lynne Truss
2. Plan of Attack, by Bob Woodward
3. Big Russ and Me, by Tim Russert
4. Alexander Hamilton, by Ron Chernow
5. Founding Mothers, by Cokie Roberts

Paperback fiction

1. Birthright, by Nora Roberts
2. Angels & Demons, by Dan Brown
3. With Open Arms, by Nora Roberts
4. Naked Prey, by John Sandford
5. The Lake House, by James Patterson

Paperback nonfiction

1. Reading Lolita In Tehran, by Azar Nafisi
2. Living History, by Hillary Rodham Clinton
3. Friends 'til the End, by David Wild
4. The Devil In The White City, by Erik Larson
5. Tuesdays with Morrie, by Mitch Albom



Memorial Day hours

Shoppette / Class IV	8 a.m. – 9 p.m.
Main Store	10 a.m. – 5 p.m.
Furniture/ODL	10 a.m. – 4 p.m.
Barber Shop Main Store	10 a.m. – 4 p.m.
Beauty Shop	Closed
Laundry, Dry Cleaner	Closed
Cosa's Bonitas	10 a.m. – 4 p.m.
Flower Shop	10 a.m. – 4 p.m.
GNC	10 a.m. – 4 p.m.
Optical Shop	10 a.m. – 4 p.m.
UPS Store	10 a.m. – 4 p.m.
Anthony's Pizza Main	10 a.m. – 4 p.m.
Frank's Franks	Closed
Robin Hood's Deli	10:30 a.m. – 5 p.m.
Baskin Robbins	Closed
Burger King	All weekend – 11 a.m. – 7 p.m.
Regimental Retail Store	8 a.m. – 10 p.m.
Popeye's Chicken	10:30 a.m. – 8:30 p.m.
Anthony's Pizza	10:30 a.m. – 8:30 p.m.
AT&T Cyber Zone	8 a.m. – 8 p.m.
Barber Shop	9 a.m. – 3 p.m.
Enterprise	1-6 p.m.
MCSS	Closed
Laundry & Dry Cleaner	Closed
Launderette	6 a.m. – 9 p.m.
Admin Office	Closed
Cochise Theater	Closed
Barracks Phone Center	Closed
Greely Hall Diner	Closed
Barber Shop Greely Hall	Closed
Mobile Food Trucks	Friday - Closed Monday - Closed
JITC Cafeteria	Friday – 7 a.m. – 1 p.m. Monday - Closed

Army partners with cowboys

BY CPL. MATT MILLHAM
14TH PUBLIC AFFAIRS DET.

The U.S. Army added five riders to its professional rodeo team May 15.

The original team, announced April 17 with partner Professional Rodeo Cowboys Association, consisted of three bull riders.

The Army is now sponsoring seven cowboys and a cowgirl to represent the Army in hundreds of rodeos throughout the United States and Canada.

The partnership with PRCA will allow the Army to reach out to a segment of Americans “that we were certain we were missing,” said Maj. Gen. Michael D. Rochelle, commander of U.S. Army Recruiting Command.

The partnership, which will run through the end of this year with an option to renew for 2005 is “part of the overall Army team,” which includes partnerships with NASCAR, Professional Bull Riding and the Arena Football League among others. But, said Rochelle, “What we are doing is, more than anything, in support of” the troops overseas.

Steven J. Hatchell, commissioner of the PRCA, expects the partnership to be a boon to his organization as well as to the Army because, he said, traditional rodeo sponsors like alcohol and tobacco companies made televising the events problematic. “We are a television society and this helps us with television in a significant way,” Hatchell said.

Hatchell said that with the Army partnership the PRCA is planning an expansion that will lead to increased television exposure similar to that of the Professional Golf Association.

The announcement of the partnership came against the backdrop of one of professional rodeo's biggest competitions, the Pace Picante ProRodeo Chute-out at the Orleans Arena in Las Vegas, where \$500,000 in prize money was up for grabs. Three of the Army's newly-sponsored cowboys competed in the three-day event that ended March 15.

All three of the Army's competitors made it to the semifinal round, but only one, steer wrestler Luke Branquinho, made it to the final round of the rodeo.

SOFT, from Page 14

‘Bail Bonds’ in the second inning.

Then the slugfest began for NCOA. Led by Robert Ford's two-run homer and Anthony Cunningham's three-run blast, NCOA scored 10 runs in the bottom of the second to take the lead for good, 14-1.

Over the third and fourth

innings ‘Bail Bonds’ were only able to chip in three more runs, including a homer by Lee Moore.

NCOA responded with eight runs over the same time frame, including runs scored by Marc Davis and Robert Ford.

Meanwhile, NCOA continued to play tight and crispy defense, buoyed by the strong pitching effort

of Goodman.

Even when ‘Bail Bonds’ was able to hit a ball out of the infield, the NCOA outfielders threw bullets back to their infield cutoff men to hold the runners on base.

‘Bail Bonds’ was only able to rally three more runs in the top of the fifth inning.

The game was ended with the

final score NCOA 22, ‘Bail Bonds’ 8.

“We pulled everything together,” Pierre said. “Our hitting was really solid. We gotta back up our hitting with defense. Defense is key. We have three good pitchers. 305th [Co. B, 305th #1] is the only team standing in our way.”

Commander's Cup Golf Standings

As of Monday

Unit	Matches played	Points	111th MI #1		
JITC #2	2	18	MWR	3	7
IEW Maint.	2	15	NETCOM	1	4
ISEC	2	11	USAG	1	3
Co. B, 305th	1	9	19th Signal	2	3
JITC #3	1	9	Co. C, 304th	2	3
111th MI #2	1	9	MEDDAC	1	1

Youth Baseball League Schedule

Major League Division, 11-12.

Next games scheduled for June 3

Minor League Division, 8-10.

Date	Time	Teams		Location
Wednesday	6 p.m.	HC Giants	vs.	FTH 4 Dodgers HC
	6 p.m.	FTH 1 Giants	vs.	Sonoita Yankees FTH

Coach-Pitch Division, 5-7.

Date	Time	Teams		Location
Wednesday	6 p.m.	HC Yankees	vs.	Sonoita HC
	6 p.m.	FTH Bombers	vs.	FTH 4 Tigers FTH

For more information on youth baseball, call Vicki Bernard at 533-8168.

Fort Huachuca Intramural Softball Championship

Game #1	San Pedro #1	vs.	Co. D 309th MI	Wednesday	7 p.m.	Pauley Field
Game #2	Co. A 305th MI	vs.	San Pedro #3	Wednesday	8 p.m.	Pauley Field
Game #3	San Pedro #2	vs.	Co. C, 40th Sig.	Wednesday	7 p.m.	Smiley Field
Game #4	DFAC	vs.	69th Sig. Co.	Wednesday	8 p.m.	Smiley Field
Game #5	G#1 winner	vs.	G#2 winner	Wednesday	7 p.m.	Pauley Field
Game #6	G#3 winner	vs.	G#4 winner	Wednesday	7 p.m.	Smiley Field
Game #7	G#1 loser	vs.	G#2 loser	Wednesday	6 p.m.	Smiley Field
Game #8	G#3 loser	vs.	G#4 loser	Wednesday	6 p.m.	Pauley Field
Game #9	G#7 winner	vs.	G#6 loser	Wednesday	8 p.m.	Smiley Field
Game #10	G#8 winner	vs.	G#5 loser	Wednesday	8 p.m.	Pauley Field
Game #11	G#5 winner	vs.	G#6 winner	June 3	7 p.m.	Pauley Field
Game #12	G#9 winner	vs.	G#10 winner	June 3	6 p.m.	Pauley Field
Game #13	G#12 winner	vs.	G#11 loser	June 3	8 p.m.	Pauley Field
Game #14	championship game			June 4	6:45 p.m.	Pauley Field
Game #15	if game			June 4	TBA	Pauley Field