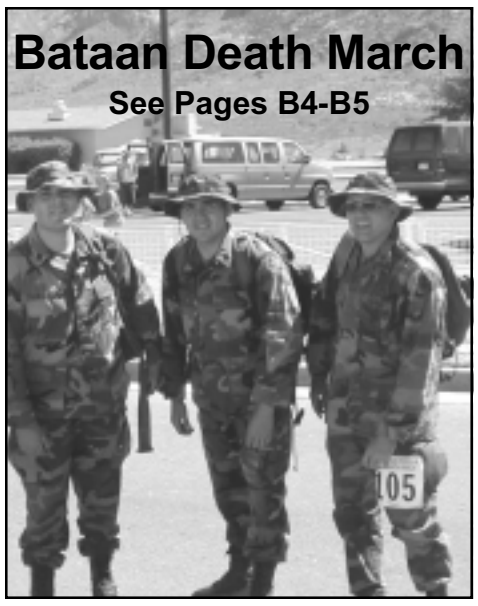

The Fort Huachuca
Scout®

Vol. 46, NO. 17 Published in the interest of Fort Huachuca personnel and their families April 27, 2000

Scout reports

e-mail:
thescout@huachuca-emh1.army.mil
website:
huachuca-www.army.mil/PAO/index.htm

Register to vote

Exercise your freedom to vote. Stop by the Claims office in the Office of the Staff Judge Advocate, Building 51102 before May 5 to register to vote. Forms are available for Arizona residents and out-of-state residents. Persons wishing to register may also obtain information and absentee ballots by going on the web at www.fvap.ncr.gov. For voting questions, call 533-2009.

Aerobic instructor needed

MEDDAC will be hiring a certified aerobics instructor to begin July '00 for our Pregnancy Fitness Program. Certified instructor must be able to lead group aerobics for pregnant and postpartum soldiers 5:55-7 a.m. Monday, Wednesday and Friday mornings. Music and "boom box" to be provided by hiree. Instructor would be paid on an hourly basis and would be hired as a contract provider. If interested, call Pat Marshall, R.N. at 533-9995 or pager 515-1463.

Road closures

Be advised that between 6-8 a.m. on Friday, portions of Hunt, Arizona, Brainard, Irwin and Stein Roads may be temporarily closed, and traffic delayed, due to the Law Day Fun Run. The JAG Office appreciates your understanding and cooperation in this matter.

Naturalization ceremony

In honor of Law Day 2000 and in celebration of our freedom, the Staff Judge Advocate of Fort Huachuca invites you to a Law Day Naturalization Ceremony with the Honorable John Roll, U.S. District Court Judge presiding. Come witness as individuals from around the world become citizens of the United States. The ceremony is set for 11 a.m. Monday in the Greely Hall Auditorium.

AFAP symposium now set for May

ACS release

The Army Family Action Plan symposium has been rescheduled for 8 a.m. to 4 p.m., May 17-18. The AFAP will be conducted at Murr Community Center.

What is AFAP?

The Army Family Action Plan functions on the premise that all members of the Army are experts on Army standards of living.

In operation throughout the Army, from the lowest echelons to the highest, AFAP responds to the issues these experts consider important.

During its 16-year history, the AFAP program has spearheaded 60 pieces of legislation, 126 policy changes, and more than 125 new or improved programs or services.

The AFAP mission is to provide soldiers and families a mechanism that alerts leadership to quality of life concerns and to administer a formal process that works toward Army well-being.

The backbone of the AFAP program is at the local level where AFAP delegates, representing a cross-section of the installation's demographics, identify, develop, and rank their concerns. Many of the issues are solved at the installation; those that require a higher level of authority are sent to the major command and to the Department of the Army.

Delegates are needed to participate in work groups that will generate Army wide issues.

Post activities are requested to provide a cross-section of community volunteer representatives for the symposium to succeed. Delegates must be available each day of the symposium.

At least one delegate from each post activity in the following applicable categories is requested to participate: field grade officer spouse; company grade officer spouse; company or field grade officer; noncommissioned officer; junior enlisted soldier; enlisted spouse; single soldier (without children); single parent; dual military couple; youth; Department of Army civilian; and DA civilian spouse.

> *"I challenge you and all Fort Huachuca personnel to take this opportunity to focus on issues that impact our total Army family.*
>
> **Col. Michael W. Boardman**

A training period will be required for all delegates. All delegates must attend a one-hour training session at one of the following training sessions: April 26, 6:30-7:30 p.m.; April 27, 2:30-3:30 p.m.; or May 3, 5-6 p.m.

All sessions will be held at Murr Community Center. Delegates must attend one of the sessions. Untrained delegates will not be allowed to participate in the symposium.

Delegates who attended training for the March AFAP do not need to attend another training session. However, the delegate does need to contact the AFAP coordinator to confirm his/her intention to participate in the May AFAP.

Civilian attire for soldiers participating in the symposium is required.

The purpose of the symposium is to offer suggestions and solutions concerning issues affecting our total Army family.

Valid issues that emerge will be transferred up the chain of command for final resolution. The focus will be Army-wide issues that can be resolved at the DA level.

Work group subjects for the symposium are:

Consumer services

Commissary; banks; and Army, Air Force Exchange Service

Family support

Army Community Service; family support groups; chapels; Volunteer Program; Army Family Team Building; Civilian Personnel; Army Career Alumni Program; Murr Community Center; Adult Education; and Transportation (moving families and household goods)

Medical/dental

Dental; medical; Exceptional Family Member Program; and TRICARE services

Housing

Family housing

Youth services

Schools; Youth Services; and Child Development Services

Soldier support

Finance; Better Opportunities for Single Soldiers; sponsorship; Military Personnel Services; In/Out Processing; soldier education; ACAP; barracks; and Transportation (single soldiers)

Legal/Military Police

Legal Services; Public Safety; and private organizations

Morale, Welfare and Recreation

Carlson Wagonlit Travel; MWR Box Office; installation clubs; gymnasiums and sports complexes; MWR Crafts; golf course; Sportsman's Center; Buffalo Corral; recreational areas; recreation vehicle parks; and RPM Car Center.

Delegates will be placed in the work group of their choice whenever possible. Child care and light morning refreshments will be provided during the symposium.

The community's direct involvement and support will help make this year's AFAP Symposium successful.

"I challenge you and all Fort Huachuca personnel to take this opportunity to focus on issues that impact our total Army family," said Col. Michael W. Boardman, garrison commander, U.S. Army Intelligence Center and Fort Huachuca.

For information, call Sharon Gonzalez, ACS officer, at 533-3234 or 533-2330 or Gail Mortensen, Family Services coordinator, at 533-6871 or 533-2330.

The Scout's Chaplain

Holy memory — a blessing God remembers

By Chap. (Col.) Thomas R. Decker
Installation Staff Chaplain

Okay, Scout, how's your memory?

This week, Fort Huachuca will remember the Holocaust — the horrific victimization of the Jews and others who did not fit Hitler's mold of humanity — and remember our own countrymen, in prayer, on the National Day of Prayer.

These memorial observances connect people prayerfully, intellectually and personally with the events and people who shape the context of our world. It's important to remember.

Losing one's memory is a terrible thing. So called "senior moments" are feared when a name or event is momentarily lost; people draw a blank, knowing that something is happening but not sure what, who or why.

Our family lived through Dad's Alzheimer's disease for several years before he finally died of that illness. Alzheimer's takes the memory and with it the associations that provide a meaningful life with others. Names are forgotten; people are not recognized; familiar locations become foreign; one's life is there, but it is not meaningful if there is no memory. I remember walking around our hometown with my dad and people would greet him, and he turned to me and said, "I don't know who they are." There was terror in his eyes.

The value in remembering provides a context for living in a meaningful way. What a blessing it is to have meaning attached to one's life — I know who I am; I know the people who love me; I know why I am here. Memories establish the meaning of life.

The Army charges its soldiers to remember the Army's values, general orders, the chain of command, unit history and a thousand other things that make up life in the military. It's not always that we "have the facts," but that we associate with the meaning of jobs, mission, and service to country. We have much to remember.

The great religions of the world also draw upon the memory of believers. The Shema says "Hear, O Israel, the Lord our God is one God!" Jesus told his disciples, "Do this in remembrance of Me." Spinning prayer wheels and rote recitation of scriptures use memory to provide meaning to life. Holy memory blesses life with cherished associations and a precious heritage of the past that shapes the future.

And what a blessing that God also remembers us. He remembers us, as the Scriptures say, "as a mother hen remembers her chicks." We might forget God; he never forgets us.

Law Day Proclamation

WHEREAS May 1 is Law Day in the United States of America; and

WHEREAS the United States of America has been the citadel of individual liberty and a beacon of hope and opportunity for more than 200 years to many millions who have sought our shores; and

WHEREAS the Constitution of the United States of America and the Bill of Rights are the heart of that body of law which guarantees us many freedoms — including freedom of religious belief, freedom to vote, freedom of speech, freedom of press, freedom of petition, and due process of the law, among others; and

WHEREAS this marks the 43rd annual nationwide observation of Law Day, and the Congress of the United States of America and the President by official proclamation have set aside May 1 as a special day for recognition of the place of the law in American life;

NOW, therefore, I do hereby designate May 1, 2000, as Law Day and call upon all soldiers, family members and civilians living or working at Fort Huachuca to commemorate the role of law in our lives.

Maj. Gen. John D. Thomas, Jr.
Commanding General, USAIC&FH

Have we got news for you!
read it in
The Fort Huachuca Scout newspaper

Commentary

Retention goal is good, morale goal would be better

By Sgt. Cullen James
Scout Staff

Retention. Retention. Retention. We must keep these soldiers in the Army. Hey, you can't leave the Army. Hey, we'll let you reenlist indefinitely ...

I understand the retention problem in the Army. We want to keep good soldiers. We're almost at the point of wanting to keep any soldier in the Army. What I don't understand is the Army's logic behind these retention programs.

Sure, requesting assignments, reenlistment bonuses and little trinkets are nice, but are these really incentives to stay in the Army. If you're on good enough terms with your branch manager, you can work assignments, you may not get the bonus or trinkets, but neither really add up to all that much in the long run.

The major problem with all this stuff is the fact regardless of where you go, how much of a bonus you get or what water bottle you're drinking from, you still have to live with the Army. Quality of life is the real problem with retention — not whether or not you're getting stationed in Germany or not.

And, as quality of life goes, it's really the little things that get to you. Housing sucks. I can't turn on my air conditioner when I want to — I have to wait for them to turn it on for me. I can't water my lawn when I want to, but I get a written warning if my lawn looks like crap. Many units spend too much time in the field. Many soldiers spend too much time away from their friends and families.

We've been doing "more with less" for a long time and most of us are tired of it.

The biggest problem with the more with less philosophy is that it doesn't seem to be logically thought out in many cases. Cuts had to be made, organizations scrambled, and the last people to get out of the line of fire got nailed. Instead of making sure systems, automations or something was in place to replace the cuts, we've just gone ahead and bled all over.

See Morale, Page 11

The Fort Huachuca Scout®

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It is published weekly, except Christmas and New Years, using desktop publishing by the Public Affairs Office, U.S. Army Intelligence Center and Fort Huachuca, Fort Huachuca, AZ 85613-6000. Printed circulation: 8,200.

All editorial content of *The Fort Huachuca Scout* is prepared, edited, provided and approved by the PAO.

The Fort Huachuca Scout is printed by Five Star Publishing, Ltd., 1835 Paseo San Luis, Sierra Vista, AZ, 85635, a private firm in no way connected with DA, under exclusive written contract with the U.S. Army Intelligence Center and Fort Huachuca. The civilian printer is responsible for all advertising.

Editorial material for publication should be submitted to Commander, USAIC&FH, ATTN: ATZS-PA (*The Fort Huachuca Scout*), Fort Huachuca, AZ, 85613-6000. The PAO reserves the right to edit all material submitted for publication.

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To submit stories or inquiries, call (520) 533-1987, DSN 821-1987 or fax (520) 533-1280.

For advertising, call (520) 458-3340 or fax (520) 458-9338.

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Post 'celebrates freedom' with Law Day on Monday

JAG release

President Dwight D. Eisenhower established Law Day U.S.A. back in 1958, to celebrate our heritage of liberty, justice and equality under the law.

Three years later, by joint resolution of Congress, May 1 became the annual day for celebrating Law Day, and for commemorating the role of law in the United States.

The law, beginning with the Constitution and including every statute passed by our Congress, State Legislatures and local governing bodies, has defined our freedoms and provided the means by which these freedoms are protected and legal obligations enforced.

The law has always been the means by which freedoms have been insured in our nation. In its purest form, law is the embodiment of the will of the people.

The will of the people of the United States has always been for freedom. Freedom has also served as the catalyst for countless immigrants to come to America and for American soldiers to put their lives on the line to ensure that freedom continues.

Freedom may involve the ability to speak one's mind, the ability to practice a religion, or the opportunity to escape persecution. Though defined differently, and to different degrees by each of us, freedom is the essence of the American lifestyle.

Freedom is also essentially composed of both rights and responsibilities. While ensuring rights, both specified and implied, to conduct certain activities, freedom also invokes a responsibility to refrain from doing things that infringe on the guaranteed freedoms of others.

Additionally, freedom in America guarantees the ability of our society to change and redefine the laws as needs dictate. This ability to adjust is the means by which the law and freedom do not stagnate, but remain vibrant, alive and always relevant.

'Freedom has served as the catalyst for countless immigrants to come to America and for American soldiers to put their lives on the line to ensure that freedom continues.'

To commemorate the law and the freedoms it ensures, Maj. Gen. John D. Thomas, Jr., commanding general, U.S. Intelligence Center and Fort Huachuca, and Col. Brent P. Green, staff judge advocate, invite all soldiers, civilians and family members living and working at Fort Huachuca to join them in celebrating May 1, 2000 as Law Day.

This year, Law Day is commemorated with the national theme, 'Celebrate Your Freedom.' To bring this theme to life within our military community, the Office of the Staff Judge Advocate is sponsoring a Naturalization Ceremony and celebratory luncheon, a 4-mile Fun Run, a poster contest in local schools, and a mock trial for students.

Voter registration drives are also planned at several locations throughout Fort Huachuca.

These activities are planned to commemorate Law Day and to provide an opportunity for each of us to reflect on the impact the law has on our lives.

Law Day is also a time for every citizen to contemplate his or her own role in our legal system.

You are encouraged to take a moment on May 1st to contemplate the impact that the law has on your life. Remember the freedoms that you cherish, including the freedom to petition for change when the law needs amending. Realize that the thing that guarantees these freedoms is the law.

Survey to assess info needs, sources of military news

By Jim Garamone
American Forces Press Service

ALEXANDRIA, Va. — Some 36,400 service members and their spouses and DoD civilians will receive surveys to assess their information needs and how they access news about the department.

The American Forces Information Service and the Defense Manpower Data Center are sponsoring the survey.

"This survey actually has a couple of purposes," said Army Col. Mitch Marovitz, AFIS director of media operations. "One purpose is to see if we are meeting the information needs of service members and their spouses. The other is to see how military families get their information."

AFIS provides news through www.defenselink.mil, the American Forces Press Service, the American Forces Radio and Television Service and the Current News Early Bird. In addition, it provides images via the Joint Combat Camera Center and the Defense Visual Information Center.

"We're very interested in how many people use the Internet to get information," Marovitz said. "And of those that do, what type of browsers they use, what type of modem, how they access the Internet and where. If we have answers to these questions, we can make the products available over the most appropriate media and they will be easier to access and use."

Jacquelyn Scarville, a statistician with the manpower center, developed the 20-page survey, in conjunction with AFIS. In a written statement, she said 18,000 active duty service members, 12,000 spouses, 1,900 reserve component service members and 3,300 civilian employees will be surveyed.

The survey was scheduled to be released March 13, but was delayed as officials worked out kinks in a new process for answering the survey. "This is the first survey of service members, spouses and civilian DoD employees that the Defense Manpower Data Center has conducted via the Internet," Scarville wrote. "An important purpose of the survey is to assess in the groups to be studied access to personal computers, types of computer hardware, patterns of use and access to the Internet/World Wide Web."

She said most of those surveyed will be able to choose how to respond: via the Net or on paper. Some 60 percent of those chosen for the survey will receive a paper survey with the option of responding on the Net. Twenty percent will receive the paper survey with no option, and 20 percent will receive notification to answer the survey on the Net with an option of taking the paper survey, according to Scarville.

The center hopes to learn what proportion of the DoD community has personal computers and has access to the Web. DoD officials hope future surveys can be accomplished at least partially using the Internet, Scarville said. The two organizations will split the $200,000 survey costs.

"What's really exciting is establishing this baseline of information," Marovitz said. "Then, when we conduct this survey again, we can gauge differences in information needs and sources of information.

"This survey will help DoD reach our internal audience."

Fort receives renovation funding

DIS release

Fort Huachuca is once again fortunate to have been granted funding for a renovation project.

The project will include the remaining 30 houses on Dove and Mills Circle that were excluded during the last renovation project as well as all 80 houses in the Bonnie Blink area.

The scope is a design/build project to include full demolition and rebuilding of the houses. The anticipated start date for the project is April 2001, although houses will become vacant through attrition and reassignment to other locations well in advance of the contractor date.

Residents affected by this project have been notified by mail of the project milestones as well as clearance requirements. In addition, there is a Town Hall meeting scheduled for 6 p.m., May 18 at Murr Community Center to discuss project issues with the residents. This is not a mandatory meeting and information covered at the town hall will also be covered through direct mailings. All affected residents are welcome to attend.

By planning far in advance, and information sharing, we hope to reduce the stress and inconvenience to our soldiers and families.

Residents having questions concerning this renovation project may call Grace White at 538-0172.

CPAC approves recipients for leave donations

CPAC release

The employees shown below have been approved as leave recipients under the Voluntary Leave Transfer Program.

Name	Organization
Mary Amparano	ASC
Sharon Davis	USAIC&FH
*Connie Ellis	DECA
Gil Hays	ISEC
Deborah Heinrichs	111TH MI BDE
Octavio Lopez	MEDDAC
Gordon Miller	TMDE SPT CTR
Diane Turner	PHOENIX MEPS

Donations of annual leave can be made by using Optional Form 630-A, Request to Donate Annual Leave to Leave Recipient Under the Leave Transfer Program. When completing the form, please list your work phone in item number 3. This will assist if additional information is needed. Forms may be sent to ATZS-CP.

*Individuals not assigned to the Defense Commissary Agency donating to Ellis must use Optional Form 630-B, request to Donate Annual Leave to Leave Recipient Under the Leave Transfer Program.

In any one leave year, a leave donor may donate no more than one-half the amount of annual leave that the donor accrues during the leave year in which the donation is made.

In the case of a leave donor with leave which would be subject to leave forfeiture, the maximum amount that may be donated is the lesser of (1) one-half the amount accrued during the leave year or (2) the number of duty hours remaining in the leave year.

Limitations on annual leave donations may be waived in accordance with paragraph 7, FH Reg 690-31.

Any questions may be referred to Barbara Vineyard at 533-1481.

Garrison company adds realism to CTT

Photos by 1st Sgt. Michael W. Roberts

Sgt. 1st Class Michael Jarman demonstrates how to evaluate a casualty.

Soldiers perform common tasks in wartime environment

By Sgt. 1st Class LaToya E. Sizer
Public Affairs NCOIC

The five days before Easter were all but ordinary for soldiers of Headquarters Company, 306th Military Intelligence Battalion.

While fellow Garrison units throughout the Army were working their normal day-to-day jobs and preparing for Easter weekend, this group of diverse warriors were battling opposing forces, testing their survival techniques and common tasks in the hills of Site Freedom here during a three-day field training exercise.

More than 250 soldiers make up Headquarters Company that consists of soldiers from 51 different military occupational specialties. These soldiers hold positions in the Garrison Command, Protocol, Post Retention, Select Honor Guard, Staff Judge Advocate's Office, Chapel, Airfield, Central Tasking Office and Range Control, to name a few. Because of the various missions for every activity within the company, one-third of the sections spent 24 hours in the field each day.

Forty percent of the soldiers completed the required annual Common Tasks Testing last week, which puts the company way ahead of the Army's September 2000 deadline, according to 1st Sgt. Michael W. Roberts, Headquarters' first sergeant. Fifty percent of HQs soldiers completed CTT testing during the company's first FTX conducted in October 1999.

In the past, the company has conducted CTT training and testing at Apache Flats where stations would be set up for each task, Roberts said. Testing at Apache Flats wasn't the best method for training and retaining information, in Roberts' opinion, so he came up with a novel idea in hopes of making training more fun and realistic. His vision was to road march his soldiers to Site Freedom humping 40-plus pounds of field gear on their backs and carrying an M16A2 rifle while dressed in field uniform with kevlar, load-bearing equipment, ruck sack, and three meals-ready-to-eat.

The four-mile trek would begin silently. But as they would approach the first hurdle, echoes of cadence would be chanted as they neared their destination.

"Mama, mama can't you see"
"Mama, mama can't you see"
"What the Army's done to me"
"What the Army's done to me ..."

"I used to wear my faded jeans"
"I used to wear my faded jeans ..."
"Now I'm wearing Army greens"
"Now I'm wearing Army greens ..."

"Used to drive a Cadillac"
"I used to drive a Cadillac ..."
"Now I pack it on my back"
"Now I pack it on my back..."

Once they reached the site, they'd rest for a few minutes before being briefed on what was to occur within the 24-hour period. They'd then receive training in three major areas – land navigation, first aid, and nuclear, biological and chemical defense.

Moments later the soldiers would be broken into squad-size teams and given their mission. Each team would be given an operation order and grid coordinates to their training sites. Their next hurdle would be to find the site, while reacting to enemy contact, test, and return to the com

See FTX, Page 9

Staff Sgt. Kevin St. Pierre and his squad members, Pvt. LaRon Watkins (R) and SFC William West, ISEC, plot a point on the map before navigating to their next mission.

Staff Sgt. Rosalind Baker studies the Code of Conduct.

Medical Activity Command

Dash of prevention

May is National High Blood Pressure Control Month

1st Lt. Ronna Winn, R.D.
RWBAHC

It's been called the "silent killer" for good reason. You'll feel no symptoms or pain, but if you are one of the 50 million Americans who have high blood pressure (also called hypertension) your risk for a heart attack, stroke or kidney disease is much higher.

Blood pressure is the force of your blood against your artery walls, and when blood pressure is too high your heart is working overtime. Once developed, high blood pressure lasts for a lifetime. But it can be controlled in some people, especially its early stages, with diet and exercise and without medication.

Often patients are told to "watch their salt" by their providers. But what does that mean? The average American intake of salt is 4000 mg per day, but a prudent sodium intake would be only 2400 mg per day. (1tsp of salt = 2400 mg of sodium.)

Read the nutrition facts label on food products carefully. About 75 percent of sodium in the American diet is found in processed foods, such as convenience meals, canned soups, and anything that is preserved such as luncheon meats or pickles.

However, many Americans are not "salt sensitive" in which their blood pressure rises with salt intake. Therefore, "watching your salt" may be only one of the methods to control your blood pressure. Recent research from the National Institutes of Health indicates that a combination of a low saturated fat and low cholesterol diet with increased intake of calcium, potassium and magnesium, play a much larger role in blood pressure regulation than previously recognized.

The best sources of potassium and magnesium are from fruits and vegetables, especially tomatoes, oranges, bananas and nuts. (Steamed is the best cooking method to minimize nutrient loss.)

Calcium is most readily found in low fat dairy products (also a great source of potassium) such as skim milk, mozzarella cheese and low fat yogurt. If you're intolerant of dairy products, you could try using calcium fortified orange juice (also potassium rich), lactase pills or lactase treated products (whereby the missing enzyme you need to break down milk sugar is already added to the product.)

Below is an example of a typical DASH diet meal plan for one day. Note how the increased use of fruits and vegetables has displaced many of the high salt convenience foods such as potato chips or boxed potatoes. Your calorie needs may be less than 2000 per day and should be adjusted to promote a healthy weight.

Sample DASH menu for 2000 calories/day

Breakfast:
1 cup corn flakes (with 1 tsp. sugar)
8 oz. low fat milk
1 banana
1 slice whole wheat toast with 1 Tbsp. jelly
6 oz. orange juice

Lunch:
2 oz. sliced turkey
1 1/2 oz. part skim mozzarella cheese
1 pita bread
1 Tbsp. low fat mayonnaise
Raw vegetable medley with: 3-4 sticks each of carrots and celery, 2 radishes, 2 loose lettuce leaves
1/2 cup fruit cocktail in light syrup

Dinner:
3 oz. grilled lean beef
1 cup scallion rice or brown rice
1 cup steamed broccoli
Spinach salad with:
1/2 cup raw spinach
2 cherry tomatoes
2 cucumber slices
1 Tbsp. light Italian dressing
8 oz. low-fat chocolate milk

Snack:
1/4 cup dried apricots
3/4 cup mini pretzels
1/3 cup mixed nuts

For more information about the DASH diet, you can contact 1st Lt. Ronna Winn, Registered Dietitian at 533-5133 or ronna.winn@cen.amedd.army.mil.

More information is also available at http://dash.bwh.harvard.edu or at RWBAHC's monthly hypertension class. The next class will be held May 10 at noon at the health center.

Health-Wise Tip

Just say NO to cotton swabs!

(and avoid disfugurement or death by Cancer)

TRICARE PRIME: Get your health-Wise Handbook with more tips and **free** Over-the-Counter Medication Pharmacy Card at the Health Promotions/PPIP Class every Thursday, 1 p.m. at the Murr Community Center.

Do you know an alcoholic? Intervention training is available

By Ken Bowles
EDCO, ASAP

Alcoholism affects the military the same as it does the civilian community. The alcoholic could be a private, staff sergeant, a commander, a sergeant major ... anyone. Alcoholism has no respect for position, sex, race, creed, or even age. Alcoholism is a human illness that afflicts a large segment of our population.

The good news is that alcoholism is highly treatable, as many millions who are sober today can attest. Large numbers succeeded in formal military treatment programs or in civilian centers. Many are sober today because of self-help groups like Alcoholics Anonymous.

The bad news is that studies tell us that only about 15 percent of people who have alcohol or drug problems will ever get help. The remaining 85 percent will see their lives deteriorate, relationships become strained, health fail and they will die prematurely.

Perhaps the reason that so few alcoholics will seek help is that they do not perceive that they have a problem. When confronted, an alcoholic will always be ready to give you a number of "reasons" why they drink or use drugs.

They may simply say that they "like the taste." For some it might be because they don't like their geographical location, their job, their supervisor, or working conditions. They might say that they drink because of a family member or situation.

> *Perhaps the reason that so few alcoholic will seek help is that they do not perceive that they have a problem.*
> **Ken Bowles**

Whatever their reasons, they are addicts, and most will not voluntarily seek help. They will come to work hung over and smell of alcohol. Work will often be marginal. They are frequently tardy, particularly on Monday and they may disappear in the middle of the afternoon. They will drive drunk and believe they drive better because they are more relaxed. Home life is likely to be a disaster.

The 'enabler'

In a "alcoholic" family, there is always the classic "enabler." The enabler is the one who picks up the pieces and tries to maintain a "normal life and family." It is the enabler who phones the boss when the drinker is too hung over, or who makes excuses when bills are not paid or obligations are not met. The trouble is that the "enabler" is not restricted to just the home. Far too often the military enabler is the alcoholic's supervisor, first sergeant, or even the commander.

They see the problem soldier, but choose to do nothing about it until that soldier ends up with a citation for driving under the influence or a has a urine drug test come back "positive."

Most supervisors and family members will refuse to confront that behavior because it generally ends in an angry confrontation that has no satisfactory outcome. Few realize that with proper training, appropriate interaction with the troubled employee or family member can be a friendlier interface with a high probability of success.

If the helpful intervention does not end in referral for treatment, commanders can refer soldiers. Supervisors can resort to more forceful tactics. With family or friends, it is a matter of withdrawing the support that has made the behavior possible.

See Intervention, Page 11

Community Updates

Marathon needs volunteers

The Thunder Mountain Marathon scheduled for May 6 needs volunteers to manage water and fruit points and traffic control points. Volunteers may select to attend training on May 3 or 4 at 5:30 p.m. at Chaffee Parade Field. Aside from having a great time and contributing to a new community event, volunteers will receive a free T-shirt and a certificate of appreciation. Also, for active duty soldiers, the hours donated to this event can count towards their tally for the Military Outstanding Volunteer Service Medal.

To volunteer, stop by the Army Community Service building in the traffic circle, or call the volunteer coordinator at 533-3686 or 533-2330.

AFAP set for May

The Army Family Action Plan symposium has been rescheduled for 8 a.m. to 4 p.m. May 17-18. The AFAP will be conducted at Murr Community Center.

Delegates are needed to participate in work groups that will generate Army wide issues.

All delegates must attend a one-hour training session at one of the following training sessions: today, 2:30-3:30 p.m.; or Wednesday, 5-6 p.m.

Delegates who attended training for the March AFAP do not need to attend another training session. However, the delegate does need to contact the AFAP coordinator to confirm his/her intention to participate in the May AFAP.

Civilian attire for soldiers participating in the symposium is required.

Mandatory ethics training

All DoD personnel required to file a Financial Disclosure Report are required to attend ethics training annually. All new employees are required to receive this training within 30 days of entering on duty. Training sessions will be held 10-11 a.m. in Room 1215, Greely Hall, on the following dates: today, May 11 and June 14.

Financial Disclosure Report filers are required to attend only one training session per calendar year. For information, call Tom King at 533-3197.

AG office closed

The Adjutant General Division will be closed 11:15 a.m. to 4:15 p.m., Friday for the quarterly hail and farewell. Plan accordingly. For emergency issues, contact the Casualty Branch at Building 41420, or call 533-2229 or 533-1385 from 1-4:30 p.m. that day.

Server outage scheduled

In order to improve network connectivity and services, the Directorate of Information Management is relocating the DTAC (CLXXI server) and the Intelligence Center's Network Operations Center. Services affected during this relocation are Classroom XXI, Fort Huachuca web page access, OSIS routing, and the Intelligence Center & School's networked services.

The proposed outage will be from 4 p.m., Friday through midnight, Monday. DOIM does not anticipate any problems with the equipment relocation, and is taking every precaution to ensure service is fully restored for normal duty Monday morning. This relocation was scheduled during the weekend to minimize mission impact and customer inconvenience.

Adopt a Greyhound

The Greyhound Adoption League of Sierra Vista will conduct a Greyhound Adoption Day on Saturday for Sierra Vista and the surrounding area. The adoption day will run 10 a.m. to 2 p.m. at Bookman's Bookstore, 100 West Fry Blvd. For information, call Dave Breen at 378-1763.

Fiesta de Garibaldi

As part of the 18th Annual International Mariachi Conference, the Fiesta de Garibaldi will recreate the Garibaldi Plaza in Mexico City featuring food, game booths, Mariachis and Baile Folklorico dancers — an event for the whole family. The fiesta is open 10 a.m.-10 p.m. Saturday in Armory Park and is free to the public. The fiesta, in collaboration with the Tucson Children's Museum, will host hands-on children's art workshops throughout the day.

Legal office closed

The Legal Assistance Division of the Office of the Staff Judge Advocate will be closed on Monday due to Law Day activities. Attorneys will not be available for walk-in wills that morning. The office will resume normal business hours the following day, and walk-in wills can be completed at 8:30 a.m. May 8. The attorneys apologize for any inconvenience.

Cox cable upgrades

As of Monday, Cox Communications will be upgrading its cable television system on Fort Huachuca. Individual residents will receive information from Cox regarding the upgrade as their area is affected.

DOIM training classes

The Directorate of Information Management is offering several computer training classes during May. Classes include Word on Monday, Basic Excel on Wednesday, Advanced Excel on May 4, and PowerPoint on May 5.

The following weeks include Basic Structure and Design, May 8; Basic Access, May 10; Intermediate Access, May 11; and Advanced Access, May 12; Windows 95/98, May 15; Outlook, May 17; HTML, May 18; FormFlow, May 22; Basic Excel, May 24; Advanced Excel, May 25; and PowerPoint, May 31. For information, call Pfc. Jamie Gert at 533-2868.

Universal Studios photo

Sneak peek

Fort Huachuca's Cochise Theater is having a sneak preview of the movie "Gladiator" on Tuesday at 7 p.m. Admission for the sneak preview is free. Advance tickets are available at the Main Post Exchange from 8:30-3 p.m., the PX Food Court and Burger King. Getting an advance ticket does not guarantee admission, so come early to get a seat, and enjoy the specials at the snack stand. Doors will open at 5:30 p.m. The "Gladiator" is set against the splendor and barbarity of the Roman Empire in 180 A.D. Once a great Roman general, Maximus has been forced into exile and slavery by the jealous heir to the throne, Commodus. Trained as a gladiator, Maximus returns to Rome, intent on avenging the murder of his family by killing Commodus, now emperor. The one power stronger than that of the emperor is the will of the people, and Maximus knows he can only attain his revenge by becoming the greatest hero in all the Empire.

FCC opportunities

Do you want to stay home and earn money too? If so, you might want to check into being a Family Child Care provider. Attend a monthly briefing to get more information. The next briefing will be at the Murr Community Center, 6:30 p.m., Tuesday. If you were previously certified and want to continue here don't hesitate to call.

For other dates or more information, call Mary Jane LaValley at 533-2494.

Self-Help closed

The Directorate of Installation Support will be conducting a physical inventory of the DIS Supply Warehouse and the Self-Help Store as part of the Base Operations Contract transitional phase-in. This physical inventory between in-coming and outgoing contractors will be conducted Monday-Wednesday.

The Self-Help Store's normal hours of operation are Tuesday to Friday, 10 a.m. to 6 p.m. and Saturday, 8 a.m. to 4 p.m. The Self-Help Store is closed on Sunday and Monday. The Self-Help Store's hours of operation will be adjusted as follows for this physical inventory of supplies and equipment.

The Self-Help Store will be closed Tuesday-Wednesday, to conduct this mandated inventory. In addition, the Self-Help Store will also be closed on May 6, allowing store personnel to re-establish the store's normal 40-hour workweek.

For information, call Wendy S. Alameda-Clark at 533-1029.

Day of Remembrance

In commemoration of the victims of the holocaust, Rabbi (Maj.) Bonnie Koppell will speak at the Main Post Chapel, 11:30 a.m.-12:30 p.m. on Wednesday.

Koppell is at Fort Huachuca as a Drilling Individual Mobilization Augmentee and is the Rabbi of Temple Beth Sholom in Mesa, Ariz. Guests are invited to bring their lunch for a brown-bag luncheon in the courtyard following Rabbi Koppell's speech. Kosher foods will be available for tasting.

The Main Post Chapel will be open throughout the day (8 a.m. - 5 p.m.) for those wishing to commemorate the victims of the Holocaust through meditation or prayer. A holocaust display will also be at the chapel. In addition, a 28-minute video *The Courage to Care* will be shown every hour, except noon, from 8 a.m. to 4 p.m. For more information, call the Military Equal Opportunity Office at 533-1717 or 538-0533.

See Updates, Page 7

School News

Accommodation Schools release

Dates to remember

Friday Citizenship Assembly, 1:45 p.m. at Myer
No Beginning Band or Lessons
Saturday Star gazing, 7-9 p.m. at Myer
For Myer fifth graders and their parents (must be accompanied by a parent). The cafeteria will be set up with displays the students have been working on and everyone will be treated to a Solar System snack party.
May 5, 19 Teacher In-Service Days — no school
May 25 Last day of school

Smith Middle School

The Smith Middle School Panther Band attained the highest rating possible at the Arizona Pageant of Bands in Scottsdale this Saturday.

Under the direction of Dan Howdeshell, the band received a "Superior with Distinction" rating. The next concert is scheduled for May 17.

The Smith Middle School Drama Club celebrated the end of its' spring season with a pizza party for the entire cast. The club presented five performances of its spring plays, "TV Commercials" and "Little Red Riding Hood," to schools within the district during April.

The comedies were presented in special arrangement with Contemporary Drama Service under the direction of Phyllis Gerben, club sponsor.

The club plans to return next fall and extends a special thanks to its sponsors, the SMS PTSO and the Fort Huachuca Officer's and Civilian's Spouses Club for their support.

Cast members included students from sixth through eighth grade as follows: Alyssa Estrada; Amber Hall; Angela Ytuarte; Ashley Thomas; Bethany Totoris; Brendan Price; Brianne Boardman; Brooke Wellborn; Cassi Anderson; Cheri Worden; Danella Johnson; Heather Blanton; James Crabb; Jessica Valdez; Joe Montes; Kristen Parker; Krystina Martin; Laura Harney; Mary Houck; Megan Thompson; Megan Ballard; Samantha Dodd; Shannon Summers; and Taylor Hinson.

Myer Elementary School

All of Maureen Brady's art students participated in the Huachuca Art Association's Student Art Show. The quality of art created was excellent.

The fourth graders have been learning how to produce the effect of depth in a picture through the use of overlapping figures. They created designs using compasses that were abstract art. They are working on magazine collages with themes and are starting a project to make landscapes with torn tissue, glue, water and lots of imagination.

The fifth graders are still working on their hand puppets. Some of these creations are very creative, imaginative, and enjoyable to see.

The "Blow Off Tobacco" contest found fourth grader Shante Bell, from Jeanne Powell's class, winning the Big Bubble Contest. She will be going to the Sierra Vista Mall on May 6 to try her luck at blowing the biggest bubble.

Buena High School

Registration for summer school at Buena High School begins Monday and runs through May 31. Registrations takes place in the Student Services office at Buena 7 a.m. to 3 p.m., Monday through Friday.

A list of courses offered and all necessary registration forms can be picked up in the student services office. Two sessions are offered with session one beginning June 5 and running through June 29. Session two begins July 5 and runs through July 27.

Cost for one session is $85 and two sessions is$165. Space is limited and registration will be taken on a first served basis. Early registration is strongly encouraged.

For more information, call Buean High School at 515-2800.

IT threats to military focus of technology forum

Technology Forum release

The Army Signal Command will host the "Fort Huachuca Information Assurance Technology Forum" at the LakeSide Activity Centre on Tuesday. The conference will focus on the current IT threats to the military community and the solutions that are available in the marketplace. There will be presentations from such leading organizations as Microsoft Federal, Redcreek Communications, and others from 9 a.m. to 2 p.m.

This conference is a resource to gain knowledge on Information Assurance, ask specific questions, and keep-up-to-date in today's changing work environment. An exposition from 9:30 a.m. to 1:30 p.m. will feature hands-on demonstrations of the latest in technology products and services from over 30 government contractors.

For more updated information on sessions and exhibitors, check out our attendee home page at www.TechnologyForums.com. For additional questions on the upcoming conference, contact Brian Correia at Brian@TechnologyForums.com or call 1-877-4IT-EXPO.

Presentation schedule

9-9:50 a.m. "Microsoft and U.S. Army Forces Command" presented by Jim Justice, Account Executive for U.S. Army Forces Command, Microsoft Federal

10:15-11:05 a.m. "Challenges to Secure VPNs" presented by Robert P. Campbell, Managing Director Peak Consulting, a division of CNSI

11 a.m.-noon Break to visit exposition

12-12:50 p.m. "Hackers 2; White Hats 0" presented by Robert P. Campbell, Managing Director Peak Consulting, a division of CNSI

1:15-2:05 p.m. "From VPNs to IP Security Policy" presented by Nicholas Brigman, Redcreek Communications

Updates from Page 6

MAC luncheon set

A Military Affairs Committee luncheon is scheduled for 11:30 a.m. on Wednesday at the LakeSide Activity Centre. Marie Wurth and Glenn McDaniel of the Sierra Vista Chamber of Commerce are the guest speakers.

Cost is $8 for the buffet lunch. For reservations, call the Sierra Vista Chamber of Commerce at 458-6940.

National Day of Prayer

The Bible calls on believers everywhere to pray for their nation and national leaders. Each year American Christians join together on the first Thursday of May in a National Day of Prayer. We invite you to be a part of this year's Fort Huachuca observance at the Main Post Chapel on May 4 from 11:30 a.m. to 1 p.m. This is an ecumenical event that offers a great opportunity for Christians to gather together and pray for our nation and its leaders. This year's observance will be held in the courtyard at the Main Post Chapel. We will also be providing hoagie sandwiches, chips and drinks during a time of fellowship after our prayer time. Come join us and have an impact on our nation for eternity's sake.

Harley Run to the Border

The Southern Arizona Harley Riders will host their 9th Annual Run to the Border 2000 during Cinco De Mayo weekend, May 5-6, at the Historic Gadsden Hotel in Douglas. Sign in May 5, 1-10 p.m. and May 6, 9 a.m. - 8 p.m. Fee is $10 per person, $9 for AMA members. Kids 13 and under are free. This is an American Motorcycle Association sanctioned event with proceeds benefiting Cochise County charities. All motorcycle makes and models welcome. Open to the public. No weapons and no bad attitudes. For information, call Mata at 459-4135.

Blood drive scheduled

A blood drive will be held at Building 53301 (across from Greely Hall, off Arizona Street) from 7:30 a.m. to 3:30 p.m. on May 12.

Blood needs are constant, but in the summer time, we face an increasing need for blood along with a decimated donor population - winter visitors are gone, high school drives vanish until September, vacations abound, and it's just plain hot.

You can help enormously by donating on May 12. Every donor will receive a surprise gift. To make an appointment or for more information, call Katharina Criscuolo at 538-3120. Appointments are appreciated, but walk-in will not be turned away.

Vacation Bible school

The Main Post Chapel is sponsoring SonZone — vacation Bible school with an interactive, hands-on curriculum were children learn about Jesus. SonZone is scheduled 2:30-5:30 p.m. June 5-9 at the Main Post Chapel. This is for children of all congregations and religions, ages four years through sixth grade.

Children will have fun playing games, making crafts, hearing stories, doing science experiments, singing songs and eating snacks.

Registration begins May 15 at the Main Post Chapel or call Kristine at 458-7986.

Field Sanitation class

The quarterly Preventive Medicine Field Sanitation Class will be held 8 a.m.-4:30 p.m., June 5-9 at the Fort Huachuca Education Center. All enlisted personnel, active duty or reservist from any of the Armed services are eligible to attend. The potential attendee does not have to be stationed at Fort Huachuca to attend. To be officially enrolled in the Field Sanitation class, fax a memorandum of request to include the soldier's name, rank, social security number and primary MOS to Preventive Medicine at 520-538-0886 DSN 821-0886. Acceptance is on a space available basis so those memos that are received first will get first priority. The deadline for all memos is May 18. For information, call Cpl. Crayton or Spc. Oliveras at 533-9013 or 533-7031. DSN is 821.

SAT/ACT testing

The Buffalo Soldier Education Center administers the Scholastic Aptitude Test and the American College Testing Assessment. The SAT and ACT scores are used as a college admission requirement and for student placement.

For information, call the Education Center at 533-3010/2255.

In the Spotlight

MWR Morale • Welfare • Recreation Fort Huachuca, Arizona

See your MWR activity highlighted in The Fort Huachuca Scout, call 538-0836.

Army Substance Abuse Program

In 1971, the U.S. Congress passed the Hughes Act stating that any government employee who had an alcohol or drug problem, had a right to treatment in a rehabilitation program, and that if the treatment was successful, participation would have no negative impact on the participant's career. Federal legislation providing penalties for violation of the confidentiality of treatment records further protected those seeking treatment in the program.

In 1972 the Army established the Alcohol Drug Abuse Prevention and Control Program, and in 1976 published Army Regulation 600-85. This regulation defined ADAPCP as a manpower conservation program. It established all treatment records as medical records, and gave commanders a strong voice in treatment decisions.

Biochemical collection and testing afforded commanders an opportunity to use urine, breath or blood testing to insure that those covered by the regulation remain alcohol and drug free.

AR 600-85 was modified over the years, but the content of the regulation has remained basically the same until the end of 1998, when the program changed to the Army Substance Abuse Program. A significant change renamed the Unit Alcohol Drug Officers and Coordinators to Unit Prevention Leaders. Prevention now becomes a primary and active roll for those officers and noncommissioned officers assigned these additional duties. It places biochemical collection as a prevention tool for early detection and deterrence of illegal or inappropriate use of drugs or alcohol. "Smart testing," in which biochemical collection is conducted on different days of the month, different days of the week, different times of the day and 100 percent testing on weekends and holidays, has added further credibility to the biochemical testing process. Prevention is emphasized as being more efficient and cost effective than treatment and rehabilitation; dealing with an alcohol or drug related incident; or the long term consequences of ignoring the problem behavior.

The post ASAP treatment program provides services for military personnel, civil service and retired military personnel and the families of each group. The ASAP offices are located in Building 22414, at the end of the Military Clothing Sales Store. Program services include screening and enrollment or referral to other services ASAP may not provide. Like ASAP programs everywhere, the Fort Huachuca program provides alcohol/drug abuse prevention training (ADAPT), Track II and coordination for Track III. If those enrolled in the program are students in the military schools on post, they can be seen in the evening or other times that do not conflict with their classes. Fort Huachuca also offers an evening spouse group and an Alcoholics Anonymous meeting every Wednesday from 11:30 a.m. to 12:30 p.m.

If you know someone who has a problem with alcohol or drugs, encourage them to call or visit the ASAP. Symptoms include the following; DUI, family abuse, fights, suicide, violence, drunk on duty, criminal acts and sexual acts. If you have a problem, call 533-2071/2238, or visit the ASAP office.

Dog Days of Summer Concert Tour 2000 to feature Foreigner with special guest Kansas

MWR release

Coming June 10, Army Entertainment and MWR present the 2000 Miller Lite Dog Days of Summer Concert Tour. This year, the concert will feature the classic band Foreigner with special guest Kansas.

Tickets go on sale beginning May 8. Cost for the tickets is $10 in advance and $15 at the gate. Tickets will be sold on Fort Huachuca at the MWR Box Office, La Hacienda, MWR Rents, Desert Lanes, Ozone, AAFES Regimental Mini- Mall; in Sierra Vista at Safeway, Chamber of Commerce, Stickley Singles, Music Max, Sports Gallery at King's Court Tennis Court; Safeway stores in Bisbee, Benson and Douglas; in Tucson and Phoenix at all Dillard's Box Office locations and Davis Monthan Air Force Base.

Over two decades ago, a song featuring powerful vocals, unforgettable guitar riffs and lyrics pertinent to teenagers all across America hit the airwaves.

The band was Foreigner, and the song was "It Feels Like the First Time." Later the band would release such classics as "Cold as Ice," "Long, Long Way From Home," "Double Vision" and "Hot Blooded."

Foreigner, named after its member's vast nationalities, was formed in 1977 by Mick Jones. Throughout their illustrious career, the band has had a string of multi-platinum albums and Top 40 hits, as well as maintaining both a musical quality and instantly identifiable sound, neither of which are foreign to any rock aficionado.

Today the band features founding members Mick Jones (guitar) and Lou Gramm (vocals) as well as longtime members Bruce Turgon (bass), Jeff Jacobs (keyboards), Tom Gimbel (sax) and new drummer Brian Tichy.

Whether you've seen them perform just once or a dozen times, Foreigner somehow remains timeless and is undeniably one of the best live rock bands to ever grace the stage with a performance that spans two decades.

Kansas released their first album in 1974 and set the stage for a progressive rock sound that became the foundation Kansas used to show the world that their adventure and genius in lyrics and arrangement would never look back, but move forward.

Following their own creative instincts, Kansas has produced eight gold albums, two multi-platinum albums, one platinum live album and a million-selling gold single, "Dust in the Wind." Some of the other songs they are best known for are "Carry on Wayward Son" and "Point of No Return."

There have been many transitions which have taken place in the life of this legendary rock group. Transitions which allow the lyrics to flow, music to flourish and ideas to mark its course. These transitions have kept Kansas apart from other bands.

Kansas features four original members, including founder Phil Ehart, whose timing and energy still rage within his gifted wrists. The band is also proud to announce the return of "front man" and original member Robby Steinhardt who is back after a 15-year hiatus.

Be sure not to miss what is sure to be a remarkable show featuring two legendary rock groups. Tickets go on sale May 8. Visit mwrhuachuca.com for up-to-date information on this concert or call the MWR Box Office at 533-2404.

LakeSide ACTIVITY CENTRE

Grill Time Cook-Out

"The grill is fired up, What's your choice?"

Served Every Friday Evening

Downstairs on the patio from 5 to 8:30pm

Choice of:
8 oz. Rib Eye $8.50
Hearty 10 oz. Top Sirloin $8.50
10 oz. Kansas City Strip $9.50
Grilled BBQ Chicken $5.75
1 lb. T-Bone $12.50

Served with Baked PotatoandChef's Choice of Vegetable!

Also on the grill are:
Jumbo Hotdogs $2.50
LakeSide Burger $3.75
HB Heavy Burger $4.95

Served with all the rimmings and Chips

533-2193 MWR

Fort Huachuca Morale, Welfare & Recreation Updates

The Directorate of Morale, Welfare & Recreation is responsible for content appearing on MWR pages in The Fort Huachuca Scout.
Questions about this section should be directed to MWR Marketing Director, Paula German at 538-0836 or send an e-mail to germanp@huachuca-emh1.army.mil.

THUNDER MOUNTAIN MARATHON AND RELAYS

6 May 2000 — FORT HUACHUCA SIERRA VISTA • AZ

Only a little over a week left to register! Your entry fee includes the Thunder Mountain Marthon t-shirt and a free pre-race Pasta Fest meal the night before. Packet Pickup will begin May 4 at Barnes from 7:30 a.m. to 4:30 p.m. and May 5 at the Windemere from 10 a.m. to 8 p.m. For information, call 533-2947.

Race day, May 6, the following roads will be closed: **Squire (Brainaird to Kelsay)**. On post traffic should detour up Kelsay. **Brainaird (Kelsay to Hatfield)** from 6 a.m. to 12 p.m. **Brainaird (Hatfield to Arizona)** 6 a.m. to 12 p.m. **Whitside (Brainaird to Irwin)** 6:30 a.m. to 9 a.m. **Whitside (Irwin to Smith)** 6:30 a.m. to 9 a.m. **Garden Canyon Road** 7 a.m. to 11 a.m. **Winrow (Irwin to Mountain View Golf Course)** 7 a.m. to 12 p.m. Off post traffic must detour down Squire.

Use caution while driving and keep your eyes out for the runners.

Welcome to Germany May 4

Getting ready for an assignment to Germany? Don't miss this informative evening. May 4, from 6 to 7:30 p.m., ACS will present "Welcome to Germany."

The evening will include lessons on German culture, site packages for all installations in Germany, fabulous German cuisine and a visit with people who have been to Germany and can give you a "been there, done that" perspective.

To register, call Karen Jackson at 533-6870 or 533-2330.

Volunteer Recognition Luncheon

Make your reservations now for the Volunteer Recognition Luncheon on May 12 from 11:30 a.m. to 1 p.m. First 100 reservations free, additional reservations pay $7. Volunteer agencies should submit a list of volunteer names and their volunteer hours no later than Friday. For information or reservations, call 533-2330.

Newcomer's Orientation

ACS will host a Newcomer's Orientation the first working Monday of each month at the Murr Community Center from 8:30 to 10:30 a.m. Includes a bus tour of Fort Huachuca and Sierra Vista. For information call Gail Mortensen at 533-6871 or Karen Jackson at 533-6870.

SPORTSMAN'S CENTER 533-7085

The monthly Sporting Clay Fun Shoot will be held Sunday at 9 a.m. Cost is $25 per 100 targets. Targets only (not registered).

A Concealed Carry Class will be held May 3, 10, 14 & 17 from 4 to 10 p.m. Cost is $67. Range Day will be held May 14 from 1 to 5 p.m.

Another Concealed Class will be offered on May 31, June 7, 11 & 14 from 6 to 10 p.m. Cost is $67. Range Day will be held on June 11 from 1 to 5 p.m.

A Registered Trap Shoot will be held May 5-7. Call 533-7085 for more information.

A Concealed Carry Renewal Class will be offered on May 6 from 10 a.m. to 2 p.m. Cost is $30.

La Hacienda 533-7322

Celebrate Cinco De Mayo on May 6, at La Hacienda with the the live Mexican band Alas De Oro from Douglas as well as a DJ playing Salsa and Merengue. Tickets are $10 in advance and $12 at the door. Must be 18 years old and have a valid I.D. card. Menudo and others snacks from Pepperoni's will be served.

La HA HA

Live Urban Comedy Show

On May 27, La Hacienda will host the Live Urban Comedy Show. This show will be headlined by Tone X, hosted by Darrell Kyle, opened by Charles Walden and will feature Big Les. This show is adult entertainment. You must be 18 years old and show valid I.D. to enter. Get your tickets early. Tickets are $15 in advance and $20 at the door. For more information, call 533-3802.

FTX from Page 4

mand post.

"Everybody kept saying it couldn't be done," Roberts said. Those comments made Roberts even more determined to make it happen, and he did.

Lt. Col. Carol J. Szarenski, 306th MI BN commander, road marched with the company the third day. She said the training was very beneficial.

"Soldiers were able to learn while conducting realistic training. This sure helps soldiers remember what they learn for a longer period of time, plus enjoying while they learn," Szarenski said.

"It was also helpful by having soldiers who don't normally work together build effective teams to accomplish the missions," Szarenski continued. "This simple, but important exercise helped build espirit de corps, refreshed soldiers on common skills, got soldiers out of their offices and exercised their physical strengths. A little ingenuity by the chain of command went a long way."

Both of the company's FTXs has proven to be effective. Roberts, who has been first sergeant of this company for 20 months, said he has received all positive comments from the soldiers.

"It was fun," said Pvt. Tanya Rivers, Post Retention admin clerk who hasn't been on an FTX since she graduated from advanced individual training in February. "It was a lot better than I thought it would be."

This exercise is the first step in getting away from the traditional round robin training. Command Sgt. Maj. Danny

Photo by 1st Sgt. Michael W. Roberts

Spc. Larry Brister and Staff Sgt. Sally Price take the written exam on the Law of Land Warfare and SERE.

Avant, 306th MI BN CSM, said putting Garrison soldiers in a field scenario is the way to go.

"It's good to take soldiers to a field environment," Avant said. "Soldiers get a better understanding from the tactical arena and gives better appreciation for reasons we conduct CTT.

"If we incorporate other training events, such as tactical road marches, movement to contact and opposing forces where soldiers have to react to direct and indirect fire, it will enhance the overall effect of training," Avant concluded.

The FTX "was a good idea because it provided more realism than doing the table-to-table training at Apache Flats," said Sgt. 1st Class Craig Putnam, operations NCO at Headquarters Co. who trained and tested the NBC portion of the tasks. "There's a need for more training, but I think the soldiers had a better understanding of what they learned and what was taught."

Capt. Monica Cater, company commander, said the FTX and CTT training gave soldiers who came here from AIT a little exposure to a field environment.

"It was the first time in a long time that soldiers got out of the office and were able to be in the field," she said. "The best part was getting the groups together in squads and going out on missions. They worked as a team on land navigation and orienting themselves to terrain in order to find points."

Staff Sgt. Sally Price, personnel NCO, said the exercise was "very enriching" and provided realistic training. Price participated in the October FTX where she trained and tested. She also participated in last week's FTX, mainly for support. The second time, she said, was better for her.

"I felt better using my leadership skills. I felt more in control because I was more familiar with the terrain," she said.

By 6 p.m. each night, the soldiers had completed training and prepared for their hot dinner meal, compliments of Thunderbird Dining Facility.

Later in the evening, they rested their worn bodies before turning in for the night. Nearly all Headquarters Company soldiers agreed the FTX was beneficial and realistic, and they all enjoyed it. If most could have it their way, it would last more than 24 hours.

The company's next FTX will be held sometime in October, kicking off CTT training/testing for fiscal year 2001. Roberts said he'd like to add more training tasks than required, some night land navigation and spend more time in the field. Some of the soldiers feel the same way.

"I'd like to see the entire week dedicated to field training in October," Putnam said.

" … with no cots," Price added. "Let's sleep on the ground!"

To date, 90 percent of the com-pany's soldiers have completed CTT.

DoD revamping, simplifying PCS move process

By Rudi Williams
American Forces Press Service

WASHINGTON — DoD is revamping and simplifying its permanent-change-of-station process to make it easier, faster, less expensive and less stressful for more than 700,000 service members and their family members who move around the world each year.

The initiative is targeted at scrapping mountains of paperwork, eliminating out-of-pocket expenses and creating a user-friendly, Internet-based, personalized, state-of-the-art relocation system.

When the new system is implemented, service members will, among other benefits, save hundreds of dollars in out-of-pocket expenses, spend less time filling out paperwork and visit fewer offices to in- and out-process, according to Stephen Rossetti, director of the Defense Integrated Travel and Relocation Solutions Office in Arlington, Va.

Rossetti said under the plan, that includes proposals before Congress, service members would be offered no-receipt-required, lump-sum payment for temporary lodging expenses, temporary lodging allowances and even a monetary incentive not to ship "junk" cars overseas.

Many service members found a loophole that circumvents the requirement by some services that only those who ship a vehicle overseas can ship one back home. Some service members ship "junk" vehicles with major mechanical problems overseas so they'll be eligible to ship a car home when their tour is over.

"Military people are ordered to move. They have no choice. We need to do all we can to make it easier," Rossetti said.

If approved, the cash incentive would equate to a percentage of the cost of shipping the "junk" car overseas. The shipping cost often exceeds the value of the vehicle. The incentive proposal would guarantee that service members could ship vehicles back home, thereby eliminating unnecessary shipping costs for the government.

Service members and DoD civilian employees ship more than 75,000 cars to and from overseas locations each year. The only requirement is that the vehicle be in working condition.

One of the biggest concerns is out-of-pocket expenses for PCS moves, Rossetti noted. "Surveys have shown that people in the military don't get as much in their reimbursements as they're spending," he noted. "We want to give them the wherewithal to make the most of the money they get and eliminate out-of-pocket expenses."

Service members in grades E-5 to E-9 incur nonreimbursable expenses of more than $1,000 each time they move. That amount increases for higher ranks, Rossetti said.

"Our people are captives to the process," Rossetti said. "We want to flip the current process controls on its back and have the traveler controlling the process.

"There also is a vast network of relocation experts in DoD," he said. "We need to empower them with tools to help our people."

Rossetti noted that revamping and simplifying the PCS system is an important objective of Secretary of Defense Williams S. Cohen and Deputy Secretary Rudy de Leon and is a key aspect of the effort to reform business processes in DoD. "They realize the difficulty of the moving process in the military and asked us to make it easier," Rossetti said. "We see that as a quality of life objective that's important for retention and readiness."

DoD is overhauling pieces of the process, including travel and movement of household goods, he said. "We want to ... raise the ante to solve the difficult PCS process for our people," Rossetti said.

He said the effort is orchestrated through a steering board that includes the services and other key DoD officials.

> *Eighty-five percent of the people who move are dissatisfied with the relocation process ... It's estimated that more than 40,000 man-hours are wasted each year in- and out-processing.*
>
> **Stephen Rossetti**

Administrative costs soak up a major chunk of the more than $3 billion DoD spends moving people each year, Rossetti said. "Every dollar we can save in administration and give to our people is a dollar they don't have to take out of their pocket to make the move," Rossetti said.

Initial savings are estimated at about $150 million, he said. The amount is expected to swell as other initiatives are implemented.

He said 85 percent of the people who move are dissatisfied with the relocation process. They're upset because their household goods are lost or destroyed and they waste a lot of time in-processing at the library, veterinarian, commissary, personnel office and a host of other places. It's estimated that more than 40,000 man-hours are wasted each year in- and out-processing.

Simplifying the process includes cutting a 10-volume set of books and nearly 2,000 pieces of PCS entitlement data down to about 100 pages. Likening the current entitlement rules to the tax code, Rossetti said people who have the time to understand it will get the most money back, but those that can't end up spending more. The current process covers 10 functional areas including transportation, household goods, medical, and morale, welfare and recreation, and 406 sub-processes that require 117 forms and information from 36 automated systems.

The plan will incorporate the "one-stop-shopping concept," with the Internet as the integrator. "The Web is transforming America, and we want it to transform this process," Rossetti said.

The new system will be a "stress reducing," user-friendly process that reduces waiting time. "I will also have a personalized Web page outfitted with instructions and 'prepopulated' forms showing the service member's name, family members, entitlements and answers to questions," Rossetti said.

"We want to have the computer take care of service members during their move," he said. "We have something working in the lab called P-3 Quantum a personal PCS page. When you key your name, Social Security number and PIN number into the system, your personal profile comes up. The computer knows already, based on our manpower database, who you are, how many kids you have and all the other information that used to go on nearly 100 forms."

The Internet enables relocation personnel to tailor the PCS process to fit each individual's moving situation, Rossetti noted. When the personal profile is validated, the traveler keys in the "from/to" destination and the computer will tell them how much money they'll get for the move. If they select the lump sum option, the money will be electronically transferred to the service member's bank account.

Preparing for household goods shipments will be made easy and take the guesswork out of figuring weight allowances. All service members will have to do is click on a piece of furniture and its approximate weight will be shown and automatically added to the inventory. The information will be stored on the personal Web page. All the service member has to do on the return trip is delete and add items.

A personalized travel calendar for in- and out-processing will have information pertaining to the losing unit, gaining unit, family information, date of departure, moving pets, firearms, and shipping vehicles. Information about updating drivers licenses, passports, drivers manuals from foreign countries, settling claims, the defense travel system, entitlements, per diem rates and other information needed for a PCS move.

Rossetti said changing the PCS move process is not only a quality of life issue, but a retention and readiness objective. "If you allow people to get on the ground quicker, we're more productive in terms of use of their time. And, if a PCS isn't so painful, maybe people will be more likely to re-enlist," he said.

Rossetti emphasized that the proposal doesn't increase temporary lodging and temporary housing allowances. "It allows an up-front payment that can be used for any expenses," he said. "For example, it wouldn't require receipts. So if you have an alternative to staying in temporary lodging, you can stay with a relative or friend and use the money for something else associated with a PCS move. What we care about is you get to your duty station on time and with the least pain."

DoD is also asking Congress to sanction cost avoidance incentives for household goods. "Right now, if you're authorized a 10,000-pound weight allowance, you're going to keep shipping that 10,000 pounds around the world for your whole military career," Rossetti said. "But if you get an incentive not to ship your whole weight allowance, then you won't be tempted to move these barbells or books you've carried around for years."

Several projects are under way concerning household goods moves, including the Full Service Movement Project and the http://www.afcrossroads.com/relocation/index.cfm of the Air Forces Crossroads Web site.

"We'll have a demonstration of the capability in April and the Web site will be up for use this summer," Rossetti noted. "It will be a virtual moving experience.

"If we can't be like Star Trek and beam you to your new location, we hope to come close."

National Volunteer Month

A fort senior volunteer not a 'one-timer'

By Karla Grosinsky
Installation Volunteer Coordinator

Nearly half, 41 percent, of volunteers consider their efforts a one-time activity. Only a small number of people report that they volunteer only at specific times of the year such as Christmas or Chanukah. More than one third of those who volunteer prefer to serve at a regularly scheduled time (weekly, monthly, etc.)

One of our senior volunteers here on Fort Huachuca does not fall into the category of a one-time volunteer. His name is Frank Dull. Dull has been a steady American Red Cross volunteer on Fort Huachuca since 1986. Although many of the services provided by Red Cross have been moved to the Sierra Vista location, Dull still helps them maintain a presence on Fort Huachuca by providing information and referrals to service members at the post location.

(Editor's note: This is the third article in four-part series spotlighting Fort Huachuca volunteers in recognition of National Volunteer Month.)

This man isn't 'dull,' he is Dull

By Stan Williamson
Scout Staff

Francis "Frank" Dull is a sharp man to be around. At age 77, this Dunkirk, N.Y. native can be found volunteering his time and efforts at the Fort Huachuca Red Cross Service office.

Having retired twice in his lifetime, Dull is now in his 14th year as a volunteer with the American Red Cross. He began his volunteer career in 1986 at the Red Cross Station here as a disaster worker and in service to the Armed Forces making notifications to next of kin when soldiers were injured or worst. Since that time, he has been involved in 12 national disasters ranging from floods, major fires and storms such as hurricanes, tornadoes and floods.

Our senior volunteer served in the Army for 23 years. He was an infantryman in the 8th Infantry Division in Europe during WWII. From 1949-1950, Dull served on the Russian staff at the U.S. Army Language School, Presidio of Monterey, Calif., where he typed the Russian and English text used in the Russian Department.

During the war in Korea, he saw service as a second lieutenant artillery forward observer with the 25th Infantry Division in Korea. He was critically wounded in the face in 1952. With his entire head bandaged he was evacuated to a Mobile Army Surgical Hospital where initially the medical staff thought he was dying. A Catholic chaplain was called to administer to Dull the Last Rites. On hearing the priest reciting the prayers over him, Dull "came alive" telling anyone who would listen "I want to live."

After his wounds were treated at the MASH unit, he was sent to an Army General Hospital in Osaka, Japan where surgeons there had to rebuild his entire face. "I was wounded pretty bad and they practically had nothing to work with," Dull said. "The doctors did a great job for me."

However, his time as a patient was not yet over. From Japan, Dull was sent to Fort Meade, Md. where he had to learn to talk all over again. Even with all the facial surgery, his lower jaw bond was still not right and he had to take speech therapy for several months before being recertified for active duty.

Dull was assigned to Fort Huachuca in 1961, and retired here in 1965 as a Major. Next came a 20-year Federal Civil Service career with retirement in 1985. He is now the Reserve Red Cross Station Manager here.

Dull said his first involvement with the Red Cross was in 1985 when he took his first CPR and First Aid Classes. "My wife was ill with emphysema and some other health problems," he said. "I wanted to be ready to help her if she need it."

Tomorrow, Dull will achieve another goal in his life. He will donate his 148th pint of blood. He began keeping track of the amount of blood he has donated in 1962, but admits that he began donating blood before then. He said he will reach the 150 pint level this coming August.

Dull is a member of the American society of Photogrammetry; the Retired Officers Association; and the American Red Cross Disaster Services. He graduated from Dunkirk (N.Y.) High School in 1941, and holds degrees from the University of Maryland and the University of Arizona in History. He also attended Jagollolian University, Krakow, Poland during the 1990 summer session on language and culture.

Dull now makes his home in Sierra Vista. His spouse, Virginia, died in 1988. During their marriage, they had seven children, Joseph (50) Tucson, Ariz.; Margaret (49), Dixon, Mo., Francis, Jr. (48) Boise, Idaho; Catherine (46) Sierra Vista; Patricia (44) Yakima, Wash.; Michael (39) Tucson; and Lois (37) MacAllister, Okla.

Besides being a volunteer, Dull says he enjoys photography in his spare time.

Choir to perform

Chapel release

A choir of sixty college women and men will perform a variety of sacred music from every major period, classical and contemporary, at Fort Huachuca's Main Post Chapel, May 19 at 7 p.m. The concert is free; no reservations are necessary.

The Chorale, on tour in the Southwest, has performed in many parts of the United States, Great Britain and Israel. The group has received its third invitation as guests of the Ministry of Tourism in Israel to perform there in 2001.

The students, who comprise The Master's Chorale, represent 30 states, a variety of foreign countries, and virtually every area of study. The 60-member choir, a music ministry from The Master's College, Santa Clarita, Calif., is an accredited Christian liberal arts college which offers over 50 programs with a strong emphasis on the Bible.

For information, call Doug Soleida at 533-4598.

Morale from Page 2

I grew up an Air Force brat. I saw the beginning of cuts in that organization. I've had many Air Force friends, and I see what the cuts have done to them. But you know why the Air Force still has people knocking down their doors to get in? It's not bonuses or college money — the Army has comparable programs there — it's the quality of life.

I know we can't match the Air Force in field time or other initiatives, our missions are just too different. But we should take a hard look at some of the reasons these blue-suit military stay in and why so many "green suiters" get out.

I love the Army. I love the idea of the Army. I'm just beginning not to like where the Army's going. We — soldiers, DA civilians, family members and others effected by the Army — need to take an active role in ensuring our voice is heard by the powers that be. If we don't voice our opinions, someone else's will be the opinions that reign.

Intervention from Page 13

Training is available

For Fort Huachuca's military and civilian employees, the Army Substance Abuse Program offers a very comprehensive two-hour program in identification, intervention and referral that can be scheduled at the convenience of the unit or office.

For military personnel this training is well suited for NCODP classes because appropriate intervention is a leadership responsibility. The ASAP services also include an excellent spouse support group each Thursday evening at 6 p.m. It may not be a pleasant thing to acknowledge, but alcoholics and drug addicts are professionals when it comes to survival, and supervisors, managers, commanders and family members are amateurs.

Training creates a level playing field, so that you can become better at detecting their "games" than they are at creating them. This is our challenge. Schedule this training for your unit or organization, and let's make a real difference in reducing the alcohol and drug problems in our community. Just call Ken Bowles at 538-1315, or e-mail Bowlesk@Huachuca-emh1.army.mil.