



The Fort Huachuca Scout



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October 23, 2003

Scout reports

e-mail: thescout@hua.army.mil

CFC weekly update

As of Oct. 21, the people of Fort Huachuca have donated \$113,374.16 to the Combined Federal Campaign. The goal for this year's campaign is \$355,000. For more information, contact your Unit Coordinator or visit the CFC Web site at www.cfc.org.

Health benefits open season

The next Federal Employees Health Benefit Open Season runs Nov 15 through Dec. 8. During the open season, you may enroll, cancel or change your FEHB Plan by logging on to <https://www.abc.army.mil>. Do not submit an SF 2809 to the Civilian Personnel Advisory Center office. It cannot process the form. If you are a civilian employee and have any questions, call Eva Dixon at 533-5735 or Kelly Garland at 533-5273, Monday-Friday, 7:30 a.m. - 4 p.m., or stop by Building 22320, 476 Augur Avenue.

Training class

Fort Huachuca Family Child Care is now accepting applications for our November Training Class. Family members 18 years of age and older interested in earning an extra income by caring for children in their home should plan to attend our next scheduled training.

The training is scheduled to begin Nov. 5. Training is Monday through Friday from 8 a.m. to 1 p.m. The training is free of charge to all interested parties. Class sizes are limited; therefore, interested parties are urged to begin the enrollment process as soon as possible.

Prior to attendance in this training, interested personnel should contact the FCC Office for an application. For further information, please contact the Fort Huachuca FCC program at 533-2498 or stop by and visit us in Murr Community Center. The FCC Office is opened Monday through Friday from 7 a.m. to 4 p.m. Further information may also be obtained from the FCC Director via email at fcc@hua.army.mil.

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Influenza

Upcoming flu season requires shots for soldiers.

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Muslim holy month starts Saturday.

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Phot by Elizabeth Harlan

Hunter Rider, left, and Chase Glassow, first graders at Johnston exam the globe to find Afghanistan.

Johnston students learn generosity, empathy

BY PFC JOY PARIANTE
SCOUT STAFF

First-graders at Johnston Elementary are learning the importance of helping others and being thankful for what they have by sponsoring a school in Afghanistan.

The project started when class assistant Heike Paulsen received an e-mail from her husband, Michael, who was offering translating services with World Wide Language Resources in Afghanistan. He was delivering donations to the Afghan schools and saw the dire conditions of the Afghan children, Paulsen said. After reading his letter, Paulsen came to school with a plan.

Paulsen, along with Jane Boss, a teacher at Johnston, decided to involve the children by sponsoring a school in Afghanistan. The project is meant to instill a sense of empathy in the children and help them realize what they have while helping those in need, Boss said.

The children put together a box of school supplies at the beginning of the school year to send over to Afghanistan. Supplies included crayons, paper, pencils and sharpeners.

Boss encouraged parents to purchase items like folders with designs and pictures that the children picked out to make the item special. "[Students in Afghanistan]

do appreciate a colored folder," said teacher Nellie Brant. "They've never seen anything like that in their lives."

The teachers used extra supplies to create a special box for the class' teacher. Inside were markers, stickers for rewards, a spiral notebook and a pencil box with pens and pencils.

The first grade then had a fund raiser, "Pennies for Postage," which encouraged the children to bring in their small change from home to cover the cost of sending the box to Afghanistan, Boss said. The class raised \$49, nearly enough to cover shipping, she said.

Aside from learning em-

pathy and generosity, the children are learning about a totally different part of the world.

The children observe maps and globes, viewing where they are in relation to their Afghan counterparts. They visit a Web site, created by WWLR employee Keith David, that documents his time in Afghanistan. David's Web site documents the current situations in Afghanistan.

They also use circle diagrams in class to show the children what they have in America, what the children in Afghanistan have and where the circles overlap shows what both sets of children have in common.

"It helps bring the world a little closer together," said Brant.

The box of supplies has yet to reach Afghanistan, but the children are patiently awaiting a response. Boss said the children are anxious to see if their contribution is enough to bring a smile to the sad faces of the children in the pictures.

"This project is a good way for the U.S. to show others that we're not all mean, bad and ugly," said Paulsen. "We can be compassionate."

Parents and children can view the same Web site used in class at <http://mysite.verizon.net/c.ckksdavid>.

Kids fly for free at expo

Young eagles enjoy first time flights at airport celebration

SPC. MATTHEW CHLOSTA
SCOUT STAFF

The Centennial of Powered Flight Exposition will be held Friday and Saturday at Sierra Vista Airport with free admission and free parking.

Both days of the event will include: free first time flights for children 8-17, through the Experimental Aircraft Associations, Young Eagles program.

"The goal is to expose the public to general aviation as a career, hobby or avocation," said Cliff Van Vleet, vice chairman, EAA Chapter 776, "and to celebrate the 100th anniversary of powered flight."

The event provides the opportunity to introduce aviation to children of Sierra Vista and surrounding communities and to promote the general aviation capabilities of the Sierra Vista Municipal Airport, said Joe Gill, chairman, Sierra Vista Airport Commission.

On Friday the expo will conduct a school day,

said Van Vleet. Children from local schools will take field trips to the airfield to see the displays and get a chance to take a free flight in a certified plane with a certified pilot.

"The EAA developed this program as a method to introduce school children to the joy of flight by providing free introductory rides for children, 8-17, (parental permission required)," said Van Vleet.

The intent is to reintroduce aviation to the public. The Experimental Aircraft Association has been providing these free rides since 1993 with the goal of providing one million rides by Dec., the 100th birthday of powered flight.

"We donate our airplanes and fuel for these rides," said Van Vleet. "Our local EAA Chapter 776 has flown over 2,700 children during this program. We will be giving Young Eagle rides on Friday and Saturday."

Once the Young Eagles land, they will be presented a certificate for their flight, signed by their pilot and retired Air Force Gen. Chuck Yeager, the first man to break the sound barrier.

Also, Friday evening the Centennial of Powered Flight Expo Banquet will be held at the LakeSide Activities Centre.

Cost for attendees will be \$25. To make reserva-



Photo courtesy of Fort Huachuca Museum

The first plane to land at the newly opened Libby Army Airfield Dec. 3, 1952 discharges its passengers.

tions, call the Parks and Leisure Services Department at 458-7922 to make reservations.

Cocktails will be served at 6 p.m. - the Centennial Banquet will start at 7 p.m., with special guest speaker Col. Lawrence Portouw, garrison commander, and a private pilot.

"On Saturday, we will have a public pancake and chorizo breakfast (7-11 a.m., \$3 for children, \$5 adults)," said Van Vleet. Saturday, from 7 a.m. - 5 p.m., the expo will be open to the public, added Van Vleet.

Other activities spread over the two days will

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Commentary

BY CHAPLAIN
RICHARDS. ROGERS

Benevolent Organizations Hosting Infinite Charitable Activities

It is that time of year again. But then it is always that time of year. Bah! Humbug!!

Yet, if the truth be known, we would not need any charitable activities if we did things right the first time. The only reason we need to act charitably is when there is a need for charity and the only time there is a need for charity is when then Society is not working right.

Allow me to borrow a few disconnected, bold statements:

"A grown up is someone that picks up after themselves." - Rogers

"God is love...love your neighbor...love yourself...Love your enemy...little children, love one another." - God

"I'm growing older, but not up" - Buffet

"...make a difference." - Marks

"You can either drive or be driven." - Griffin

"Dien Bien Phu will never fall." General "Iron Mike" O'Daniel

Not all of these statements are valid. Most are. You can pick which ones are and which ones aren't. How you answer impacts strongly on whether you make a difference; whether you love or are loved; whether you are or in charge or merely destined to get jerked around; whether you are grown up or not. Dien Bien Phu is history. Otherwise we have options.

Every time I pass a piece of trash I make a difference. If I stop to pick it up I make a difference in one way. If I pass by, I make another sort of difference. I can make a dramatic difference if I discourage others. I make a heroic difference if I encourage others.

Bottom line? Let's get busy. Join in by assisting with the Giving Tree. Help out as a volunteer or help by purchasing a Christmas gift for a child in our community. Help out by learning what the Giving Tree is all about and then informing your friends about this great event wherein we of

Fort Huachuca take care of our own.

Join us by making your contribution to your favorite organization as part of the Combined Federal Campaign. Find your unit representative and fill out the form. Turn it in! Unit representatives are doing a great job getting around to every service member.

Join us by contributing to the Holiday Food Basket Program. This is a program wherein service members who are living on a tight budget

re-



ceive a little extra for the Thanksgiving holiday. God has been good to us this year and we help others enjoy a special meal on Thanksgiving Day. Don't forget to plan how you will join in thanksgiving at a local church or chapel on that day.

Operation Helping Hands - this is a program where we join in helping service members who find themselves in need, regardless of the season of the year. In line with this program we have started a Food Closet. Already the 306th MI Bn. has collected nearly a ton of food for immediate assistance to service families. We have storage for more canned goods.

Our (Yours and My!!) Food Closet runs in conjunction with the Chapel's Turn Around Point. Really, it is the Fort Huachuca Turn Around Point. This is a facility where anyone can drop off items and service members can come to look for those items they might need. It is a way we all can help our young fami-

lies stretch their budgets. The Turn Around Point will open on Nov. 3. We will open more days of the week than before and have taken this last month to reorganize for better service. Besides needing a regular replenishment of items we also need volunteers to keep items stock on the shelves and racks. We certainly thank AAFES for their fine support. If you can't volunteer to work at the Turn Around Point, at least tell your neighbor that the Turn Around Point is a place where Fort Huachuca works to make a difference for service members and their families.

Get involved and volunteer your time. Be selfish. Volunteer where you have a personal stake in the outcome. Work with your child's activity group or school. Volunteer with your unit Family Readiness Group. Teach or help out at your place of worship. Join the Community Spouses Club.

After all is said and done, we get a lot more out of our charitable activities than we put in. So, don't cry BOHICA! when you see benevolent organizations hosting charities. Say "I'll try, Sir."



BY CHAPLAIN (MAJ)
DENNIS R. NITSCHKE

ACTING COMMAND CHAPLAIN, NETCOM

"It is not the healthy who need a doctor, but the sick." - Matthew 9:12

Last week I had minor surgery on my nose. Nope, it is still too big, but the doctor promises that I'll be able to breathe better - and my wife prays I'll stop snoring! Anyway, it was "minor" surgery until after the surgery. Don't get me wrong, the doctor, anesthesiologist, the nurses, etc. were great.

I guess I was just a bad patient.

All went great from the prep to getting off the gurney to the operating table. In fact, I don't remember anything from the time the staff told me they knew I was a chaplain and had sung "Amazing Grace" and "Rock of Ages" during the last surgery and then told me to scoot up into the "head holder." The next thing I remember is that I was in the recovery room with the feeling that someone had stuffed about 10 pounds of gauze in each of my nostrils. That's when the trouble started.

First, I felt I couldn't breathe. I mean, it was the closest I've ever felt I was going to die. I didn't see my life flash by, but I was concerned about my family and who would bury me. (For all to know, that would be Chaplain (CPT) Scott Daniel, if in the near future...) The nurse assured me that I was getting more than enough oxygen, but I said that was easy for her to say - she didn't have a house sitting on her face! After a few "meds," I was "fine." (Actually, more than fine...)

Second, as I was moved from the recovery room to another room to get ready to go home. I was miserable, but the nurses assured me it would be wonderful in a couple of weeks.

Third, the next day I went to the doctor and after he lifted the tons of weight from my face (now I also looked like I'd had a fight with Mike Tyson), he said all would be fine in two weeks.

Right now, I'm still "stuffy," but I can see the road to recovery.

Why am I telling you all of this? Well, outside the sympathy angle, I also want to share with you some observations I learned from all of this.

First, not all is as it seems. When I thought I couldn't breathe, I was just hyperventilating, which the nurse fixed. Same goes for daily living. Sometimes "matters" overwhelm us and we just can't "catch our wind." And as the problem continues, the stress increases, and the tension becomes unbearable. But with further investigation (and perhaps assistance from a friend or family member), we focus on reality and can reorient ourselves to what is real - and usually safe, even in the midst of trouble.

Second, if we can't get focused on "recovery" from our problem, pain or misery, there are all sorts of people available who can reassure us. Finances, military moves, relationships, illnesses, and lots of other things, have ways of

bringing the worst fears to our minds. But friends and family, and professionals are available, and willing, to reassure each of us that the worst is behind us and healing is just ahead.

Third, we have to trust someone when we are not in control. As bad as I felt, I have to believe the doctor when he says "It will get better in two weeks." That's called "faith." I don't have to believe in the doctor, but I have to believe in what he knows from his training and experience from past operations. In the "big picture," I have to trust that God knows what He's doing - with my life and with all creation. That trust - and faith - frees me from having to do everything myself for myself. That frees me to live with fewer fears of the future and able to focus on what is really important, like relationships with my family and friends.

So, when you are sick - physically, mentally, emotionally or spiritually, remember there are those around you who can help you through the problem. There are those who care - just like you - for one another. Now, go eat an apple (it'll keep the doctor away!)

Scout on the Street

Are you afraid to fly, why or why not?



"No, but there is a small amount of fear once I'm on the plane — but not strictly because of terrorism."

Paula Armenta,
payroll clerk, Fort
Huachuca Accomodation
Schools



"No. I've just done it so many times."

Sgt. William Hemsworth,
Chaplain's Office, U.S.
Army Garrison



"I am very afraid to fly, but I will if necessary. If there's another way to go, I'll do it."

Cheryl Ramirez,
administrative assistant
Fort Huachuca
Accomodation Schools



"No. I have no fear of death."

Pvt. Shawn Owens,
Chaplain's Office, USAG



"Not at all."

Amy Barker,
program assistant,
School-Age Services



"No. It's soothing, and the safest way to travel. I do get a little antsy when there is turbulence."

Spc. Luis Moro
Installation staff chaplain,
Chaplain's Office

The Fort Huachuca Scout®

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Tis the season for coughing and sneezing...

Influenza, also known as the flu, is a contagious disease that is caused by the influenza virus. It attacks the respiratory tract in humans and is different from a cold.

Influenza usually comes on suddenly and may include some of the following symptom: fever, headache, tiredness, dry cough, sore throat, nasal congestion, and body aches. The flu is spread, when a person who has the flu coughs, sneezes, or speaks and sends the flu virus into the air, and other people inhale the virus.

The virus enters the nose, throat, or lungs of a person and begins to multiply, causing symptoms of influenza. The virus can also be spread when a person touches a surface that has flu viruses on it, such as a door handle, or someone's hand, then touches his or her nose or mouth.

Symptoms start one to four days after the virus enters the body and some persons can be infected, but have no symptoms. During this time they still spread the virus to others.

Adults can continue to pass the virus to others for another three to seven days after symptoms start. Children can pass the virus for longer than seven days.

Some of the ways to prevent the spread of flu is to receive the vaccine, wash hands often and cover your mouth and nose when coughing and sneezing.

Vaccine should not be administered to persons known to have an allergy to eggs. Allergy to influenza vaccine should not be confused with mild systemic reactions characterized by fever, malaise, muscle aches, and local redness at the injection site. These side effects are self-limiting, resolve quickly, and do not constitute an allergic reaction.

Persons with acute febrile illness usually should not be vaccinated until their symptoms have abated, however minor illnesses with or without fever do not contraindicate the use of the vaccine, particularly among children with mild upper respiratory tract infec-

tion or allergic rhinitis.

Breast-feeding does not adversely affect the immune response and is not a contraindication for vaccination.

The most common side effects are soreness, redness, or swelling at the site, fever and body aches. If these problems occur, they usually begin soon after the shot and last 1-2 days.

This year's vaccine will include A/New Caledonia, A/Moscow and B/Hong Kong. The Food and Drug Administration's Vaccine and Related Biological Products Advisory Committee recommended that the 2003-2004 trivalent influenza vaccine for the United States contain the same as last season. You can not get the flu from the vaccine.

Although the composition of this year's vaccine is the same as the one that was given last year, it is important to receive the vaccine again this year since the immunity you get from the shot is only good for the season it was received.

The vaccine is an inactivated (killed) influenza vaccine that will provide protection in about two weeks after getting the shot. Some people who get flu vaccine may still get flu, but they will usually get a milder case than those who did not get the shot.

Following the guidance of the Surgeon General, Fort Huachuca has set the following priorities for the shots to be given to operational military personnel, medically high-risk beneficiaries, health care workers, trainee population, all active duty military personnel, mission critical DoD civilians and all other beneficiaries.

Medically high-risk beneficiaries are adults or children with chronic disorders or the pulmonary or cardiovascular system, including asthma. Also those that have medical follow-up or hospitalization during the preceding year for chronic metabolic disease, including diabetes mellitus, renal dysfunction, hemoglobinopathies, immunosuppression, children on long-term aspirin therapy, and women who will be in the second or third trimester of pregnancy during influenza

season.

Flu shots for the high-risk pediatric patients will be given by prescription only during the routine immunization times on



Monday, Wednesday and Friday from 1p.m. to 3p.m.

The Allergy/Immunization Clinic hours are Monday 8 a.m. - 4 p.m., Wednesday 1 p.m. - 4 p.m. and Thursday 8 a.m. - 11 a.m.. Adults that bring a prescription will be given the shot. If you do not have a prescription, and think you are high-risk based on the information listed, you will need to take your medical record to the clinic to be screened before the shot will be given.

If you are a healthy 65 year old and do not have one of the chronic high risk medical conditions listed, please do not go to the clinic, but go to Murr Community Center on Nov. 6 from 10 a.m. to 1 p.m.

Flu shots are mandatory for all active military. The major units have been scheduled through the S-3. Time has been dedicated to all other active duty military on Nov. 5 from 2 p.m. - 4 p.m. at Murr Community Center.

It is important to remind everyone to bring their ID card and yellow shot book. Shots for the military will be documented in the MODS/MEDPROS system and mandatory for all active duty military to bring the ID card.

All other beneficiaries, can receive the remaining vaccine at Murr Community Center on Nov. 6, from 10 a.m. to 1p.m.

The Soldiers' Lawyer

Did I Really Win the Spanish Lottery?



There is a new consumer scam out there that leads soldiers to believe that they have won a lot-

tery based in Spain. that this scam is easy to spot and any harm can be avoided by simply throwing the letter away. Another thing to keep in mind is that you cannot possibly win a lottery you did not enter.

tery based in Spain.

The scam comes in the form of a letter from somebody claiming to represent the "El Gordo Sweepstake Company" based in Madrid.

The letter is written in very poor English and tells the soldier that he or she has won \$315,000. The letter goes on to say that all the Soldier must do to claim the prize is send in their bank account number so the money can be deposited directly to his or her account.

A crude "Prize Claim Certificate" is attached to make the correspondence look official (see below).

The bad news is that if you send them your bank account number your account will be immediately drained. The good news is

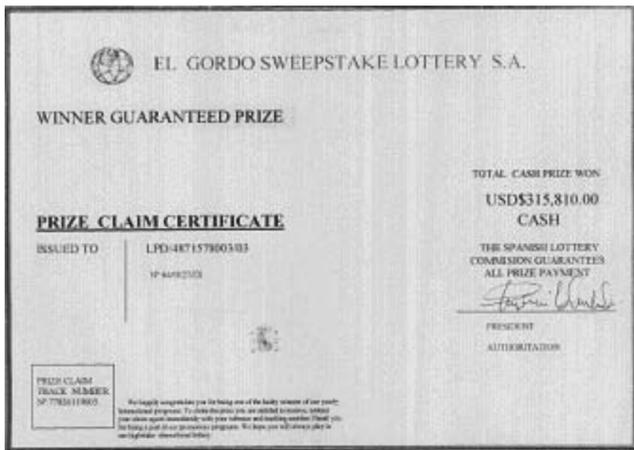
If you keep some basic principles in mind it is unlikely you will ever be fooled by such a scam.

First, never give out your banking information to anyone who randomly contacts you.

Second, ignore telemarketers completely (If you haven't done so already, go to www.donotcall.gov and sign up for the national "do not call" registry. It will greatly cut down on the number of solicitation calls you receive).

Third, always remember; if it sounds too good to be true, it is.

The Soldiers' Lawyer is provided by your JAG Legal Assistance Office. Visit us on the Web at <http://huachuca-www.army.mil/usag/sja/la.html/>.



Fisher House to distribute checks

AAFES RELEASE

Fisher House has agreed to distribute CertifiChecks to wounded military personnel via their programs supporting military hospitals.

The organization is joining forces with the Army and Air Force Exchange Service to help Americans make a significant contribution toward the morale and well being of military service members serving in Operations Enduring Freedom and Iraqi Freedom.

Fisher Houses provide a "home-away-from-home" for service members and their families while a loved one is hospitalized at the military's major medical centers.

Donations to Fisher House help ease the burden for military personnel and their families at a most stressful time in their lives.

"We are delighted to partner with AAFES to ensure donated CertifiChecks are distributed at the military's major medical centers supporting service members wounded or injured in Iraq, Afghanistan and the surrounding areas," said Fisher House Foundation chairman Kenneth Fisher.

"More often than not, these heroes arrive at the medical centers in their battle dress uniforms or hospital gowns, and nothing else. Family members staying at the nearby Fisher House will be able to shop for clothing and personal items at the exchange and bring them to their loved one in the hospital."

"Gifts from the Homefront" gift certificates are redeemable for merchandise at all AAFES PX and BXs throughout the world, including the more than 40 stores located throughout SW Asia in support of OEF and OIF.

With the addition of this new option, there are now four ways Americans can send a "Gift from the Homefront" gift certificate to a loved one, family member or dear friend associated with the U.S. military.

Other options include:

To an Individual - gift certificates are mailed directly by CertifiChecks to a specific

authorized AAFES patron if purchaser has name and address.

To Air Force Members and Their Families - Those wishing to show their support of our service members can also send a contribution to the Air Force Aid Society. The Air Force Aid Society is the official charity of the U.S. Air Force and will accept "Gifts From the Homefront" gift certificates from anyone who wishes to contribute the certificates to Air Force members and their families.

The American Red Cross - distributes "Gift From the Homefront" with the help of its Armed Forces Emergency Services workers, who are deployed around the world to support U.S. service members.

AAFES is continually working to add organizations to the list of those who will help with the distribution of "CertifiChecks" to U.S. service members and their families, units or non-specific troops.

CertifiChecks are redeemable for merchandise at all AAFES PX and BXs throughout the world. Details are available at the AAFES Web site, www.aafes.com, and by phone at 1-877-770-GIFT (4438). Sold by CertifiChecks, they can be purchased 24 hours a day, seven days a week, every day of the year, and come in denominations of \$10 or \$20 for donations to any authorized AAFES patrons.

"Gifts From the Homefront" can be purchased by anyone with a U.S. credit card or check, but only authorized AAFES customers can redeem them at PX or BXs located throughout the world.

The standard cost for the certificates is \$4.95 per order, which covers the costs for printing, mailing and handling of up to 20 certificates per order, providing they're going to the same address.

Delivery of the certificates normally takes between 4-10 days, possibly longer if going overseas. Shipping and handling charges are slightly more for bulk orders of \$300 or more.

Chief Warrant Officer boards to reconvene

BY SGT. 1ST CLASS MARCIA TRIGGS
ARMY NEWS SERVICE

The chief warrant officer board will reconvene Oct. 24 after it was determined that the integrity of the promotion board selection system may have been undermined.

The Fiscal Year 2003 CW3, CW4 and CW5 Promotion Selection Board initially convened April 29 and recessed May 20. After the board recessed there was a discovery of a possible irregularity in the board process, said Chief Warrant Officer 5 Andrew Barr, the Warrant Officer Personnel Policy Integrator for Officer

Selection Board Policy Branch.

"To avoid the appearance of impropriety and to dispel concerns that factors other than merit may have influenced the selection process," Barr said, "we will reconvene the boards with new members."

The circumstances that caused the board to reconvene are being reviewed. Should the irregularities result in any impropriety, appropriate action will be taken, Barr said.

"Promotion is not intended to be a reward for long, honorable service in the present grade, but is based on overall demonstrated

performance and potential abilities," Barr said. "Maintaining the integrity of the Army promotion system is paramount."

The promotion list will be exhausted by Sept. 30, 2004. "We understand the concern of the Soldiers who are being considered and the delay of one of the most important events in their careers, but this course of action is a harder-right, which maintains the integrity of our selection system," Barr said.

The fiscal year 2004 promotion board will be convened as originally scheduled in May 2004, and promotions for future boards will not be impacted, Barr said.



Photo by Elizabeth Harlan

Marks welcomes new CASA

Dr. Randy Groth talks with Maj. Gen. James Marks after a luncheon in his honor. Groth was named the new civilian aid to the secretary of the Army last week.



Left: A helicopter flies by the control tower at Libby Army Airfield in 1958. Below: The control tower at Libby Army Airfield was constructed in the early '50s by Aviation Engineers.



A drone being launched at the U. S. Army Proving Ground, Fort Huachuca, in 1958. Fort Huachuca was actually an air force base for the month of February in 1951. The Air Force planned to use the base as an indoctrination center, but had abandoned the project by March 1951. Effective May, 1951, Fort Huachuca was declared a Class I installation and was placed in an active status.

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be: displays of military jets and unmanned aerial vehicles; a half scale replica of the Wright brothers' flyer from 1903; a National Aeronautical Space Agency display; Arizona Air Guard flyovers in F-16s, United States Air Force flyovers with A-10 Warthogs; general aviation aircraft will fly in from other cities in Arizona; a tethered hot air balloon on-site; crafts for the children including building their own memento wing rib; 36th Army Band; B Troop will have an encampment; Fort Huachuca Honor Guard; local business displays and military recruiters and Army Special Forces parachute drops.

Also, children who didn't get to fly on Friday will have the opportunity for a free flight on Saturday. This year's expo is the ninth annual flight celebration, said Gill.

"This annual event has inspired area residents and aviation enthusiasts from all over the

area," said Mike Hemesath, airport manager and director of public works. "The original, fairly small-scale affair has risen to the major community occasion that it is today. We're looking forward to seeing everybody out there—it's great entertainment for the whole family."

Anyone interested in getting their pilot's license can contact Cochise College, who provides both ground school and flight training at the Sierra Vista Airport. Skydiving is taught at Eloy, Ariz.

"There is a good future for aviation," said Gill. "These expos help educate the public and advertise our airport."

Free parking will be available at the airport terminal and shuttles will be provided to the flight-line displays.

For more information, call the Sierra Vista Department of Public Works at 458-5775.

Post used to be an air force base

The Defense Department reopened the post in 1951 to train Aviation Engineers in airfield construction as part of the Korean War buildup. As part of their training, Engineer Aviation Groups built Libby Army Airfield at the base.

On Feb. 1, 1951 the Air Force took official

possession of the fort, making it the only active Army installation which had an existence, albeit brief, as an air force base.

The Air Force decided they couldn't use the post and on March 2 Fort Huachuca was transferred to the control and jurisdiction of the Department of the Army.



Servicemembers take a drone out of a truck at Fort Huachuca in the 1950s. Before the modern unmanned aerial vehicles, the military had unmanned aerial drones for reconnaissance missions. The desert landscape, clear weather and mild climate made the post an ideal place for testing of the drones.

Photos courtesy of Fort Huachuca Museum

Army domestic violence statistics down

SPC. MATTHEW E. CHLOSTA
SCOUT STAFF

In order to draw awareness to the important issues associated with domestic violence, Congress passed legislation designating October as "Domestic Violence Awareness Month."

In recognition, Army Community Service is offering domestic violence prevention and awareness classes throughout the month and putting up displays around the community.

Domestic violence is defined by the Army as any form of behavior that causes physical harm, emotional suffering or the threat of danger to any family member - spouse or child - by another family member.

"ACS offered five classes during Domestic Violence Prevention month," said Magali Torres, educational specialist, Family Advocacy Program, "the last class will be Oct. 30 from 2-4 p.m. at ACS, walk-ins are welcome. Please take advantage of these classes."

Army Regulation 608-18 (The Army Family Advocacy Program) establishes the Department of Army policy on the reporting, investigation, prevention and treatment of child and spouse abuse.

Also, in recognition of Domestic Violence Prevention Month, Torres said, "We have put up displays around the post community. The displays have tables with flyers on the cycle of violence, family advocacy programs and cards with phone numbers for people to call for more information on Domestic Violence Prevention."

"The displays are at ACS, the Fort Huachuca Federal Credit Union, the Armed Forces Bank and at the Murr Community Center," said Torres. "We try to place them where soldiers and their families frequent."

"Statistics show that violence among military families is decreasing," according to the Army magazine, "Hot Topics."

"During the past seven years, we have seen a steady decline in documented cases of abuse," said Lt. Col. Yvonne Tucker-Harris, manager, Family Advocacy Program, Community and Family Support Center in Alexandria, Va. "Any case of domestic violence is one too many. Those of us in the military see ourselves as a family and family members are as important to readiness as our soldiers are."

Studies of family violence in the Army show that age and maturity levels are important risk factors in determining an individual's involvement.

In 2001 there were 6,404 substantiated allegations of family violence within Army ranks, according to DA statistics.

The total number of spouse-abuse reports was 7,693, with 3,948 of those reports being substantiated.

Statistically 22 to 26-year-olds had the highest rate of spouse abuse. Statistics also reveal that spouse abuse is most frequent among young couples who have not yet developed joint coping and communication skills, according to "Hot Topic."



Courtesy photo

October is Domestic Violence Awareness month.

Any case of domestic violence is one too many. Those of us in the military see ourselves as a family and family members are as important to readiness as our soldiers are.

Lt. Col. Yvonne Tucker-Harris,
Manager, Family Advocacy Program,
Community and Family Support Center

The Army has several prevention and treatment programs on post including the Family Advocacy Program, Transitional Compensation Program, New Parent Support Group program, Commander's and NCO's Desk Guide and the Victim's Advocate Program to help prevent and treat domestic violence.

"The FAP personnel here all go out of their way to help the soldiers and their families," said Torres. "A lot [of FAP personnel] are former military or related to military personnel."

Every soldier on post goes through mandatory training in domestic violence prevention at least once a year, said Torres. Also, a unit can request a class at anytime.

"We're here to help everybody," said Torres.

For more information about Domestic Violence Prevention call Marjorie Loya, program manager, ACS Family Advocacy at 533-6878; Linda Moseley, victim advocate coordinator at 533-3986 or 533-2330; Magali Torres, educational specialist, FAP at 533-6873 or 533-2330; or Social Work Services Raymond W. Bliss Army Health Center at 538-0625.

Programs, facts for abused victims

Family Advocacy Program

Family Advocacy Program intervention is meant to treat soldiers who recognize they have problems and are willing to work toward strengthening family bonds. If the soldier is charged with a misdemeanor or felony offense, leaders may have to take administrative or punitive action. All leaders are urged to:

- coordinate with legal experts and the military police before drawing the line between treatment and punishment;

- consider the soldier's service record and retention potential

Intervention

Intervention and treatment are critical to helping victims recover from violence and getting abusers to resolve the issues that lead them to commit violence in the first place.

Family violence cases are presented to the case review committee - a multidisciplinary team generally chaired by the chief of social work and composed of members from medical, law enforcement, legal, social work, chaplaincy and child protective services. All leaders are urged to:

- consider the multidisciplinary team's report on whether further treatment is practical, especially if incidents have occurred repeatedly and if the command is working harder than the soldier and family

Victim Advocates

Victim advocates are Department of the Army civilians or volunteers employed by the Family Advocacy Program. They are paired with victims to provide support services in accordance with the intervention plan developed by the case manager. All leaders are urged to:

- consider whether the soldier fails to comply with command-directed treatment or administrative restrictions; and

- ensure that families receive information on financial and other benefits available if the soldier is separated from active duty through a court-martial or administrative action on the basis of a dependent-abuse offense.



Courtesy photo

Gantos: The write stuff

BY PFC. JOY PARIANTE
SCOUT STAFF

Johnston Elementary School

welcomed Jack Gantos, author of the Rotten Ralph picture book series, on Monday for an assembly to teach students about the pleasures of writing.

Gantos has given about 40 school presentations all over the country this year.

The presentation was intended to help kids "realize that every author gets rejection letters and they have to keep at something to be successful at whatever they want to do," said Janice Walter, the librarian at Johnston.

"There's so much emphasis being put on writing, even in kindergarten, it's good for children to see authors and learn how to get at writing," Walter said.

Gantos described himself as

"being one of those kids who only wanted to do what he really liked to do." That's how he got into writing, he said.

He began his very first journal after reading his older sister's diary and deciding he could do better.

The goal of these presentations, Gantos said, is to associate writing with fun.

"Teachers see kids excited about writing and they'll do more of it in the classroom," he added.

I began my very first journal after reading my older sister's diary and deciding I could do better.

Jack Gantos

In addition to the popular Rotten Ralph series, which is aimed at younger, primary readers, Gantos has also written a few young adult and adult novels.

His Jack Henry series is autobiographical fiction for grades three through five, and the Joey Pigza Trilogy is about a boy with attention deficit disorder, which is aimed at junior high readers.



Photo by Elizabeth Harlan

Author Jack Gantos enthralled the students of Johnston Elementary with his childhood stories.

Troops can send hometown holiday greetings

ARMY NEWS SERVICE

The Army and Air Force Hometown News Service is now offering its holiday greeting program to service members worldwide, allowing troops to send relatives greetings through hometown newspapers.

Submissions will be accepted through Nov. 25, officials said. They said that the print greeting program is in its fourth year, but this is the first time it has been opened to Internet submissions from individual service members.

The print greeting program is a fully electronic Internet program that allows any service member to send a formatted holiday greeting to relatives through the Hometown News Service, officials said. After processing, the HNS staff e-mails the greetings to newspapers serving the relatives' community. The



program is free to both the service members and their community newspaper.

"We have more than 1,000 hometown newspapers signed up for newspaper holiday greetings, and they each cover several zip code areas," said Gerry Proctor, HNS chief of marketing. "Each form can generate several releases. The greetings are distributed according to ZIP codes and state."

"Complete and correct information is vital," Proctor said. "Submissions without a ZIP code or with an incorrect ZIP code go nowhere."

Besides having several releases generated from each form, the service member can input multiple forms as well, Proctor said.

"Each person can submit as many greetings as they want," Proctor said. "You can send holiday greetings to your parents, in-laws, brothers, sisters, aunts, uncles and anyone who is a relative as long as you have their city, state and ZIP code."

New Web site offers soldiers assistance on PCS moves

BY PFC. ANDREW HILLEGASS
ARMY NEWS SERVICE

The frustrations that sometimes accompany reassignment moves may become a thing of the past, with the introduction of a new Web site designed to consolidate the various housing sites into one.

The Army Housing OneStop at www.onestoparmy.com is now ac-

cessible and provides a variety of useful information to soldiers, whether they are veteran movers or newcomers.

"Officers and senior NCOs generally know where to look for information," said Wendy McIntosh, housing management analyst for the Department of the Army. "But for junior enlisted, who have no idea where to find stuff about

housing, this site is going to be invaluable."

"We wanted to put all of the housing information into a single site that was easy to find and navigate," said McIntosh.

Through the site you can take a photo tour of homes, view the floor plans of various houses and find contact information for the housing office of a specific instal-

lation. You can also get the installation's specific policies and procedures.

"There are several things that can be done on this site that you were unable to do on many of the existing Web sites. You are able to instantly view the waiting list for housing and see if you are going to have to wait or if there will be a house available for you when you

arrive," said McIntosh.

The site is also looking to expand its services so a soldier one day may be able to view off-post housing, such as apartments.

"We are working with apartments.com to eventually get a listing of apartments available off-post for soldiers, while they wait for post housing to become available," said McIntosh.

Community Updates

ACS offers classes

October is Domestic Violence Prevention Month, and Army Community Service's Family Advocacy Program will be offering several classes on domestic violence prevention throughout the month.

These classes will be open to the community on a reservation-only basis. They will be held at the ACS conference room, Building 50010.

Several briefings are scheduled so that enough opportunities will be available to those interested. A class is offered on Oct. 30, 2 - 4 p.m. For further information or reservations, call ACS at 533-2330.

New members wanted

The Fort Huachuca Community Spouses Club, a non-profit organization that provides money for scholarships and community support, is looking for new members. Call Wendy Breen at 378-1763 for membership information or sign up at an FHCS event. The annual FHCS Holiday Bazaar is at Buena High School on Nov. 1 beginning at 9 a.m. Food and craft vendors are still being accepted. Call April Arnold at 458-1073 for details. The annual Fort Huachuca Holiday Home Tour is taking place on Dec. 7. In addition to seeing Fort Huachuca's historic homes, this year's tour will also include new post housing in Cavalry Park, live entertainment, food and beverages.

Freedom Fund banquet

The eighth annual Freedom Fund banquet dinner and dance will be held Nov. 8 beginning at 5:30 p.m., at the LakeSide Activity Centre. The guest speaker will be Juanita Doty. Tickets are \$35. For more information, please e-mail the banquet committee chairman Frank Bothwell at buffalosoldier1@cox.net.



Dedication ceremony

The 111th Military Intelligence Brigade and Center for Cryptology Detachment will host the dedication ceremony of the Prosser Village TMC for the HM2 David R. Ray TMC at 8:30 - 10 a.m., Nov. 14. This event will be open to the general public, Fort Huachuca personnel, and family members. It will be held in the parking lot area outside of the TMC, Building 81501.

Promotion board

The Secretary of the Army has approved a recommendation to reconvene the Fiscal Year 2003, CW3, CW4 and CW5 Promotion Selection Boards. After the boards recessed, there was a discovery of possible irregularities in the board process. For more information refer to HRC Online Web site under <https://www.perscomonline.army.mil/select/ofwoprom.htm>

BOSS positions available

Do you think you have the leadership abilities to improve the Fort Huachuca Better Opportunities for Single Soldiers? The BOSS Program is looking for highly motivated single soldiers to make the program more active, visible, and productive. The positions that are available are president, vice president, treasurer, and secretary. All positions are for a one-year term. The President will represent

Fort Huachuca at the annual BOSS Conference to be held in September 2004 at Shades of Green in Orlando, Fla.

The BOSS program is built on three pillars, well being, recreation and leisure, and community service projects. If you think you have dynamic leadership abilities and can make a difference and support the three pillars of BOSS, e-mail the Installation BOSS Advisor with your name, unit, e-mail address, and a short paragraph on how your leadership abilities can improve the Fort Huachuca BOSS program. Send nominations to christopher.deasy@hua.army.mil.

Warrant Officer

The United States Army is looking for highly motivated soldiers to fill its warrant officer ranks. Positions are open in all 45 specialties if you qualify. Soldiers with less than 12 years active federal service are encouraged to apply. For more information, contact the Warrant Officer Recruiting Team at www.usarec.army.mil/warrant or DSN 536-0484, 536-0458, 536-0488, 536-0478, 539-1860, 536-0271.

Recruit the Recruiter Statement

United States Army Recruiting is seeking highly motivated and dedicated NCOs to assist in providing the strength of America's Army. Take the challenge and learn how you can become a member of the recruiting team. For more details, visit our Web site: www.usarec.army.mil/recruiter or DSN 536-0215, 539-0465, 539-0210, 536-0457.

Government charge card changes

Effective Sept. 1, military travelers who use their government charge card (Bank of America Visa) for TDY expenses are required to check the split disbursement box in block one of the travel voucher form. The amount annotated for split disbursement should equal the amount charged to the card. If your orders state that you are a government card holder and you do not use split disbursement, your voucher may be returned or the travel office may add the lodging receipts, rental car charges and any air fare claimed and send the proceeds directly to the charge card company as a split disbursement.

Spanish test at ed center

A Spanish college-level examination program test is being offered at the Education Center. Active Duty military are eligible to test for free. Family members may take the test for \$56.

The recommended credit hours are between six and 12; Cochise College grants 15 semester hour credits for the test, which involves audio and reading (all multiple-choice questions). For more information and reservations, call 533-2390, 533-5690 or 533-1701.

Command and general staff officers' course

Majors still have an opportunity to enroll in the required officer professional development course on post. Both phases I and III of the command and general staff officers course will start in October and meet one weekend each month.

The classroom option has numerous advantages over the correspondence version, including:

- A higher graduation rate and higher grade average;

- Workload sharing and interaction with active and reserve component students;
- Professional and structured learning environment, and;
- Instructor support.

Space for this class is limited. Anyone interested in enrolling may contact Bill Purciello at purciello@hua.army.mil or 533-6514 or 803-1129.

After duty dental emergency hours

For true dental emergencies occurring after normal clinic hours, please contact the following:

DCQ (Dental Charge of Quarters) Cellular Telephone 227-5563 or, DCQ Beeper 533-3500-digital access code-306. Family members should seek emergency care from their Tricare Dental Plan personal dentist. Retirees should seek emergency care from the Tricare Retiree Dental Plan personal dentist. (Examples of true dental emergencies include: jaw fracture, lacerations, knocked out teeth, severely fractured or displaced teeth, oral swelling that interferes with breathing, fever 101 degrees F from oral infection, uncontrollable hemorrhage, or severe acute toothache pain not controlled by medication.) Questions can be referred to Staff Sgt. Paul Orozco, NCOIC, Runion Dental Clinic at 533-3147. DENTAC policy requires that any female seeking after hours emergency care must have an escort with them at all times.



Thrift savings plan

The next Thrift Savings Plan Open Season ends Dec. 31. During the open season, you may begin contributing to TSP or change the amount of your TSP contribution by logging on to <https://www.abc.army.mil>. Do not submit a TSP-1 Form to the Civilian Personnel Advisory Center office. It cannot process these forms. To make Interfund changes, use the www.tsp.gov Web site. If you have any questions, call Eva Dixon at 533-5735 or Kelly Garland at 533-5273, Monday through Friday, between 7:30 a.m. - 4 p.m. or stop by CPAC, Building 22320.

Visit Day on Nov. 13

The Army Career and Alumni Program will host an Employer Visit Day from 9 - 11 a.m. on Nov. 13 in Building 22420.

Employer Visit Day allows soldiers, family members and industry representatives to discuss their mutual interests. ACAP is a comprehensive program designed to preparing separating service members and their family members for life outside the military by offering counseling and job assistance training.

The ACAP Center also offers assistance with a job search, developing resumes, cover letters and sharpening job interviews skills. Individual career counseling and extensive library of job search reference materials are also available. In addition, ACAP works with employers to maintain national and local listings of employment opportunities.

For more information, call the center at 533-5764 or 533-7051, between 7:30 a.m. - 4:30 p.m.

Healthnews

Surviving "Nightmare on Candy Street"

BY CAPT. CHERITA OGUNSANYA, RD, LD
NUTRITION CARE, RWBAHC

Once again the time has come when the streets will soon be filled with little ghouls and goblins in search of treats, but ready and willing to give out a trick. Sometimes just the thought of your little one attacking that huge mound of goodies is enough to make your blood curdle (especially when you know that you will be along side your child in the attack!)

Being the compassionate parent that you are, it would be virtually impossible to look into those darling little eyes and tell them that they can't have any candy. That's not the worse part. Your child can't possibly eat all of their treats alone; so once again, (being the compassionate parent that you are); you have to come to the rescue. Parent and child are now plunging headfirst into a weeklong sugar binge. It seems like a no win situation. If you try and cut out the sugar, you may have to endure extreme torture from your little ones for quite a while. On the other hand; if you give in, they may end up torturing you anyway (by bouncing off the walls). Fear not. The following simple tricks can help keep both you and your child happy.

1. Buy less than you did last season. If last years turnout was about 25 kids, this year only purchase enough for 15 kids. Chances are there will not be any leftovers to "wolf" down. ("out of sight, out of mind").
2. "Do your waist a favor and wait until the last minute to do your candy run." Although you may beat the mad rush for the candy isle, only half of the candy will probably make it all the way to Halloween.
3. Buy what you dislike. If Indian corn is the absolute worst to you, chances are you won't be sneaking into the bowl after-hours.
4. Buy expensive. The more it costs, the less

you buy. The less you buy, the less there is left-over.

5. If all else fails, just don't give out candy. Maybe you've tried all of this, and still go overboard. The next best thing is to offer a substitute for candy. Instead of the candy, try snack-sized popcorn, pretzels, or cheese crackers. Better yet, try some little party favor toys (bubbles, stickers, baseball cards, etc). Kids will appreciate these just as much.

Below is a recipe that both you and your child will enjoy creating as well as eating.

Microwave Caramel Corn

1 cup firmly packed brown sugar
1/4 cup light corn syrup
1/2 tsp. salt
1 1/2 tbsp. margarine
1/2 tsp. baking soda
4 quarts popped popcorn

Cook brown sugar, corn syrup, salt and margarine on high power for 1 minute in a microwave-proof dish. Stir. Cook 2 more minutes. Add baking soda, blend well (mixture will foam up). Place popcorn in brown grocery bag. Pour syrup over corn. Stir until well coated. Place bag in microwave and cook 1 minute more. Spread out on wax paper lined cookie sheet to cool.

Prep Time: 10 min; Cook Time: 5 min; Serves: 16

Calories 116; Carb: 25gms; Fat: 2gm; Pro: 1gm
Recipe taken from iVillage.com; suggestions referenced from Thriveonline.com

National lead poisoning awareness week

Before we realized how harmful it could be, lead was used in paint, gasoline, water pipes, and many other common products. As a result, hazardous levels of lead can be found in the dust of some homes, in paint, in soil, in drinking water,

and in some dishes and pottery. Some folk remedies such as "azarcon" and "greta" used to treat indigestion or upset stomach are composed of lead oxides and can cause massive exposures.

Children ages 1 year through 6 years are at the greatest risk for lead poisoning. This is due to their low body weight and developing organs and nervous system. Pregnant women and their unborn babies are also at high risk because a pregnant woman's body absorbs more lead. Even a small amount of lead can be harmful. Low levels of lead can cause problems with learning, hearing, growth, and behavior. High levels of lead can cause serious brain damage, convulsions, coma, and even death.

Lead paint in older homes is the most common source of lead poisoning. Dust from peeling paint or remodeling can get on a child's hands, toys, or other objects that a child puts in their mouth. Dust from leaded paint can also contaminate the soil around older homes.

Lead exposed children often show no symptoms at all, even at somewhat elevated levels. The only way to know if a child has been exposed to lead somewhere in their environment is to have their blood lead level tested. This test is done with a simple finger prick test. Blood lead levels are measured in weight per volume. A blood lead level of 10 micrograms per deciliter is considered to be "lead poisoning".

The Arizona Screening Coalition and the Arizona Department of Health Services recommend the screening of all children six years of age and younger. However, lead screening is not a standard part of well-child examinations. Screening is only mandatory for children enrolled in Medicaid/AHCCCS. If you have a child under six, ask your doctor for a lead test and to explain the results to you.

Ways to protect your child from lead:

- Do not remove any lead paint yourself.

Sanding or scraping lead-based paint may contaminate your home further. Homes built before 1978 may contain lead-based paint.

- Do not use azarcon, greta or other folk remedies that contain lead. Do not allow healers or other family members to give your children these powders. The powders are usually mixed with olive oil and are given to the child by spoon.

- Do not use imported, old, or handmade pottery for cooking or storing food or beverages unless you are certain that it does not contain lead.

- Keep your home as dust-free and clean as possible, especially where children play. Wet mop floors and wipe windowsills and cribs with warm soapy water.

- Do not let children eat dirt. Do not let them eat food that has fallen on the ground.

- Have children play in clean sand or in grassy areas. Bare soil may contain lead, the soil sticks to fingers and toys.

- Wash children's hands often, especially before eating and sleeping and after playing outside. Wash toys and pacifiers often.

- Feed children foods that are high in iron and calcium. Avoid high fat junk foods such as chips and candy. A healthy diet helps the body to absorb less lead.

- Do not bring lead dust home from work. If you work with lead, shower and change into clean clothes and shoes before leaving the workplace. Wash work clothes separately from other laundry. Wipe your feet before entering the home.

- Ask your child's doctor for a blood lead test.

For more information on lead poisoning prevention, contact the Arizona Department of Health Services toll-free at 1-800-367-6412 or go to: <http://www.hs.state.az.us/phs/och/invsurv/lead/chleadmain.htm>.