

The Scout Time Out

Vol. 49, NO. 15 Published in the interest of Fort Huachuca personnel and their families April 17, 2003

Sports

e-mail: thescout@hua.army.mil

TMRC 10 miler

The Thunder Mountain Running Club will sponsor a 10-mile run, and a two-mile fun run Saturday, at 8 a.m. The start place is Cochise College on Colombo Avenue in Sierra Vista.

The cost is \$5 or \$3 to TMRC members. Registration race day begins at 7 a.m. Awards and ribbons will be awarded to the top three finishers per age group. The course is out and back and the turn around is five miles on Charleston Road east of Moson Road. First half of run is downhill. Second half of race is uphill. For more information, call 559-1635, 378-1527, 439-9302, 940-7221 or visit www.thundermountainrc.org.

Southeast Arizona Butterfly Association

Southeast Arizona Association Butterfly Association field trip, is Saturday, at the Patagonia Lake State Park, on Highway 82 between Patagonia and Nogales. Meet at the trailhead parking area at the east end of park at 9 a.m. Dress for the field by wearing sturdy shoes, hat, water, close-focus binoculars, sunscreen and bring lunch. The cost will be \$5. In case of inclement weather, the trip will be canceled. For more information, call 520-803-9700 or visit www.naba.org/chapters/nabasa/home.html.

Operation sustaining families

Arizona's Ranchers and the Arizona Beef Industry are hosting a barbecue for the families of deployed servicemembers, April 27, 2-5 p.m. It will be held at the La Hacienda Ramada area. It will feature live entertainment, jumping castles. To reserve space, call the unit Family Readiness Group leader, or Pam Allen at 533-5919. Invitations must be brought in order to gain admittance.

MEDDAC golf scramble

The United States Army Medical Command Family Readiness Group will hold a golf scramble, May 2. The shotgun start will begin at 8 a.m. Slots will be filled on a first come first serve basis.

For more information, call 533-1402/8363.

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Commanders Cup softball

See Page B2 for Commanders Cup softball standings.

Howdy partner!

Myer kindergarten pupils, parents visit Buffalo Corral



Photos by Staff Sgt. Sharron Stewart

Gen. Myer Elementary school pupils were allowed to get into the back of a horse trailer Friday, during their field trip to Buffalo Corral.



Dagwood, a bay horse, gets his teeth examined by his caretakers at the Buffalo Corral. The pupils were allowed to ride him and his associate Buttons. They were also treated to a tour of the corral and shown different horse grooming tools.



Debra Wilson, animal care specialist, shows the pupils how to clean the horse's hoof.

ATV incidents rising, everyone's concern

BY STAFF SGT.
SHARRON STEWART
TIME OUT EDITOR

After several years of being on the decline, there has been a sharp 104 percent increase in the rise of all-terrain vehicle accidents, said Bruce Heran, Fort Huachuca's safety officer. Recently one of Fort Huachuca's senior noncommissioned officers, Command Sgt. Maj. Robert L. Voss, United States Army Garrison's command sergeant major, was involved in an ATV-mishap.

According to Heran, that should serve as a wake-up call that it can happen to anyone. "If such an incident can happen to a wise, seasoned soldier who wasn't showing off, then hopefully younger soldiers will realize that it could happen to them also," Heran said.

"The accident I had on my ATV was really surprising, because I wasn't out playing around," Voss said. "I was using it to do a bit of work. I had some weight loaded on the back of it and went up a hill, but the ATV

just rolled back on top of me. I didn't even think about it. It never dawned on me that extra weight would be such a risk," Voss said.

"One lesson I learned is if I get on my ATV and start it, is to have my helmet on," Voss said. Voss said he bought an ATV as alternate form of transportation to use while hunting.

According to Heran, the Consumer Product Safety Commission stated approximately 120 people are killed

See ATV, Page B2

Second annual produce fair at Commissary

DECA RELEASE

When the outside thermometer begins to rise, nothing tastes better than sweet, juicy strawberries. Sliced over cereal, shortcake or vanilla ice cream they taste great and are good for you. Strawberries are rich in vitamin A and C, are a good source of fiber, and they contain no sodium or fat.

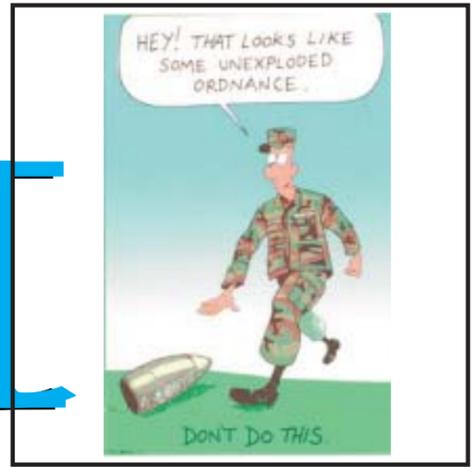
To help you get your body and your pocketbook in shape this spring the Fort Huachuca Commissary will hold a one day Produce Fair (Farmers Market) Saturday.

Strawberries and other in-season fruits and vegetables will be sold at low, case lot prices. Many fruits and vegetables will be

sold at a savings of up to 50 percent. Oranges, grapefruit, tomatoes, potatoes, apples, bell peppers, kiwi and of course strawberries are among the items expected to be offered at terrific savings.

Food sampling will be held throughout the day's event. Recipes and informational handouts will be available. This event is sponsored by our supplier Tucson Fruit and Produce who will have experts on hand to answer any of your produce questions. The sale has been moved indoors this year due to security concerns. Come and join the fun and savings Saturday.

For more information, call Judy Mendez at 533-5540 ext. 3101.



By Mark Baker

Pt. Murphy's Law

Army joins organizations accepting 'Gifts From the Homefront' gift certificates

AAFES RELEASE

Americans wishing to show their support to U.S. Army soldiers serving in support of Operation Enduring Freedom/Iraqi Freedom and their families can now make contributions of "Gifts From the Homefront" to a service member or family member as follows:

Forward deployed soldiers - "Gifts from the Homefront" gift certificates will go to Army soldiers currently deployed in Operation Iraqi Freedom or Operation Enduring Freedom.

Families of soldiers - These "Gifts from the Homefront" gift certificates will support Army Soldiers and their families in the U.S. and overseas, and help provide for Army family needs through Army Community Services family support programs. This support includes families of seriously and very seriously injured soldiers. CertifiChecks will be distributed to the families of wounded Army soldiers once they are transported to Army hospitals in the U.S.

To specific individuals - And they can have the certificates mailed directly by CertifiChecks to a specific authorized AAFES patron if purchaser has name and address.

Those wishing to show their support of our service members can also send a contribution to the Landstuhl Regional Medical Center in Germany and the Air Force Aid Society.

The Landstuhl Regional Medical Center in Germany is the facility where U.S. service members wounded in Iraq are treated prior to returning to stateside. The Medical Center's Chaplain's Office for the Deployed Warrior Medical Manager Center will use "CertifiChecks"

to provide items such as toiletries, sweats, undergarments, socks, pre-paid calling cards and other items of convenience or necessity for service members being treated at the facility.

The Air Force Aid Society is the official charity of the U.S. Air Force and will accept "Gifts From the Homefront" gift certificates from anyone who wishes to contribute the certificates to Air Force members and their families.

These organizations have also agreed to accept "Gifts From the Homefront" gift certificates from individuals or companies who choose to contribute the certificates to service members and their families.

These "Gifts From the Homefront" CertifiChecks are made possible as a result of a new partnership between the Army and Air Force Exchange Service, and CertifiChecks, America's hometown gift certificate resource center.

AAFES is continually working to provide additional organizations to the list of those who will help with the distribution of "CertifiChecks" to U.S. service members and their families, units or non-specific troops.

CertifiChecks are redeemable for merchandise at all AAFES PX and BXs throughout the world. Details, including how to donate to the soldiers and their families, Air Force members and their families and the Landstuhl Regional Medical Center, are available to anyone via the AAFES Web site, www.aafes.com, and by phone at 1-877-770-GIFT (4438). Sold by CertifiChecks, they can be purchased 24 hours a day,

See GIFTS, Page B2

111th MI Brigade hosts 'Coyote Ugly' competition

BY TANJA LINTON
MEDIA RELATIONS OFFICER

The 111th Military Intelligence Brigade hosts the "Coyote Ugly" track and field competition Saturday, April 26 at Bujalski Field.

Everyone is eligible to take part in this free, open track and field meet. There are no age divisions. One person may compete in a maximum of three events. Teams must have at least six members per team, one that must be female. Each team member must participate in a minimum of two events.

Teams will be scored based on points received in individual events. Team captains must submit team rosters in advance.

Standard track and field measurement rules apply. False starts in track events

are automatically disqualified. During relays, handoffs outside of the transition zone results in automatic disqualification.

Medals for first second and third place in each event will be awarded. A trophy will be presented to the first place team.

The 111th MI Brigade will provide tents, water and all field equipment.

Track events include 100m, 200m, 400m, 800m, 1600m, 4x100m and 4x400m races. Field events include long jump, high and shot put.

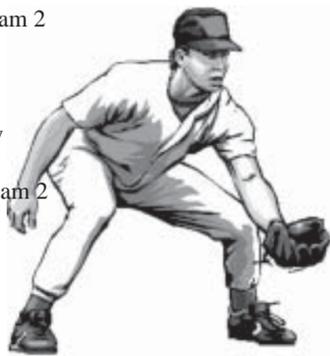
Registration forms are available at Barnes Field House, Eifler Gym or Headquarters and Headquarters Company, 111th MI Brigade.

For more information, call 2nd Lt. David Galvez at 533-2618 or Capt. Salah Kayed at 533-3993.

Commanders Cup Softball standings

These are the 2003 Commanders Cup Softball standings. Company B, 304th Military Intelligence Battalion has been dropped from the schedule because of mission accomplishment.

	Wins	Loss
1) Company B, 305th Military Intelligence Battalion, team 1	6	0
2) 36th Army Band	5	0
3) Noncommissioned Officers Academy	4	1
4) Company D, 309th MI	4	1
5) Headquarters Company, 306th MI	4	1
6) HQ Co. 111th	4	1
7) HHC, USAG	4	2
8) Company E, 305th MI	4	2
9) Company E, 309th MI (cadre)	4	2
10) Company A, 305th MI	2	2
11) 314th Training Squadron	2	3
12) 40th Sig/Recruiting Battalion	2	4
13) Company B, 305th team 2	2	4
14) CSLA	1	3
15) Medical Command	1	3
16) Company C, 304th	1	4
17) Company E, 309th team 2	1	4
18) 63rd	1	4
19) 19th Signal Company	1	5
20) Company D, 309th team 2	1	5
21) Company A, 306th	0	3



ATV from Page B1

using ATVs each year and more than 120,000 are injured. He said the ATV accident rate was even more dire in the 1980s, but improved tremendously when three-wheel vehicles were banned in 1988. "The numbers are back up. It's getting worse, not better," Heran said.

"Forty percent of ATV deaths and injuries occur among those who are 16 or younger. Statistically if you own an ATV, the odds are one in three someone will be killed or injured during the lifetime of the vehicle," Heran said.

Heran said lack of experience is one of the major causes of ATV accidents and that only seven percent of ATV drivers receive training. "One of the things drivers-training would teach you is not to drive on paved surfaces and roads. ATVs are off-road vehicles and are not legal on most state roads, 10 percent of all ATZ injuries occur on a paved road as well as 25 percent of ATV fatalities," Heran said. Heran also said if a rider is not hunting, weapons should not be transported on an ATV and that riders should visit the site before they go for a ride to ensure that there aren't any drastic changes to the

terrain.

Heran suggested the following as a guide for ATV safety:

1. Right-size the vehicle. Make sure the vehicle fits the person.
2. Use a helmet and goggles. Experts believe injuries would be reduced as much as 25 percent if a helmet was worn.
3. Don't carry passengers. The accident rate for those who carry passengers triples.
4. Observe all of the laws and restrictions.
5. Stay off of paved roads.
6. Do not use drugs or alcohol while using an ATV.
7. Get ATV driver's-training.
8. Travel in groups, if your ATV breaks down, some will be available to call for help.
9. Wear proper attire while riding an ATV.
10. Bring along the right equipment such as water, sunscreen and cell phone.
11. Get a weather report.
12. Don't use three-wheelers, get rid of it and buy a new one. The roll-over rate of a three-wheeler is five times that of a four-wheeler.

GIFTS from Page B2

seven days a week, every day of the year, and come in denominations of \$10 or \$20 for donations to any authorized AAFES patrons, or to soldiers deployed in OIF/OEF or their families.

Anyone may purchase these "Gifts From the Homefront" with a U.S. credit card or check, but only authorized AAFES customers can redeem them at any PX or BX throughout the world.

AAFES currently has 34 stores located throughout SW Asia in support of Operation Enduring Freedom and will soon be opening stores in Iraq.

CertiChecks can be redeemed at these facilities to purchase such items as health and beauty items, soft drinks, candy, snack items, CDs, pre-paid calling cards and much more.

By clicking on the link "Gifts from the Homefront" at www.aafes.com, anyone can find out how to access an order form and complete the transaction online or via a toll-free number at 1-877-770-GIFT (4438). Purchasers living overseas can use the online

links at www.aafes.com, or by downloading online forms from the CertiChecks web site. These order forms can be mailed or sent by FAX directly to CertiChecks. Customers may pay with a check if they use the order form.

The standard cost for the certificates is \$4.95 per order, which covers the costs for printing, mailing and handling of up to 20 certificates per order, providing they're going to the same address.

Delivery of the certificates normally takes between 4-10 days, possibly longer if going overseas. Shipping and handling charges are slightly more for bulk orders of \$300 or more.

For more than 107 years, AAFES has provided quality merchandise and services at uniformly low prices to active duty military, Guard and Reserve members, retirees and family members around the world.

The AAFES motto, "We Go Where You Go" is truly indicative of the service and support AAFES provides to service members.

You're safe!

Chief Warrant Officer 3 Kendall Brown, United States Army Scorpions, waits his turn to decide whether or not he should run from second base in order to make it to third. Friday night, USAG lost to Company E, 305th Military Intelligence Battalion, 15-8. USAG is 4-2 in the Commander's Cup softball series. Read upcoming issues of the Scout for Commanders Cup track and field standings.



Photo by Staff Sgt. Sharron Stewart

Free performance supports U.S. military

DESERT PLAYERS THEATRE

In a show of support for U.S. service personnel and their family members in southeastern Arizona, the Desert Players Theatre is offering a free performance of its upcoming stage production, *Move Over Mrs. Markham*, to military ID card holders. This includes National Guard and Reserve personnel who are currently performing active service as a result of the global war on Terrorism and ongoing operations in Afghanistan and Iraq.

The free performance is scheduled for 2 p.m., April 26, in the Cabaret Theater at the Temple of Music and Art, 330 S. Scott Ave., in downtown Tucson. Doors open at 1:30 p.m.

"The theater's board of directors unanimously agreed to absorb the cost of this performance to thank our troops and their families for the sacrifices they're making for our nation," said Cindy Thomas, president of Desert Players Theatre. "If we can help take their minds off the serious business of defending the country by offering an afternoon of live theater entertainment, then it will be well worth our effort," she added.

The Cabaret Theater's limited seating will only allow attendance by 80 persons, so

reservations are strongly recommended. Reservations may be made by calling Cindy Thomas at (520) 733-1076. Military ID cards must be presented at the door for admittance.

Move Over Mrs. Markham, by Ray Cooney and John Chapman, is a fast-paced bedroom farce filled with brilliant one-liners and double entendres and is not recommended for anyone below the age of 15. The play synopsis reads:

Joanna Markham's husband thinks she's having an affair. Her friend, Linda, wants to have an affair. Linda's husband, Henry, (who is Joanna's husband's business partner) also wants an affair, but not with Linda or Joanna. Even the decorator is after the au pair. This is all happening in the Markham's supposedly empty flat (except the flat is not empty). Confused? You will be in this fast paced comedy.

Now in its tenth season, Desert Players Theatre is an all-volunteer theatre company in Tucson, Arizona, and is a not-for-profit, educational corporation (501-C3).

Its mission is to provide quality theatre at an affordable price. Its repertoire includes comedies, musicals and mysteries. The organization's Web site is located at <http://www.desertplayers.org>.

Law week activities include poster contest, golf scramble

SJA RELEASE

Johnston Elementary School students will be invited to participate in a poster contest on the topic, "People Who Make Courts Work." The contest is open to students in first, second and third grades. Children may use any media to complete the poster. SJA staff will rate all poster submissions for beauty, creativity, and adherence to the topic "People Who Make Courts Work." Each grade level will be awarded prizes for first, second and third place with two grand prizes for overall winners. Prizes will include an AAFES Gift Certificate, concert tickets, free bowling and movie passes, Arts and Crafts lessons, and free meal passes. Once submitted, posters will become the property of the Office of the Staff Judge Advocate. For more information, call Spc. Tom Bartleson at 533-3117/0624/0620.

The OSJA will host a Law Day "Showdown at High Noon" Golf Scramble beginning noon on April 28 at the Mountain View Golf Course. The format will be a "Team Scramble" with four person teams.

Persons may register in teams of four, or may register individually and be assigned a team. Entrance fee for registrants is \$27 person. Entrance fee for late registration is \$30 per person. Registration covers the green fee, use of a golf cart, administrative costs, and prizes. Club rental is not included. Registration for the event will be at the

Legal Services Office, Building 51102, Legal Support Division, or at Mountain View Golf Course on event day. Make checks made payable to *Mountain View Golf Course*. There will be prizes for "Scramble Champion," "Closest to the Pin," and "Longest Drive" winners. This event is open to the public, subject to world events and command guidance. For more information, call Capt. Bradford Bigler, at 533-3117. Registration deadline is noon Wednesday. Late registration deadline is noon April 28.



Panther band rocks the house, earn superior rating

SMITH MIDDLE SCHOOL RELEASE

Congratulations to the Smith Middle School Panther Band for receiving a "superior" rating from a panel of judges at the Arizona Pageant of Bands in Tucson on April 5.

"Superior" is the highest performance rating a band can achieve at the Pageant.

The Band performed two pieces entitled "Gap Creek" by Jay Bocook, and an arrangement of Offenbach's "Orpheus Overture."

This represents a lot of hard work and effort by the Panther Band and parents.

Dan Howdeshell and the Fort Huachuca community is very proud of their auspicious achievement.



Fort Huachuca Directorate of Community Activities Updates

The Directorate of Community Activities is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be directed to MWR Marketing Director,

Paula German at 538-0836 or send an e-mail to paula.german@hua.army.mil.

In The Spotlight..



Easter Buffet at LakeSide

Sunday, the LakeSide Activity Centre will prepare an exquisite Easter Grande Buffet from 10:30 a.m.-2:30 p.m. The cost is \$17.95 for adults and \$7.95 for children ages 6-11. Children 5 years of age and younger dine for free.

This event will be a special treat for the whole family. A delectable and delightful dining experience is planned for all who attend this special Grande Buffet.

APPETIZER STATION

Crawfish; Oysters on the Half Shell

CARVING STATION

Roasted Lamb with Mint Jelly or Apricot Sauce

Glazed Pit Ham; Succulent Baron of Beef

BUFFET STATION

*Chicken Kiev; Bronzed & Seared Salmon
3-Cheese Au Gratin Potatoes; Smiley Face "Taters"
LakeSide Swiss Benedicts; "Freedom" Toast Sticks
and much, much more!*

including, Pasta Station, Omelet Station, Pastry Station, Juice Bar and Dessert Bar plus an array of vegetables, potatoes, freshly baked rolls, croissants and crusty bread

Call 533-2194 to make your reservations today.

Tickets Available at MWR Box Office

Tickets are now on sale for "Sesame Street Live," at Tucson Convention Center for the following performances: May 1 - 7 p.m., May 2 - 10:30 a.m. and 7 p.m., May 3 - 10:30 a.m. and 2 p.m., May 4 - 1 p.m. and 4:30 p.m. Tickets for the "Mariachi Espectacular" April 25 at TCC are also available.

Other great specials available at the Box Office include:

- Discounted tickets for the Tucson Sidewinders home games. April 18-21, the Sidewinders play the Portland Beavers
- Check out our rates for hotel reservations for the Tucson and Phoenix areas.

Prices vary. Call 533-2404 for information or drop by the MWR Box Office located in the MWR Plaza, Bldg. 52008 on Arizona Street. MWR Box Office is open Monday - Friday, 9 a.m. - 5 p.m.

B.O.S.S. to host golf tournament tomorrow

The Fort Huachuca Better Opportunities for Single Soldiers will host a golf tournament on tomorrow, beginning at 8 a.m. This event, which will be held at Mountain View Golf Course, is open to everyone. The entry fee is \$30 per person.

First, Second and Third place prizes will be awarded, as well as prizes for the longest drive, closest to pin and a putting contest. Format is a four-person scramble.

If you don't have a team, you will be placed on one. Sign up early. Slots will be filled on a first-come, first-served basis.

For more information, contact Spc. Davis at 533-7395.

Crisis Management Workshop

Army Community Services will present a Crisis Management Workshop April 24, 9:30 a.m.-11:30 a.m. at Murr Community Center for all interested parties.

A panel from various agencies such as Social Services, Red Cross, ACS, Judge Advocate General and a chaplain will discuss different approaches to dealing with crises and the various agencies' roles in crisis intervention and assistance.

Call ACS at 533-5919 or 533-2330 to register.

Fort hosts Festival of the Southwest

The Festival of the Southwest, which has been held in Sierra Vista at Veterans Memorial Park in past years, has moved to the R.L. Anderson Special Events Park on Fort Huachuca this year. The event is set for May 2 - 4. The festival is open to the public and there is no admission fee.

There will be many attractions for the entire family, including the City of Fun Carnival. Advance tickets for the carnival are on sale now at the price of \$6 for 10 tickets, at the following locations: MWR Box Office, Desert Lanes, MWR Rents and Sierra Vista Safeway. During the carnival, the cost will be \$8 for 10 tickets.

Food, craft, nonprofit private organizations, military units, Family Readiness Groups and information vendors are wanted. For information on space available, contact Recreation Services Division at 538-1690.

Army Family Team Building

Level II Army Family Team Building Training is available April 22, 24 and 29 at Murr Community Center, 8:30 a.m. - 1 p.m. Free refreshments are provided. Individuals need not attend levels training in order.

For more information, call 533-3686.

Intramural Coed Golf program

The Intramural Coed Golf program will begin May 19 at the Mountain View Golf Course. The team coaches meeting will be conducted at Barnes Field House, Tuesday at 10 a.m.

All units interested in participating in this program should attend this meeting. A letter of intent with coach's/captain's name, duty phone and e-mail address should be included with the letter of intent.

Golf teams will consist of four members, and matches are scheduled to begin May 19 at 3 p.m. This is a minor Commander's Cup Sport. For more information, contact Michelle Kimsey at 533-3180.

Get your tickets for Lonestar

The Country Music Association's 2001 "Vocal Group of the Year," LONESTAR, along with special guest Tammy Cochran, will perform at Libby Army Airfield, May 17 for the 2003 Miller Lite Army Concert Tour. Tickets are on sale now at MWR Box Office and Sierra Vista Safeway.

The advance tickets are \$17. The day of the show, the price will be \$20.

Don't miss this chance to enjoy some first-class entertainment right here on Fort Huachuca, and enjoy LONESTAR'S hits like "I'm Already There" and "Amazed," and Tammy Cochran's big number one hit "Angels in Waiting."

Easter egg hunt

Youth Services has scheduled a free Easter egg hunt for Saturday at Geronimo and Foster Fields. Ages birth through 5 years will be able to hunt from 10 a.m. - noon. Then, from 2 - 4 p.m., ages 6-9 will have their chance.

In addition to over 9,000 eggs available to find, there will be games and prizes for all the children. Plus, the kiddies will get to meet the Easter Bunny, and, for a nominal fee, have their pictures taken with him.

For more information, call 533-8168, 533-3205 or 533-8217.

What's happening at Desert Lanes?

Desert Lanes will hold a Singles Handicap Tournament Saturday. It starts at 1 p.m. The handicap is 80% of 200, highest current average. You'll bowl five games across 10 lanes. Entry fee is \$40 per person.

Sunday will be Nifty Fifty Day at Desert Lanes. Fifty cents will pay for one of the following: shoe rental, a game of bowling, an ice cold soda or one of Jeannie's great hot dogs.

Call Randy Carter at 533-2849 for more information.

NAF facilities to close for training

In an effort to participate in soldier/civilian training time, the following Directorate of Community Activities offices will be closed on Thursdays until 1 p.m., beginning today: NAF Human Resources, Plans and Resources, Marketing, Army Community Services and Supplemental Programs and Services.

Youth Services/School-Age Services will be closed Thursdays until 1 p.m. during normal school days. They will be open Thursdays during summer, spring and winter breaks and school-out days, excluding federal holidays.

Bingo at LaHacienda

Try your luck with the Big Bingo Program offered at La Hacienda. La Hacienda Bingo is offered Tuesdays, Thursdays and Saturdays at 6:45 p.m. and Sundays at 12:45 p.m. Call La Hacienda at 533-7322 for information.

April is Child Abuse Prevention Month

Army Community Services Family Advocacy Program will be offering several classes on Child Abuse Identification, Recognition and Reporting throughout the month of April.

These classes will be open to the community on a reservation basis only, limit 15 per class. They will be held at the ACS Conference Room, Building 50010.

The remaining classes will be offered today, 2 - 4 p.m.; Tuesday, 6 - 8 p.m.; and April 29, 6 - 8 p.m. Call ACS at 533-2330 for more information.

Volunteer of the Year Award Ceremony

The Installation Volunteer Coordinator has announced that the Volunteer of the Year Award Ceremony will be held April 25, 2-4 p.m., at Murr Community Center.

For more information on the event, contact Jo Richter at 533-4823.

For your dining pleasure...

Jeannie's Diner, conveniently located adjacent to Desert Lanes, is open the following hours for your dining pleasure: Mon.-Thurs.. 6:30 a.m.-9 p.m.; Fri., 6:30 a.m.-10 p.m.; Sat., 8:30 a.m.-10 p.m.; Sundays, noon-7:30 p.m.; and holidays, noon-6 p.m.

Whether you want a quick breakfast or lunch, or a relaxing dinner, we're here to serve you with a wide variety of selections from our menu, plus daily lunch specials.

Right Arm Night at LakeSide

The LakeSide Activity Centre will host the next CGs' Right Arm Night April 25 at 4 p.m. Karaoke with Ken Edwards and a pay-as-you-go bar make this a lively spot to relax and socialize. Finger foods are available.

Karate classes for all ages

Eifler Fitness Center offers karate classes to students ages 5 years through adult on Mondays and Wednesdays. Classes for 5 to 7-year olds are held at 5:30 p.m., and adult classes are at 6:30 and 7:30 p.m. Saturday classes for adults are also offered from 9:15 a.m. - noon.

Karate is an excellent way to improve physical condition, balance and self-discipline and to increase self-confidence. Classes include empty hand self-defense, kata, sparring and Okinawan Kobudo weapons.

Classes are \$25 per person, per month, with discounts available for families of three or more members. Classes are taught by Sensei Jeff Hyder, a 7th Degree Black Belt, with over 20 years of martial arts experience.

Sign up now for classes. Payment is received only at Barnes Field House, 8 a.m. - 4:30 p.m.

For additional information, call the Sports Office at 538-3180 or 538-5031, or stop by Eifler Fitness Center during scheduled class times and speak to Sensei Hyder.

Upcoming events at Mountain View Golf Course

During April, Mountain View Golf Course will hold several events, including: Huachuca Women's Golf Associa-



Spring Youth Fest set for April 26

The Directorate of Community Activities, Child and Youth Services and Recreation Services Division, along with Lawley Automotive Group, will sponsor the annual "Spring Youth Fest" on April 26, 10 a.m. - 3 p.m. The event will be held at the Youth Services Building, Child Development Center and at Geronimo and Foster Fields.

Some of the activities scheduled for that day include: the rock climbing wall; paintball; laser tag; the jump castles; an obstacle course; "Kids on the Block" puppet shows; First Aid for Today's Families; face painting; balloons; dunk tank; mask making; a table with a card to sign for our troops in Iraq and the Middle East; child safety seat demonstrations; and much more.

There will be food booths, beverage booths, baked goods, gift shop and lots of fun for all ages. B Troop, Army Community Services, DENTAC, MEDAC, Military Police and Military Police canines, the Girl Scouts and others will also be there with their displays.

Bring the kids and come out for a few hours of fun. For more information, call 533-8437.

tion, today, April 24 and 25; Joint Interoperability Command Scramble, April 24; Greater Huachuca Men's Golf Club Tournament, April 27; Judge Advocate General Law Day Tournament, April 28; and First Sergeant Retirement Tournament, April 30.

MVGC will also offer a summer series of clinics and playing the game of golf beginning in June for youth ages 7-18 years. The instructor will be Jason Pitts, MVGC. A tournament will be held at the end of the program, August 13.

Cost of the program is \$75 and includes all days of instruction and tournament fees. Space is limited, so sign up early.

Sign up at the Pro Shop at MVGC or call 533-7088 for more information.

Fort pools announce summer schedule

It's almost that time again, to get outside and enjoy the weather. And what better place to do that than the pools on Fort Huachuca? They will be offering swimming lessons, water aerobics and pool-side barbecues.

There will be four sessions of swimming lesson, and each session will be two weeks long. The cost will be \$30 per session and will be held at Grierson Pool. Dates for the lessons are as follows: Session 1, June 3-13; Session 2, June 17-27; Session 3, July 8-18; and Session 4, July 22-Aug. 1.

Registration will be at Barnes Field House, 8 a.m.-4 p.m., May 15, 16, 19 and 20 for Sessions 1 and 2. Registration for Sessions 3 and 4 will also be held at Barnes, 8 a.m.-4 p.m., June 30, July 1, 2 and 3.

Water aerobics classes will be held at Barnes Pool every Tuesday, Thursday and Saturday from 9-10 a.m. The class is for all ages and open to the public and active duty. The cost is \$3 per day or \$25 for nine classes.

The outdoor pools will be opening Memorial Day Weekend. Hours of operation for that weekend only will be: Irwin Pool-May 24-26, open 10 a.m.-7 p.m.; May 27-30, open 3 p.m.-7 p.m.; and Grierson Pool-May 25-26, open 10 a.m.-6 p.m.

Starting May 31, Irwin Pool's regular hours of operation will be: Mon., Wed., Thurs., Fri., Sat. and Sun., 9 a.m.-6 p.m.; Tues., 11 a.m.-7 p.m. Tuesdays from 4 p.m.-7 p.m. will be Family Nights with special rates.

Also starting May 31, Grierson Pool will be open every Saturday and Sunday, 10 a.m.-5 p.m. There will be no other open swim times at Grierson, since it will be used for swimming lessons during the week.

Barnes Pool will start its new summer hours June 2. The pool will be open 5 a.m.-4 p.m. weekdays, with the following schedule during those hours: 5 a.m.-7:30 a.m., Lap Swim; 7:30 a.m.-11 a.m. Open Swim; 11 a.m.-1 p.m., Lap Swim; and 1 p.m.-4 p.m. Open Swim. Barnes Pool will be closed Saturdays and Sundays, except for Saturdays, 9 a.m.-10 a.m. for water aerobics.

The fees for the summer will be: adults (18 and older) \$2; children (3-17 years) \$1; and under 2, free. At Barnes Pool only, active duty and retirees will be admitted free.

Children under the age of 12 must either be accompanied by an adult 18 or over, or have a release form to be at the outdoor pools by themselves. No one under age 16 will be admitted to Barnes Pool, unless accompanied by an adult.

For more information, contact Karlie Jo Hale at 533-3858.

**Good for one (1) FREE
Water Aerobics Class
at
Barnes Pool**



Limit one coupon per person. Valid May 26-Sept. 1

Showings

The Cochise Theater movie prices are \$3 for adults and \$1.50 for children, except on Wednesdays and Thursdays, when all admission is 99 cents. All movies will be showing at 7 p.m., unless otherwise indicated.

For more information, call 533-2950 or visit www.aafes.com.

Today at 7 p.m. Cradle 2 the Grave

DMX, Jet Li - When an international criminal kidnaps the daughter of a gang leader as part of a diamond heist, it causes a



city's police to engage in an intensive search aided by the father's gangsters. Rated **R** (Violence, language, and some sexual content). 101 Min.

Friday, Wednesday at 7 p.m. Old School

Luke Wilson, Will Ferrell - The story of three guy's in their early 30's, Mitch, Frank and Beanie, who try to relive their old college glory days by moving into a large house near their old campus.

The inadvertently form an "unofficial fraternity", where students can enjoy the riches of the partying lifestyle without the commitment that comes with having to abide by the university's fraternity rules. Rated **R** (Some strong sexual content, nudity and language). 91 Min. The Cochise Theater movie prices are \$3 for adults and \$1.50 for children, except on Wednesdays and Thursdays, when all admission is 99 cents.

Saturday, April 24 at 7 p.m. Daredevil

Ben Affleck, Michael Clark Duncan - The story of Matt Murdock, son of a boxer who gets killed by petty criminals for refusing to

take a dive.

This drives young Matt to fight crime, despite a childhood accident that robbed him of his sight. Rated **PG-13** (Action/violence and some sensuality). 102 Min.

Sunday at 7 p.m. The Hunted

Tommy Lee Jones, Benicio del Toro - Tommy Lee Jones is an FBI deep-woods tracker who captures an assassin who makes a sport of killing deer hunters.

When the killer escapes in the city, he must team up with another agent to hunt sown this thrill killer before he starts to hunt them. Rated **R** (Strong bloody violence and some language). 94 Min.

April 25, 30 at 7 p.m. Agent Cody Banks

Frankie Muniz, Hilary Duff - Teenager Cody Banks is recruited by the U.S. government to be a special agent that they call upon when they're faced with a mission that can be only be accomplished by someone who wouldn't be old enough for such a mission. Rated **PG** (Action violence, mild language and some sensual content). 101 Min.

April 26, May 1 at 7p.m. Tears of the Sun

Bruce Willis, Monica Dellucci - A team of Navy SEALs is sent into the jungle in the heart of Nigeria on a search-and-rescue mission for a doctor.

Can a handful of U.S. soldiers get to their rendezvous point before the several hundred African Soldiers on their tail get to them first?

Rated **R** (Due to frequent graphic violence, involving depictions of military combat and atrocities; occasional profanity; fleeting nudity and depictions of rape in war-torn settings. Parental caution is **Strongly urged**). 121 Min.

April 27 at 7 p.m. Willard

Crispin Glover, Laura Harring - Pestered by his co-workers, Willard exacts revenge when one of his rats is killed at work.

Led by the unusually intelligent rat named Ben, an army of rats descends on those who did Willard wrong.

Rated **PG-13** (Terror/violence, some sexual content and language). 100 Min.

Incredible eggs for Easter, safety, cooking tips for entire year

BY KAY BLAKLEY

DECA EUROPE CONSUMER ADVOCATE

What better time than Easter to take an in-depth look at a subject people seem to have an awful lot of questions about – eggs. Many of these questions come to mind as you gaze upon a raw egg freshly broken into your cake batter or one sizzling in the frying pan. You notice some peculiarity you're afraid might be an indicator of spoilage, and before you know it, the whole thing hits the garbage. Better safe than sorry, you think. But, the truth is, nine times out of 10, what you noticed is simply a natural part of an egg. You've just never had the opportunity to become closely acquainted with all the little quirks tucked under the shell of one of nature's convenience foods. Until now — that is. Let's take a closer look at some of the most common observable oddities.

Blood spots: Occasionally, a small spot of blood, caused by the rupture of a blood vessel during the egg's formation, is found on the yolk. It is found only rarely, because most eggs with blood spots are detected and removed during the grading process. A few do escape detection, however. It is not an indicator of a fertilized egg. The egg is still perfectly edible, despite this imperfection — just remove the spot with the tip of a knife, if you wish.

Cloudiness of the white: Cloudiness of the egg white is actually an indication of a very fresh egg — one in which the naturally occurring carbon dioxide has not yet had time to escape through the shell.

Double-yolked eggs: You will encounter a double yolk from time to time, but it is not a cause for concern in the least. Young hens whose egg production cycles are not yet completely synchronized sometimes produce these eggs, as do hens that are old enough to produce Extra Large eggs. On occasion, a

hen will produce double-yolked eggs throughout her egg-laying career.

The egg runs all over the pan: A very fresh egg will stand up tall around the yolk and maintain a nice round shape in the frying pan. As the egg gets older, the white becomes thinner, the yolk flatter, and the protective membrane over the yolk becomes weaker allowing it to break easier. Older eggs don't need to be discarded; they are still useful for many dishes.

These changes have no impact on the egg's nutritional quality, taste or functional cooking properties in most circumstances. Older eggs are great hard-boiled — they are easier to peel because the air cell at the large end of the egg has become larger. They are also fine for scrambled eggs, egg batter for French toast, for many baked items, or used as a binder in a casserole or meatloaf. For a fried or poached egg, however a fresher egg will look better. The same goes for dishes such as soufflés and meringues that rely on beaten egg whites for volume — the fresher the egg the better the result.

Cooking with eggs

You might think that anybody who could manage to find a skillet and turn on the stove could cook an egg without any instruction whatsoever. That's true — just crack the shell, apply some heat, and voila, they're cooked. But, if you'd like to avoid fried eggs, whose tough rubbery whites are surrounded by a nearly inedible, crispy brown fringe, or hard-boiled eggs with ugly green tinged yolks, you'll need to understand that eggs are extremely sensitive and will reward you greatly, if they are treated right.

Fried eggs

Preheat a heavy bottomed skillet or griddle lightly coated with cooking spray over a medium-low heat setting for about five minutes. Test for the right temperature with a few drops of water. When the temperature is right, the drops of water will just sizzle. If the water steams, the temperature is too low; if it pops and dance over the skillet surface the temperature is way too hot.

Eggs can be broken directly onto the cooking surface or broken one at a time into a small bowl, and then carefully poured into the pan. The egg should just barely sizzle, when it hits the pan and the white should start to set within a minute or so. Season with salt and pepper. As soon as the white has entirely set (opaque throughout), carefully slip a slotted spatula under the egg and gently flip it over. For an over-easy egg, side two needs to cook just long enough to set a film over the yolk without browning — no more than about 30 seconds. If you prefer the yolk thoroughly cooked, or over-hard, cook side two for about one minute.

If you just can't get master the flipping technique without breaking the yolk, try breaking the eggs in a prepared and pre-heated nonstick pan, season with salt and pepper, cover and cook for two and a half minutes for soft/runny yolks, three minutes for soft/set yolks, or three and a half minutes for firmly set yolks. Use either cooking spray or one tablespoon butter to prepare the pan.

Scrambled eggs

For four servings use:
eight large eggs
half teaspoon salt
half teaspoon pepper
half cup milk

Place all ingredients in a medium bowl and lightly beat with a fork until thoroughly mixed and creamy yellow.

Once again, medium-low heat is the key to creamy tender scrambled eggs — higher heat will result in dry, rubbery, browned globs. Use a non-stick pan, and don't try to scramble too many eggs at once. No more than about a one-inch layer of eggs in the pan is just about right. Use cooking spray or butter if you wish, but neither may be necessary in a non-stick pan.

Pour the egg mixture into the pre-heated pan. As the eggs begin to set, use a spatula to lift and fold them, allowing uncooked liquid to slip underneath the cooked portion. Keep folding until all of the mixture is set, but is still glossy and moist. Serve immediately.



Coloring eggs

All right, now that you're as knowledgeable about eggs as the Easter Bunny, try your hand at dyeing few of your perfectly hard-boiled eggs for Easter Baskets. Follow these tips from the McCormick Food Coloring folks for eggs any Bunny would be proud to deliver.

Painting eggs with food colors

In a small glass container, combine 10 drops of one color food coloring, a half teaspoon vinegar and a half teaspoon water. Paint hard cooked eggs with paintbrush or cotton swab.

Pastel marbled eggs

In a shallow bowl, combine one fourth cup boiling water, one teaspoon vinegar, one eighth teaspoon oil and four to eight drops Food Color. Gently roll each egg in mixture 30 seconds or until egg is the desired shade; transfer egg to second color mixture and repeat the process. Allow egg to dry completely.

Make colors of the rainbow

Combine one half cup boiling water, 1 teaspoon vinegar and specified number of food color drops, listed below, in a cup to achieve desired colors. Repeat process for each color. Dip hard-cooked eggs in dye for about five minutes.

Use a slotted spoon, wire egg holder or tongs to add and remove eggs from dye. Allow to dry thoroughly before storing or handling.

