

The Scout Time Out



Photo by Staff Sgt. Robert Hyatt

See the winding road, Page 2

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Soldier grabs Pan Am silver as pentathlete

BY TIM HIPPS
ARMY NEWS SERVICE

Olympian and Army 1st Lt. Chad Senior had a great day in the modern pentathlon at the 2003 Pan American Games.

Two-time Olympian Vakhtang "Vaho" Iagorashvili, however, had a fabulous day and earned a berth to the 2004 Summer Olympic Games at Athens, Greece, by winning the Pan Am Games modern pentathlon gold medal with 5,612 points Aug. 12.

Senior, a member of the U.S. Army World Class Athlete Program at Fort Carson, Colo., settled for the silver medal with 5,492 points.

"It takes a great day to beat him," said Senior, who finished sixth in the 2000 Summer Olympics at Sydney, Australia. "And he had a great day, so I'm happy with the silver. I'm proud of him, and I'm proud of my performance. All things being equal, I wish our positions were reversed."

Senior began the day with 1,120 points in shooting, second only to Iagorashvili's 1,156 points.

"That was probably slightly over my average, so I didn't

fold under the pressure of a big competition," Senior said. "I did exactly what I needed to do in the shoot."

In fencing, however, Senior was fifth among 15 competitors with 840 points while Iagorashvili widened the gap in his strongest event with 1,032 points, good for another first-place finish.

"I just fell apart a little bit in the fence, and that obviously was the difference," Senior said. "Everything else between both of us was fairly close. I knew if I could keep it close in the fence, I thought I could be close enough in the run to make a go at him."

Senior was shaved and rested for swimming. He won the 200-meter freestyle event in 1:56.79, but U.S. teammate Iagorashvili wasn't far behind in second place with a 1:59.59 clocking.

Iagorashvili, 39, won a bronze medal in the 1988 Olympics at Seoul, Korea, while competing for the Republic of Georgia. He will be 40 when he competes in the Athens Games.

Senior gained more ground with a solid equestrian ride, earning another 1,076 points

with a fourth-place finish to Iagorashvili's 1,044 points for finishing eighth.

Their fourth and eighth places were identical in the final event, a 3,000-meter cross-country run, but Chad knew there was no way to overcome Vaho's 41-second lead at the staggered start.

"In 3,000 meters, between any respectable guys, 40 seconds is an eternity," Senior said. "If I was within 25 to 28 seconds, I probably would've made a run at him, but I knew it was a bit too much. I just wanted to make sure I kept second place. I didn't think I could catch him."

"I'm happy with everything," Senior said. "I can't complain about the day. A few simple errors in fencing, and that was it. I've always thought my best day is better than everyone else's best day. He put his best day together, and I was a little bit short of where I needed to be in one event. But that's the way it goes."

Senior beamed about finishing second a day after Army World Class Athlete Program

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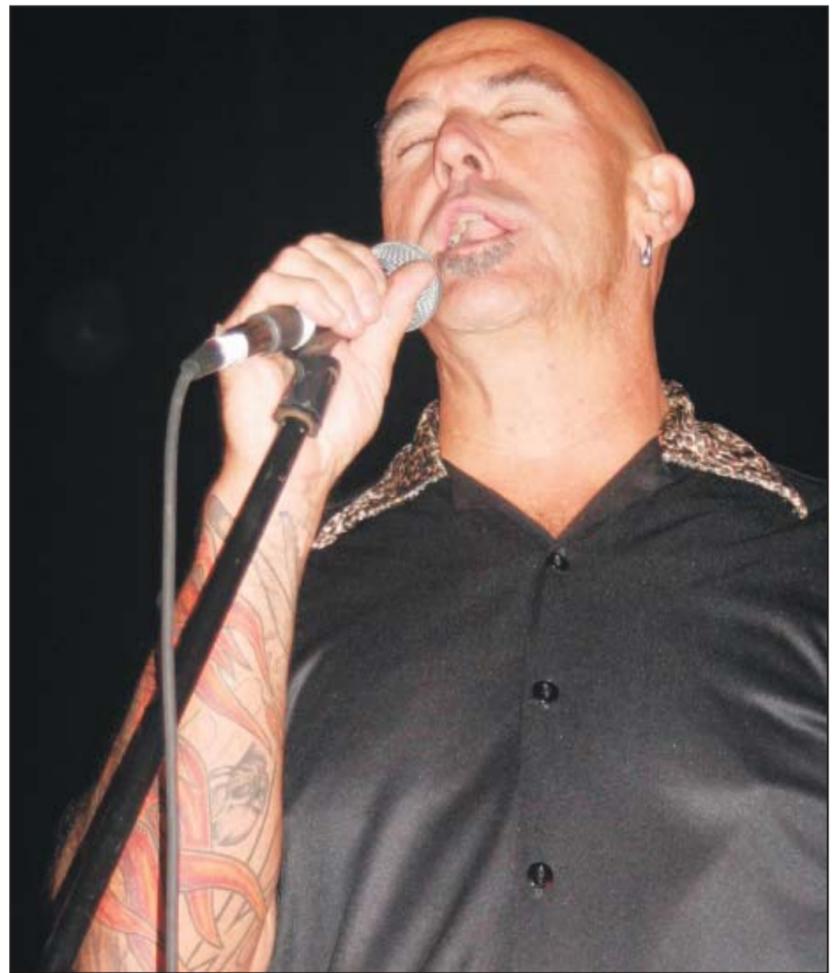


Photo by Neil Drumheller

Belting out blues

Buzz and the Soul Senders performed Saturday night at Pauly Field as a part of the summer concert series. The Bisbee blues band headlined in the four-hour concert that also feature The Green Machine, a blues and rock group also from Bisbee, opened the show.



Photo by Elizabeth Harlan

Rent some wheels

Enterprise Rent-A-Car is now open on Fort Huachuca. Located inside the main lobby at the Post Exchange, the hours of operation are Monday - Friday 9 a.m. - 6 p.m. and Saturdays 9 a.m. - noon. This rental car company carries a wide variety of vehicles ranging from compact and midsize 4-door cars to larger-sized family sedans. They also carry a large selection of pickup trucks, sport utility vehicles, minivans and 15-passenger vans. Enterprise is celebrating the opening of this branch with a barbecue Wednesday from 11 a.m. to 2 p.m., at the picnic area next to La Hacienda. For more information call 459-6200.

NFL pre-game show access availability honors troops

BY K.L. VANTRAN
AMERICAN FORCES PRESS
SERVICE

Military men and women and their families will have front-row seats to a free concert to kick off the 2003 National Football League season here Sept. 4.

The event, formally promoted as "NFL Kickoff Live 2003 From the National Mall Presented by Pepsi Vanilla," will salute America's service members and Department of Defense civilians. It will begin 6 p.m. EDT Sept. 4 and feature musical performers Mary J. Blige, Britney Spears and Aerosmith. Aretha Franklin will conclude the concert with the national anthem. The location will be in roughly the same place as the annual Fourth of July concert near the U.S. Capitol.

The rain-or-shine event is open to the public, but is designed to honor America's military forces, especially those who have participated in the global war on terrorism.

Service members, who are encouraged to wear

open-collar dress uniforms, may register at the U.S. Army Installation Management Agency Web site by clicking on the Operation Tribute to Freedom icon. As of Aug. 18, 4,000 service members had signed up.

Beginning 2:30 p.m. Sept. 4, service members in uniform with ID, can pick up wristbands at one of four Operation Tribute to Freedom tents set up on the mall. Wristbands, given on a first-come, first-serve basis, allow recipients access to the front sections of the concert area. Before entering the concert area, all guests will go through a security screening area.

This is a great opportunity for soldiers, sailors, airmen, Marines, Coast Guardsmen and their civilian counterparts to get out, relax and get some entertainment, said Army Col. Daniel Wolfe, executive officer, Operation Tribute to Freedom Task Force.

"It's a really wonderful event," he added. "It's terrific for the NFL to recognize the troops and what better place to do that than on

the mall in our nation's capital."

There will be large video display screens throughout the concert area. Following the concert, the screens will broadcast the season opener between the Washington Redskins and the New York Jets at FedEx Field, located in nearby suburbs.

"We had a spectacular first-ever kickoff event last year in New York City to celebrate the resilient spirit of the city and America," NFL Commissioner Paul Tagliabue said in an NFL news release.

"We are looking forward to this season's opening game in the nation's capital, which presents a unique opportunity to salute the military and other public servants."

Part of the concert event will be televised live before the game, from 8 to 9 p.m. EDT on ABC.

The one-hour show will be shown after the game on the West Coast. It will also be broadcast on American Forces Radio and Television Service.

The Buffalo Soldiers, the Fort Huachuca softball team, are the new military world champions. They blasted past their opponents over the weekend at a tournament in Panama City, Fla. The United States Specialty Sports Association put on the tournament. See next week's Scout for more on this victory.

Time out briefs

Desert gardening tour

Sept. 6, is the seventh annual Fall Xeriscape Tour and a "How Do I Plant?" workshop. The free, self-guided landscape tour will feature five low-water-use landscapes in the Sierra Vista area. Sponsored by the Water Wise program and the Cochise County Master Gardener program, the tour will show visitors a variety of ways beautiful landscapes can be water efficient. The tour hours are from 9 a.m. - 1p.m.



Maps to the landscape tour will be available at the workshop or by calling the University of Arizona Cooperative Extension's Water Wise program at 458-8278, extension 2141.

Tallest School in the World opens to public

Childsplay, Arizona's award-winning theatre company for young audiences, presents a series of tales by well-known author Louis Sachar.

Sideways Stories from Wayside School jumps from the page to Center Stage at the Herberger Theater Center, located in Phoenix, Sept. 13- Oct. 4.

These wacky tall tales are set in a school which was

accidentally built 30 classrooms high instead of side by side. In the classroom on the 30th floor, it is not uncommon for students to be turned into apples, to read upside down and to play instruments called plickerwachers. This play is appropriate for children five and older, and is sure to excite and delight the child in all of us.

Author Louis Sachar won the 1998 Newbery Award for his book, Holes, which was recently released as a movie. He also wrote such favorites as "There's a Boy in the Girls' Bathroom," "Dogs Don't Tell Jokes" and the "Marvin Redpost" series. For more information, call (602) 258-9521.

Thunder Mountain Trekkers meet

The Thunder Mountain Trekkers will meet Tuesday at 7 p.m. in the SSVEC conference room, 311 Wilcox Dr., Sierra Vista. Planning is underway for their internationally sanctioned walking event on Sept. 26 and 27, as part of the annual Elk's Club Oktoberfest.

If you have any questions, please feel free to call Wendy or Dave at 378-1763.



Women's event planned

A one-day Women in the Outdoors event to be held Sept.

13, from 8 a.m. - 5 p.m., at La Posta Quemada Ranch in Colossal Cave Mountain Park.

The event will have the following courses: camp cooking, animal rehabilitation, archery, shotgun basics, new reality in survival, basic hunting, pet survival in outdoors, hiking and poisonous critters, outdoor photography, horseback riding and animal re-introduction.

The cost of \$50 will provide the use of equipment and the instructional material for all registrants, continental breakfast, lunch and membership to Women in the Outdoors (an additional \$25 for horse back riding).

To receive registration information contact Rena at 325-0300 or print a registration form by accessing www.theultimateway.com.

Participation in this event is limited to the first 100 registrants and pre-registration is required. Registration deadline is Aug. 30.



Library offers drop box

With the lowering of threat conditions, the Main Library's book drop is now open when the library is closed. For further information, call 533-3041.



The winding road

BY TERRALISSA LEE
USAIC&FH PAO

The University of Arizona, in Tucson, is a major center for arts and culture in the Southwest. It is home to a variety of museums and galleries which feature distinguished collections from the ancient to avant garde. It also offers public programs in theater, music, dance and film ranging from lavish stage productions by international touring companies to smaller programs presented by visiting artists, faculty, students, and the local community.

One highlight of the fine arts academic program is the Striking Photography on exhibit. The Boyce Thompson Arboretum in Superior is featuring the work of stormchaser/lightning photographers Susan Strom and Cathy Franklin.

The International Arts Society Film Series kicks off on August 29 as the International Arts Society celebrates 50 years of old, new, tragic, comic, foreign and domestic fun.

My personal favorite is the UA Presents performing arts series, which brings the world's finest music, dance and Broadway productions to southern Arizona each year. This year's UA Presents consists of eight performing arts series: Broadway, classical music, peace and reconciliation, Africa (in America), world rhythms, beauty in dance, sabor de Mexico, and gala. This is the perfect time of year, as the 2003-2004 season is getting ready to start, to visit <http://www.uapresents.org>, select the shows you'd like to see, mark them on your calendar, and purchase the tickets well in advance.

The Arizona Repertory Theatre is the musical theatre centerpiece of the School of Theatre Arts' professionally oriented production program. It serves as the showcase for the acting, directing, design and technology students and is a wonderful way to catch some great plays. 'Rumors' kicks off this year's Arizona repertory theatre season.

The University of Arizona Poetry Center was established to maintain and cherish the spirit of poetry and has become one of the foremost literary arts centers in America. The poetry center is home to the special collection library and archive and is renowned for the visiting poets and writers reading series.

The University of Arizona has six museums. The Arizona Historical Society offers a variety of experiences for children and adults. Follow the exploration and development of Arizona from the arrival of the Europeans in the 1500s to territorial Arizona in the 1800s. The Arizona State Museum brings the cultural history of the Southwest to life.

The Flandrau Science Center and Planetarium features hands-on exhibits for children, science workshops, and exciting shows in the planetarium theater. The Mineral Museum has minerals, gemstones, and meteorites from around the world. It is located within the Flandrau Science Center and Planetarium.

The Museum of Art houses changing exhibitions and a growing permanent collection of art ranging from 15th century to contemporary art. The last museum, the Pharmacy Museum, holds a collection of over 60,000 artifacts from pharmacies in Arizona.

There are also three art galleries on campus. The Center for Creative Photography features exhibits by new photographers and renowned artists including Ansel Adams and Edward Weston. The Joseph Gross Art Gallery and the Lionel Rombach Art Gallery feature a variety of exhibits throughout the year. Go to <http://www.arts.arizona.edu/galleries> for a complete exhibition schedule.

For more information on what the University of Arizona has to offer, visit the arts and performance page at <http://www.arizona.edu/home/arts>.

Join me next week as we continue to explore Tucson. Questions? Comments or requests? Contact me at terralissa.lee@us.army.mil.



Photo by Elizabeth Harlan

More shopping days

The commissary is open on Tuesdays now, expanding the opportunity for authorized users to shop.

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teammate 1st Lt. Anita Allen won the women's competition to earn a berth in the Athens Games.

"This speaks volumes for WCAP the way Lt. Allen and myself did here," he said. "Not to forget the guys behind the scenes, the other athletes we have training with us who prepare us and get us ready for these events, our training partners. We have a great group and a great program. Hopefully WCAP is happy with the results, too."

Team USA modern pentathlon head coach Janusz Peciak, a 1976 Olympic champion from Poland, was content with all his athletes' performances, including Mary Beth Iagorashvili, Vaho's wife, who won the women's bronze medal.

"I was very happy with Chad," Peciak said. "He got a lot of points for the world rankings, which gives him a good chance to qualify for the World Cup and World Championships. This should make him among the top six in the world. His fencing is up and down, but he had a very strong finish, so overall he competed very well. I'm very optimistic about him being in the Olympic Games at Athens."



Photo by Tim Hipps

1st Lt. Chad Senior (left), a member of the U.S. Army World Class Athlete Program at Fort Carson, Colo., displays his silver medal after finishing runner-up to U.S. teammate Vaktang "Vaho" Iagorashvili (center) in men's modern pentathlon in the 2003 Pan American Games at Santo Domingo, Dominican Republic. Mexico's Sergio Salazar (right) won the bronze medal.

Pets of the week



Hello, my name is Asher and I am a very playful dog. I love to run around outside and get along good with kids. We can play together for just \$42!



Hello, we are brand new Australian shepard puppies. There are 8 of us. We would love to be a new addition to your family. We can be yours for only \$84- \$94!



Hello, I am a little kitten and do not have a name yet. I hope for somebody to come and adopt me and make me a part of their home. My cost is just \$42.



I'm Ajax. I am 18 months old. I get along good with children but not with kitties. I am an active dog who loves to play. I can be your for just \$42.



FORT HUACHUCA DIRECTORATE OF COMMUNITY ACTIVITIES UPDATES

The Directorate of Community Activities is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be directed to MWR Marketing Director, Paula German at 538-0836 or send an e-mail to paula.german@hua.army.mil or visit us on the Web at mwrhuachuca.com

Right Arm Night at LakeSide

The LakeSide Activity Centre will host the next CG's Right Arm Night on Friday at 4 p.m. Karaoke with Ken Edwards and a pay-as-you-go bar make this a lively spot to relax and socialize. Finger foods will be available.

DCA facilities close early Sept. 5

The following DCA facilities will close for DCA Organization Day on Sept. 5, at 11:30 a.m., and will remain closed until the end of the day: MWR Director's Office, NAF Procurement, NAF Central Accounting Office, MWR Marketing, MWR Box Office, NAF Human Resources, MWR Logistics (maintenance), MWR Sportsman's Center and Army Community Service. Barnes Field House will close at 11 a.m. and remain closed until the end of day. Barnes will reopen with regular hours Saturday.

Watch 'Jaws' at Barnes Pool

Just when you thought it was safe to go back in the water ... "Jaws" is back. Barnes Pool will present movie night Friday. Here's your chance to lounge around in the water, or on the deck of the pool, and watch the movie in the perfect atmosphere. What a way to spend a Friday night!

All ages are invited, and the cost of the movie and swimming will be as follows: ages 18 and older, \$5; ages 3-17, \$4; and ages 2 and under are free.

The pool will open at 6 p.m., so you can come out and swim and enjoy yourself before the movie begins at 8 p.m. There will be popcorn, candy and drinks for sale. For more information, call 533-3858.

Boating safety class

MWR Rents will offer a boating safety class Tuesday and Thursday, 6 p.m. - 10 p.m. at MWR Rents, building 70914, on Irwin Street. You must attend both nights. Completion of a boating safety class is necessary to rent boats from MWR Rents. For more information, call 533-6707.



Coming up at the golf course

The next Payday Scramble will be held Aug. 28 at 12:30 p.m. at Mountain View Golf Course.

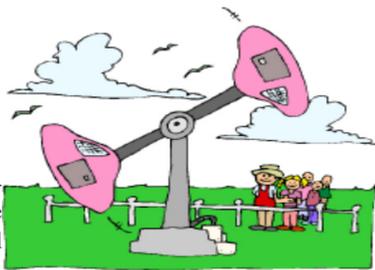
Ladies' beginners golf is held every Wednesday and Friday at 7 a.m. and 8:45 a.m.

Every Wednesday at noon, the "Wednesday Afternooners" play a mini-tournament at MVGC.

For more information or to sign up, call 533-7088.

Get your Fun Festival carnival tickets

The Directorate of Community Activities, Recreation Services Division, will present the annual Family Fun Festival Sept. 19-21. The festival will be held at Veterans Memorial Park in Sierra Vista, to ensure easy access for all festival-goers.



The festival will feature the City of Fun Carnival. Tickets for the carnival are now on sale at MWR Box Office. The price is just \$6 for 10 tickets. Buy now and save. For more ticket information, call the box office at 533-2404.

Vendor applications for this event are also available and may be picked up at Barnes Field House. For more information, call Karlie Jo Hale at 533-3858 or 266-0253.

Sign up for Fun Fest softball tournaments

During the Family Fun Festival, Sept. 19 - 21, the Sports Branch of the MWR Recreation Services Division will sponsor two softball tournaments. One will be an open men's tournament and the other a coed tournament. The games will be held at Brown and Howard Fields, at Veterans Memorial Park in Sierra Vista.

Six men's teams and six coed teams are needed to conduct the tournaments. Entry fee is \$125 per team, and the deadline to sign up is Sept. 12.

One team award will be presented to each of the first, second and third place teams. Sixteen T-shirts will be presented to the first and second place teams.

Stop in at Barnes Field House to pick up an entry form from either Tom Lumley or George Thompson. For more information, call 533-5031, 533-3246 or 533-3180.



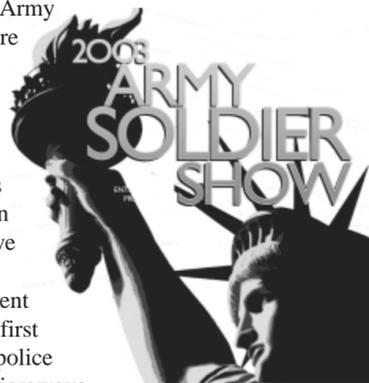
Army Soldier Show Aug. 28, 29 at Buena

The U. S. Army Community and Family Support Center will present the 2003 Army Soldier Show Aug. 28 and 29 at Buena Performing Arts Center, Sierra Vista. There will be one show Thursday at 7 p.m. and two shows Friday at 5 and 8 p.m.

The U.S. Army Soldier Show is a fast-paced, 90-minute family-friendly musical medley featuring 17 soldiers performing a variety of music styles ranging from current pop hits to patriotic, country to rhythm and blues, contemporary Latin to nostalgic rock and roll, and pays special tribute to Irving Berlin, the "founding father" of today's Army Entertainment program. Great dancers in the cast allow more dancing than in previous years, with jazz, tap, ethnic, Bob Fosse-styled choreography and even a Native American hoop dance worked into the show.

The cast and crew include active duty, National Guard and Reserve Component soldiers from 11 states, Japan, Korea and Germany. They vary in rank from private first class to first lieutenant and include an infantryman, broadcast journalist, military police officer, armored vehicle gunner, licensed practical nurse, food service specialist, microwave systems operator and mental health specialist, among others. While in the show, they are assigned additional duties according to their rank, such as vocal director, dance captain and wardrobe/costume manager.

Admission to the show is free, but you must have a ticket. Tickets are going fast, so get yours now at Sierra Vista Safeway or MWR Box Office. For more information, call 533-2404.



Spc. Devon Lynch, a member of the California Army National Guard, leads the cast in "All That Jazz" during the 2003 U.S. Army Soldier Show.

Marvel Action Hero bowling starts

It's time to sign up for the Marvel Action Hero Bowling Club at Desert Lanes. The youth/adult league will run Sept. 1 through Dec. 15.

Participants will bowl three games every Monday at 6 p.m.

Teams will consist of one youth and one adult. If you do not have a teammate, you will be paired with someone.

Cost is \$12 per person per week. At the end of the league, each bowler will receive their choice of bowling balls featuring Spider Man or the Incredible Hulk. Spaces are going fast, so stop in at Desert Lanes today to sign up or call Randy Carter at 533-2849 for more information.



Coaches' meetings set for Sept. 4

Commander's Cup coed, intramural cross



country and flag football are set to begin in early September.

The coaches' meeting for the cross country program will be held Sept. 4, 10 a.m. at Barnes Field House. Letters of intent, including the team coach's name, duty phone and e-mail address are due at that time. Team rosters are due by close of business Sept. 11. The cross country program begins Sept. 13.

The coaches' meeting for the flag football program will also be held Sept. 4 at BFH. That meeting will start at 11 a.m. Letters of intent for units that want to enter a team into the program are due at that time. Letters should include coach's name, duty phone and e-mail address. The flag football season begins Sept. 22.

For more information on either of these programs, call Tom Lumley at 533-5031 or 533-3180.

Help us re-name LaHacienda, win party

MWR is in the process of renovating LaHacienda Club in order to better serve you, our customers. Along with the "face-lift," the facility will also receive a new name. That's where we need your assistance. Help us come up with a new, exciting name to go along with the new and improved facility.

Submit your suggestion to paula.german@hua.army.mil. Be sure to include your phone number. Deadline for entries is Sept. 30.

Along with having their entry published in The Scout, the winner will receive a free get-together, including hors d'oeuvres and soft drinks for 20 people, at the newly-remodeled facility. For more information, call 538-0836.

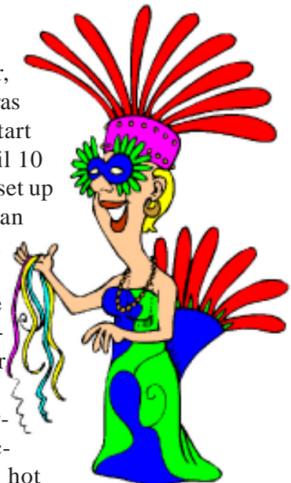
Mardi Gras party

Come out for the best block party of the summer Saturday when Barnes pool holds the end-of-summer, poolside barbecue, Mardi Gras party. The festivities will start at 1 p.m. and continue until 10 p.m. The pool patio will be set up as a dance floor, so you can enjoy music, dancing and swimming all in one fun-filled day and evening. Be sure to check out the life-guards, dressed in their Mardi Gras costumes.

Cost will be \$5 per person and includes all the activities, plus a hamburger, hot dog and chips.

If you would like to attend, but don't have transportation, free shuttle service will be available. Just call 533-3858 and someone will pick you up and take you home again.

Get your friends together and come to the Mardi Gras. It's the perfect way to end the summer.



Special on towed grill rental

During the month of August, MWR Rents is offering the rental of any towed grill for just \$15 per day.

For more information, call 533-6707.



Skeet shoot Friday, Sunday

The Monsoon Skeet Shoot will be held Friday and Sunday at the Sportsman's Center. Registration will begin at 8 a.m. For more information, call 533-7085.



Setter Victoria Johnson of the Company E, 305th MI Bn., tips the ball past a Company D, 305th MI Bn. player.

Photos by Nell Drumheller



Zuzana Zimmermann coach of the Company E, 305th Military Intelligence Battalion, is unsuccessful in an attempt to get past the wall put up by a player from Company D, 309th MI Bn. in last week's commanders' cup volleyball tournament.

Kablam

*With a bump, set, spike
305th takes 309th for a ride*

BY NELL DRUMHELLER
SCOUT STAFF

The weather was cool and drizzly, while inside Barnes Field House the temperature was hot, hot, hot as Company E, 305th Military Battalion took Company D, 309th MI Bn. to task in the final match of this year's Commanders' Cup volleyball season.

The 305th team blazed in, undefeated, via the winner's bracket to face the athletes from the 309th, and beat them slickly in one match, 18-16, 11-15 and 15-8.

Throughout the season both teams showed passion, finesse and style as they easily routed their opponents on the road to the tournament.

The season-ender was played with deep digs, smooth passes and the hard smacking of the volleyball as spikes pounded past blockers.

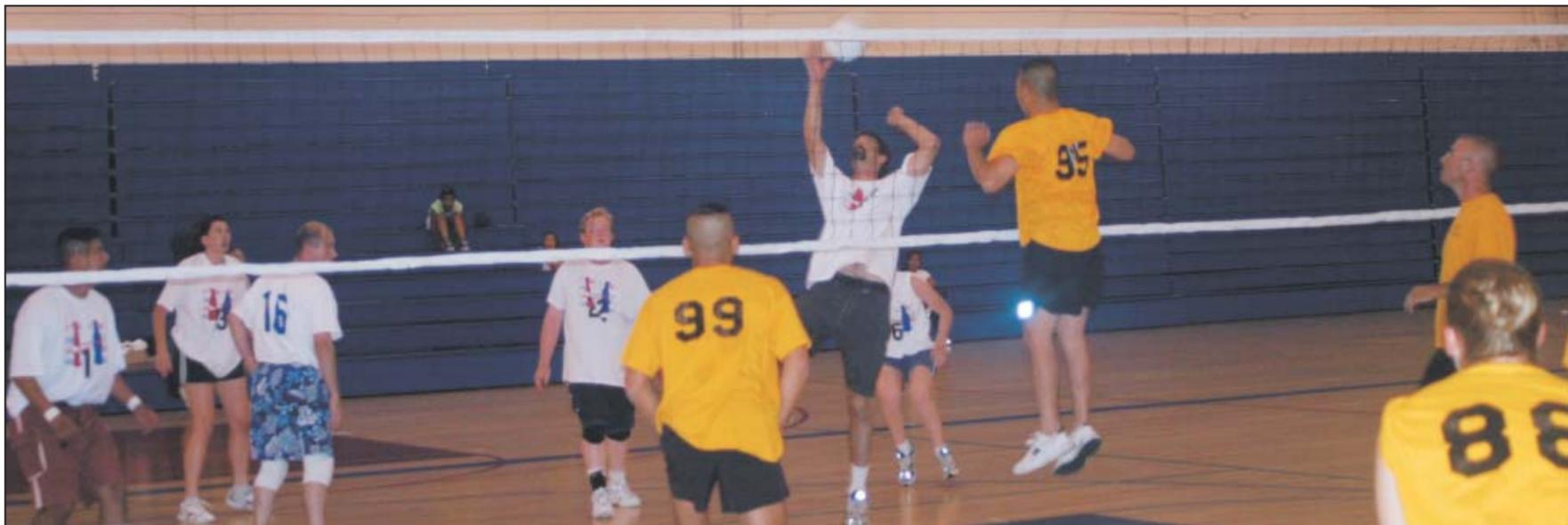
Attesting to the skill level of players on both teams; the officials blew their whistles only a handful of times for lifts or carries and the occasional illegal move. Even with their accurate ball handling, the match and season were won more by what wasn't done than what was. Individual errors, failed serves and hits into the net were the downfall of the 309th, the 305th didn't beat their opponents, but eagerly took the win given to them through player errors.

The 309th started out the evening with aggression and good play, taking the game by two points, 18-16. As the evening progressed, the "Big Dogs" of the 309th seemed to lose their edge and their confidence, bringing out the weaknesses in their game. The runner-ups ended with 10 wins to two losses.

The level of play throughout the season from the 13 teams in the league was uneven, from the top of the food chain's 305th to the basement. Some teams played with organization and skill while others fumbled badly, both with their consistency and competency. The matches between the better teams were dances of athletic ability, while the less talented teams seemed to come out and have a good time playing a sport that little resembled competitive volleyball.

Left, the "Big Dogs" of Company D, 309th MI Bn. serve receive the ball.

Below, Charles Rossman, middle hitter for Company E, 305th MI Bn. spikes the ball against a blocker from the 309th team.



Allen earns Olympic berth in modern pentathlon

BY TIM HIPPS

USACFSC PUBLIC AFFAIRS

First Lt. Anita Allen became the first member of the U.S. Army World Class Athlete Program to earn a berth in the 2004 Summer Olympics by winning the women's modern pentathlon Aug. 11 in Pan American Games XIV.

Allen won the gold medal in the grueling, five-sport, day-long event with 5,268 points. Brazil's Samantha Harvey, one of Allen's neighbors in Colorado Springs, Colo., won the silver medal with 5,256 points, and Olympian Mary Beth Iagorashvili of Munkwanago, Wis., took the bronze with 5,220 points.

Allen, 25, a member of the medical service corps from Star City, Ind., dedicated her emotional victory to West Point classmate 1st Lt. Leif Nott, who was killed July 30 during an attack on U.S. forces in Iraq.

"The entire time I was thinking 'This is for Leif, this is for Leif. I'm gonna do it,'" said Allen, who finished second in shooting, 11th in fencing, sixth in swimming, second in equestrian riding and first in cross-country running during the grueling one-day event.

Nott never was far from Allen's mind Monday as she lowered her personal best in the swim by six seconds and delivered the equestrian ride of her life aboard Carmia, who minutes earlier refused three jumps, posted several knockdowns and threw Mexico's Karina Morales to the ground.

Allen finished runner-up to Canada's Monica Pinette in shooting and then struggled in fencing, starting 0-6 before regrouping for nine victories and 13 defeats in two matches against each competitor.

"At least I salvaged some momentum to take to the pool," she said.

Allen began swimming toward gold with a time of 2 minutes, 27.19 seconds in the 200-meter freestyle, good for 1,156 points.

"Everything felt so easy in the water. I PR'd by six seconds," she said of her personal best in the event.

Little did Allen know the best was yet to come.

In the equestrian event, she scored 1,172 points with a magnificent ride aboard Carmia, who knocked just one rail to the ground.

"Pushing horses forward and feeling horses that are going to refuse [jumps] doesn't always come naturally to me; I

haven't spent enough time in the saddle," admitted Allen, who has been riding, fencing, swimming and shooting competitively for just 25 months. "I kept growling at him in between the jumps and yelling at him to keep going. I didn't feel comfortable taking my hand off the reins to give him a tap, so I just used voice aids to scare him into jumping. I held on with both hands the whole way, and I had a nice set of spurs that helped, too.

"That was my most memorable ride," she added.

Allen, who wore a black armband in Nott's honor much of the day, entered the final event 42 seconds behind leader Katia Rodriguez of Cuba for the staggered start of the 3,000-meter cross-country run, Allen's strongest event.

"I did still have my ace in the hole," said Allen, who was named MVP in cross country and captain of her track team at West Point. "I am a strong runner."

Rodriguez, silver medalist Samantha Harvey of Brazil, bronze medalist Mary Beth Iagorashvili of Team

USA and Pinette all started the run in front of Allen, who closed the 200-meter gap on the final loop around the outside of the equestrian center.

Allen won the running event with a time of 10:44.45. Canada's Kara Grant, who finished fifth in the modern pentathlon, was second in the run in 11:11.40. Harvey, who started the run second, 27 seconds ahead of Allen, finished three seconds behind her.

"When I got to the starting line, all I could think was 'Leif, help me out here. I'm thinking a lot of you, and this is for you. If I can do it, we'll do it together,'" Allen recalled with tears welling in her eyes. "And I really, really think — I'm one to believe that people watch over you — that we were going to do it together, and sure enough, we did. And it was the greatest feeling."

Allen got help from other quarters as well. U.S. teammate Iagorashvili kept Allen's spirit thriving when she was struggling in fencing, as did fencing coach Elaine Cheris. Dr. Gary Wood provided breathing exercises that helped Allen combat allergies in the pool.

Equestrian coach Shane Brasher eased her fears of the skittish horse. Army World Class Athlete Program teammate 1st Lt. Chad Senior, another modern pentathlete who stayed out of the heat most of the day because he was competing the next day, appeared out of nowhere to coax her around the cross-country course.

"Once I saw Samantha and the Cuban girl [on the run], I thought: 'I can do this,' Allen said. "I was so lucky to have my teammate, Chad Senior, on the backside because he was telling me how many seconds I was gaining on the Cuban girl. He was really my savior on the run."

And Team USA modern pentathlon coach Janusz Peciak was in Allen's ear all day.

"I had a lot of angels helping me today," admitted Allen, who then praised the Army World Class Athlete Program.

"I can't think WCAP enough," she said. "They're the ones who found me and introduced me to the sport. I always wanted to go to the Olympics, but I knew that in track and field and cross country I just wasn't going to cut it. But I just happened to be at the right spot at the right time and got introduced to the right person, and they made my dreams come true. They really did. There's no way I could ever do this sport without them."



Photo by Tim Hipps

Sports standings

Intramural golf final standings for August

Unit	Matches played	Points
HC, 306 th MI	123	14
ISEC, Team 1	95	14
JITC Team 2	90	14
111 th MI	84	14
Company A, 306 th MI	81	14
MEDDAC	76	14
Company C, 304 th MI	72	14
ISEC Team 2	70	14
ISEC Team 3	68	14
Company B, 305 th MI	57	14
IEW Maintenance	55	14
JITC Team 3	54	14
JITC Team 4	49	14
IEWTD	42	14
JITC Team 1	26	14

Commander's Cup point standing

Unit	Points
Company B, 305 th MI	835
Company C, 304 th MI	670
USAG	645
MEDDAC	630
Company E, 305 th MI	565
314 th Air Force	510
NCOACDY	440
19 th Signal Company	335
HHC HQ Co., 306 th MI	290
HHC 111 th MI	280
Company D, 309 th MI	180
Company A, 305 th MI	175
Company E, 309 th MI	120
Company A, 306 th MI	90
Company B, 304 th MI	75
Company D, 86 th	75
HHD 504 th Signal Company	75
HHC, 11 th Signal Company	75
ASC/NETCOM	60
36 th Army Band	50
Company A, 309 th MI	50
Company C, 305 th MI	50
HHC 86 th Signal Company	35

Intramural coed volleyball final standings

Unit	Wins	Loss
Company E, 305 th MI	12	0
Company D, 309 th MI	10	2
HHC, 111 th MI	8	4
Company B, 305 th MI	7	5
Company C, 304 th MI	7	5
Company E, 309 th Team 1	7	5
Company B, 304 th MI	6	6
HC 306 th MI	6	6
63 rd Division	5	7
Company E, 305 th Team 4	5	7
MEDDAC	4	8
USAG	1	11
Company E, 309 th Team 2	1	11

CONGRATULATIONS TO COMPANY E, 305TH MI FOR THEIR SEASON CHAMPIONSHIP.

At the library

Hardcover fiction

1. The Da Vinci Code, by Dan Brown
2. To The Nines, by Janet Evanovich
3. Blindside, by Catherine Coulter
4. Street Dreams, by Faye Kellerman
5. A Place Of Hiding, by Elizabeth George

Hardcover nonfiction

1. Kate Remembered, by A. Scott Berg
2. Benjamin Franklin, by Walter Isaacson
3. Under The Banner Of Heaven, by Jon Krakauer
4. Treason, by Ann Coulter
5. Living History, by Hillary Rodham Clinton

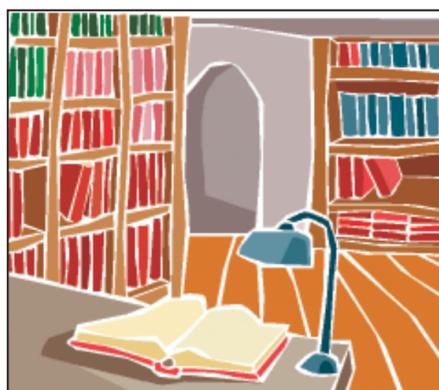
Paperback fiction

1. Red Rabbit, by Tom Clancy
2. East of Eden, by John Steinbeck

3. Sullivan's Woman, by Nora Roberts
4. Suzanne's Diary For Nicholas, by James Patterson
5. The Secret Life Of Bees, by Sue Monk Kidd

Paperback nonfiction

1. Seabiscuit, by Laura Hillenbrand
2. It's Not About The Bike, by Lance Armstrong with Sally Jenkins
3. Running With Scissors, by Augusten Burroughs
4. A Child Called "It," by Dave Pelzer
5. Fast Food Nation, by Eric Schlosser

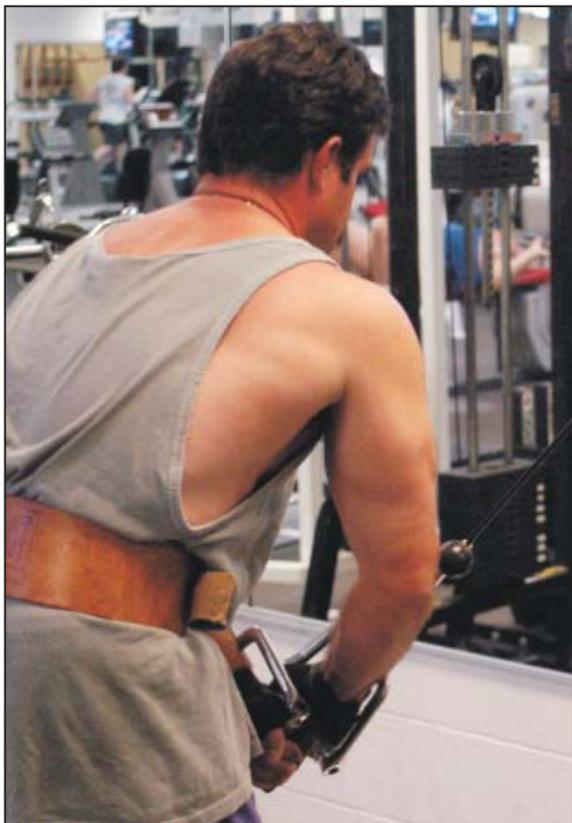


At the movies

Showing at the Cochise Theater for the next week are:

Today	Time
Terminator 3: Rise of the Machines	7 p.m. R, 109 min.
Tomorrow	
Jonny English	7 p.m. PG, 88 min.
Saturday	
League of Extraordinary Gentleman	7 p.m. PG-13, 110 min.
Sunday	
How to Deal	2 p.m. PG-13, 102 min.

Thursday movies are 99 cents; all other showings are \$3 for adults, \$1.50 for children



Beat heat, stop flab



Photo by Staff Sgt. Robert Hyatt

BYSCOUTSTAFF

Summer is almost over. Prepare for the final month and a half by working on your fitness. Beat the heat with indoor workouts and when doing physical training outside keep those sun-rays and mosquitoes at bay by following a few simple tips.

If you're running outdoors or hiking around Huachuca Canyon with your rucksack, follow some of these tips to enjoy your healthy lifestyle and stave off those pesky mosquitoes:

Mosquitos

1. Don't use scented

soaps, lotions and shampoos. These can actually attract insects.

2. Wearing loose fitting long sleeves and long sweatpants makes you a more elusive "skeeter" target.

3. Avoid wearing blue if you know there will be mosquitoes in the area. Use a neutral color like khaki, because certain colors attract insects.

4. Try not to brush against branches and shrubs. Don't sit directly on the ground.

5. Last tip, if you do get bitten by the little

buggers (skeeters) try applying undiluted tea tree oil to your bites. The oil contains antiseptic and is a natural anti-inflammatory.

Sweat

"Sweat itself is relatively odorless," says Jerome Z. Litt, M.D., spokesman for the American Academy of Dermatology. "It's the bacteria that breaks down sweat that creates smell. The problem is people have to sweat, it not only cools the body, it expels toxins."

Simple suggestions for long, hot summer days:

1. Wash with an antibac-

terial soap every morning.

2. Wear clean, laundered clothes. Odor-causing bacteria tends to reside in clothing that's been worn repeatedly, such as sweaters and jackets.

3. If you can't stop smoking and consuming coffee and soda, then limit these activities, as they increase sweat-gland production.

4. Odor-causing bacteria thrive in moist, hairy areas. Shaving under your arms will help.

5. Avoid garlic, onion and asparagus, whose offensive odors will make themselves apparent at a later date.

Water

Many people are dehydrated without even realizing it due to drinking little amounts of water, excess consumption of caffeine in coffees, colas and alcohol (which have a diuretic effect causing fluid loss from the body) and spending long hours in dry environments such as offices with air control systems and a lot of computers, copiers and other electrical equipment.

Dehydration cause headaches, digestive problems, dry skin and even kidney stones. Water is also a powerful cleanser as many tox-

ins are flushed from the body in urine.

Staying hydrated

1. To prevent dehydration drink at least six glasses of good quality, non-sparkling water per day.

2. Increase this amount when exercising and on hot days or if you have been sweating excessively, for example due to nerves.

3. Consider fitting a water filtration system at home in order to purify water and remove any chemical residues.

4. Be smart, have fun!

Mars swings close; offers bird-eye view

SCOUTSTAFFREPORTS

On Wednesday, Mars will be less than 34.65 million miles away — closer to Earth than it's been in nearly 60,000 years. The view will be, well, out of this world, astronomers say.

Living too close to "the angry red planet" may not seem like fun, but observers expect nothing but acclaim, according to NASA's Jet Propulsion Laboratory.

This August, scientists and amateur astronomers will benefit from the spectacular view of Mars "as it appears bigger and brighter than ever before, revealing its reflective south polar cap and whirling dust clouds."

In comparison to the space between your house and your neighbor's yard, that may seem like a large distance, but Mars was about five times that distance from Earth only six months ago.

Mars is now easy to find; it usually appears orange or slightly red, though sometimes — depending on conditions in the Earth's atmosphere — it can look yellowish.

A good time to view the fiery, yellow-orange "star" in the southeastern sky is between 10 and 11 o'clock nightly. Depending on the size of your telescope, you may even see some surface detail, such as the red planet's extensive craters, or its massive canyons.

Aside from visiting a local observatory, like Kitt Peak, a telescope is the best way to take advantage of this unique opportunity.

Mars rises just before 9 p.m. for skywatchers at mid-northern latitudes. If your horizon is obstructed, it might be 10 p.m. or later before you can find it. By 11 p.m., it's easy to spot.

How bright is Mars now?

According to Space.com, Mars began August shining at magnitude -2.3. (In astronomy, larger numbers mean dimmer objects, while, negative numbers are reserved for the brightest objects.)

Except for Venus, no other planet or star can be brighter than Mars is now. Come late August, Mars will glimmer at magnitude -2.9.

Mars' disk in a telescope expands

during August—affording an ever-better view to observers who have been trying to discern its surface features.

Pre-dawn observations are best for this purpose, because Mars gains altitude steadily until dawn, and so then its light cuts through less atmosphere and arrives less distorted.

"Think of Earth and Mars as two race cars going around a track," said Dr. Myles Standish, an astronomer with JPL, based in Pasadena, Calif.

"Earth is on a race track that is inside the track that Mars goes around, and neither track is perfectly circular. There is one place where the two race tracks are closest together. When Earth and Mars are at that place simultaneously, it is an unusually close approach, referred to as a 'perihelic opposition.'"

Opposition is a term used when Earth and another planet are lined up in the same direction from the sun. The term perihelic comes from perihelion, the point of orbit in which a celestial body is closest to the sun.

This August, Mars will reach its perihelion and be in line with Earth and the sun at the same time.

The average opposition occurs about every two years, when Earth laps Mars on its orbit around the sun. In 1995, the opposition brought Mars 101.1 million kilometers (62.8 million miles) from the Earth, twice as far as this most recent approach.

"It gets more complicated as the race tracks are changing shape and size and are



Photo courtesy of NASA

rotating, changing their orientation," Standish explained. "So this place where the two tracks are closest together constantly changes, changing the opposition closeness as well."

This is why a 'great' approach, like the one this month, hasn't happened in 60,000 years. But with the tracks closer together now, there will be even closer approaches in the relatively near future."

Since June, Mars has been noticeably bright in the night's sky, only outshined by Venus and the moon.

"You're not going to go outside and see some big red ball in the sky. It will look like a bright red star," said Standish.

The word 'planet' is derived from the Greek expression for 'wanderer.' At such a close distance, Mars remains true to this

expectation as it consistently wanders across the night's sky. Tracking Mars' movement from week to week is yet another way to appreciate the opposition as Mars appears to dart across the sky in comparison to more distant planets, such as Jupiter.

Although Mars will be closest on Aug. 27, astronomers suggest viewing the planet earlier, as dust storm season is just beginning on the red planet and can obstruct a more detailed view.

Whether southern Arizonans are looking through a telescope, glancing through a pair of binoculars, or star-gazing outside the city, be sure to take advantage of this once-in-a-lifetime opportunity, for Mars will not make another neighborly visit this close until 2287.