

# The Fort Huachuca Scout



Vol. 48, NO. 40 Published in the interest of Fort Huachuca personnel and their families October 10, 2002

**Bite out of crime**  
See Page 3

## Scout reports

e-mail: [thescout@hua.army.mil](mailto:thescout@hua.army.mil)  
website: [huachuca-www.army.mil/USAG/PAO](http://huachuca-www.army.mil/USAG/PAO)

### Prevent domestic violence

The Army Community Service Family Advocacy Program will offer classes on domestic violence prevention. Classes are Oct. 17, 2-4 p.m. and Oct. 22, 6-8 p.m. All classes are at the ACS. For more info, call 533-6873.

### Passport office hours change

The Passport Office is located in Building 41421 on the first floor. The building is the first two-story building, 14 Rhea Street located in back of the Huachuca Federal Credit Union.

Effective Tuesday, the Passport Office hours will be: Monday-Friday, 8-11 a.m. and 1-3 p.m.

### Trial Defense video

The Fort Huachuca Trial Defense Service will be showing a mandatory administrative separation video for all soldiers requiring legal counseling about administrative separation.

This video will be shown every Monday, Wednesday, and Friday at 8:30 a.m. and 9:45 a.m. Any soldier wishing to speak to an attorney must watch this video first.

Soldiers showing up late for the 9:45 a.m. video will be asked to come in on the next walk-in date. This new video screening will not affect the showing of the Article 15 video, which shows at 9 a.m. on Mondays, Wednesdays, and Fridays.

For more information, contact Capt. Robert Fellrath, at 533-5370.

### Command information survey

The Fort Huachuca Public Affairs Office needs your help in improving its service to the community.

Look for the Command Information Survey in future editions of the *Scout* or All-Users e-mail. Return the survey to our office via e-mail to [paowatch@hua.army.mil](mailto:paowatch@hua.army.mil) or print and send it via the post distro to ATZS-PA.

### AFTB Level I marathon

The Army Family Team Building Level I marathon is coming. Take all the courses in one day and receive your certification. Classes are at the Murr Community Center Oct. 19 from 8:30 a.m. to 4:30 p.m. For more information, call 533-5686.

### Road closure

Christy Avenue will be closed north of Butler Road and south of Hungerford Avenue from Saturday from 7 a.m. until Monday at 5 p.m. This one-block closure will not affect anything north of Hungerford or south of Butler on Christy. Signs will point out alternate routes.

### Volunteers needed

The Disabled American Veterans need volunteer drivers to transport Cochise County veterans to their appointments at the Veterans Administration Medical Center in Tucson.

If you're interested in volunteering, call 458-5776 or visit the DAV at the Main Gate house from 10 a.m. - 1 p.m.

### Mandatory class

All military personnel, Department of Defense civilians, and contractors assigned to Fort Huachuca are encouraged to attend one of the two scheduled classes concerning "Legal Issues and Information Systems Operations."

Class dates/times are: Oct. 30 at Fitch Auditorium 10 a.m. - 11:30 a.m., and Nov. 13 at the ASC Conference Room, Greely Hall at 1:30 p.m. - 3 p.m.

Point of contact for this action is David Miller at 533-5712.

## Equal Employment Opportunity Office best in TRADOC

By Sgt. 1st Class Donald Sparks  
NCOIC, USAIC&FH PAO

Four years after garnering the Most Improved Equal Employment Opportunity Office in U.S. Army Training and Doctrine Command, the Fort Huachuca EEO Office accomplished an even greater feat.

The office was recently selected as the best EEO office in TRADOC and according to Efrén Medrano, installation EEO officer; the road to being the best has been long and worth it.

All of the staff members were excited and Medrano said for good reason.

"We needed to change the image of this office which was really bad five years ago," he said. "This office had a bad reputation. In fact Fort Huachuca was a very tough assignment."

Looking back on his nearly six-year tenure at the fort's EEO office, Medrano is particularly proud of the major improvements the office has undergone to be where it is now – the best in TRADOC.

"We worked very hard to get it and everyone here feels excited about having the award," Medrano said. "We certainly feel that it was well earned."

Some of the specific requirements TRADOC looked at during the judging were a change in trends. Five years ago, Fort Huachuca had an enormous amount of complaints at the EEO office.

When an office goes from 69 to 13 complaints, that's a drastic improvement, Medrano said.

"We were able to reduce the complaint activity. We did a lot of outreach efforts with the community," he said. "So when TRADOC looks at this office and asks what are we doing, instead of maintaining a day to day program of processing complaints, we're working over and beyond through our outreach program, the reduction of complaints and our mediation program."

The EEO office has a full time mediation manager running the program. Mediation is just a process that can be offered to the complainant to settle workplace disputes at the lowest level.

Most of the offices have to contract a mediator to come in, but the Fort Huachuca EEO office has

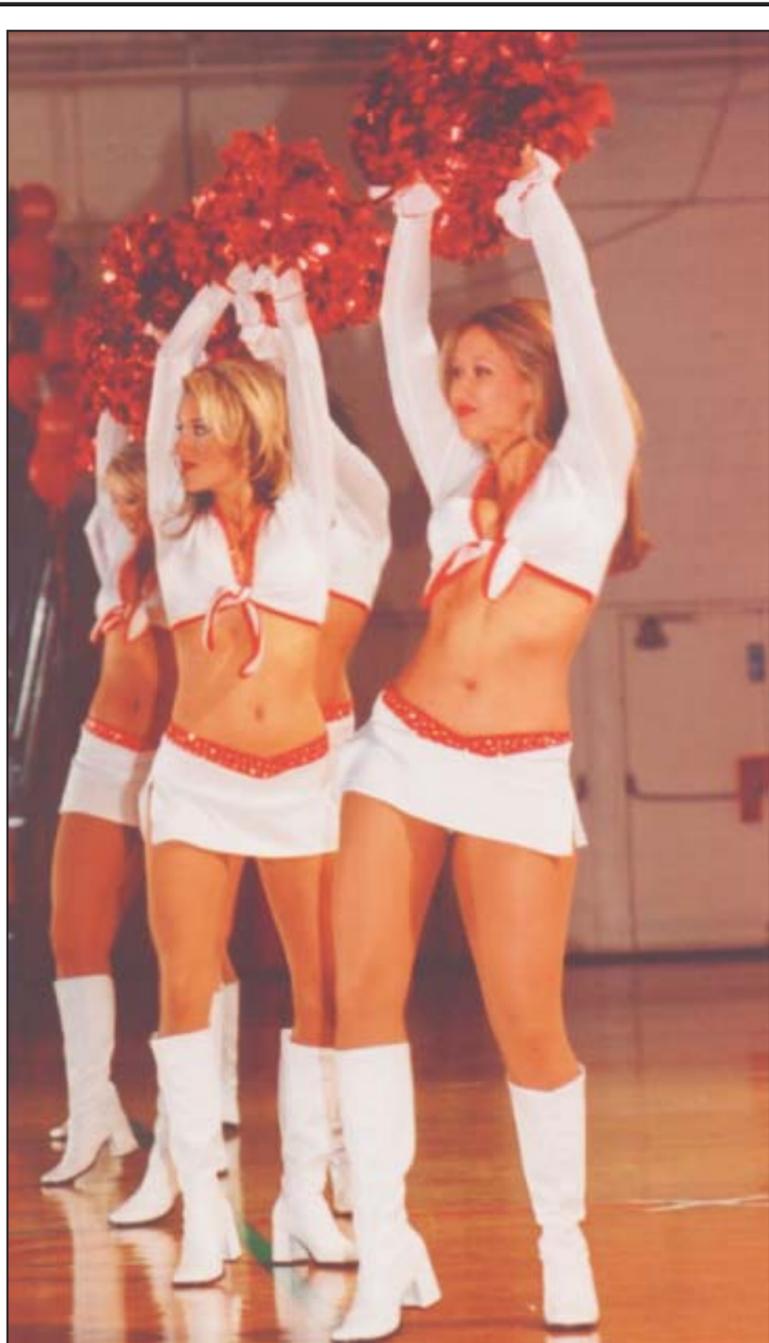


Photo by Sgt. Jessica Inigo

### Here we go Army, here we go

Members of the Arizona Cardinals Cheerleaders rally the troops at Barnes Field House during their visit to Fort Huachuca Friday. For related story and photos see Page B1.

See EEO, Page 6



Photo by Sgt. 1st Class Eric Hortin

### Redesignation

Lt. Gen. Peter Cuvillo, chief information officer/G6, Headquarters, Department of the Army, speaks at Tuesday's redesignation ceremony at Greely Hall. The ceremony officially recognized the activation of Network Enterprise Technology Command/9th Army Signal Command and its daunting mission to be the single authority to operate, manage, and defend the Army's information and communications systems. The new command is responsible for the technical integration of the disparate capabilities for command, control, communications and computers Army-wide.

## Flu shot guidelines announced

Raymond W. Bliss  
Army Health Center release

The annual flu program for the health care beneficiaries of Fort Huachuca will begin when the vaccine arrives on post.

There is no scheduled date at this time, but the vaccine usually arrives in late October or early November. In the past, a small shipment of vaccine is sent for the high-risk patients only.

The following people are considered to be high-risk patients and will receive the flu shot as soon as it arrives:

1. Age 65 years old as of 1 April 2003
  2. An adult or child (greater than 6 months) who have the following chronic high-risk medical conditions
    - a. pulmonary (e.g., asthma, COPD)
    - b. cardiovascular (e.g. CHF)
    - c. metabolic (e.g., diabetes)
    - d. renal dysfunction
    - e. hemoglobinopathies
    - f. immunosuppression, including HIV infection
  3. Residents of long-term care facilities.
  4. Pregnant and will be >13 weeks gestation during influenza season.
  5. Children (6 months to 18 years) on long-term aspirin therapy (at risk for developing Reyes Syndrome).
- Flu immunizations for the high-risk pediatric patients will be given as soon as the vaccine arrives on post.
- If the child is high-risk the PCM will write a prescription that they can bring to

the Pediatric clinic when the vaccine arrives.

Notification of the arrival of the vaccine will be published in the *Scout*, Commander's access TV channel 97 and the information board in front of RWBAHC.

These immunizations will be given by prescription only during the routine immunizations Mon-Wed-Fri from 1 - 3 p.m.

Based on the high-risk medical condition, adult patients should request the prescription from their PCM.

The same rules apply to the adults in order to get the flu shot, when the vaccine arrives, bring the prescription and your medical record to the adult care clinic on Mon-Wed-Fri 1- 3 p.m.

If you do not have a prescription, and think you are high risk based on the information listed, you will be screened by the medical staff to determine if you are a high-risk patient.

If you do not meet the guidelines, you can get the flu shot when the community day is scheduled.

Since there will be a limited supply for patients with high-risk, it is important that if you are not high-risk that you wait until the remaining vaccine is available.

When the remaining vaccine arrives, the date and time will be published for all family members (over 18 years of age), retirees, and DAC to receive the shot.

For more information or questions concerning Flu shot vaccinations, contact Sgt. 1st Class Philip Sloss at 533-0448.

## Commander's Hotline

### Call:

I was inquiring about government vehicles being used to do private business or unauthorized trips, on or off the installation.

As far as I knew, the policy was that government vehicles were not allowed for personal use. Also, there's a problem with speeding by drivers of government vehicles.

to or be parked at commissaries, post exchanges (including all concessions), bowling alleys, officer and noncommissioned officer clubs, or any nonappropriated fund activity unless personnel using the vehicles are on official business or temporary duty travel.

**Thomas Sochan**  
Transportation officer

*(Editors Note: The operators of government owned or leased vehicles are subject to all federal and local civilian laws and rules. Any citations issued by a law enforcement official are the responsibility of the vehicle operator, and in some circumstances the senior occupant of the vehicle.)*

### Response:

The use of Army owned or controlled vehicles leased from General Services Administration is restricted to official purposes only.

Official motor vehicle transportation requirements do not include transportation to private social functions, personal errands or side trips for unofficial purposes. Government vehicles must not be used for transportation



Photos by Angelica Pequeño

### EPG Change of Command

The Electronic Proving Ground performed the ceremony for change of command on Brown Parade Field Wednesday morning. Above, Brig. Gen Bill Engel presented Col. Hugo Keyner with the Legion of Merit, one of the highest awards possible.



Graphic by Angelica Pequeño

*"I get knocked down, but I get up again, you're never going to keep me down!" - Chumbawamba*

**Chaplain (Maj.) Dennis R. Nitschke**  
Deputy Command Chaplain,  
NETCOM

"These are the times that try men's souls: the summer soldier and the sunshine patriot will, in this crisis, shrink from the service of his country; but he that stands it now, deserves the love and thanks of man and woman. Tyranny, like hell, is

not easily conquered; yet we have this consolation with us, that the harder the conflict the more glorious the triumph."

Sounds like something our commander-in-chief said on TV the other night. Sounds a lot like our preparation for the next "phase" in the war against terrorism. But these words came from a different era, a different crisis. It was December 1776 and Thomas Paine spoke these words to endear those loyal to the new cause of freedom. He said it wasn't going to be easy, but it was going to be worth it. We've enjoyed that freedom for over 225 years. Now, it seems, is our turn to make a stand.

Back a few years ago, the hit song, *I Get Knocked Down*, from the CD *Tubthumper* was my favorite tune. At the time, I seemed to need a little bit of a "theme song" for what was going on in my life. The times are once again changing with the "winds of war" on the minds of not only soldiers and other military folks (and civilians supporting them), but also on families and the common citizen. I can't prove it through the medium of the newspaper, but I bet that each of you reading this has at one time or another, been "knocked down" and perhaps are even somewhat at odds with how you feel about current events.

I can't take all the unease away nor can I give you a "magic" answer to all your problems. But I can offer you a couple of pieces of advice from scripture that may help you think/pray through a lot of the hubbub going on in today's world.

First, "Don't let evil get the best of you, but conquer evil by doing good." (Romans 12:21). In times like ours it is so easy to get caught up in revenge - when we should get caught up in justice. Revenge is "retaliation" and "getting satisfaction" against an enemy or wrongdoing. Justice, however, is administering "fairness" or "righteousness," making things correct for all concerned. Evil looks for revenge - good seeks out justice. It is our place, as leaders, to make sure we keep our focus on what is right. We do that by "doing good."

Second, "We are pressed on every side by troubles, but we are not crushed and broken. We are perplexed, but we don't give up and quit. We are hunted down, but God never abandons us. We get knocked down, but we get up again and keep going." (2 Corinthians 4:8-9). We don't need a war for the first part of this text. Life alone has its own troubles. But again, if we keep in perspective that we are never alone, then we can deal with whatever "life" dishes out. Being in a relationship with God, and/or friends/loved ones brings us to realize we can "conquer evil" and not have to give up. We are not abandoned.

And then my buddies from *Chumbawamba* took a line from the *Bible*: "We get knocked down, but we get up again..." If it's good enough for holy writ, I believe it's good enough for us as "theme music" in the trials we face every day, no matter what. We get knocked down daily (little knocks, big knocks), but there are those in our lives (or the One in our life) who will not abandon us and will actually help us get up and keep going. The hard part is on you and me to recognize that help is available. That we can reach out, maybe even ask, and we will gain back the strength necessary to keep moving forward.

Yes, "Tyranny... is not easily conquered, yet... the harder the conflict the more glorious the triumph." We are knocked down daily, but by getting up, and knowing we are not alone, we are that much closer to our victory.

**Have we got news for you!**

Read it online, click on [huachuca-www.army.mil/USAG/PAO](http://huachuca-www.army.mil/USAG/PAO)

## Scout on the Street

## What makes the Army different from the other U.S. armed services?



*It's more diverse as far as the jobs. For example the Air Force deals more with flying, the Army does a little bit of everything.*

**Pfc. Gaby Camacho,**  
309th Military Intelligence Battalion



*I believe there's more discipline in the Army and higher standards.*

**Pfc. Linda Joy Chungchootairong,**  
309th MI Bn.



*I think the Army provides the best opportunities and more selections as far as jobs.*

**Staff Sgt. Ahmed Salem,**  
309th MI Bn.



*We have greater opportunities to provide support to foreign nationals that are in need of assistance.*

**Staff Sgt. Stephen DeMarco,**  
309th MI Bn.



*I believe soldiers work harder; we have more discipline.*

**Pfc. Lisa Bonilla,**  
309th MI Bn.



*You don't get to pick your MOS in the other armed services, but with the Army it's almost guaranteed. You have more options in the Army.*

**Pvt. Marco Antonio Lozano,**  
518th Signal Company,  
Fort Gordon, GA

Photos by Angelica Pequeño

## The Fort Huachuca Scout®

This newspaper is an authorized publication for members of the U.S. Army. Contents of *The Fort Huachuca Scout* are not necessarily the official views of, or endorsed by the U.S. Government, Department of Defense, Department of the Army or the U.S. Army Intelligence Center and Fort Huachuca.

It is published weekly, except Christmas and New Years, using desktop publishing by the Public Affairs Office, U.S. Army Intelligence Center and Fort Huachuca, Fort Huachuca, AZ 85613-6000. Printed circulation: 8,200.

All editorial content of *The Fort Huachuca Scout* is prepared, edited, provided and approved by the PAO. *The Fort Huachuca Scout* is printed by Five Star Pub-

lishing, Ltd., 1835 Paseo San Luis, Sierra Vista, AZ, 85635, a private firm in no way connected with DA, under exclusive written contract with the U.S. Army Intelligence Center and Fort Huachuca. The civilian printer is responsible for all advertising.

Editorial material for publication should be submitted to Commander, USAIC&FH, ATTN: ATZS-PA (*The Fort Huachuca Scout*), Fort Huachuca, AZ, 85613-6000. The PAO reserves the right to edit all material submitted for publication.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity

policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of the Army or Five Star Publishing, Ltd., of the products or services advertised.

Copies of *The Fort Huachuca Scout* are available to members of the commander's internal audience for a \$3 per month postage and handling fee upon approval of the PAO.

Periodical postage paid at Sierra Vista, Ariz., and additional mailing offices. USPS 684-730. **POSTMASTER:** Send address changes to Five Star Publishing, P.O. Box 1119, Sierra Vista, AZ 85636.

To submit stories or inquiries, call (520) 533-1987, DSN 821-1987 or fax (520) 533-1280. For ad-

vertising, call (520) 458-3340 or fax (520) 458-9338.

**Command Staff**  
Publisher/Commanding General.....BG James A. Marks  
Garrison Commander.....COL Lawrence J. Portou  
Public Affairs Officer.....LTC Marian R. Hansen  
Acting C.I. Officer.....Angela Moncur  
NCOIC.....SFC Donald Sparks  
**Editorial Staff**  
News Editor.....SSG Sharron Stewart  
Time Out Editor.....SGT Jessica Inigo  
**Printer's Staff**  
Co-owners.....Rebecca Ramsey & Mark L. Evans  
Production Assistant.....Angelica Pequeño  
Photojournalist.....Katherine Goode

# NHTSA finds fifteen-passenger vans to be unsafe

By Katherine Goode  
Scout Staff

The National Highway Traffic Safety Administration has issued warnings concerning 15-passenger vans—the same vans that are used on Fort Huachuca to transport soldiers, and even children.

These vans have been found to have a high rollover risk, and due to the length they are also easily involved in accidents involving poles, signs, pedestrians, and sideswipes of other vehicles.

Since 1990 these vans have been related to over 424 deaths, and the NHTSA has released two warnings since 2001 on the potential danger of these vehicles.

“We have been very lucky so far to have

only small collisions on post due to difficulty with turning of these vans,” said Bruce V. Heran, safety manager, United States Army Intelligence Center and Fort Huachuca. “And we are even more fortunate not to have any fatal injuries.”

But a more severe accident on post last year did occur when a 15-passenger van hit a fixed object, said Heran. Due to thousands of dollars in damages the vehicle was totaled.

Studies show that the height of these vehicles causes a high center of gravity and when loaded completely with passengers it causes even more of a hazard.

“In fact,” said Jeffrey Runge, head of the NHTSA study, “15-passenger vans with 10 or more occupants had a rollover rate in single vehicle crashes that is nearly three

times the rate of those that were lightly loaded.”

“Less obvious,” said Heran, “is the problem caused by the length of the vehicle and how it is loaded. Most of us have been told repeatedly when entering a long vehicle to move to the back. That is fine when on a bus, but not so good if it is a 15-passenger van.”

The manufacturers stretched the wheelbase of these vehicles, said Heran, and the overall length of the van. It makes the vehicle harder to maneuver and instable when extra weight, whether people or cargo, is put in the back of the van behind the rear axle.

“What is disturbing is folks are buying these vans to use in place of buses,” said Heran. “This is not a great thing as they don’t qualify as buses.”

Heran added that one of the issues the Safety Office is facing right now is the installation schools, beside the daycare, may also be using these vehicles.

According to the National Association of State Directors of Pupil Transportation Services, “Full-sized passenger vans and minivans do not offer the same level of safety to occupants as a full-sized school bus or a school bus built on a van-type chassis. In a crash, the risk of a serious injury or fatality is significantly higher for the occupants of a van.”

After investigating four crashes involving school children in full-size passenger vans and one non-school bus, the following rec-

ommendations were made by the NASDPTS to the U.S. Department of Health and Human Services: Head Start children must be transported in vehicles built to federal school bus standards.

To the governors of all 50 states plus to the mayor of the District of Columbia they made the following safety statement: All vehicles that carry more than 10 passengers (buses) and transport children to and from school and related activities, to include day care centers, must meet the school bus structural standards and enact regulatory measures to enforce compliance with the revised statutes.

“The potential for killing soldiers, civilian employees, friends or dependents at one time is ever present,” cautions Heran. Due to this he has made the following guidelines:

- Make sure the van is in good mechanical condition
- Check the tires frequently for proper pressure, wear and soundness
- Don’t “rear” load the vehicle
- Use seatbelts at all times
- Use skilled drivers familiar with the vehicle’s handling limitations
- Obey all speed limits and road warnings
- Use alternative smaller vehicles when possible

Heran knows that used in the right circumstances, with trained people, “15-passenger vans do not pose an undue risk to the passengers or driver. They just need to be used with care and respect.”



Courtesy photo

If 15-passenger vans are not driven carefully, disaster could result.

## Bringing the community into contact: DPS military working dogs take a bite out of crime

DPS release

The Fort Huachuca Military Police offer a number of important safety and security services for unit commanders and the Fort Huachuca community. Law enforcement, access control, ceremony support, DARE and training of soldiers are only a few. The MP Military Working Dog section plays a key role in supporting these critical missions.

The Directorate of Public Safety MWD section is composed of military police soldiers and military working dogs that are uniquely trained to locate and identify illegal narcotics and explosives through the use of the dogs enhanced sense of smell.

Narcotics detection dogs are trained to detect a host of odors ranging from marijuana to the increasingly popular rave drug ecstasy. They can be requested by commanders to aid in the performance of health and welfare inspections of both barracks rooms and vehicles belonging to soldiers assigned to their units. They may also be used by commanders to perform searches on a case basis where there is probable cause to believe drugs are present. The dogs are trained on and off post — with the assistance of the United States Customs Service and the United States Border Patrol — in the detection of large quantities of narcotics. This training aids the military police in the detection of drugs being transported or used on the installation.

Explosive detector dogs are trained in several different types of explosive substances and their presence on the installation greatly enhances our force protection posture. The explosive dog teams are available 24-hours a day to ensure the safety and security of the installation. Additionally, many members of the military live, work and attend school in local communities, therefore we provide assistance throughout Cochise County. The explosive dog teams respond to calls involving suspicious packages, vehicles, or facilities.

Both narcotics and explosive dog teams assist in the force protection efforts by conducting random searches throughout the installation, to include access control points. In addition to the detection capabilities of the teams, the dog handlers also perform duties as Military Police soldiers, which includes traffic enforcement, emergency response, and other calls for assistance from military police.

Constant and continuous training at a multitude of on post facilities plays a critical role in maintaining the proficiency of the Military Working Dog teams. We wish to thank all those who assist us in this daily training requirement.

Cooperation helps to ensure that DPS and the 18<sup>th</sup> Military Police Detachment continue to place force protection at the forefront of securing our community.

*Editors note: This is a continuation of Directorate of Public Safety articles to make the community aware of DPS missions and concerns involving public safety.*



Photo by Sgt. 1st Class Donald Sparks

Spec. Justin Thornton, 18<sup>th</sup> Military Police Detachment, keeps a grip on Cara, a German shepherd in the K9 unit. The dogs are vital part of the Directorate of Public Safety mission of protecting the fort.

## Company B, 304<sup>th</sup> MI Bn conducts exercise

By Sgt. Jessica Inigo  
Time Out Editor

Company B, 304<sup>th</sup> Military Intelligence Battalion recently took training to a new level, as the soldiers employed their Army intelligence skills during a field training exercise.

An Intelligence and Surveillance platoon and a Collection and Jamming platoon conducted an electronic warfare attack, monitored ground surveillance, intercepted radio communica-



Courtesy photo

Company B, 304<sup>th</sup> Military Intelligence Battalion soldiers employed their Army intelligence skills during a field training exercise.

Staff Sgt. Sharron Stewart  
Scout News Editor

The Fort Huachuca Army Substance Abuse Program was recognized as a model program for the Army’s Training and Doctrine Command during a recent evaluation conducted by James Lundy, Army Center for Substance Abuse Programs representative for the Department of Army. Lundy serves as an oversight branch inspector.

Vern Hunter, Fort Huachuca’s alcohol and drug control officer, prevention and education services/risk reduction and employee assistance program manager, said ASAP’s level of interface and cooperation between the Garrison ASAP prevention and education staff and the ASAP clinical staff is unusually high.

He said being located in the same building is a contribut-

tion and jammed enemy communication.

A remotely monitored battlefield sensor system was also employed during the FTX, helping soldiers better monitor ground movement. “This helped us gauge where we’re at. We recognized our shortcomings and then improved on them during the FTX. This was training outside the box,” said Sgt. 1<sup>st</sup> Class Jesus Diaz, Communication and Jamming platoon sergeant. “The FTX went outstanding. Soldiers got the opportunity to do their job in a field environment.”

Though the company is in a non-deployable unit, maintaining tactical proficiency remains a top priority.

“Training like this prepares me for when I go to a [Forces Command] unit. I will be ready when my platoon goes out past the forward line of troops. This is a dangerous job that I have, so I have to remain tactically and technically proficient,” said Col. Joe Knecht, part of the Intelligence and Surveillance platoon.

Opposing force units helped to keep MI working soldiers on their toes during the FTX.

Sgt. Joseph Rodwell said the opportunity to actually jam communications, call for fire missions, protect friendly troops and interrupt enemy communications was a rare opportunity that few traffic jammers actually do.

“The training was a great experience,” Rodwell said, who is the Traffic Jam System squad leader.

Included in the FTX was site jumping, which helped soldiers feel more in a wartime environment.

“Jumping sites helps troops learn how to set up sites, decide on proper site location, use land navigation skills and remain secret to the enemy,” said 2<sup>nd</sup> Lt. Alisha Williams.

All in all troops agreed it was good training.

## Fort Huachuca ASAP sets standards of excellence

ing factor to ASAP’s success. “Being co-housed helps the flow of communication and accessibility,” Hunter said.

He said Fort Huachuca’s ASAP is fortunate because it has more resources than most other programs.

ASAP’s staff is made up of six personnel who are assigned to the Garrison. They are responsible for conducting the administrative and the education and prevention portion of ASAP’s mission.

Nine ASAP personnel are assigned to Raymond W. Bliss Army Health Center and are responsible for conducting counseling. Clinical Social Worker, Joe Bubala, is the head of counseling division.

“We are very fortunate in the fact that we have more resources than most programs in the continental United States. For Huachuca is very much an exception, most clinics don’t have soldiers on their staff. This allows anyone who walks in the door to get service and care because we don’t have a waiting list like most other posts.” The soldiers on the ASAP staff are trained at Fort Sam Houston, Texas, as behavioral mental health specialists.

“We are very proud to have received this distinctive honor. I give my staff all the credit and the praise,” Hunter said.

“They are extremely competent and hard working. Each one knows their own area expertly. With a staff like that, it’s not hard to excel.” Three members of the ASAP received honorable mentions: Kathy Thomson, Sgt. 1<sup>st</sup> Class Jose Arguelles, and Ken Bowles.

ASAP also received an Eagle Award for Excellence which was presented to them by Dan Valle, director of Fort Huachuca’s Morale, Welfare and Recreation Division.



Photo by Staff Sgt. Sharron Stewart

Joe Bubala, Kathy Thomson, Staff Sgt. Douglas DuBois, Vern Hunter, Fran Buwen and Staff Sgt. Sam Kim are members of ASAP’s professional staff.



Illustration by Angelica Pequeño

By Katherine Goode  
Scout Staff

On Oct. 2 the post daycare center hosted two classes at 11:30 and 4:30 on how to prevent your child from being sexually molested.

Judy Pike, a social worker with Raymond W. Bliss Army Community Health Center, stressed the importance of building good communication skills for your child.

One of the parents who attended the class, Capt. Misty Martin, Company A, 306<sup>th</sup> Military Intelligence Battalion, said these classes ought to be mandatory to all parents on post.

"Often parents take communication skills in our children for granted; we just think they are natural," said Martin.

But Pike cautioned that these skills have to be taught.

Parents must talk to their children about: feelings; good secrets and bad secrets; good touching and secret touching; saying no, getting away, and telling someone; and give them words for their body parts "under their bathing suits."

If a child is sexually molested, how can they tell you what happened to them and where they were touched if they don't have the vocabulary for those parts, questioned Pike.

So teaching a child communication skills is a must, urged Pike.

Part of that communication is teaching children about their feelings. "We need to give kids skills for living," Pike said, "One of the ways we do that is to teach them that feelings are valid."

Many people mistake anger for what is actually another underlying emotion, said Pike. This emotion could be hurt, jealousy,

frustration, guilt, fear, sadness, etc. We need to equip our children by giving them the ability to name these feelings.

Another part of communication we need to teach our children is how to tell "good secrets from bad secrets."

A bad secret is anything that hides something that hurts someone or something. Pike said our culture has this thing about being a tattletale.

"We need to differentiate for children if someone hurts you, hits you, kicks you, slaps you, does anything to violate your personal space you have a right to tell an adult and that adult will hear you," urged Pike. "So often I see children try to talk to their parents and they say 'don't be a tattletale.'"

"But a tattletale is someone who tries to

get somebody else in trouble. Telling an adult that you are being hurt is an appropriate way to seek assistance."

Pike continued, "When big people hit little people, little people need to find someone they can talk to. And it doesn't have to be just sexual abuse, it can be physical or emotional also."

We also need to give children permission to not keep secrets, said Pike. If a person breaks a window and tells your child not to tell, that is a bad secret.

Pike said, "We need to tell our child it's okay if they are told not to tell about anyone, to tell the person they won't tell, and then they can find an adult and tell them the bad secret."

For this reason parents should sit down

with their children and help them make up a list of people they can tell if someone does hurt them.

Now what if your child gets an "uh-oh feeling?" Pike explained this feeling happens when something doesn't feel right. The "uh-oh feeling" is the primal system in everyone's brain. It is a warning system."

As parents, Pike warned, we must teach our children to listen to this feeling.

Agreeing, Martin said, "Too often we don't let our children go with their gut feelings." Martin feels that this can be detrimental. As adults we don't listen to our inner most being and because of this we do not teach it to our children, she said.

Children need to know that it is okay to say no, said Pike.

"Teach your children to say no, get away and tell someone if someone has tried to or has hurt you," Pike said. "This is important, as children know their parents and can read them. That is often why they won't tell their parents they have been sexually molested because they know it will hurt them."

Pike used an example from her experience as a social worker with the courts to explain this dilemma. A little girl who had been sexually abused refused to talk unless her mother was there.

Normally not done, Pike relented but only let the child sit on the front half of her mother's legs during the interview. After this the child seemed to do quite well and was telling Pike her terrible story.

Suddenly, the child's explanation of her violation stopped abruptly. When questioned why, she said she stopped because her mommy was crying.

Communication—preventing and putting a stop to all types of abuse, particularly

# Don't let your child fall to pieces

## Preventing sexual abuse: teaching your child to communicate

# Community Updates

## Heart disease and stroke prevention information meeting

Learn more about preventing heart disease and stroke at Pueblo Del Sol Country Club. The seminar will take place Oct. 19, 9 a.m. to 3 p.m. Medical professionals from the University of Arizona Sarver Health Center will be on hand as guest speakers and to answer questions.

The registration fee is \$5 and reserves your space and includes a healthy lunch. For more information call (520) 626-4083 or (800) 665-2328.

## Fort Huachuca Retiree Council

The Fort Huachuca Retiree Council is actively seeking new members as well as encouraging previous members to become active again. Per the Council's Charter, it shall be composed of a minimum of seven officers and seven enlisted members. One member should be a permanently disabled retiree, one member should be a retired servicewoman; and two members should be widows/widowers (one of a deceased retired officer and one of a deceased enlisted retiree).

Interested potential council members and for more information should contact Harlan Bradford at 458-6728 or Gail Desmond of Retirement Services at 533-1120 and you'll be notified of the next council meeting.

## Passport Office

The Passport Office is located in building 41421 on the first floor. The building is the first two-story building, 14 Rhea Street located in back of the Huachuca Federal Credit Union.

The Passport Office hours are Monday thru Friday 8 - 11:30 a.m. & 1-3 p.m.

The web site for Passport/Visa requirements is [www.dp.hq.af.mil/dplp/dplp.htm](http://www.dp.hq.af.mil/dplp/dplp.htm).

This web site may be able to answer any questions you may have regarding the country you will be entering.

The Passport Office processes passports and visa applications for active duty military, family members, and Department of Defense civilians who have orders. You may call 533-5010 if you have any questions. If you do not fall in this category, you may visit the Passport Office in Sierra Vista. Their address is 100 Colonia De Salud. Contact information is Carol Helton at 803-3061.

The hours to the downtown office are Monday thru Friday, 8 a.m. - 12 p.m. and 1- 4:30 p.m. For more information contact Office Services assistant Nina Sanchez at 533-5010.

## Turn-In and Requisition Cutoff Dates

Due to implementation of Single Stock Fund, Milestone 3, the Installation Supply Support Activity must establish the following cutoff dates for turn-ins and requisitions:

Cutoff for Turn-ins: Oct. 15 at 3:30 p.m.

Cutoff for Requisitions: Oct. 22 at 3:30 p.m.

## High Priority Requisitions:

All High Priorities must be manually processed by managers at the SSA. Customers are required to prepare DA Form 2765, request for Issue or Turn-in, and submit documents to the SSA. Under no circumstances are units authorized to call in orders to the source of supply. Normal processing for actions through the SSA will resume on November 4.

Questions may be addressed to Pat Quintana, 533-5610, or Dwight Holen at 533-0443.

## Native American Heritage Month volunteers needed

The U.S. Army Intelligence Center and Fort Huachuca will host its Native American Heritage Month Celebration on Nov. 14 at 11:15 a.m.-1 p.m. located at the Murr Community Center.

Volunteers who would like to show their Native American artistry (basket weaving; native American jewelry, ect.) and or artifacts are being sought. In addition, looking for talented dancers, musicians, specialty food dishes, story telling or other related information pertaining to the Native American culture they would like to share with the Fort Huachuca community.

For more information contact the Post Equal Opportunity office at 533-1717, 111th Military Intelligence Brigade EO office at 533-3672, Army Signal Command EO office at 538-0909, 112th MI Bde. EO at 538-0533 or 11th Signal Bde. EO at 533-5202.

## CSRS retirement CD/forms

The Fort Huachuca Civilian Personnel Advisory Center office recently received four Civil Service RS Retirement Forms CD.

This CD will allow those employees who are eligible to retire under CSRS, an efficient way to complete and print the forms that must be submitted to the Army Benefits Center when applying for retirement under CSRS.

Please note that the CD will not compute annuity estimates (estimates may be obtained by contacting ABC-C at <http://www.abc.army.mil> or toll free at 1-877-276-9287).

As part of our customer service, an eligible employee may sign out the CD for five working days at a time. If you are interested, please contact Eva Dixon at 533-5735 or Lisa Hamlin at 533-5273 to make an appointment/reservation.

Please present your Civilian ID Card when picking up the CD.

## Blue Cross/Blue Shield, Mailhandler's rep. visit

Representatives from the Arizona Blue Cross/Blue Shield and Mailhandlers Benefit Plan will be available to answer your questions pertaining insurance benefits on Wednesday,

between 9-11 a.m. at the Murr Recreational Center.

The Blue Cross/Blue Shield representative will be located in Room 3 and the Mailhandler's representative in Room 5.

If you have any questions regarding this event, please contact CPAC, Eva Dixon at 533-5735 or Lisa Hamlin at 533-5273.

## Uniform SSI/OSB authorized

The Chief of Staff of the Army has authorized the wear of the Shoulder Sleeve Insignia for Former Wartime Service and Overseas Service Bars for personnel participating in Operation Enduring Freedom.

There are no orders issued for wear of the SSI-FWTS. In accordance with Army Regulation 600-8-104, military personnel offices may use documents such as orders, manifests, pay-related documents, DA Forms 4187, or memorandums signed by the commander to properly annotate soldier records with entries for combat service and overseas bars.

For wear guidance or more information, call the Coalition Forces Land Component Command C1 at DSN 438-2332.

## Thrift Shop volunteers

The Fort Huachuca Thrift Shop is considering opening the shop one evening a month, possibly the first Tuesday of each month. The shop would like to get feedback from the public on this.

The shop will need volunteers that are dependable and sincere to make this happen and are particularly interested in getting active duty spouses involved. If this is something that you would be interested in please write to the Thrift Shop, PO Box 12772, Fort Huachuca, AZ 85670-2772 or call 458-4606 on Tuesday or Thursday and ask for the manager.

## Range closures

Today—AG, AL, AY, T1, T1A, T2  
Friday—AC, AD, AU, AY  
Saturday—AQ, AU, AY, T1, T1A, T2  
Sunday—AU, AY

Any questions should be directed to Range Control at 533-7095.

## New tutor training program

Cochise College Adult Education has established a Tutor Volunteer Program that will train tutors and match them with adult students anywhere in Cochise County.

Tutors will be trained in how to help with reading and writing English or Spanish, math, computers, or GED preparation. Students can request a tutor in the specific area in which they need help.

The first three-hour tutor training session will be from 9 a.m. to noon Friday, on the Sierra Vista campus. Future training sessions will be held at other locations around the county.

Once trained, tutors will be ready to meet with students in libraries, parks, churches, and coffee shops across Cochise County. If you're interested in being a part of the tutor program, either as a tutor or as a student, call (800) 966-7943, extension 5456.

## CGSO Course

Majors have an opportunity to enroll in this required Officer Professional Development course on Fort Huachuca. Phase I and III of CGSOC will start in October and meet one weekend each month. The classroom option has numerous advantages over the correspondence version, including:

- Both a higher graduation rate and higher grade average;
- Workload sharing and interaction with active and reserve component students;
- Professional and structured learning environment;
- Instructor support.

There are both a minimum and maximum amount of students allowed in each class, so if interested in enrolling, please contact Rick Meador at 538-5099.

## New DOIM training enrollee contact

Effective immediately the Directorate Of Installation Management help desk will be assuming the responsibility for enrolling requesting individuals into the DOIM provided training classes. Therefore, if any U.S. Army Intelligence Center and Fort Huachuca employee wishes to sign up for DOIM provided office suite and/or Access data base software classes, call 533-1212 to enroll.

As a reminder, the DOIM training schedule can be found on the Fort Huachuca web page under the TRAINING category, by clicking the option: "DOIM Computer Classes."

## FHOCSA craft bazaar

The Fort Huachuca Officer's and Civilian Spouses' Club will hold their annual fall craft bazaar Nov. 2 at Buena High School.

The FHOCSA is asking for anyone interested in renting a space to sell their crafts to call Sandy Frantz at 458-5988. There is also a limited space available for food concessions.

## AUSA Veterans luncheon

The Association of the United States Army is holding a luncheon Nov. 7 in recognition and appreciation of military veterans.

Retired Gen. John A. Wickham, Jr. will attend as the guest speaker. It will be held at the La Hacienda Club from 11:30 a.m. to 1 p.m.

Cost for buffet lunch is \$10 at the door. For reservations call the Sierra Vista Chamber of Commerce at 458-6940. This event is open to the public.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2 style="margin: 0;">Community Events Calendar</h2> <p style="margin: 0;">To add items to the calendar, call the Central Community Coordinator at 533-6870.</p> <div style="border: 1px solid black; padding: 5px; margin: 5px auto; width: 80%;"> <p style="text-align: center;"><b>Buena Friends Concert</b> at Buena High School Performing Arts Center Tonight at 7 p.m. • Tickets are \$6 and \$2 for children. <b>Town Hall Meeting for Gatewood Housing</b> (Hall Circle, Hanna St. Patch St and Fuller St.) Oct 17 begins 6 p.m. in the Jackrabbit Room MCC. Bring your questions and concerns.</p> </div>						
<p>• Patagonia, AZ Fall Festival from 10 a.m. - 5 p.m. <b>13</b></p>	<p><b>Columbus Day</b> 14 observed - Federal Holiday</p>	<p>• Rickety Rockettes meets at OYCC at 10 a.m. • National Association of Retired Employees Chapter 1400 meets at 11 a.m. at OYCC. • Put Prevention Into Practice (PPIP) &amp; Health Promotion Class meets from 2 - 3:30 p.m. at MCC. Call 533-2246 for additional info. • Cochise Toastmasters meets at Landmark Café from 6:30 - 8:30 p.m. Call Toni Reeves at 538-7502. • Cochise Chordsmen (SPERSQA) meets at SV Methodist Church at 7 p.m. • Society for Creative Anachronism meets at OYCC at 7 p.m.</p>	<p>• La Salida Del Sol Lions meet at Thunder Mountain Inn at 6:45 a.m. Call Lee at 378-1399 for details. • SV Chess Club meets at Peter Piper Pizza at 7 p.m.</p>	<p>• Army Community Service, Employment Readiness Program offers a Resume Writing Workshop from 8:30 a.m. - 3 p.m. Call Roberta at 533-6970 for a reservation as seating is limited. • Early Release for Fort Huachuca Schools. Myer, Kindergarten @ 1:20 p.m. Grades 4 &amp; 5 @ 1:30 p.m. Johnston, grades 1 - 3 @ 1:15 p.m. and Smith, Grades 6-8 @ 1:40 p.m.</p>	<p>• Rollin' Thunder Skate Park 5 - 9 p.m. for teens only. Call 533-3205 for information. Open to the public. • Rollerskating at Youth Services, Bldg. 49013 from 6:30 - 8:30 p.m. Call 533-3205 for details.</p>	<p>• Patagonia, AZ Fall Festival from 10 a.m. - 5 p.m. <b>12</b> • Butterfield Overland Stage Parade in Benson, AZ at 10 a.m. • Youth Services at Bldg. 49013 has open recreation from 1 - 8 p.m. Call 533-3205 for info. • Rollin' Thunder Skate Park is open 1 - 6 p.m. Call 533-3205 for information. Open to the public.</p>
<p>• Hellorado Days In Tombstone, AZ <b>20</b></p>	<p>• San Pedro Kiwanis meets at noon in the Crystal Room of Thunder Mountain Inn. Contact Nilda Townsend at 458-9647. • Thunder Mountain Bridge Club meets at 12:30 p.m. at Thunder Mountain Inn. Call Dianna Smith at 432-3883. • A Co 86<sup>th</sup> Signal FRG Meeting begins at 6 p.m. at MCC</p>	<p>• Rickety Rockettes meets at OYCC at 10 a.m. • National Association of Retired Employees Chapter 1400 meets at 11 a.m. at OYCC. • Put Prevention Into Practice (PPIP) &amp; Health Promotion Class meets from 2 - 3:30 p.m. at MCC. Call 533-2246 for additional info. • Cochise Toastmasters meets at Landmark Café from 6:30 - 8:30 p.m. Call Toni Reeves at 538-7502. • Cochise Chordsmen (SPERSQA) meets at SV Methodist Church at 7 p.m. • Society for Creative Anachronism meets at OYCC at 7 p.m. • 269<sup>th</sup> Signal Company Harvest Festival location TBD</p>	<p>• La Salida Del Sol Lions meet at Thunder Mountain Inn at 6:45 a.m. Call Lee at 378-1399 for details. • SV Chess Club meets at Peter Piper Pizza at 7 p.m.</p>	<p>• SV Optimist Club meets at 6:30 a.m. at the Landmark Café. Call Robert Atkinson at 459-2711 • National Association of Retired Employees Chapter 1400 meets at 11 a.m. at OYCC. Call 378-6605 for details. • Huachuca Area Retired Teachers Association meets at OYCC at 10 a.m. • Early Release for Fort Huachuca Schools. Myer, Kindergarten @ 1:20 p.m. Grades 4 &amp; 5 @ 1:30 p.m. Johnston, grades 1 - 3 @ 1:15 p.m. and Smith, Grades 6-8 @ 1:40 p.m. • Overseas Orientation to Korea from 6 - 8 p.m. at MCC call 533-6874/2330 to pre-register.</p>	<p>• Rollin' Thunder Skate Park 5 - 9 p.m. for teens only. Call 533-3205 for information. Open to the public. • Rollerskating at Youth Services, Bldg. 49013 from 6:30 - 8:30 p.m. Call 533-3205 for details.</p>	<p>• Hellorado Days In Tombstone, AZ <b>19</b> • Thunder Mountain Power Lifting Open at Barnes Field House beginning at 10 a.m. • Youth Services at Bldg. 49013 has open recreation from 1 - 8 p.m. Call 533-3205 for info. • Rollin' Thunder Skate Park is open 1 - 6 p.m. Call 533-3205 for information. Open to the public. • SV Parks &amp; Leisure is sponsoring Table Tennis Tournaments at the YC. This event begins at 3:30 p.m. This event is free and open to youth ages 11 - 17 years of age. Call 459-4377 for info.</p>
<p>• Hellorado Days In Tombstone, AZ <b>20</b></p>	<p>• San Pedro Kiwanis meets at noon in the Crystal Room of Thunder Mountain Inn. Contact Nilda Townsend at 458-9647. • Thunder Mountain Bridge Club meets at 12:30 p.m. at Thunder Mountain Inn. Call Dianna Smith at 432-3883. • A Co 86<sup>th</sup> Signal FRG Meeting begins at 6 p.m. at MCC</p>	<p>• Rickety Rockettes meets at OYCC at 10 a.m. • National Association of Retired Employees Chapter 1400 meets at 11 a.m. at OYCC. • Put Prevention Into Practice (PPIP) &amp; Health Promotion Class meets from 2 - 3:30 p.m. at MCC. Call 533-2246 for additional info. • Cochise Toastmasters meets at Landmark Café from 6:30 - 8:30 p.m. Call Toni Reeves at 538-7502. • Cochise Chordsmen (SPERSQA) meets at SV Methodist Church at 7 p.m. • Society for Creative Anachronism meets at OYCC at 7 p.m. • 269<sup>th</sup> Signal Company Harvest Festival location TBD</p>	<p>• La Salida Del Sol Lions meet at Thunder Mountain Inn at 6:45 a.m. Call Lee at 378-1399 for details. • SV Chess Club meets at Peter Piper Pizza at 7 p.m.</p>	<p>• SV Optimist Club meets at 6:30 a.m. at the Landmark Café. Call Robert Atkinson at 459-2711 • National Association of Retired Employees Chapter 1400 meets at 11 a.m. at OYCC. Call 378-6605 for details. • Huachuca Area Retired Teachers Association meets at OYCC at 10 a.m. • Early Release for Fort Huachuca Schools. Myer, Kindergarten @ 1:20 p.m. Grades 4 &amp; 5 @ 1:30 p.m. Johnston, grades 1 - 3 @ 1:15 p.m. and Smith, Grades 6-8 @ 1:40 p.m. • Overseas Orientation to Korea from 6 - 8 p.m. at MCC call 533-6874/2330 to pre-register.</p>	<p>• Rollin' Thunder Skate Park 5 - 9 p.m. for teens only. Call 533-3205 for information. Open to the public. • Rollerskating at Youth Services, Bldg. 49013 from 6:30 - 8:30 p.m. Call 533-3205 for details.</p>	<p>• Youth Services at Bldg. 49013 has open recreation from 1 - 8 p.m. Call 533-3205 for info. • Rollin' Thunder Skate Park is open 1 - 6 p.m. Call 533-3205 for information. Open to the public.</p>
<p>MCC = Murr Community Center      MPC = Main Post Chapel      OYCC = Oscar Yrun Community Center</p>						
<p>Army Family Team Building classes and information at Murr Community Center, 533-3686 or 533-2330</p>						

## TRICARE online : faster service to Prime Plus patients Don't stop transfusions due to West Nile fears

By Rudi Williams  
American Forces Press Service

TRICARE Prime and Plus beneficiaries have a new tool that makes getting doctor's appointments and health care information as easy as clicking a mouse, [www.tricareonline.com](http://www.tricareonline.com) is DoD's first effort at using the Internet to reach out and touch patients across the entire military health system, according to Navy Dr. (Capt.) Brian Kelly, E-Business director of the TRICARE Management Activity in Falls Church, Va.

More than 4,000 TRICARE patients have made routine appointments using [www.tricareonline.com](http://www.tricareonline.com) since testing began in June 2001, he said. The initial test installations were Andrews Air Force Base, Md.; Rader Clinic, Fort Myer, Va.; and Camp Lejeune and Marine Corps Air Station Cherry Point, N.C.

"We're currently at 92 facilities in the Washington, D.C., area; Region 9, Southern California; Region 11, Washington state, Oregon and northern Idaho; and Central Europe," Kelly said. "We hope to be worldwide everywhere by the end of April 2003."

Kelly said anyone with a Web browser can surf the site, but only TRICARE Prime and Plus beneficiaries in the serviced areas are currently able to use the site to make appointments with primary health care providers. The Web site features a 30- to 40-day calendar showing patients all available appointments with their primary care manager or the manager's team members where they're enrolled.

"Then it's as simple as clicking on the appointment they want," he said.

Beneficiaries must set up a password-protected personal

account on the site to take full advantage of TRICARE Online's power, he said.

"Once they do that, we know who the beneficiaries are and in which facilities they're enrolled," Kelly said. "We can then tailor the site to them. They'll have access to a personal health journal, where they can record all their own health information in a secure medical journal."

He suggested TRICARE Online could be useful to parents whose children keep different schedules.

"After my kids go to bed, my wife or I can log on, look at all the available appointments, match them up with the kids' soccer or choir schedule and decide what appointment really is best for them," the doctor said. "Also, when your child wakes up with a sore throat at six in the morning, it's nice to be able to go on the Web then and make an appointment instead of having to wait until everything opens at 7:30 or 8."

"We decided to start TRICARE Online by focusing on things beneficiaries said they wanted first," Kelly noted. "So we did appointments first." He pointed out that the ability to make appointments only works with primary care managers at military treatment facilities.

People will be able to refill their prescriptions on the Web within the next year, he said. That service currently is unavailable.

TRICARE Online also has more than 18 million pages of health and wellness information and disease management tools for military beneficiaries.

"That's something a lot of people have found very useful," Kelly noted. "We think the information is very high quality and people have really liked it. It gives you all sorts of information on basic self-help."

## Volunteering: a win-win situation for community

By Staff Sgt. Sharron Stewart  
Scout News Editor

"Last year post volunteers saved the entire Fort Huachuca community \$1,488,490.08, said Jo Richter, installation volunteer coordinator. Fort Huachuca volunteers are very important people, they are assets to the community," Richter said.

She said it's essential post volunteers are registered so they can get credit for the hours they serve, even though most of the volunteers participate because they view their activities as a labor of love.

Those who volunteer are eligible for childcare hours, Richter mentioned. She said civilians who volunteer for 100 hours during a one month period will receive a mug with the volunteer logo on it. Those who volunteer for 250 hours, 500 hours or 1,000 hours will receive a pen that will have how many hours they have served etched upon it.

The volunteer of the year will be selected based on accu-

mulated hours. This year's categories include: teen volunteer, civilian volunteer, retiree volunteer, military volunteer and spouse volunteer. Units are also honored based on the total amount of volunteer hours per quarter.

Volunteers can participate in various post organizations such as the 4<sup>th</sup> United States Calvary (Memorial), B Troop, the post Museum, drive for the Disabled American Veterans, the Better Opportunity for Single Soldiers program, the Thrift Shop, the Buffalo Corral, Habitat for Humanity, the Health Resource Center, Raymond W. Bliss Army Health Center, and the Boy Scout troop among other organizations.

Richter noted those who want to be a Red Cross volunteer or a blood drive volunteer have to attend mandatory orientation classes. Richter also went on to say those who serve as counselors or answer the phones for the Widow Support Center, must be a widow.

For more information, call Richter at 533-4823.



### EEO from Page 1

had one in place since 1997 and is considered a feather in their cap according to Medrano.

The EEO office also networks with the Air Force at Davis-Monthan and the U.S. Customs Office, with all three agencies conducting training together.

"One of the key successes of a good EEO program is to network with other agencies and not stand alone," Medrano said. "We all work together and share training together."

Fort Huachuca's EEO staff was invited to TRADOC three weeks ago to conduct a two-hour presentation on a model EEO program. During the presentation, Medrano and his staff explained the successes of how the office performs their job.

"We have databases for complaints program. Whether it's complaints under the formal process, informal process; information is stored so we can track complaints. That is a tool we use to make work easier for ourselves rather than running back to the files each time we have a question."

Medrano also mentioned the office has a database for the mediation program. Everyone who files a complaint is offered mediation. The office tracks successes and fail-

ures of the program. The office is also responsible for the Affirmative Employment program.

"It is a result of developing these different databases that make our job easier," Medrano said. "Everyone in this office is involved in the process."

Medrano said the office's next goal is to become not just the best in TRADOC, but the Army and Department of Defense as well.

"We still have a lot to do here," he said. "We have an active mentoring program. There are still some areas of under representation with minorities and women. And we are severely underrepresented with Hispanics on this post."

And the office is headed in the right direction after garnering the Army's Best Hispanic Employment Practices award last year.

Members of the Fort Huachuca EEO office are Joan Street, Special Emphasis Program manager; Beth Ford, Affirmative Employment Program manager; Martha Aoki, Alternative Dispute Resolution Program manager; Ann Buhl, complaints manager and Tami Gold, office automation clerk.



Photo by Sgt. 1st Class Donald Sparks

Members of the Best Equal Employment Opportunity Office in U.S. Army Training and Doctrine Command from left to right are Ann Buhl, complaints manager, Tami Gold, office automation clerk, Beth Ford, Affirmative Employment Program manager, Eren Medrano, installation EEO officer, Martha Aoki, Alternative Dispute Resolution Program manager and Joan Street, Special Emphasis Program manager.

## A/306<sup>th</sup> MI Bn. volunteers visits, supports VA Hospital in Tucson

306th MI Bn. release

Recently soldiers and family members from Company A, 306<sup>th</sup> Military Intelligence Battalion, spent a Saturday with veterans in the VA Hospital's Geriatric Unit. The soldiers and family members assisted the veterans in many activities to include playing board games, bingo, and just listening to their stories. Additionally, they visited terminally ill veterans in the hospice section of the hospital.

For all of the volunteers, it was heartwarming to bring a smile to the veterans.

"It was sad that some of the veterans at the hospital had no family members around to visit them, they really enjoyed us being there," said Staff Sgt. Milton Taylor.

Having someone to talk to and share their hardships with did wonders for their morale. In return, the volunteers got a lesson in living history from the veterans.

It is not everyday that you get to meet people that were involved in actions such as

D-Day and Chosin Reservoir.

"I met an old soldier who helped build airstrips in England, France, Belgium and Germany during the war," said 1<sup>st</sup> Sgt. Susan Patchen. "And he is still full of spirit in spite of his health problems."

The VA hospital expressed interest in having the unit continue their volunteer work with the veterans.

"Veterans in the hospital served our country proudly, and several served in WWII, Korea and Vietnam," said Capt. Mark Reardanz,

company commander. "Many have no relatives in the area and are quite alone in their day-to-day existence at the hospital. We're just proud to volunteer here."

Volunteers included: Staff Sgt. Milton Taylor, Jerron Taylor, Spc. Vincent Gothard, Maria Gothard, Manuel Gothard, Staff Sgt. Roy Zacharias, Roy Zacharias, Spencer Zacharias, Staff Sgt. Kenneth Long, Sgt. Misty Simpkin, Spc. Ernesto Bolanos, Sgt. 1<sup>st</sup> Class Charles Penders, 1<sup>st</sup> Sgt. Susan Patchen, and Capt. Mark Reardanz.

By Kathleen T. Rhem  
American Forces Press Service

Officials are urging people not to forgo blood transfusions because of concerns about West Nile Virus.

"A blood transfusion is usually a life-saving or life-sustaining event," said Army Col. Michael Fitzpatrick, director of the Armed Services Blood Program. Medical experts have recently reported several cases where individuals are believed to have contracted West Nile Virus through blood transfusions or donated organs. Fitzpatrick said the risk of getting ill from West Nile Virus is so low that he wouldn't want someone to choose not to get a needed blood transfusion.

West Nile Virus is generally spread through bites from infected mosquitoes. It is deadly for some types of birds and horses, but generally doesn't cause illness in humans, according to public-health experts. Fitzpatrick explained that most people who do become ill because of the virus experience only mild cold-like symptoms and never realize they are infected with West Nile. However, in the elderly, very young children or people with weakened immune systems, the virus can cause a deadly form of encephalitis.

Because of the reports of transmissions through blood, the Atlanta-based Centers for Disease Control and Prevention are warning blood donor centers to be especially vigilant in screening potential donors.

Fitzpatrick described this process as performing a "mini-physical" on donors - checking such things as temperature, blood pressure and pulse, and asking questions about the donor's general health. "All collection centers have been doing this routinely for years," Fitzpatrick said. "This is merely a heightened awareness."

Fitzpatrick also urged donors who subsequently come down with cold- or flu-like symptoms to call the donor center and report their illness. Any blood or blood products from that donor will be quarantined from use in patients.

If the donor then sees a physician and tests negative for West Nile Virus, the blood will be cleared for use. If the donor has not been "cleared" for West Nile Virus, the unexpired blood will be disposed of. Red blood cells are stored for up to 42 days, while platelets expire after five days. Fresh-frozen plasma can be kept for up to one year, Fitzpatrick explained.

He said the military has an advantage over many civilian communities: an aggressive preventive-medicine program. He said West Nile Virus is a "reportable disease," meaning medical professionals are required to report instances of West Nile infection to the CDC.

If a reportable disease is detected in a military patient, preventive-medicine professionals would follow up to see if that patient had donated blood and make sure the proper authorities were notified, Fitzpatrick explained.

"There's a continual need for blood," he said. The only caveat, if you've had a minor illness, wait 14 days before donating, he said.

# Technology



Photos by Angelica Pequeño



about the broad range of engineering and satellite products. Approximately 100 businesses attended and at least 10 businesses participated in the job fair.



This aerial photo catches a glimpse of the show as it winds down.

## 2002 AFCEA Exhibit

Spectators and vendors alike came out to see the 20<sup>th</sup> Annual Command, Control, Communications, Computers and Intelligence Systems technology exhibition and job fair held at Barnes Field House and Pavilion Oct. 1-3. Business organizations came from all over the nation to lend their experience. Left, Pete Aviles, regional director for Technology Advancement Group, Inc. explains the use of their computers designed to assist the military in the field. Below, left, director of ITT Industries Jim Downey speaks with Spc. Charles Swain (left), Spc. Gerald Houck (middle) and Staff Sgt. Jim Ewald (far right)

# CG's Sensing Session

Brig. Gen. James A. Marks continues to conduct Quality of Life sensing sessions with soldiers and civilians who live and work on Fort Huachuca.

The issues raised in these sensing sessions are being captured and tasked out to the appropriate agencies/activities within the command for response and/or resolution.

Contained in this article are some of the issues, along with responses from the agencies/activities responsible for each area.

### Issue

Is it possible to have someone other than a pharmacist staff at the PX pharmacy to issue over-the-counter medicines, to allow this service to be continued despite a shortage of pharmacists?

### Response

We do not have enough personnel

to utilize someone full-time in the PX pharmacy to issue only over-the-counter medicines. We are in the process of hiring additional pharmacists and the pharmacy staffing situation will continue to be reassessed.

### Issue

Is it possible to have over-the-counter medicines dispensed at the soldier care clinic?

### Response

Active duty soldiers may be dispensed these medications at the Troop Medical Clinic without pharmacist involvement. However, non-active duty patients who receive medications, even OTCs, must have them dispensed by a pharmacist. The clinic chief is looking at the possibility of dispensing OTCs from the TMCs.

**Have we got news for you!**

Read it online, click on [huachuca-www.army.mil/USAG/PAO](http://huachuca-www.army.mil/USAG/PAO)

## RWBAHC/FAP offers stress management classes to post community

By Staff Sgt. Sharron Stewart  
Scout News Editor

Deployments, holidays, unresolved family problems, financial concerns, and the terrorist attacks of Sept. 11 are only some of the contributing factors that can affect a soldier's or family member's stress level.



Photo by Sgt. Jessica Inigo

**Stress doesn't have to bring you to the breaking point. Stress management classes will be held Oct. 16, 23 and 30.**

Oct. 16, 23 and 30 will be the next stress management classes offered by the Raymond W. Bliss Army Health Center.

Each session is independent of the other, yet also builds on the other, said Iris Adler, clinical social worker for the Family Advocacy Program.

The first session gives a brief history on stress and discusses what stress is. She said participants are given a quiz so they can determine how stressed they are.

The connection between nutrition and stress is also discussed. "I talk about how certain foods can help your body and how the body gets depleted of B vitamins when under stress," Adler said.

"One or two cups of coffee in the morning is fine, unless of course that person is susceptible to caffeine. Some people drink pots and pots of coffee, which changes the endocrine system in the body, this may keep them revved-up for longer periods of time," Adler noted.

The endocrine system is responsible for producing hormones among other functions. She said fruits and vegetables have a lot of nutrients the body needs to combat stress.

She went on to say as people go through the sessions, she tries to personalize them so individuals can incorporate different ways to handle stress.

In each session, different ways to cope

with stress are discussed. She says participants are introduced to guided-imagery, meditation and breathing techniques in order to combat stress.

"I encourage people to do what works for them and to use techniques they are completely comfortable with. Meditation involves thinking about something that helps you feel better in order to deal with stress," Adler added.

She said an important part of the classes are the group discussions regarding stress which are held in complete confidence.

"If people want to talk about something they can with the understanding that what is talked about cannot leave the group," Adler said.

During the second session, participants are administered another assessment tool to gauge their stress and are shown a video that talks about cognitive ways to de-stress.

"People deal with stress with the body or with the mind. I try to teach them to reframe stress in a way that will enable the mind to think about it in a different way so stress can become manageable. Instead of saying 'This is difficult, I can't handle it.' People can learn to say, 'This is a challenge, but I can do it,'" she said.

"Change is difficult and it takes a commitment to reduce our stress. I talk to participants about making a contract with them-

selves regarding what they can do to relieve stress. If people are under stress for too long, they become ill," Adler said.

The third session also talks about exercise and stress and discusses deep breathing and guided meditation. "No matter where they are, they can also practice the deep breathing exercises," Adler said.

The classes are open to active duty servicemembers, retirees and their family members and Department of Army civilian employees and their family members.

"People can self-refer at any time. If they have an attitude that says they want to be in the class, then they will get a lot out of it," she said.

"People need to reach out and acknowledge they are stressed and talk to someone about it. The more objective we can be, the more we can think about ways to solve an issue. Of course some things can't be solved and people will have to learn how to deal with that as a part of life too," Adler said.

Adler noted when people are able to get a handle on their stress, they are able to think more clearly about their situation, can problem solve better, feel better physically, can sleep better and generally feel better about themselves.

"Does all that come about with three sessions? No. It takes a real commitment to change your life," she said.

To enroll, call 538-0625.

## Signal company to provide rapidly deployable, high-tech capability

By Sue McKinney  
NETCOM/9th ASC PAO

The U.S. Army Network Enterprise Technology Command/9th Army Signal Command will activate the only strategic and tactical signal network installation and restoration unit in the Army, the 518th Signal Company (Tactical Installation and Networking), Wednesday.

NETCOM/9<sup>th</sup> ASC's 93rd Signal Brigade, headquartered at Fort Gordon, Ga., will conduct an activation ceremony for the 518th Signal Company. It will be a bi-component, split-based company comprising active and Reserve Component personnel.

The integration of the Reserve signal brigade and signal battalion support at Fort Gordon ensures availability and retainability of trained signal reserve personnel.

"In accordance with chief of staff of the Army guidance, our active and Reserve Component integration azimuth is focused on the total integration of active and reserve components into a seamless force," said Elizabeth Patten, deputy assistant chief of staff, G3 (Operations) at NETCOM/9<sup>th</sup> ASC headquarters here.

The company will be a rapidly deployable, highly skilled, highly technical

*'This unique, one-of-a-kind unit would have been ideal to have when the Pentagon was hit Sept. 11.*

Elizabeth Patten,  
Deputy Assistant Chief of Staff, NETCOM/9th ASC

unit that will be capable of providing support to any established Joint Task Force, Army Service Component Command, the Theater Signal Command (Army) and the war-fighting combatant commanders.

The 518th Sig. Co. will fill previously identified force deficiencies for network management, global information grid restoration and automation support for major theaters of war and small-scale contingencies. It is designed to deploy in teams, sections or platoons to provide immediate support where needed.

The activation of the 518th Sig. Co. will facilitate deployments with modularly designed units, allowing units to respond to mission requirements by tailoring teams with specific skills to meet specific requirements. It will provide maximum flexibility to the supporting and supported commanders by providing expandable, diversified support that is mission, enemy, terrain, troops and time

available driven.

"The Army and the Joint communities have critical requirements for rapid installation and restoration capability in support of strategic, tactical and sustaining base communications infrastructures," said Patten. "The 518th is designed to fill this requirement."

The Army's current mindset of "move information not people" mandates a highly mobile, modular and flexible organization capable of providing early entry information technology support and emergency restoration, said Patten. The activation of the 518th Signal Company provides a quick-in, quick-out solution for Army units worldwide.

The 518th will have the capability to restore or install critical pieces of the Defense Satellite Communications System and the Defense Information Switching Network. It will provide software application expertise, network installation and administration, and in-

formation systems and network security support, as well as information management quick response teams to the war fighter worldwide.

"This unique, one-of-a-kind unit would have been ideal to have when the Pentagon was hit Sept. 11," said Patten. "It could also have been deployed to install and restore communications during Enduring Freedom, Operations Stabilize (East Timor), Joint Guardian and Joint Force."

The company, consisting of a headquarters and two platoons, will be co-located with two primary signal units and will support units worldwide. The 518th Sig. Co. will be assigned to the 93rd Sig. Bde. at Fort Gordon, with one platoon attached to the 11th Signal Brigade headquartered here. As a split-based unit, the 518th Sig. Co. will be better able to support the worldwide areas of responsibility.

The planning and organizing process of getting ready to activate the 518th Sig. Co. has taken several years.

"Standing up an organization like the 518th Signal Company took the efforts, skills and talents of many people within this command," said Norma Beaudry, organizational integrator with NETCOM/9<sup>th</sup> ASC G3. "However, the eventual benefits in increased capabilities to the war fighter will be well worth all the effort."